

Nara City Information for Residents

December 2018 Issued by Nara City Hall (No.1177)

(All events, classes and lectures are conducted in Japanese.)

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



The 20th Anniversary of the Registration of the Historic Monuments of Ancient Nara Transmission of Universal Values from Nara to the World

The Historic Monuments of Ancient Nara were registered as a World Heritage Site in 1998, 20 years ago. At that time in the 90s, the way of thinking about World Heritage protection was that it was mainly considered for Western stone architecture.

Countries whose architecture was primarily buildings made of wood had already reached the limit to which wooden buildings were valued.

However, an international conference called the “Nara Conference” was held in Nara City in 1994.

The protection offered by recognition as World Heritage Sites reached a major turning point.

What are World Heritages?

World Heritage Sites are immovable properties which UNESCO recognizes as having outstanding universal value.

As of November 1, 2018, 1092 World Heritage Sites are registered in the world.

There are 22 in Japan. Only immovable properties can be registered as World Heritage Sites, so movable properties like Buddhist statues are not eligible to be registered as World Heritage Sites. But the Great Buddha of Todaiji Temple is big, and cannot be moved, so it was registered as World Heritage.

The “Nara Conference” Demonstrated Cultural Diversity outside of a Eurocentric Perspective

What Is Genuine?

One of the qualities necessary for registration as a World Heritage Site is authenticity.

In other words, there is the question of whether it is genuine or not.

After wooden buildings were protected as cultural properties, it was considered that they were not genuine if they were repaired regularly, even if they maintained the same outward appearance from the time of building.

Are Japanese Cultural Properties Fakes?

However, there were limits to the way of thinking about this “authenticity”. In 1992, Japan - which has many wooden cultural properties - ratified the World Heritage Convention. In 1993 Horyuji Temple and Himeji Castle were registered as Japan’s first World Heritage Sites. These two cultural properties had records of repairs which made it clear which parts were original. However, the international society did not understand completely about repairs of wooden buildings in Japan. Thus, in 1994 the “Nara Conference” was held to reconsider the way of thinking about “authenticity”.

To learn about genuine articles from Nara’s Cultural Properties

Forty-Five distinguished experts from 28 countries attended the “Nara Conference”. They were the director of the UNESCO World Heritage Center and, experts from Asia, north and south America, Europe and Africa. The participants visited Horyuji Temple, Kasuga Taisha Shrine, and Heijo-Kyo Palace Site, and deepened their understanding of the actual situation of Japanese Cultural Properties Protection.

The “Nara Document” Admitted Diversity

The “Nara Conference” held discussions and presentations by the experts for 6 days.

As a result of this conference, the “Nara Document about Authenticity” was adopted. The “Nara Document” declared that the cultural background of each country should be considered when evaluating “authenticity” In other words, Nara’s cultural properties triggered a change in the Eurocentric perspective and led to recognition of the world’s cultural diversity.

***On-Matsuri* Festival of Kasuga Wakamiya Shrine**

The *On-Matsuri* Festival is a festival of Wakamiya Shrine, which is inside Kasuga Taisha Shrine. This is a representative festival of Nara: starting with *Owatari shiki*, many Shinto rituals and events are held, and many people visit Nara to see it. The origin of the festival dates back to 1136, when a festival was held to pray for nation-wide peace, a good harvest, and the well-being of the people. Since then, the festival has been held every year without interruption. It will be held for the 883rd time this year. The *On-Matsuri* Festival’s ritual entertainments are designated as an Important Intangible Folk Cultural Heritage as traditional Japanese cultures and customs handed down from the past.

Dec. 15 (Sat.):

Miyutate (Special purification ritual for participants) 14:30- *Oh-shukusho-sai* 17:00-

Dec. 17 (Mon.):

Senko-no-gi 0:00 a.m.,- *Akatsuki-sai* 1:00-a.m., *Tameshi-no-gi* (Ritual for Trial) around 11:30

- *Owatari-shiki* 12:00,- *Nandaimon-Komyo-no-gi* (Performance modeling the confirmation of a proper procession) around 12:50,- *Matsu-no-shita-shiki* (Traditional performing arts performed under divine pine tree) around 13:00,- *Kurabe-uma* (Two-horse races) around 13:00-, *Chigo-yabusame* (Horseback archery by children) around 14:30-, *Otabisho-sai* 14:30-, *Kanko-no-gi* around 23:00-

The rituals of *Senko-no-gi* and *Kanko-no-gi* are performed in complete darkness without any light. No photography is allowed.

Dec. 18 (Tues.):

Hono-zumo (Dedicatory sumo wrestling) 13:00- *Goen-no-noh* (Post-festival *noh* performance) 14:00-
Rituals, events and the schedule may be partially changed.

Oh-shukusho-sai: *Oh-shukusho* is the place where *Yamato zamurai*, who are dedicated to the festival, lived in seclusion. Rituals for successful completion of the festival.

Senko-no-gi* / *Akatsuki-sai: At midnight on Dec. 17, the soul the god travels from Wakamiya Shrine in Kasuga Taisha Shrine to the *Otabi-sho* temporary shrine. In darkness, *gagaku* is played. With torches and incenses in front, the procession along the approach feels otherworldly.

Arriving at *Otabisho*, *Akatsukisai* begins, offering the morning food while mediums dance *kagura*.

Owatari-shiki: The parade is full of traditional costumes and customs from the Heian era to the Edo era. The groups perform various entertainments dedicated to the god in front of “*Yogou no matsu*” (beyond the first *Torii*) and then go ahead to *Otabisho*.

Otabisho-sai: On Dec. 17 from 14:30 to around 22:30 on the stage in the *Otabisho* site, *Kagura*, *Dengaku*, *Sarugaku* and *Bugaku* are performed one after another. These arts came to Japan through the Silk Road and then matured as traditional arts.

Kanko-no-gi: After finishing *Otabisho sai*, at midnight on Dec. 18, the god’s soul again returns to Wakamiya Shrine.

Inquiries: *On-Matsuri* Preservation Society (In Kasuga Taisha Shrine) Tel. 0742-22-7788

Sajiki* Seki (special paid seats) on Dec. 17 (Mon.) for viewing *On-Matsuri

Location of the seats	Nobori-Oji-Enchi	<i>Matsu-no-shita-shiki</i> (Beside the first <i>Torii</i>)	Front of <i>Otabisho</i>
Fee per person	2,000 yen	North seats: 3,500 yen South seats: 4,000 yen	5,500 yen
Time of procession	around 11:50 - around 13:00	around 13:00 - around 14:30	after 13:00 -
Pre-application accepted	10:00 -	12:00 -	10:30 -

Application on the day	10:30 -	12:30 -	12:30 -
Number of seats	around 700 seats	North seats: 120 seats South seats: 50 seats	around 160 seats
Others	Guidebook not included	Guidebook included	Guidebook and earphone guide included

*1 Seats located at *Otabisho* will be open until 22:30, and ticket holders can enter and exit freely. However, note that sometimes movement is limited because of religious services.

*2 At each location the seats are not reserved and seating is on first-come-first-served basis.

*3 Applications will be accepted on the day if unoccupied seats are available.

Applications for *Sajiki*-*Seki* (Special Seats) and Inquiries:

Nara City Tourist Center: Tel. 0742-22-3900

Volunteers Are Sought to Prepare for the *Oh-Tondo* Bonfire

Kasuga Taisha Shrine and Nara City Tourist Association will hold the *Oh-Tondo* bonfire, a traditional event following the New Year Week, from 13:00 to 19:00 on Jan. 26 (Sat.) at Tobihino Field in Nara Park (postponed to Jan. 27 (Sun.) in case of rain). Preceding the event, volunteers are being sought to sort New Year's ornaments.

Date & Time: Jan. 20 (Sun.) 10:00 - 15:00

Capacity: 40 people

Note: The meeting place will be announced later. A light meal will be served.

Volunteers must pay their own transportation expenses.

Application: Application postcard with your name, address, age and phone number must arrive at the Nara City Tourist Association (Kami-Sanjo 23-4, 630-8228) no later than Dec. 15 (Sat.).
Tel. 0742-27-8866

Please Cooperate for Safe Garbage Collection

When you throw away broken or sharp items as unburnable garbage (such as pieces of glasses, plastic and pottery, knives etc.), or as burnable garbage (such as skewers, chopsticks, etc.), please wrap them in paper or rags and also write the contents on the wrapping so it can be distinguished at a glance from outside. Disposing of garbage without taking appropriate safety measures might cause injuries or accidents for workers, so it might not be collected.

Garbage will be collected as usual on December 24 (Holiday).

Unburnable Garbage Collection Dates and Areas in December

Area	Burnable Garbage	Unburnable Garbage
A F	Mon. & Thurs.	5, 19 (Wed.) 29 (Sat.)
B E		
C H	Tues. & Fri.	12, 26 (Wed.)
D G		

Areas A-D are covered by Nara City, and areas E-H are covered by City Seibi-Kosha & Co. Ltd.

The garbage collection date may be different in some areas, so please check the Nara City Website.

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012

City Seibi Kosha (Public Corp.) Tel. 0742-33-8782

HEALTH COLUMN

Hagukumi Center (13-1 Sanjo-Honmachi)

(The nickname for the Public Health Center / General Education Center

Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 / Fax 0742-34-3145

Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Tsukigase Administrative Center (Tsukigase Oyama) Tel. 0743-92-0480

Tsuge Health Center (Tsuge Shiraishi-cho) Tel. 0743-82-0341

Nara City hospital (Higashi-Kidera-cho 1-chome) Tel. 0742-24-1251

*The Central Health Center is in the Hagukumi Center

Tuberculosis Examinations for Citizens

Date & Time: Dec. 15 (Sat.) 9:30-10:30

Place: General Medical Examination Center (Kashiwagi-cho)

Contents: Chest X-ray examination

Capacity: 15 people aged 65 years old and over

Application: Call Hoken-Yobo-Ka (Health Protection Section) between Dec. 3 (Mon.) and Dec. 14 (Fri.) Tel. 0742-93-8397



23-Valent Pneumococcal Polysaccharide Vaccine (PPSV23) for Adults in 2018

Those ages eligible for vaccinations are decided each fiscal year.

DOB of those who are eligible in fiscal 2018

Age	The date of birth
65 years old	Those born between April 2, 1953 and April 1, 1954
70 years old	Those born between April 2, 1947 and April 1, 1948
75 years old	Those born between April 2, 1943 and April 1, 1944
80 years old	Those born between April 2, 1938 and April 1, 1939
85 years old	Those born between April 2, 1933 and April 1, 1934
90 years old	Those born between April 2, 1928 and April 1, 1929
95 years old	Those born between April 2, 1923 and April 1, 1924
100 years old	Those born between April 2, 1918 and April 1, 1919

Period of vaccination: Until March 31(Sun.)

Those Eligible: People who are registered as Nara City residents as of the vaccination day and are of the ages above. (Those who receive public assistance must complete a necessary procedure in advance.)

*Those who have already received PPSV23 are ineligible

Fee: Co-payment of 3,000 yen

Application: Make an appointment with a registered clinic (shown on the Nara City website) and bring your health insurance card and so on.

Others: Vaccinations will be given only to those who choose to receive them and take responsibility, as it is classified as a B-category disease. Those who are between 60 and 65 and have disabilities of the heart, kidney or respiratory organs or have extreme limitations in daily life due to HIV must get approval in advance from Hoken-Yobo-Ka (Health Protection Section).

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Flu Vaccinations for the Elderly offered until Dec. 28 (Fri.)

Those eligible: Details were given in the October issue of Shimin-Dayori (Nara City Information). If you are hospitalized or you want to receive this vaccination in another city (in Nara Prefecture) you should discuss this with the Hoken-Yobo-Ka (Health Protection Section) in advance.

Place: Registered clinics in the city (Refer to Nara City website)

Fee: 1,700 yen

Those who have a certificate of welfare assistance and assistance for Japanese children left behind in China after the Second World War will not be charged. They should declare this with the relevant documents to the clinic on the day. Those declared so after Dec. 28 will be charged.

Vaccination times: One time

Things to bring: An identification document, such as a health insurance card, etc.

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Cancer Examinations (January)

Application: Please apply by phone, fax, or internet using the Kenko-Zoshin-Ka (Health Care Section) website.

Period: From December 3 (Mon.) to December 20 (Thurs.)

Internet application through the website will be accepted until December 10 (Mon.).

Free of charge for those who are on special welfare or for households receiving a residence tax exemption. Please notify us of such when you apply.

Stomach and Lung Cancer Examinations

Date	Place	Reception Hours	Capacity
1/7 (Mon.)	Hagukumi Center	8:45 – 9:45	33
1/8 (Tues.)	Seibu Toshokan (Library)	9:45 – 10:45	23
1/9 (Wed.)	Nara City Hall (Conference Room #3)	9:00 – 10:00	30
1/15 (Tues.)	Hagukumi Center	8:45 – 9:45	33
1/17 (Thurs.)	Coop Oshikuma	9:15 – 10:15	27
1/18 (Fri.)	Miato Kominkan (Public Hall)	9:15 – 10:15	27
1/21 (Mon.)	Seibu Shogai Sports Center Club House	9:15 – 10:15	27
1/22 (Tues.)	Tomigaoka Kominkan (Public Hall)	9:30 – 10:30	26
1/23 (Wed.)	Toichi Chiiki Fureai Kaikan	9:15 – 10:15	27
1/24 (Thurs.)	Coop Oshikuma	9:15 – 10:15	27
1/25 (Fri.)	Hagukumi Center	8:45 – 9:45	33
1/28 (Mon.)	Hokubu Shutcho-sho	9:15 – 10:15	27
1/29 (Tues.)	Seibu Shogai Sports Center Club House	9:15 – 10:15	27

Lung Cancer Examination

Date	Place	Reception Hours	Capacity
1/9 (Wed.)	Hagukumi Center	14:00 – 15:00	60

Stomach Cancer Examination: Stomach X-Ray involving drinking barium on that day.

Lung Cancer Examination: Chest X-Ray

Fee: 1,500 yen (1,000 yen: stomach cancer examination only, 500 yen: lung cancer examination only)

An additional fee of 600 yen will be charged for a sputum test based on a general check-up for lung cancer (postage may be needed).

Those Eligible: 40 years old and over, except those who are pregnant; had stomach, lung or bowel surgery in the past or those organs are currently being treated; have barium sensitivity or have had accidental swallowing (aspiration) (for those, the lung cancer examination is possible); or had a stomach cancer examination with an endoscope in the previous year (for those, the lung cancer examination is possible).

Others: For those who are breast feeding, please notify us of such when you apply. The examination interval is once a year. You might not be able to have an examination depending on your physical condition or the results of the general check-up on the day.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145

Medical Checkup for Babies and Children

Things to Bring: The questionnaire which will be sent to you during the middle of December and your *Mother's and Child's Health Handbook*. People who moved to Nara City after December 1 and have not received the questionnaire by the checkup day can come to the place directly on the day without it. For 4-month and 10-month-old babies' checkups, please contact Kenko-Zoshin-Ka (Health Care Section).

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel.0742-34-5129

*Central Health Center (Chuo Hoken Center) is located inside of Hagukumi Center

Name	Date	Place
Checkup for 4-month-old babies (Born in September 2018)	Within one month from the 4-month birthday	Designated Medical Facilities
Checkup for 10-month-old babies (Born in March 2018)	Within one month from the 10-month birthday	Designated Medical Facilities
Checkup for 19-month-old children (Born in May 2017)	Jan. 10, 17, 24, 31 (Thursdays) Reception: 13:15 – 14:15; Waiting numbers will be distributed at 12:45	Central Health Center (Chuo Hoken Center)
Checkup for 3 and half-year-old children (Born in June 2015)	Jan. 8, 15, 22, 29 (Tuesdays) Reception: 13:15 – 14:15; Waiting numbers will be distributed at 12:45	Central Health Center (Chuo Hoken Center)

Class for Babies

Paku-Paku Class for Five-month-old Babies (Baby Food Class)

Those Eligible: First born children born in August 2018 and their guardians

Date & Time: Jan. 9, 23 (Wed.) 10:00 – 11:30

Contents: Talk about baby food by a dietitian and about child rearing by a health nurse

Things to Bring: *Mother's and Child's Health Handbook*, the baby food leaflet included with the checkup questionnaire for four-month-old babies and so on.

Capacity: 40 babies and parents each day

Ha-Pika Class for One-year-old Babies (Tooth Decay Prevention Class)

Those Eligible: First born children born in January 2018 and their guardians

Date & Time: Jan. 8, 22 (Tues.) 10:00 – 11:00

Contents: How to care for babies' new teeth and brushing practice

Things to Bring: *Mother's and Child's Health Handbook* and some gauze for wiping the baby's Mouth

Capacity: 30 babies and parents each day

Place: Hagukumi Center

Application: Please contact Kenko-Zoshin-Ka (Health Care Section) by phone or fax with the class name, your address, child's name, the date of baby's birth, guardian's name, phone number, and your preferred date. Excess applications will be accepted for another day. Tel.0742-34-5129

Fluoride Coating for Tooth Decay Prevention

Those eligible: Those born in January 2017 (It is possible to apply until age 2 years, 4 months.)

Date & Time: January 18 (Fri.) 9:30 – 11:30

Place: Chuo Hoken Center (Central Health Center)

Contents: Dental checkup, fluoride coating, guidance for effective tooth brushing

Things to Bring: *Mother's and Child's Health Handbook*, a toothbrush for your child and towels

Application: Please contact Kenko-Zoshin-Ka (Health Care Section) by phone, fax or electronic application on the Nara City Website with the class name, child's name, the date of birth, and phone number by December 28 (Fri.).

Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145

Those Receiving Individual Notices in December

(Delivered in late November)

Preliminary Examination Leaflet: (Those born in October 2018) The Preliminary Examination Leaflet, the *Mother's and Child's Health Handbook*, and the Health Insurance Card are needed to get vaccinations. Those who have no Preliminary Examination Leaflet because of recently moving into Nara City, etc. should contact Hoken-Yobo-Ka (Health Protection Section). Tel.0742-93-8397

*Please fill in forms with an indelible black ball-point pen.

Japanese Encephalitis, the second term: (Those born on October 1, 2009)

A guidance postcard should have been sent. The *Mother's and Child's Health Handbook*, the Health Insurance Card, etc. are needed to get vaccinations.

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Japanese Encephalitis Vaccinations for Those Born in December 2015

Receive all three times (the first, the second and the booster) of the first term vaccination. Confirm it on the Preliminary Examination Leaflet.

The Period of Vaccination: Between age 3 and one day before the 7 and a half year birthday

Vaccination Schedule:

Initial Vaccination: 2 times with a interval of 1 to 4 weeks.

Booster Vaccination: once, with an interval of 1 year after the completion of the initial vaccinations.

Applications: Make an appointment at a registered clinic (see the city website) and bring the child's ID document, such as a Health Insurance Card, etc.

*Those who are not registered residents of Nara City on the day of vaccination are not eligible.

*Fill in the Preliminary Examination Leaflet with an indelible black ball-point pen.

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Mottainai Pottery Market

Ceramic tableware which is not used at home can be collected or taken for free.

Items that Cannot be Collected:

Tableware from other cities or which was used for business; ashtrays and flower vases which are not tableware; tableware with food, etc. stuck to it; unglazed pottery and earthen pots; tableware made of glass, plastic, metal or wood; tableware with rubber bottoms and handles (unless removed).

*Items are checked before collection, and will be returned to the person who brought them if they cannot be accepted.

Period and Place of Collection in December:

1. Dec. 5 (Wed.) at Co-op Oshikuma (Oshikuma-cho)
2. Dec. 12 (Wed.) at Co-op Shichijo (Shichijo Nishi-machi)

Time: 10:00 - 13:00 ... Collection is until 12:30

Please bring a reusable bag, etc. for bringing items home.

Inquiries: Kankyo-Seisaku-Ka (Environmental Management Division)

Tel. 0742-34-4591

Christmas Concert (free)

Date & Time: Dec. 19 (Wed.) 12:30 - 13:00

Place: Hagukumi Center (Sanjo-Honmachi)

Contents: Performance by "fruitetrio. tomato"

Inquiries: Hagukumi Center Kanri-Ka (Management Division)

Tel. 0742-34-2303



Light Sports Hiroba (Square)

Date & Time: January 26 (Sat.) 9:00 - 11:30

Place: Nanbu Shogai Sports Center Gymnasium (Karamomo-cho)

Contents: Sports Fukiya (Blowgun), Floor-curling

Capacity: 30 people (elementary school 3rd graders and over)

Elementary school students should participate with their guardians.

Things to Bring: Indoor shoes, drinks

Application: Send a postcard or fax with your address, name, age and phone number to Sports Shinko-Ka (Sports Promotion Section) no later than Dec. 27 (Thurs.).

Excess application will be decided by lottery. The results will be informed to those who lost the lottery.

Inquiries: Tel. 0742-34-5376 / Fax. 0742-34-4765

Martial Arts and Zazen (Zen Meditation) Classes

Naraden Budojo

Kendo Classes No. 1 (for elementary school students, Basic)

Date & Time: Every Monday Tuesday and Friday 17:30-18:30, from Jan. 7 (Mon.)

Capacity: 30 elementary school students

Fee: 9,000 yen (plus an indemnity insurance fee)

Kendo Classes No. 2 (for elementary school students, Advanced)

Date & Time: Every Monday, Tuesday, Thursday and Friday 17:30-19:00, from Jan. 7 (Mon.)

Capacity: 20 elementary school students (3rd grade or over in Kendo)

Fee: 10,000 yen (plus an indemnity insurance fee)

Kendo Classes No. 3 (for parents and children)

Date & Time: On Saturday (Jan. 19, 26, Feb. 2, 16, March 16, 23) 9:30-10:30

Capacity: 15 pairs of children aged 5 or 6 years old and their guardians

Children may participate without their guardians.

Fee: 2,000 yen (plus an indemnity insurance fee)

Kendo Classes No. 4 (for junior high school students and over)

Date & Time: Every Monday, Tuesday, Thursday and Friday 19:00-20:00, from Jan. 7 (Mon.)

Capacity: 20 junior high school students and over, who have experience in Kendo

Fee: 4,000 yen (plus an indemnity insurance fee)

Naginata (Long handled sword) Classes

Date & Time: Every Tuesday (10:00-12:00), Thursday (16:30-18:30) and Saturday (13:00-15:00) from Jan. 8 (Tues.)

Senior high school students and younger meet only on Thursday and Saturday.

Capacity: 20 people, 5-year-old and over

Fee: 4,000 yen

Yari (Spear) Classes (Hozoin School)

Date & Time: Every Saturday 10:00-12:00, from Jan. 19 (Sat.)

Capacity: 10 senior high school students and over

Fee: 6,000 yen

Zazen Classes

Date & Time: Every Sunday 7:00-8:30, from Jan. 6 (Sun.)

Capacity: 10 senior high school students and over

Fee: 2,000 yen

Naraden Dai-ni Budojo

Judo Classes No. 1 (for elementary school students)

Date & Time: Every Tuesday (17:00-18:30), Thursday (17:00-18:30) and Saturday (13:30-15:00), from Jan. 8 (Tues.)

Capacity: 20 elementary school students

Fee: 4,500 yen

Judo Classes No. 2 (for parents and children)

Date & Time: Every second, third and fourth Thursday 15:30-16:30, from Jan. 10 (Thurs.)

Capacity: 15 pairs of children aged 5 or 6 years old and their guardians
Children may participate without their guardians.

Fee: 3,000 yen

Judo Classes No. 3 (for junior high school students and over)

Date & Time: Every Tuesday (18:00-19:30), Thursday (18:00-19:30) and Saturday (14:30-16:00), from Jan. 8 (Tues.)

Capacity: 20 junior high school students and over

Fee: 4,500 yen

Judo Classes No. 4 (for women)

Date & Time: Tuesday 10:00-11:30, from Jan. 8 (Tues.), twice a month

Capacity: 20 women, aged from 18 years upwards

Fee: 4,000 yen

Naraden Kyudojo

Kyudo Classes (Japanese Archery)

Date & Time: Every Saturday 17:00-19:00, from Jan. 5 (Sat.)

Capacity: 20 senior high school students and over, beginners only

Fee: 3,000 yen

Others: Fees shown above are for the classes for three months.

Application: Send a return postage-paid postcard with the name of the desired class, applicant's name with furigana, address, age (school name and grade for students), gender and phone number to Nara City Sogo Zaidan (c/o Naraden Dai-ni Budojo, 6-3 Horen-Sahoyama 4-chome 630-8108) no later than December 14 (Fri.). Excess applications will be subject to lottery.

Inquiries: Naraden Budojo for Kendo, Naginata, Yari and Zazen Tel. 0742-26-1060
Naraden Dai-ni Budojo for Judo and Kyudo Tel. 0742-27-6163

Emergency Medical Clinics Open during Year-End and New Year Holidays

Nara City will provide emergency services during the end of the year and at the beginning of the New Year in cooperation with Nara City Medical Association, Nara City Dental Association, and Nara City Pharmaceutical Association. Internal Medicine and Pediatrics Departments will provide 24-hour-a-day care for four days. Please bring your health insurance card and any necessary certificates of qualification to receive emergency medical care.

The Holiday and Night-Time Emergency Medical Clinic

Place: 519-28 Kashiwagi-cho, adjacent to the south of Nara City General Medical Examination Center
Tel.: 0742-34-1228

Reception Date & Time : Between Dec. 30 (Sun.) and Jan.3 (Thurs.), 9:30-18:30

Holiday Emergency Dental Clinic

Place: 3-1 Sakyo 5-chome, Sogo Fukushi Center 2nd F Tel. 0742-70-4182

Reception Date & Time: Between Dec. 30 (Sat.) and Jan.3 (Wed.), 9:30-15:30

Hours	Internal Medicine & Pediatric Departments	Dentistry
6:00-10:00	Designated Hospital (Dec.31-Jan.3)	Holiday Emergency Dental Clinic (Dec.30-Jan.3) Consultation Hours: 10:00-16:00
10:00-19:00	Holiday and Night-Time Emergency Medical Clinic (Dec.30-Jan.3)	
19:00-22:00	Designated Hospital (Dec.31-Jan.3)	
22:00-6:00	Holiday and Night-Time Emergency Medical Clinic	

The designated hospitals listed below will be open between Dec.31 (Mon.) & Jan. 3 (Thurs.) (* Internal Medicine and Pediatric Departments only)

Consultation hours: 6:00-10:00, 19:00-22:00

Please make sure to call each designated hospital before visiting.

Date	Dec.31 (Mon.)	Jan.1 (Holiday)	Jan.2 (Wed.)	Jan.3 (Thurs.)
Hospital	Nara Seibu Hospital	Sawai Hospital	Sekishu-Kai Hospital	Ohyamato Hospital
Phone	0742-51-8700	0742-23-3086	0742-34-6300	0742-48-1515
Address	2143-1 Mitsugarasu-cho	8 Funahashi-cho	1-9-4 Shijo-oji	5-5 Ohyamato-cho
Access	About 19 minutes' walk from Kintetsu Higashi-Ikoma Station or take a bus bound for Tezukayama Jutaku from the station and get off at Tezukayama Daigaku(University) mae.	About 12 minutes' walk from Kintetsu or JR Nara Station, or take a Loop Line bus from Kintetsu Nara Station and get off at Aburasaka-Shoten-gai. Walk about 6 minutes.	Take a bus bound for Koinokubo from Kintetsu Shin-ohmiya or Nara Station and get off at 2-chome Shijo-oji and walk about 3 minutes, or take a bus bound for Nara Prefectural General Medical Center and get off at Sanjo-oji 1-chome. Walk about 7 minutes.	Take a bus bound for Akahada-yama from Kintetsu Gakuen-mae Station(South Exit) and get off at 1 cho-me Fujinoki-dai. Walk about 2 minutes.

Municipal Offices and Facilities Closed during the End & New Year Period

Dec. 25 (Tues.)-Jan. 5 (Sat.)	
Museum of Calligraphy in Honor of Kason Sugioka	Onjo-kan
Kinrosha Sogo Fukushi (General Welfare) Center	Nara Kogei-Kan (Craft Museum)
Youth Outdoor Activities Center	
Dec. 26 (Wed.)-Jan.5 (Sat.)	
Tsukigase Kenmin Athletic Field	Tsukigase Gymnasium
Kyu-Nabeya Kitamachi Information Center	Naramachi Koshi no Ie
Dec.27 (Thurs.)-Jan. 3 (Thurs.)	
Nara City Museum	
Dec.27 (Thurs.)-Jan. 5 (Sat.)	
Lifelong Learning Center	Kominkans
Kitamachi Tegaimon Tourist Information Center	
Dec.27 (Thurs.)-Jan. 6 (Sun.)	

Narayama Indoor Swimming Pool	
Dec.28 (Fri.)-Jan. 4 (Fri.)	
Naramachi Center	Gakuenmae Hall
Bosai (Disaster Prevention) Center	Gender Equality Promotion Center
Hokubu Kaikan Civil Culture Hall	Nara Centennial Hall
Dec.29 (Sat.)-Jan. 3 (Thurs.)	
City Hall, North, West, East Shutcho-sho (Branch Offices), Citizen Services Center Tukigase, Tsuge Administration Center and Liaison Offices	
City Council of Social Welfare	Volunteer Center
Fukushi (Welfare) Centers (Sogo, Tsuge, Tsukigase, East, West, South, North) Bath will be also closed on other days. (For details, please contact each center.)	
Kigyo-kyoku (Water Works Bureau) (*1)	City Hospital
Tawara, Yagyu, Tsukigase, Tsuge, Koto Clinics	Children's Development Center
Tsukigase Plum Museum	Jido-Kan (Children's Center)
Archaeological Research Center	Naramachi Nigiwai-no-Ie (House)
Naramachi Karakuri Omocha-kan (Toy museum)	
North, Center, East, South, Jinken Bunka (Cultural Human Rights) Center	
Hagukumi Center (Volunteer Information Center, Family Support Center, Local Child Care Support Center "Sorairo", Educational Center, Public Health Centers	
Sports Facilities (The followings are exceptions.) Dec.25 (Tues.)-Jan. 5 (Sat.) Naraden Field, Subsidiary Stadium, Throwing Practice Field, Multipurpose Square, Naraden Stadium, (*2) Naraden Konoike Court, Tsuge Lifelong Sports Center	
Other Closing Days	
Irie Taikichi Old House: Dec.31 (Mon.), Jan. 2 (Wed.)	
Irie Taikichi Nara City Photo Museum: Dec.25 (Tues.)-Jan. 3 (Thurs.)	
Meisho Daijo-in Garden Cultural Hall: Dec. 25 (Tues.)-31 (Mon.), Jan. 4 (Fri.),5 (Sat.)	
Central, Hokubu, Seibu Library: Dec. 29 (Sat.)- Jan. 4 (Fri.) (*3)	
General Medical Examination Center: Dec. 30 (Sun.)-Jan. 5 (Sat.)	
City Naramachi Minami Information Center: No Closing Days	
City Crematorium: Jan.1 (Holiday)- 3 (Thurs.)	

*1 In a water emergency such as water pipe leakage or water supply disruption, please call the Waterworks Bureau or any municipally authorized water-supply-equipment companies. Tel. 0742-34-5200

*2 Naraden Stadium is closing until Feb. 20 (Wed.) for facilities management.

*3 The return posts at City General Information Centers (both JR Nara Sta. and Kintetsu Nara Sta.) will not be available.

Garbage Collection and Waste Brought in During the New Year's Holidays

A large amount of garbage is produced during the New Year's season. Please cooperate in reducing and recycling garbage.

Year-end: Normal Collection until Dec. 28 (Fri.)

	Burnable Garbage	Plastic Packages & Containers	Unburnable Garbage
Dec. 29 (Sat.)	-	-	ABEF
Dec. 30 (Sun.)	CDGH	AF	-
Dec. 31 (Mon.)	ABEF	CH	
Jan. 4 (Fri.)	CDGH	No Collection	
Jan. 5 (Sat.)	-	BE, CH, DG	
Jan. 7 (Mon.)	ABEF	No Collection	

Beginning of the year: The normal Collection Schedule will resume on January 8 (Tues.). The garbage collection time between Jan. 4 (Fri.) and 11 (Fri.) may be delayed until after 16:00 in some areas due to the large amount of garbage produced.

*Areas covered by City Seibi-Kosha & Co. Ltd.: Garbage collection will be performed until Dec. 31 (Mon.) and the work will be resumed on Jan. 4 (Fri.).

*Please bring your garbage to the collection site by 7:30 am during the Holiday Season as well.

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012, City Seibi-Kosha & Co. Ltd.
Tel. 0742-33-8782

Collection of Dead Animals

Year-end: Until Dec. 30 (Sun.) 7:30-16:00 Dec. 31 (Mon.) 7:30-11:00

Beginning of the year: From Jan. 4 (Fri.)

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012

Collection of Recyclable Resources

Year-end: Dec. 29 (Sat.) District #20

Dec. 30 (Sun) District #12

Dec. 31 (Mon.) District #13

Beginning of the year: Jan. 7 (Mon.) District #14 (Containers and net bags will be distributed on Jan. 4 (Fri.))

*The collection schedule for the areas covered by City Seibi-Kosha & Co. Ltd. during the New Year's Holiday Season will be as on the distributed collection calendar.

Inquiries: Recycle Suishin-Ka (Recycle Section) Tel. 0742-61-9900
City Seibi-Kosha & Co. Ltd. Tel. 0742-33-8782

Application Phone Line for Bulky Household Waste Pickup

We may not be able to collect bulky waste within the year due to the large demand for disposal.

Additional phone lines will be prepared to handle more incoming calls in December. However, you may have difficulties in reaching us due to the increased number of phone calls. Even if you do reach us, if the maximum number of appointments has already been made, we cannot accept your request within the year. Please cooperate with us in applying for collection next year.

*Changes and additions to the applications for bulky waste items in December cannot be accepted.

*Bulky Household Waste Pickup: Until Dec. 31 (Mon.)

Application Period

City Collection Area: Monday to Friday from 8:00 to 15:00

Year-end: Until Dec. 28 (Fri.) Beginning of the year: From Jan. 4 (Fri.)

Application phone line: 0742-71-9011 *Be sure to dial the correct number.

Inquiries: Machi-Bika-Suishin-Ka (Town Clean Up Promotion Section) Tel. 0742-71-3003

City Seibi Kosha Collection Area: Monday to Friday from 8:30 to 17:00

Year-end: Until Dec. 25 (Tues.) Beginning of the year: From Jan. 7 (Mon.)

Inquiries: City Seibi Kosha & Co. Ltd. Tel. 0742-33-8782

Septic Tank Trucks

All Districts except Tsukigase and Tsuge Areas

Year-end: Until Dec. 28 (Fri.) Please apply by Dec. 21 (Fri.)

Beginning of the year: Application and collection start from Jan. 7 (Mon.).

Inquiries: City Seibi-Kosha & Co. Ltd. Tel. 0742-33-8782

Tsukigase & Tsuge Districts

Year-end: Until Dec. 28 (Fri.) Please apply by Dec. 21 (Fri.).

Beginning of the Year: Application from Jan. 4 (Fri.) Collection from Jan. 7 (Mon.)

*Collection will be done after Jan. 4 (Fri.) if an application is received after Dec. 22 (Sat.)

Inquiries: Yamanobe-Kankyo-Eisei-Kumiai, Yamanobe Eisei Center Tel. 0743-85-0253

Inquiries about Septic Tank Cleaning

Districts except Tsukigase and Tsuge Areas

City Seibi Kosha & Co. Ltd. (Tel. 0742-33-8782)

Okumoto Kanri Service (Tel. 0742-61-3979)

Matsumoto Seiso-sha Ltd. (Tel. 0742-36-0523)

Daiwa Septic Tank Kanri Center (Tel. 0742-61-0743)

Yamato Seiso (Tel. 0742-61-4798)

Tsukigase and Tsuge Districts

Matsumoto Seiso-sha Ltd. (Tel. 0743-53-5211)

You Need to Apply by Phone to Bring Trash and Renewable Resources to the Kankyo-Seibi Kojo (Environment Sanitation Plant).

Call the Reception Desk at 0742-71-9011.

Acceptance by Phone: Year-end: Until Dec.28 (Fri.), Beginning of the Year: From Jan.4 (Fri.),
8:00-15:00 (except Sat. and Sun.)

Application Contents: Applications made from one day before the bringing-in date (except Saturdays and Sundays) till the end of the following month will be accepted. *Reservations for the bringing-in dates from Dec. 29 (Sat.) till 31 (Mon.) and Jan. 4 (Fri.) can be made until Dec. 28 (Fri.) One phone application for one load per day is accepted. If you wish to bring in more than one load a day, please make an appropriate number of applications for the day. Your application may be rejected depending on the situation.

Period: Year-end; Until Dec. 31 (Mon.), Beginning of the Year: From Jan. 4 (Fri.)

Time: From 9:00 till 16:30 *From 9:00 till 13:00 on Dec. 31 (Mon.)

Others: You may bring in trash and renewable resources on Jan. 5 (Sat.) as well. Please call Kankyo Seibi Kojo (Environment Sanitation Plant) for the time when you can bring it in.

Note: Both ordinary homes and businesses will need an application.. You CANNOT bring in trash and renewable resources, unless you have made an application. Please separate the trash after referring to the “*Gomi-Jiten*” (instructions on how to separate garbage).

Inquiries: Please call Kankyo Seibi Kojo (Environment Sanitation Plant) at 0742-71-3000 for consultations as to the content of the garbage you would like to bring in. Please call Machi Bika Suishin-Ka (Town Clean Up Promotion Section) at 0742-71-3220 regarding telephone reservations.

* Please make sure that the size of the pruned branches is less than 5 cm in diameter and 30 cm in length.

Murata Juko Tea Gathering

Shall we enjoy gathering to drink tea in the atmosphere of real winter in the ancient capital of Nara?

Nara was the place where tea ceremony originated.



Date: Feb. 6 (Wed.) – 10 (Sun.) ... 5 days

Participating Schools: Omotesenke, Urasenke, Mushyakojisenke, Enshu-ryu, Sekishu-ryu, Yabuuchi-ryu, Sohen-ryu

Eight Places including Temples, Shrines, etc.

Program

Date	Category	Place A: Thick Tea	Place B: Thin Tea
Feb. 6 (Wed.)	[1]	Todaiji Temple by Sohen-ryu & tenshin (a lunch box of Japanese food)	Hokkeji Temple by Yabuuchi-ryu
Feb. 7 (Thurs.)		Yakushiji Temple by Urasenke	Kasuga-Taisha Shrine by Enshu-ryu & tenshin
Feb. 8 (Fri.)		Saidaiji Temple by Sekishu-ryu & tenshin	Gangoji Temple by Mushyakojisenke with ryurei style (Chairs are used.)
Feb. 9 (Sat.)		Daianji Temple by Yabuuchi-ryu & tenshin	Toshodaiji Temple by Omotesenke

Other Places

Date	Category	Place: All of Thin Tea
Feb. 6 (Wed.)	[2]	Hassoan by Keiyu kai, Naramachi Nigiwaino Ie by members of Sakuma Sosei
Feb. 7 (Thurs.)		Hassoan by Keiyu kai
Feb. 8 (Fri.)		Nara Craft Museum by Nara Craft Festival Committee
Feb. 9 (Sat.)		Naramachi Nigiwaino Ie by members of Yoshikawa Sobun, The Garden Hall of the Former Daijo-in Temple by City League of Tea Ceremony and Flower Arrangement * Serving tea only, no ceremonies.
Feb. 10 (Sun.)		The Garden Hall of the Former Daijo-in Temple by City League of Tea Ceremony and Flower Arrangement * Serving tea only no ceremonies.

Special Events

Date	Category	
Feb. 8 (Fri.)	[3]	Saidaiji Temple: Ochamori (Using giant tea bowls; free admission to the main hall)
Feb. 10 (Sun.)	[4]	Kasuga-Taisha Shrine, Kansha-Kyosei-no-Yakata, Kihinkan Tea Ceremony Service by 7 schools. Part 1 (in the morning): Urasenke, Mushyakojisenke, Sekishu-ryu Part 2 (in the afternoon): Omotesenke, Enshu-ryu, Yabunouchi-ryu Sohen-ryu
	[5]	Naramachi Nigiwaino Ie by Committee of Tea Ceremony and Japanese Sake: Original sweets, local sake by 4 breweries in Nara City, and one seat of tea ceremony

Ticket Information

Selling: Dec. 5 (Wed.) – Feb. 10 (Sun.) * Internet purchasing will be available by Jan. 27 (Sun.) **Details of [1], [2], [3], [4], and [5]**

[1]: 5,000 yen: “A & B seats for tea ceremony”, “tenshin (a lunch box of Japanese food)”, “entrance to shrine and temples” and “ticket to ride Tea Ceremony Loop Buses”

[2]: 1,000 yen: One seat for tea ceremony *1,500 yen for tea ceremony at Hassoan on Feb. 6 (Wed.) and 7 (Thurs.) including fee to view the exhibition at Nara National Museum.

[3]: 1,000 yen *Ochamori including the admission fee for the main hall (The day tickets only)

[4]: 2,000 yen each in the morning or afternoon: Demonstration of the Way of Tea by 7 schools, tea and sweets are served.

[5]: 2,500 yen

Application for [1], [2], [4], [5]

Please visit Nara Centennial Hall at Sanjo Miyamae-cho directly.

*Reservations by phone will be accepted only on the first day of sale from 10:00.

Tel. 0742-34-0111 9:00-17:00

Closed: Every Tuesday, Dec. 28 (Fri.) to Jan. 4 (Fri.)

Internet application available 24 hours a day by Jan. 27 (Sun.)

Others: Guided Tour by Mr. Asao Kozu (Historian of the Way of Tea) “Walking in the Nara of Juko with Mr. Kozu. Details on the website of Murata Juko Tea Gathering and Nara Time, which is the site for sightseeing programs by Nara City Tourist Association

Inquiries: Kanko-Senryaku-Ka (Tourism Strategy and International Section) Tel. 0742-34-4739,
Nara City Tourist Association Tel. 0742-27-8866

