YAGYU KAIDO

### ACCESS MAP



Reaching Kintetsu/JR Nara Station from surrounding areas

### Coming by train

Approx. 35min from Osaka Namba Station to Kintetsu Nara Station Approx. 60min from Shin Osaka Station to Nara Station on the JR Line Approx. 45min from Kyoto Station to Kintetsu Nara Station Approx. 45min from Kyoto Station to Nara Station on the JR Line Approx, 2h and 30min from Kintetsu Nagova Station to Kintetsu Nara Station by Limited Express (change at Yamato-Yagi and Yamato-Saidai ji Station)

Approx. 1h and 30min from Kansai International Airport to Nara Station on the JR Line



Japan

Approx. 50min via Hanshin Expressivay Route 1 Loop Route, Route 13 Higashi-Osaka Route and/or Daini Hanna Toll Road

From Kyöto



About Tourism Yagyū Tourism

via Hanshin Expressway Route: Keinawa Expressway

wa Expressway

in via Hanwa Expressway

Organizations 155-1, Yagyū-cho, Nara-shi,

Nara-ken 630-1237 Japan

## YAGYO KAIDO

Trail Guidebook

A Tranquil Journey

to the Past

Known as the village of master swordsmen, Yagyū is the birthplace of the Yagyū Shinkage School of swordsmanship and is located 16km directly east from the Heijō Palace Site. Long ago, Japan was a land engulfed in war where the principal objective was slaying one's enemies by sword. From this war-torn world, the master swordsman Yaqyū Muneyoshi was born. He created the school of Yagyū Shinkage where he taught life-saving swordplay as well the importance of mastering your mind to master yourself. Various sites here invoke the memory of the Yagyū clan, such as Hötokuzenji Temple, Kyū-Yagyūhan Karōyashiki (the residence of the former Yagyū domain's chief retainer), Kyu-Yagyūhan Jinyashiki-ato (the encampment ruins of the former Yagyū domain), and the Masakizaka Kenzen Dõjõ, a hall for practicing martial arts. The spirit of the Yagyū clan

# A Tranquil Journey to the Past

that inhabits this quiet mountain village can still be felt through the white walls and stone fences of the old houses. Yagyū Kaidō is an ancient route running from the center of Nara city to the village of Yagyū and passing through the valley between Mt. Kasuga and Mt. Takamado. Locations along the route such as Setarin, Daijisen, and Ninnikusen, whose names originate from Buddhism and are modeled on Indian holy sites, suggest this was already a site of Mountain Buddhism during the Nara and Heign periods (710 to 1185). It is said that around 450 years ago, after the establishment of the Yagyū Shinkage School of swordsmanship, many samurai traveled this road seeking to learn this new style. With each hiking course and location on Yagyū Kaidō you can experience a variety of natural settings, scenery, and historical periods. Get ready for an adventure!

# MAGY U KALD(

### 3 courses retracing the steps of Yagyu's history.



### Difficulty (approx. 80min)

This course stretches from the Yagyū bus stop - where you can visit the legendary Jubeisugi cedars and Ataya-no-Sekibutsu stone Buddha to JR Kasagi Station, which offers a rich experience of Kasagi's history. When setting off from the Yagyu bus stop, you will encounter a peaceful pastoral landscape stretching out before you. After looking upon the Ataya-no-Sekibutsu stone image, continue up the gently inclining slope. Designated as a national historic site and place of scenic beauty, this area is home to Mt. Kasagi, on top of which sits Kasagi-dera Temple. Going through the temple gates, you will be greeted by the temple's principal image of the Buddha, Miroku Magaibutsu. When you have gotten your fill of Kasagi-dera Temple, head down the rich nature-filled trail until you reach the exit marked by the arch of the Mt. Kasagi trailhead. With a unique landscape still covered in rare stones and giant rocks made of granite, this course lets you enjoy peaceful scenery while walking alongside tranquil rivers for an experience unlike Takisaka-no-Michi and Kengo-no-Michi. It is an ideal option for travelers looking to take their time and set their own pace.

### Directions

Please walk or take the bus from Kintetsu Nara Station to reach Yagyū Kaidō's first course, Takisaka-no-Michi.



### Reaching each course from Kintetsu Nara Station On foot Approx. 21min from Kintetsu Nara Station Takisaka to Wariishi-chō Bus Stop Coming by bus Approx. 7min from Kintetsu Nara Station to Wariishi-chō Takisaka Bus Stop on the Nara City Loop Line (#1, clockwise) / Yamamura-chö-bound bus (#4) Approx. 28min from Kintetsu Nara Station to Ninnikusen Kengō Bus Stop on the Yagyū-Õjinakamura-Ishiuchi-bound hus (#4) Approx, 43min/48min\* from Kintetsu Nara Station to Yaqvü-Kasaqi Yaqvū Bus Stop on the Yaqvū-Õjinakamura-Ishiuchibound bus (#4) There are a limited number of buses per day. Please check bus times in advance when visiting. \* As this is a circuit course, it is also possible to start from JR Kasagi Station. Nara Kotsü Homepage Bus Stop **Bus Stop Timetable**

navi.narakotsu.co.ip

Timetable

KAIDO

garden from the Heian period (794 to 1185).

COURSE

Takisaka

-no-Michi Pat

Takisaka-no-Michi makes up the first half of Yagyu Kaido setting off

from the center of Nara city. A cobblestone path formed of

tregularly-patterned stones lines the way and is believed to be a

relic of a road repair operation undertaken when the head of the

Yagyū clan was promotes to Daimyō (feudal lord) and became tactics

which serned as objects of worship for Mountain Buddhism, are still

found along Takisaka-no-Michi, serving as silent protectors to

travelerson Yagyū Kaidō even today. Offering a chance to walk

among murmuring streams and listen to the hum of the forest while

feeling the power in the air, this road is revered for the calm it brings

to all who visit. Exiting the cobblestone path, travelers can rest at the Toge-no-Chaya teahouse which has been in operation since the Edo

period (1603 to 1867) and, continuing onwsrd, vistit Enjõji Temple

which is home to a beautiful Jodo-style (Pure Land Buddhism)

instructor to the Shogunate family. Nnmerous stine Buddha images,

approx.

no-Michi Path

### Distance | 🛋 🛋 📥 📥 📥 📥 📥 📥 📥 📥 approx. 9kr

COURSE - 02

This course runs from Enjöji Temple to Yagyü, the village of master swordsmen. In contrast to the mystical atmosphere of Takisaka-no-Michi, this course takes you through nostalgic villages towards the steep Kaeribasa-tõge Pass. A particular highlight of this course is the pastoral scenery that covers the landscape below you.Other spots include Yamaguchi-jinja Shrine, Nanmyöji Temple, and numerous sites offering a taste of the history, faith, and appreciation expressed by past visitors here. It also features ruins and other vestiges of the Yagyü clan, such as the Ofuji-no-Ido well from the legend of the meeting between the Yagyü castel lord, Tajima-no-Kami Munenori and his soon-to-be wife Ofuji. In spring, freshly-planted rice fields cover the landscape in a blanket of green letting you fully experience the spring air, while fall brings gold ears of rice and the beautiful autumn leaves surrounding Enjöji Temple, making Kengo-no-Michi a route that can be enjoyed all four seasons.





U-KASAH-

### Yagyū-Kasagi-no-Michi Path

Breathe in the sacred mountain air and

listen to the Jūbeisugi cedar and stone Buddha

statues tell of a history stretching back 450 years

### 0 Jūbeisugi cedar

These Japanese cedars are said to have been planted in commemoration of the pilgrimage of Yagyū Jūbei, the oldest son of Yagyū Munenori, when he went to Shikoku and Kyūshū islands under the edict of the 3rd Shōgun lemitsu. The trees have withered, but their dignified appearance still captivates visitors today.

### 02 Ataya-no-Sekibutsu

This standing statue of the Amida Nyorai Buddha is set within a 5 meter high by 3 meter wide rectangular frame carved from natural stone and is accompanied by a 0.7 meter tall figure of Jizō Bosatsu. The image has been recognized as an exquisite example of a stone Buddha sculpture from the Muromachi period (1336 to 1573). It is believed there was previously an Atayaji Temple located in the vicinity.





0







### Enjōji Temple

This temple was first built during the middle of the Heian period (794 to 1185) and was later reconstructed after being destroyed by fire during the wars of the 15th century. As of today its main hall and two-storied gate remain standing. The temple grounds feature scenery that transforms with each season. The autumn leaves in particular create a truly impressive sight.



### Yasyū Yamaguchi-jinja Shrine

Boasting a long history, this shrine was mentioned in the Engi-Shiki (Japan's ancient collection of laws and customs) compiled during the middle of the Heian period (794 to 1185) and is still today a place for worshipping the local deity of Öyagyüchö. The main shrine of Sessha Tateiwa-jinja, which is located on these grounds, was moved here and reconstructed from the 4th main shrine of Kasuga Taisha in the 18th century.

### Kubikiri-jizō

This statue of Jizō appears to have been sliced at the neck (kubi-kiri) by a sword. Standing quietly while casting a mystical presence on the surrounding atmosphere. egend says the figure was used by the master swordsman Araki Mataemon to test his blade

### Hōtokuzenji Temple

This is the family temple of the Yaqvū clan who are enshrined here in the temple's main hall. From the temple grounds visitors can enjoy a spectacular panorama of Yaovū-no-Sato (Yagyū Village), and behind the temple sits the Yaqyū clan's family grave which is a popular destination for viewing autumn leaves.

### Ittōseki

This stone is made from incredibly hard granite and carries an interesting legend recalling how "Yaqvu Munevoshi (the founder of the Yagyū Shinkage School of swordsmanship) entered into battle with a Tengu goblin and, cutting down his adversary, found a split stone left in the vanquished Tengu's place."

### Kasagi-dera Temple



→ Kengō-no-Michi Pat

Kasagi-dera Temple has a rich history and is said to be the origin of the Shuni-e Service of Todaiji Temple's Nigatsu-do Hall, Deeply connected to Nara, the temple's principle image is of Miroku Magaibutsu, which has been carved into a giant 15m-high rock.

### Things to check before heading out

Before your departure, make sure to inform your family and other persons concerned of your destination, course, schedule, and the names and contact information of those traveling with you. As you may have to change your route or adjust your itinerary on account of bad weather, please allow for extra time when planning your schedule. Carefully study the details of your course, distances, and seasonal information and select a route that best matches your physical condition. Make sure to research the times and pick-up/drop-off points for transportation you will be taking to and from your course.

### Be aware of the weather

· Make sure to check the forecast and walk on days with fine weather. Do not push yourself when the weather is bad. Be careful when walking after it has rained as the ground may be muddy and dangerous.

#### Managing your body and health

· Warm up before beginning your walk and take care to avoid injury. Do not overexert yourself when feeling unwell. Bring an extra supply of food in case of emergency. Remain calm and appropriately treat any sudden injury such as a fractured or broken bone, sprained joint, bruise, bug bite, or heat stroke, Animals to watch out for

· Leeches, bees, and wild boar

#### Checklist STEP-2

#### Check the items you are bringing to make sure you are prepared.



#### What to carry

Lunch box Water bottle Rainwear Towel Medicine Plastic bags Change of clothes Clothing for cold weather Maps Compass Wristwatch Mobile phone Sunscreen Mobile phone charger Tissue paper Something sweet (candy or chocolate, etc.)

### What to wear

STAY SAFE AND HAVE FUN

Wear clothes that are easy to move in so you can have fun while staying safe.





Take care to avoid injury or falling for a safe and enjoyable hike. Remain calm when addressing any unforeseen circumstances that may arise.

#### Proceed with caution

- · If you believe you are lost, please return to the nearest landmark. · When walking during bad weather or poor visibility,
- carefully follow your footsteps so as not to lose sight of the course.
- Pay attention not only to your feet but also the area above your head.

### Rules to remember

- · When walking, stay in a group of two or more people and make sure not to get left alone.
- · Some locations do not have mobile phone service. Carefully plan your itinerary in advance and share it with your traveling companion(s).

- Mind the trail manners and enjoy Yaqyū Kaidō!
- · Fires are prohibitted.
  - Make sure to bring your trash.
  - (lunch boxes, empty cans and bottles, etc.) with you.

As of November 2024





Effective

Pair of

against sunburn.

This is

the right style

If you do not have

trekking shoes,

we recommend

wearing a pair of

sneakers or boots.

broken-in