# Nara City Information for Residents

October 2025 Issued by Nara City Hall (No. 1259)

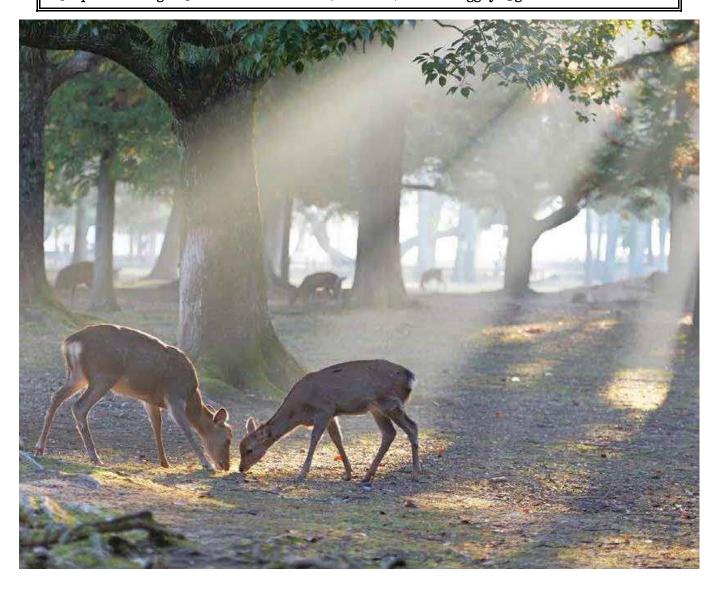
(All events, classes and lectures are conducted in Japanese.)

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding. Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kaikan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



# Comprehensive Disaster Prevention Drills in 2025

**Date & Time:** November 9 (Sun) 9:00-12:00

\*If cancelled, that information will be posted on the Nara City website and other media at 6:00 a.m. on the day.

Place: Higashi Tomigaoka Elementary School (Higashi-Tomigaoka 4-chome)

\*There is no parking lot. Please take public transportation.

"An earthquake with a seismic intensity 7 struck with its epicenter in Nara City."

Based on this, you will participate in drills for rescue work, opening evacuation centers and setting up first-aid stations. This work will be carried out concurrently. You will also be able to experience

earthquake shaking simulations and \*ride on a ladder truck.

\* Preschoolers are not permitted to ride. Elementary school between 1st to 3rd graders must be accompanied by their guardians. Guardians are not necessary for the 4th graders in elementary school and over.

Starting at 8:30., numbered tickets will be distributed at the front gate. Limited to 25 pairs of two people each. Distribution will end once capacity is reached.

Inquiries: Kiki-Kanri-Ka (Crisis Management Section) Tel.

Tel. 0742-34-4930

For details (in Japanese)

# October 13 is the International Day for Disaster Risk Reduction

The purpose of designating this day is to raise awareness about reducing damage caused by natural disasters, and promote disaster prevention globally. On November 9 students from Myanmar, Sri Lanka, and other countries will take part in the disaster prevention drill. We hope to use the opinions of people from overseas to make our city more resilient to disasters.

Inquiries: Kyosei-Shakai Suishin-Ka (Inclusive Society Promotion Section) Tel. 0742-34-4733

# "Delicious Nara" Autumn Festa, Grow & Eat Locally

At this event, you will savor freshly harvested local vegetables and experience the charm of Nara. Let's sample local produce, enjoy shopping at the market and visit booths where you can have special dishes.

Date & Time: Oct.18 (Sat.) 11:30 -

**Place:** Rakuda Hiroba, Nara Family 1st fl. (Saidaiji-Higashi-machi)

**Inquiries:** Nosei-Ka (Agricultural Administration Section) Tel. 0742-34-5142

### Garbage Collection

# Please cooperate in separating and disposing of your garbage appropriately to prevent fires.

Fires in garbage collection trucks have occurred because of improper waste separation.

The danger extends not only to the collection trucks and facilities but also to surrounding houses.

Furthermore, workers get injured and the garbage collection schedule will be delayed.

### Please Don't Park Cars near the Garbage Collection Sites

Foldable net boxes should be put away promptly after garbage collection.

### Collection Dates & Areas in October

Area	Burnable	Unburnable	
A, F	Manday & Thursday	Oct. 1, 15, 29 (Wednesday)	
B, E	Monday & Thursday	Oct. 1, 15, 29 (wednesday)	
C, H	Thordon P. Fridon	Oct 9 99 (Wednesday)	
D, G	Tuesday & Friday	Oct. 8, 22 (Wednesday)	

Garbage collection on Oct. 13 (Holiday) is scheduled as usual.

The garbage collection dates are different in some areas, so please check the Nara City website.

**Inquiries**: Shushu-Ka (Collection Section)

Tel. 0742-71-3012

City Seibi Kosha (Public Corp.)

Tel. 0742-33-8782

Takeda-Kankyo & Yamato-Seibi Kyodo Kigyotai Tel. 0742-63-2552

### Vaccination Notice

Japanese Encephalitis Vaccinations will start (for those born in October 2022)

Preliminary Examination Leaflets for vaccinations were sent out in late September (for those born in August 2025)

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

### Maternal and Infant Health Care Consultations

### Hagukumi Center 3F

Consultations by phone or face to face (with public health nurses or midwives: appointment is required)

**Date & Time:** 9:00-17:00 on weekdays

Inquiries: Boshi-Hoken-Ka (Mother and Child's Health Section) Tel. 0742-34-1978

### Tsuge Hoken Center

Consultations by phone or face to face (with public health nurses or nutritionists)

**Date & Time:** 9:00-17:00 on weekdays

**Inquiries:** Tsuge Hoken Center Tel. 0743-82-0341

### Tsukigase Health Consultation Room

Consultations by phone or face to face (with public health nurses: appointment is required)

**Date & Time:** 9:45-16:00 on weekdays

**Inquiries:** Tsukigase Health Consultation Room Tel. 0743-92-0480

<sup>\*</sup> Areas A – D are covered by Nara City, and areas E – H are covered by City Seibi Kosha or Takeda-Kankyo & Yamato-Seibi Kyodo Kigyotai.

# Workshop for Pregnant Women & Babies and Dental Checkups (Phone Reservation)

### Maternity "Happy" Check

For women 16 to 32 weeks pregnant on the day

Date: Oct. 16 (Thurs.)

### Fluoride Coating for Tooth Decay Prevention

For children born in October 2023

Date: Oct. 17 (Fri.)

### Ha-Pika Class for One-year-old Babies

Tooth decay prevention class for first-born children born in October 2024

Date: Oct. 21 (Tues.)

### Paku-Paku Class for Five-month-old Babies

Baby food class for first-born children born in May 2025

Date: Oct. 22 (Wed.)
Papa-Mama Salon

For women between 22 and 32 weeks of their first pregnancy on the day and their partners

Date: Nov. 14 (Fri.)

### Mama-Iku Salon for Pregnant Woman over 40 Year of Age

For pregnant women under 32 weeks of gestation on the day, and a first-born babies under 12 months old and their mothers

Date & Time: November 28 (Fri.)

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup	From 4-month birthday until the day	
(Born in July 2025)	before turning 5 months old	Designated medical
10-month-old Babies Checkup	From 10-month birthday until the day	facilities in Nara City
(Born in January 2025)	before turning 11 months old	
19-month-old Babies Checkup	N 0 10 00 07 (TV)	
(Born in March 2024)	Nov. 6, 13, 20, 27 (Thurs.)	Chuo Hoken Center
3-1/2-year-old Babies Checkup	Nov. 11, 18, 25 (Tues.)	(Hagukumi Center, 2F.)
(Born in April 2022)	1101. 11, 10, 20 (1005.)	

### Things to bring: The questionnaire and Mother's and Child's Health Handbook

Inquiries: Boshi-Hoken-Ka (Mother & Child Health Section) Tel. 0742-34-1978

# Hello, Visiting Babies (under four months old)

### For those who are worried about rearing babies

**Those eligible:** Those who want to consult about breast-feeding or those whose baby's birth weight was under 2,500g

**Application:** Apply to Boshi-Hoken-Ka (Mother and Child Health Section) by phone. Tel. 0742-34-1978. You can also use the dedicated application form provided on the city's webpage.

### For those who have no particular worries

A city-commissioned counselor will call you and visit your home

Inquiries: Kosodate-Sodan-Ka (Child Consultation Section) Tel. 0742-34-4804

<sup>\*</sup> The questionnaire will be sent in October. People who moved to Nara City after Oct 1 and have not received it should contact Boshi-Hoken-Ka (Mother & Child Health Section).

# The event "Eco-Kids, Come and Study Together!"

(1) Work Experience (2) Science Experience Workshop

**Date & Time:** December 6 (Sat.) (1) 10:00 – 14:00 (2) 11:00 – 12:00

Place: Naramachi Center (Higashi Terabayashi-cho)

Contents: (1) Learning about ecology and money / Work experience program

(2) Earth-friendly raw garbage recycling \* This project includes experiments.

Capacity: (1) 20 elementary students (2) 30 students from the 4th to the 6th grade of elementary school

\* Participants in both classrooms need to be dropped and picked up by their guardians.

Fee: (1) 500 yen

**Application:** Apply using the dedicated application form by November 25.

Inquiries: Association of "Stop Global Warming" in Nara Tel. 0742-49-6730

### Cancer Examinations (November)

Please apply to Kenko-Zoshin-ka (Health Care Section) by phone, or on the Nara City website.

Free of charge for those who are on social welfare or belong to households receiving residential tax exemption. Please notify us of such when you apply.

### **Application Period**

### October 1 (Wed.) to 20 (Mon.), from 9:00 to 17:00 (except Sat., Sun., National Holidays)

Stomach and Lung Cancer Examinations:

Date & Rec	eption Time	Place	Capacity
Nov. 10 (Mon.)	9:15-10:15	Seibu Shogai Sports Center Club House	27
Nov. 12 (Wed.)	9:15-10:15	Tomio Kominkan	27
Nov. 13 (Thurs.)	9:45 - 10:45	Seibu Toshokan (Library)	20
Nov. 18 (Tues.) Nov. 25 (Tues.)	9:00 – 10:00	Hagukumi Center	30 each
Nov. 19 (Wed.)	9:15-10:15	Naramachi Center * November only	27
Nov. 20 (Thurs.)	9:15-10:15	Miato Kominkan	27
Nov. 26 (Wed.)	9:15-10:15	Kita-Fukushi Center	26
Nov. 27 (Thurs.)	9:15-10:15	Fire Department Building No.2	27
Nov. 28 (Fri.)	9:45-10:45	Seibu Toshokan (Library)	20

**Lung Cancer Examinations** 

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Date & Reception Time		Place	Capacity	
Nov. 11 (Tues.) Nov. 17 (Mon.)	14:00 – 15:00	Hagukumi Center	60 each	
Nov. 18 (Tues.)	14:00 - 15:00	General Medical Center (Medical Nara)	40	

Stomach Cancer Examination: X-ray (involving drinking barium on the day)

Lung Cancer Examination: Chest X-ray (including TB test)

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only) \*Additional 600 yen will be needed if a sputum test is performed as a result of general check-up for lung cancer. (Postage may need to be paid.)

**Those Eligible:** 40 years old and over, registered as Nara City residents on the examination day, except for pregnant women, those who had stomach, lung, or intestine

surgery within the last 5 years or are in treatment now, those who have barium sensibility or had aspiration (lung cancer examination is possible), those who had an endoscope for stomach cancer by Nara City in fiscal year 2024 or 2025 (lung cancer examination is possible), and those who had low-dose CT screening for lung cancer by Nara City in fiscal year 2025 (stomach cancer examination is possible).

Others: For those who are breastfeeding, please inform us of such when you apply. The examination interval is once a year. There might be cases where you may not be able to have the examination depending on your physical condition or medical condition on the day.

Inquiries: Kenko-Zoshin-ka (Health Care Section) Tel. 0742-34-5129

Check here for further details.

### Nishi Fukushi Center

9-13, Hyakurakuen 1-chome 631-0024 Tel. 0742-41-3151 Fax. 0742-41-3150

### Theater Performance "Omoteni Deroi (Come Out Here!)"

Date & Time: Oct.25 (Sat.) 13:30 Performer: Theater Circle "Tsudoi"

Eligibility: People over 60 years old, and their families

# Bookstart Program Begins!

At the City Library, we give picture books to babies under 1 year old so that parents and their babies can share special moments together through storytime.

Eligibility: Babies born on or after April 2 2025, who are registered as residents in the city.

\*Babies under 1 year old who have moved into the city are also eligible.

Inquires: City Central Library Tel. 0742-26-6101

# Chrysanthemum Festival at Heijo Palace Site

Date: Oct. 19 (Sun.)-Nov. 16 (Sun.)

Place: Heijo-kyo Sakyo Sanjo Nibo-Palace Site Garden (Sanjo-Oji 1-chome)

Inquiries: Kanko-Senryaku-Ka (Tourist Strategy Section)

Tel. 0742-34-5135

# Human Rights and Culture Festival

# Minami Human Rights and Culture Center (Karamomo-cho)

**Date**: Nov. 1 (Sat.) 2 (Sun.)

Contents: Panel exhibitions, art and craft display, opening ceremony, food stalls and booths, etc.

### Higashi Human Rights and Culture Center (Furuichi-cho)

Date: Nov. 8 (Sat.) 9 (Sun.)

**Contents:** Panel exhibitions, art and craft display, opening ceremony, food stalls and booths, vegetable market, etc.

### Kita Human Rights and Culture Center (Kawakami-cho)

Date: Nov. 9 (Sun.) 10 (Mon.)

**Contents:** Panel exhibitions, art and craft display, *kirie* (paper cutting art), toy workshop, etc.

### Naka Human Rights and Community Center (Hatanaka-cho)

Date: Nov. 16 (Sun.)

Contents: Panel exhibitions, art and craft display, bingo, etc.

Inquiries: Minami Human Rights and Culture Center
Higashi Human Rights and Culture Center
Kita Human Rights and Culture Center
Tel. 0742-61-2029
Tel. 0742-61-2029
Tel. 0742-61-2036

Naka Human Rights and Community Center Tel. 0742-27-3019

# Experience Life in the Old Days

--- Let's cook new rice with a traditional Japanese wood-fueled cook stove ---

**Date & Time:** Nov. 2 (Sun.) 9:30 - 14:00

Place: Former residence of Tanaka family (Gojo-cho)

Capacity: 8 groups of 20 elementary school students and their guardians

\* People working or learning in Nara city can also attend.

**Fee:** 350 yen

**Instructors:** Kamado AI (Love) Society and others

**Application:** Send a return postcard with the class name, addresses and names with kana, ages, and phone numbers of all attendants by October 24 (Fri.) to Miato Kominkan (204-1, Gojo-cho 630-8032). If applications exceed the limit, acceptance will be decided by lottery. You can also apply on the City's Shogai-Gakushu-Zaidan website.

Inquiries: Bunkazai-Ka (Cultural Assets Section) Tel. 0742-34-5369

# Nara City Welfare Center (Sun Active Nara)

Sahodai-nishimachi 115 Tel. 0742-71-2444

Thanksgiving Day 2025

Date & Time: Oct. 19 (Sun.) 10:00-16:00

**Contents:** Flea market, ball games, Tsukigase Spa Fureai Market, stalls, pickleball, personal computing, yoga, hula, exhibit of works, and more

# Sogo-Fukushi Center (Comprehensive Welfare Center)

3-1 Sakyo 5-chome 631-0801 Tel. 0742-71-0770, Fax. 0742-71-0773

Autumn Amigo Fiesta 2025

Date & Time: Nov. 2 (Sun.) 11:00-15:00 \* Will be held rain or shine.

Contents: Participatory stage event, welfare experience corner, and consultation sessions

**Others:** Please use public transportation.

\* A limited number of parking spaces are reserved for persons with disabilities.

# Naramachi Nigiwai-no-Ie

5 Nakanoshinya-cho 630-8333 Tel. & Fax. 0742-20-1917

Nara-no-Iro (Exhibition of Colored Printings by Narayama Junior High School students)

Date & Time: Oct. 20 (Mon.) - Nov. 24 (Holiday) 9:00-17:00

Nigiwai-no-Hana-Sakaso (Let's make flourishing flowers bloom!)

Date & Time: Nov. 1 (Sat.) - 3 (Holiday) 9:00-17:00

Contents: Flower exhibition throughout the house by the staff of Naramachi Nigiwai-no-Ie

### Naramachi Lattice House

44 Gangoji-cho 630-8332 Tel 0742-23-4820

Simple Experience of Mizuhiki

Date & Time: Oct. 25 (Sat.) 14:00 -15:30

**Contents:** Creating artworks using Mizuhiki (Decorative Japanese cord made from twisted paper)

# Shiryo Hozon Kan (Historical Archives Museum)

1-1 Wakido-cho 630-8337 Tel. 0742-27-0169 (Closed on Mondays)

### Planned Exhibition: The function of Nara Magistrate's Office

Date: From Oct. 7 (Tues.) to Nov. 30 (Sun.)

\* Closed on Mondays (open on holidays), Oct. 14 (Tues.), Nov. 4 (Tues.), and Nov. 25 (Tues.)

# City Hall Fureai Concert

Date & Time: Oct. 17 (Fri.) 12:20-12:50

**Place**: Entrance hall on the first floor of Nara City Hall **Performers**: The members of Tsugaru-Shamisen "Yamabiko"

Inquiries: Bunka-Shinko-Ka (Culture Promotion Section) Tel. 0742-34-4942

# Onjo-kan Hall

32-1 Narukawa-cho Tel. 0742-27-7700

### Shiki Uta-Monogatari (Songs of the Four Seasons) Vol. 5 and 6

Date: Oct. 26 (Sun.) and Nov. 16 (Sun.)

Time: 14:00-15:00

**Contents**: Singing seasonal songs

# Daijo-in Temple Garden Heritage Center

1083-1 Takabatake-cho 630-8301 Tel. 0742-24-0808 Fax 0742-24-0807

### Naramachi Warabeuta (Childrens' Songs) Festa 2025 "Let's Sing Folk Songs Together!"

**Date & Time**: Oct. 19 (Sun.) 14:00-15:00

### Naramachi Center

38 Higashi-Terabayshi-cho, 630-8362 Tel. 0742-27-1151

### Naramachi Book Cafe under the Blue Sky ~ Picture Book Square on a Grassy Field ~

**Date**: Oct. 11 (Sat.) and 12 (Sun.)

Time: 11:00-16:00

### Yuriko Tsuji's Yuru-uku Piano-beya (Slow Piano Room)

**Date & Time**: Oct. 12 (Sun.) 13:00

**Contents**: Fall episode celebrating Nara is played in a radio broadcasting manner together with requested music.

### Totsukawa-mura-Koeni

A Pop-up Playground with Wooden Play Equipment that Lets You Feel the Wood with All Your Senses!

Date: From Oct. 24 (Fri.) to Oct. 26 (Sun.)

Time: 11:00-16:00

### **Exhibition of AOHANI-ART**

**Date**: From Oct. 29 (Wed.) to Nov. 9 (Sun.) **Time**: 10:00-16:00 (Until 14:00 on the last day)

### Hokubu Kaikan Shimin Bunka (Citizen Cultural) Hall

114- Ukyo 1chome 631-0805 Tel. 0742-71-5747

### The 43<sup>rd</sup> Takanohara Cultural Association Festival (Admission Free)

Date & Time: November 2 (Sun.) 10:00-17:00, November 3 (Holiday) 10:00-16:00

Performances on the stage will begin at 13:00 on both days.

**Contents**: Works exhibitions and performance on the stage

# Nara City Museum of Calligraphy in Honor of Kason Sugioka

3 Wakido-cho 630-8337 Tel. 0742-24-4111

# Workshop on How to Get the Mini-Kason Prize, "Write Anything!"

Date & Time: October 25 (Sat.) 10:00-12:00, 14:00-16:00

Contents: Elementary school students can apply for "Mini-Kason Prize" on the spot.

### **Brush Writing Experience Corner**

Date & Time: October 25 (Sat) ,26 (Sun.) 9:00-17:00

### Exhibition of Works by Nara Kason Prize Winners

Date: From November 1 (Sat.) to January 18 (Sun.) in 2026

### Roadside Museum (parking lot in front of the Calligraphy Museum)

Date & Time: November 3 (Holiday)-9 (Sun.) 10:00-16:00 \*Canceled if it rains

Contents: Panel Exhibitions and Brush Calligraphy Experience

### Fee: 300 ven for adults

240 yen for groups (20 people or more)

Free admission for those aged 16 and under and high school students

Free admission for those aged 70 and over living in Nara City, physically challenged people

B(certificate required) and their caregivers

# Nara City Museum of Art (on the fifth floor of Mi-Nara) \*closed on Monday

3-1 Nijo-oji Minami 1-chome 630-8012 Tel. 074

Tel. 0742-30-1510, Fax. 0742-35-7160

### "Let's play at the Museum! ~ Pook Exhibition 'Stroll in the Palm of your Hand'~"

Date & Time: October 25 (Sat.)-November 30 (Sun.) 10:00-17:30 (Admission allowed until 17:00)

**Contents:** Interactive Contemporary Art Exhibition

# Kasugano Music Festival

**Date & Time:** Oct. 12 (Sun.) 10:30 – 17:00

**Venues:** Kasuga Taisha Shrine precincts, Nara Park area, and additional sites **Inquiries:** Kasugano Music Festival Executive Committee Tel. 0742-93-9460

### Sakahara Cosmos Flower Festival 2025

**Date & Time**: Oct. 19 (Sun.) 9:00-15:00

Place: Sakahara-cho Rice Center (Sakahara-cho)

Inquiries: Yamamoto-san, Sakahara Eino Kumiai (Farmers' Association) Tel. 090-1155-1618

# Nara City Mothers' Chorus Recital

Date & Time: Oct. 24 (Fri.) 12:30

Place: Nara Centennial Hall (Sanjo-miyamae-cho)

Inquiries: Ms. Iuchi, Nara City Mothers' Chorus Recital Committee Tel. 0742-22-3088

# Great Buddha Calligraphy Meeting

Date & Time: Oct. 25 (Sat.) & 26 (Sun.) 9:00-16:00 Place: Daibutsuden Hall, Todaiji Temple (Zoshi-cho)

**Inquiries:** The 21st Century Forum Nara Tel. 0742-24-4766

### Contemporary Craftwork Exhibition Sale "Under the Sky in Nara"

Date & Time: October 25 (Sat.) and November 2 (Sun.) 10:00-18:00

Place: The plaza in front of JR Nara Station East Exit

**Inquiries**: Exhibition Sale Executive Committee Tel. 0743-59-1355

# International Temple Festival in Daianji Temple

Date & Time: Nov. 3 (Holiday) 10:00 Place: Daianji Temple (Daianji 2-chome)

Inquiries: Tanaka-san at International Temple Festival Executive Committee (Tel. 090-3034-4901)

# Nara Coffee Fest – A Cup of Brew

Date & Time: Nov. 8 (Sat.) & 9 (Sun.) 10:00-18:00

Place: JR Nara Station East Exit Plaza

Inquiries: Nara Coffee Fest Executive Committee (Tel. 0743-59-1355)

# Deer Antler Cutting Ceremony

Date & Time: Nov. 8 (Sat.) & 9 (Sun.) 11:45-15:00

Place: Rokuen, the designated antler cutting arena in Kasuga Taisha Shrine (Kasugano-cho)

Fee: Necessary

**Inquiries**: Nara Deer Preservation Association (Tel. 0742-22-2388)

### KOMINKAN

### Kasuga Kominkan 86-1, Minami Kyobate-cho 1-chome 630-8141 Tel. & Fax 0742-62-2253

Event Name	Date & Contents	Application
Community Stage at Seibi <i>Fureai</i> Market	Performances including chorus, dance, Japanese folk dance, Tai Chi, and others Oct 26 (Sun.) 9:30-11:00 * Free entry Venue: Seibi-Chiiki <i>Fureai</i> Kaikan (Minami Kyobate-cho)	Not necessary

### **Koto Kominkan** 3633 Ooyagyu-cho 630-1242 Tel. & Fax 0742-93-0400

Event Name	Date & Contents	Application
Koto Kominkan Festival	Art and stage presentations by community learning circles Oct. 11 (Sat.) 9:00-16:00, Oct. 12 (Sun.) 9:00-15:00 * Free entry	Not necessary

### **Lifelong Learning Center** 23 Surugamachi 630-8357 Tel. 072-26-8811 Fax 072-26-8813

Event Name	Date & Contents	Application
26th <i>Fureai</i> Works Exhibition	Art presentations by community learning circles Oct. 21 (Tues.) - Oct. 26 (Sun.) Oct. 28 (Tues.) - Nov. 2 (Sun.) 9:00-17:00 (From 13:00 on the first day, and till 15:00 on the last day) * Free entry	Not necessary

Lifelong Learning Center Gallery Exhibition

2025 Nara UNESCO Association Art Exhibition: "Treasures in My Town" (Organized by the Nara UNESCO Association)

Date & Time: Oct. 17 (Fri.) – Oct.19 (Sun.) 10:00-16:00 (Until 12:00 on the last day)

**Seibu Kominkan** 1-5, Gakuen-minami 3-chome 631-0034 Tel. 0742-44-0101 Fax 0742-44-0103

Event Name	Date & Contents	Application
Volunteer Group Activity Experiences and Exchanges through Taekwondo	Oct. 19 (Sun.) 9:00-17:00  Those eligible: Individuals aged 3 years or older residing in or working in Nara City  Preschool children must be accompanied by a guardian.  * Free entry	Not
Culture Festival 2025	Art presentations and <i>Machinaka</i> Marche: Nov. 7 (Fri.) - Nov. 9 (Sun.)  Fureai Plaza: Nov. 7 (Fri.) and Nov. 8 (Sat.)  Stage presentations and others: Nov. 9 (Sun.) The standard hours for each day are 10:00 to 17:00.	necessary

**Tawara Kominkan** 1078-1, Myoga-cho 630-2175 Tel. & Fax 0742-81-0888

Event Name	Date & Contents	Application
Tawara "Everything Cultural"	Exhibition of works, stage performances, stalls, playing card magic show, etc.	Not
Festival ☆Etoko TAWARA	Nov. 8 (Sat.) 9:00-17:00	necessary
	* Free entry	

Tsukigase Kominkan 2815 Tsukigase-Oyama 630-2302 Tel. & Fax 0743-92-0346

Event Name	Date & Contents	Application
Puppet show	Showing of "Guri and Gura's Picnic Adventure", songs and quizzes October 21 (Tues.) 10:00-11:00 Children 2 years old and up with their guardians *Free entry	Not necessary
Tsukigase Cultural Festival	Nov. 1 (Sat), 2 (Sun.) Exhibition 9:00-17:00 Nov. 2 (Sun.) Stage performance, bazaar 10:00-15:00 * Free entry	Not necessary

### Tsuge Kominkan

2191 Hari-cho 632-0251

Tel. & Fax 0743-82-1362

Event Name	Date & Contents	Application
Tsuge Festival 2025	Stage performance, exhibition of works, bazaar, product exhibition Nov. 2 (Sun.), Nov. 3 (Holiday) 9:00-17:00  * Free entry Venue: Tsuge Koryu (Exchange) Center and Tsuge Elementary School Gymnasium (Tsuge Shiraishi-cho)	Not necessary

Tomigaoka Minami Kominkan 921-1 2-chome, Nakayama-cho Nishi 631-0013 Tel. & Fax 0742-47-6375

Event Name	Date & Contents	Application
Tomigaoka Minami Kominkan Festival	Group presentation, experiences, bazaar, dog massage care class, concert, etc.  Nov. 8 (Sat.) 10:00-16:00, Nov. 9 (Sun.) 10:00-15:00  From preschool children to elementary school 2 <sup>nd</sup> graders with their guardians	Not necessary
	* Free entry	

Nimvo Kominkan

3684 Gakuen Akamatsu-cho 631-0027 Tel. & Fax 0742-46-9113

Event Name	Date & Contents	Application
	Ukulele and Nimyou Junior High School brass band	
Autumn Concert	concerts Nov. 1 (Sat.) 10:00-11:30  * Elementary school students and over  * Free entry	Not necessary

Fushimi Kominkan

13-4 Aono-cho 2-chome 631-0841 Tel. & Fax 0742-45-9864

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	Event Name	Date & Contents	Application	
	Fushimi Festival	Activities such as presentations, exhibitions, and stalls hosted by self-organized groups Oct. 29 (Wed.) - Nov. 2 (Sun.) 10:00-16:00  * Activities will conclude by 14:00 on the last day.  * Free entry	Not necessary	

Heijo Nishi Kominkan

25 Jingu 4-chome 631-0804 Tel. & Fax 0742-71-5711

Event Name	Date & Contents	Application
Autumn Kominkan Festival	Presentations by independent groups and various events Oct. 25 (Sat.) 10:00-16:00, Oct. 26 (Sun.) 10:00-15:00 * Free entry	Not necessary

### Miato Kominkan

204-1, Gojo-cho 630-8032 Tel. & Fax 0742-34-5954

Event Name	Date & Contents	Application
	Educational presentations, interactive experiences,	
Miato Kominkan Festival	and a culinary bazaar	Not
	Oct. 25 (Sat.) 10:00-15:00	necessary
	* Free entry	

### **Yagyu Kominkan** 340 Yagyu-cho 630-1237 Tel. & Fax. 0742-94-0504

Event Name	Date & Contents	Application
	Exhibition of works and stage presentations by	
	voluntary groups and students, etc.	Not
Yagyu Area Cultural Festival	Nov. 8 (Sat.), Nov. 9 (Sun.) 9:00-15:00	necessary
	* Free entry	necessary
	Place: Former Yagyu Junior High School (Yagyu-cho)	

### Wakakusa Kominkan

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Event Name	Date & Contents	Application
Wakakusa Kominkan	Experiences the activities of voluntary groups	Not
Experience Week by	Nov.11 (Tues.)-16 (Sun.) 9:30-21:00	
Voluntary Groups	* Free entry	necessary

### Bone Marrow Bank Promotion Month

There are about 2,000 new people in Japan who need bone marrow transplantation. About 40% of them have not found a donor candidate. In order to save as many people as possible, please cooperate with donor registration. Subsidies are provided to those who donate bone marrow, etc. (Ends as soon as the budget limit is reached.)

### Watch Out for Infectious Gastroenteritis (Norovirus, etc.) from Late October

Norovirus is a kind of "infectious gastroenteritis" that incubates for 24~48 hours and causes vomiting, diarrhea, abdominal pain, fever, etc. It will be prevalent until around May. Infants and the elderly may become dehydrated or suffocate due to vomiting. If you have symptoms, go to a medical institution promptly.

### Key points for preventing infection

### Wash hands with running water and soap

Wash your hands before cooking and eating meals, and also after coming home, using the toilet, after handling excrement, etc.

### Prevent food poisoning

Bivalves such as oysters should be heated sufficiently (heat for over 90 seconds at a core temperature of 85-90 degrees). After cooking, disinfect cooking utensils that handled bivalves with boiling water or chlorine kitchen bleach.

### Proper treatment of vomit and excrement

Wear rubber gloves, a mask, and an apron to clean the toilet. Wipe with a paper towel soaked in 0.1% chlorine bleach, etc., and then wipe with water.

Inquiries: Regarding Food Poisoning: Hoken Eisei-Ka (Health Sanitation Section) Tel. 0742-93-8395 Regarding Infection: Hoken Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

\* Please be careful not to call the wrong number.

### Nara Craft Festival 2025

Date: Oct. 25 (Sat.), 26 (Sun.) 10:00-18:00

Place: Nara Craft Museum (Azemame-cho) \* Free entry

Special Exhibition "Nara Traditional Crafts in Progress"

Date: Oct. 23 (Thurs.) - Nov. 24 (Holiday) 10:00-18:00

\* Until 17:00 on the final day



# Nara-machi Warabe-uta (Children's songs from olden days) Fiesta 2025

In Nara-machi, a nostalgic old town, you can enjoy children's songs, toys from old times, picture-story cards, a puppet play and so on.

Date & Time: October 19 (Sun.) 10:00-1600 (entrance is free)

Place: Nara-machi area

Inquiries: Nara-machi Warabe-uta Fiesta Executive Committee
Tel.0742-27-1151 \*0742-34-0120 (until October 18)

# A Week in Autumn in Nara to Discover the Charm of Nara-machi Discover Nara-machi 2025

The four unique areas of Kita-machi, Nara-machi, Takabatake, Kyoubate and Kidera highlight Nara-machi's "little charms", focusing on historical buildings, temples and shrines, and facilities showcasing local crafts or businesses

Period: November 3 (Holiday)-November 9 (Sun.)

Place: Nara-machi (old town) area

Open to the Public for a Limited Time: Kitayama Juhachiken-ko, Kyu Hosoda-ke Jutaku, Kyu Choju-kai Bacteria Research Institute (factory ruins), Sano-ke Jutaku, Imanishi-ke Shoin, Koshin-do, Gangoji Pagoda Site, Shiga Naoya's Former Residence, Akai-an (9 locations in total)

Inquiries: Nara-machi Nigiwai-shitsu Tel. 0742-34-5609

\* Please contact Nara-machi Mishiru Executive Committee between November 3 and 9 Tel. 0742-26-3476  $\,$  10:00-17:00

## NARAD EAT FESTIVAL 2025

Gourmet Event in Collaboration with Four Cities
-Nara City, Tawaramoto Town, Asuka Village, and Yoshino Town-

Period: October 1 (Wed.)-November 30 (Sun.)

Place: Cafe & Restaurant CAFÉ Etranger Narad

(restaurant in "Naranicle", Nara City Tourist Information Center at Kamisanjo-cho)

Inquiries: Kanko-Senryaku-Ka (Tourism Strategy Section) Tel.0742-34-4739



# Education Center KIDS LEARNING FLOOR

Class Name	Date & Time	Reception
Kids Planetarium: "Nijiro and Seasonal Constellations - The Story Capricorn" Capacity: 40 seats each time Craft Experience Class: "Let's play with paints" Capacity: 15 children, each time, 4 years old and over	Every Sat., Sun. and Holiday in Oct. except Oct.5 (1) 10:30-10:50 (2) 13:30-14:00 Oct.13 (Holiday) (1) 10:00-11:00 (2) 13:30- 14:30 Oct.18 (Sat.)	Reception on the day
Puti-puti (Bubble wrap) craft by using straws Capacity:18 children	(1) 10:00-10:20 (2)11:00-11:20 (3) 14:10-14:30	
Astronomical Observation Event "Let's Look at the Moon with Telescope" Capacity: 12 elementary school 1st graders and over Place: South side parking lot of Nara Centennial Hall (Sanjo miyamae-cho) * Place will be changed to the Planetarium in Hagukumi Center in case of rain and cloudy Weather	Oct.28(Tues.) 18:00- 19:00	Oct.13 (Holiday)
Night planetarium <i>Kimagure</i> Planetarim We will deliver the seasonal stary sky' Capacity:40 seats  * Suitable for upper graders of elementary school to adults Adults may participate by themselves.	Oct.31(Fri.) 18:30- 19:10	Reception on the day
Science Experiment Class The wonders of spinning tops:  "Let's make various things spin"  Capacity: 18 elementary school 1st graders and over	Nov.1(Sat.) 10:00- 11:30	Oct.13 (Holiday)
Story Telling: "San-mai no ofuda" (Japanese Folktales) and others	Nov.1(Sat.) 11:00- 11:30	No application necessary
Craft Experience Class: "Bamboo craft class Learn from a master of bamboo crafts"  "Let's make bamboo dragonflies and bird whistles"  Capacity: 15 elementary school 1st graders and over  * We will use utility knifes in this class.	Nov.3 (Holiday) 10:0-12:00	Oct.13 (Holiday)
Robot Class for Beginners: "Let's make a bus shaped robot and get it moving!"  Capacity: 12 children of age 5 and over each time  * The robots cannot be brought home.	Nov.8(Sat.) (1) 10:00-11:30 (2) 13:30-15:00	Oct.20 (Mon.)

Craft Experience Class: Let's make Christmas ornaments with felt. Capacity: 12 children, 5 years old and over for each time Fee: 300 yen	Nov. 9 (Sun.) (1) 10:00- 11:30 (2) 13:30- 15:00	Oct.20 (Mon.)
Space Class: "Let's make "Japanese -version GPS, named <i>Michbiki</i> , using paper" Capacity: 18 students, 1st graders in elementary school and over	Nov.15 (Sat.) 10:00- 11:30	Oct.27 (Mon.)
Science Experiment Class: "When pine cones open and close" Capacity: 15 children, 5 years old and over for each time	Nov.23 (Holiday) (1) 11:00-11:40 (2) 14:20-15:00	
Programming Class for intermediate-level children Let's make a hungry dinosaur with scratch app. Capacity: 12 children, 3 <sup>rd</sup> graders of elementary school and over for each time	Nov. 24 (Substitute holiday) (1) 10:00-11:30 (2) 13:30-15:00	Nov.3 (Holiday)

Place: Hagukumi Center 9F

Application: Apply online from the Nara City Website. In case of excess applications, a lottery will be held.

Others: Unless specifically stated, reception on the day starts 15 minutes before the starting time and will end when the capacity is reached. Children must be accompanied by guardians. In addition to the above, other classes may be held. For the planetarium, you are not allowed to enter the hall once the entrance door is closed. The planetarium can be used by groups. (An application is needed.)

Please apply from here.



Please refer to the city website or call us directly for the latest information.

Inquiries: Kids Learning Floor (Education Support and Consultation Section) Tel. 0742-36-0401