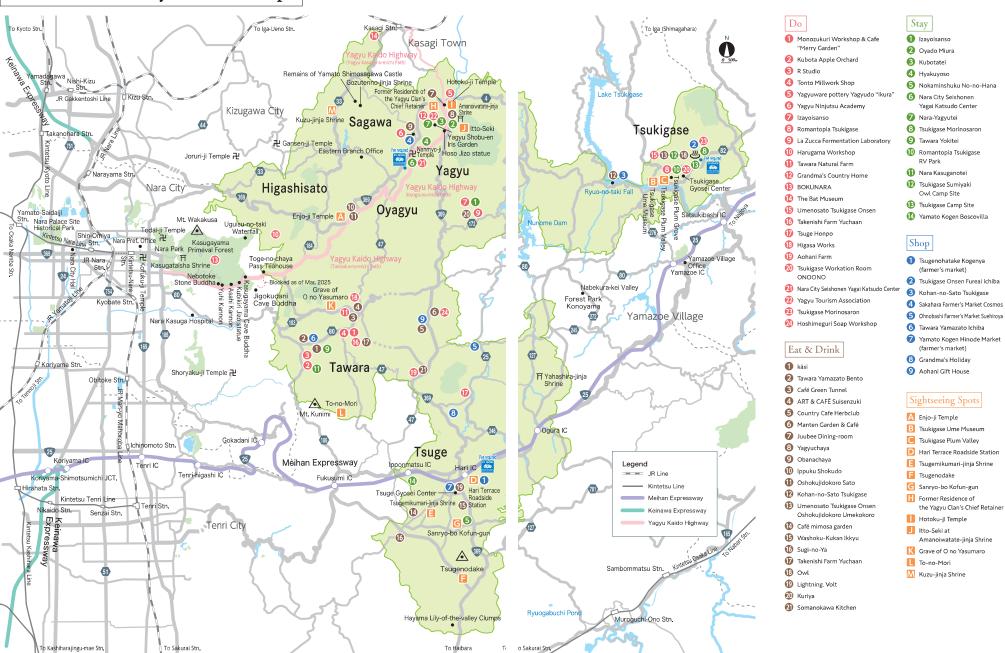






Discover all that Nara's Satoyama area has to offer

East of Nara City Tourist Map



The natural splendor of the

East of Nara City

A mere 20-minute drive from Nara Park will take you into the abundant nature of Nara's mountain villages.

The East of Nara City is made up of seven districts—Tawara, Yagyu, Oyagyu, Higashisato, Sagawa, Tsukigase, and Tsuge—that form part of the Yamatokogen plateau 200–600 meters above sea level. The area has prospered through the growing of plants such as tea and rice, and gained renown for its master swordsmen and its plums.

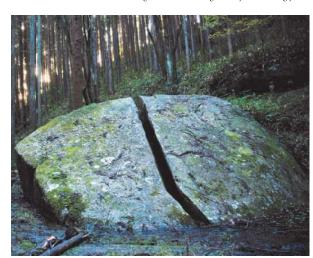
It is a region in which history, culture, and nature are a living, breathing part of everyday life



Yagyu

Yagyu is the land of master swordsmen that gave birth to the Yagyu Shinkage-ryu school of swordsmanship. This district covers seven towns—Yagyu, Yagyushimo, Obo, Okugahara, Oji, Nyu, and Kitanoyama—and is dotted with historic sites such as stone Buddhist statues, shrines, temples, estates where members of the Yagyu clan are interred, and other cultural properties.

The original mountain village scenery is still strongly in evidence, making this area ideal for relaxed walking.



Head deeper into Amanoiwatate-jinija Shrine and you will find enshrined there the ltto-Seki, a boulder split perfectly in two. It is said to have been sliced with a single strike when Yagyu Munetoshi (who was the founder of the Yagyu Shinkage-ryu school and who later became a monk and took the name Sekishusai) battled a tengu, a mythical creature proficient in swordplay.

Itto-Seki at Amanoiwatate-jinja Shrine
[Address] 789 Yagyu-cho, Nara-shi
[TEL] 0742-94-0002 (Yagyu Tourism Association)



This samurai residence was the home, after he retired, to Oyamada Shurei, the chief retainer to the Yagyu clan that helped to restore its financial situation. The stone wall, built by a stone mason from Owari Province in 1841, is a particular highlight, Part of this residence is now open to the public as an archive of documents related to Oyamada Shurei and the Yagyu clan.



Hotoku-ji Temple was constructed by Yagyu Munenori, lord of the Yagyu clan, in 1638 to memorialize his father, Sekishusai. Later, the temple became the Yagyu clan's family temple and it is home to around 80 of the family's gravestones. The principal icon of worship is a statue of the historical Buddha seated. The temple itself is located atop a plateau that offers a panoramic view of the Yagyu homelands and it also renowned for its autumn scenerv.



From the nationally recognized rice terraces of Ninnikusen to its cosmos flowers, Oyagyu is an area full of nature and sites such as Enjo-ji Temple.



Enjo-ji is a famous temple located at the entrance to the Yagyu area that houses statues such as the Dainichi Buddha, said to be an early work by the famed sculptor Unkei, and the Amitabha Buddha that is the temple's principal icon. In front of the Romon, a two-story gate, is a jodo type of garden that dates back to the end of the Heian period with scenery that astounds, from its Chinese beliflowers in summer to the maple leaves of autumn.

A Enjo-ji Temple

[Address] 1273 Ninnikusen-cho, Nara-shi [TEL] 0742-93-0353 [Prices] Adults ¥500, children aged 12 to 18 ¥400, children aged 6 to 11 ¥100

Get a real sense of Yagyu's history



Former Residence of the Yagyu Clan's Chief Retainer
[Address] 155-1 Yagyu-Oh, Nara-shi
[TEL] 0742-94-0002 (Yagyu Tourism Association)

[Address] 155-1 Yagyu-cho, Nare-shi [TEL] 0742-9-40002 (Yagyu Tourism Association) [Prices] Adults and children aged 16 years and above ¥350, children aged 6 to 15 ¥170

Enhance your hike! Map recreates what Yagyu district, the land of the master swordsmen, once looked like

Explore the Yagyu neighborhood with smartphone in one hand! These digital maps include tourist spots such as historical sites related to the Yagyu clan, like the homes of its members, the remnants of its government office, and the remains of its castles.

Scan here to download the digital map recreating Yagyu, the land of master swordsmen, as it once was (Japanese only)



Yagyu Kaido Highway

An ancient route that has wound its way through history The Yagyu Kaido is a historic his



Scan here to download the Yagyu Kaido hiking map Yagyu Kaido hiking map

Hotoku-ji Temple

[TEL] 0742-94-0204

[Address] 445 Yagyushimo-cho, Nara-shi

Prices] Adults and children aged 16 and above ¥200

Children aged 15 and under free

The Yagyu Kaido is a historic highway that follows the valley between Mt. Kasuga and Mt. Takamado, running from the built-up part of Nara City all the way to Yagyu. Places alongside the highway such as Setarin and Ninnikusen have unusual names connected to Buddhism and its sacred sites in India, which suggests that the highway was already somewhere people practiced Mountain Buddhism by the Nara and Heian periods. Moreover, after the Yagyu Shinkage-ryu school of swordsmanship became popular, the highway seems to have been used by warriors looking to gain the skills taught here. There are three hiking courses to enjoy: the Takisaka-no-michi Path, with its soothing crystal-clear air and babbling brooks; the Kengo-no-michi Path, that takes the walker to Enjo-ji Temple and through village scenery; and the Yagyu Kasagi-no-michi, with views of a cedar tree said to have been planted by Yagyu Jubei and Kasagi-dera Temple.

5

Tawara

Tawara is just 15 minutes by car from Todai-ji Temple or Kasugataisha Shrine and has a fresher, cooler climate at its altitude of 400–500 meters above sea level. The areas between the mountains are covered in extensive rice paddies and tea fields. Traditional crafts and food culture are alive and well here, and people from the area have open their farms and workshops to the public in a program they call the Tawara Yamazato Museum. Tawara is also famous as a film location.





The Tawara Yamazato Market sells specialties such as fresh local vegetables, tea, rice, eggs, apples, and konjac. Tawara Yamazato Bento meals made by the market's kitchen are known for their size, with main dishes and four vegetable sides.

62 Tawara Furusato Hotto Station

[Address] 774-1 Myoga-cho, Nara-shi



Halfway up a tea field on a hill, is a site built to memorialize O no Yasumaro, whose tomb was found in 1979 during work to replant the tea field. With the discovery of cremated remains and tomb inscriptions, it was confirmed that this was the grave of O no Yasumaro, who helped compile the Kojiki ("Records of Ancient Matters").

Grave of O no Yasumaro

[Address] 451 Konose-cho, Nara-shi

Tsuge



Tsugemikumari-jinja Shrine is one of four shrines (alongside those in Uda, Yoshion, and Katsuragi) in what was once Yamato Province dedicated to the mikumari water deities who are said to have been the focus of faith at the shrine for centuries. The three main deities worshipped here are Hayaakitsuhiko, Ame-no-mikumari, and Kuni-no-mikumari. The main hall, which is nestled in the forest, features a single-bay width, Kasuga-zukuri architectural style, cypress bark roof, and vermillion lacquering. The guardian lion-dog (komainu) status are masterpieces from the late Kamakura period.

Tsugemikumari-jinja Shrine
[Address] 182 Tsugetomoda-cho, Nara-shi
[TEL] 0743-82-0097



Hari Terrace Roadside Station is one of the biggest in western Japan and is located where the Meihan Expressway (Hari Interchange) and National Route 369 cross. The car park can ake up to around 500 cars, and is also a popular stop for those on motorbikes or in larger vehicles. It is a vital hub with road access over the various places within Nara Prefecture, and the roadside station also features farm shops selling local vegetables and other products.

► Hari Terrace Roadside Station
[Address] 345 Hari-cho, Nara-shi
[TEL] 0743-82-5533



There is a cluster of burial mounds (kofun) atop the small hills that stretch north from Tsugenodake, comprising three mounds: the keyhole-shaped western kofun, and round western and southern kofun. The eastern and western kofun in particular are some of the biggest in Yamatokogen from the mid-Kofun period, and have been designated as Nara Prefecture Historic Sites. The area has been made into a historical artifacts park.

G Sanryo-bo Kofun-gun Historic Park



Tsugenodake is located around 4 km south of Hari Terrace Roadside Station. This mountain is also known as Tsuge Fuji for its beautiful triangular shape and the top of its single peak reaches 631.2 m above sea level.

Tsugenodake

[Address] Tsugeminaminosho-cho, Nara-shi



Tsukigase Plums

Tsukigase is known as one of Japan's finest locations for plums. It is said this history began with the planting of plum trees at the Tenjinja Shrine in Tsukigase-oyama, associated with the scholar and politician Sugawara no Michizane, in 1205. It is said that in 1331, the people of the village were taught how to make the smoked plums that ladies at the court of Emperor Go-Daigo used to make dyes. This led to many plum trees being planted. From the Edo period to the Meiji period, writers and artists came to see the plum blossoms and records remain of their praise for the sight.

The use of smoked plums in Chinese medicine is something that came to Japan from China in or before the Nara period. They were also used in safflower dyes or to help fix the color for lipsticks, and at one time there were 400 households in

Tsukigase producing smoked plums. However, with the invention of chemical dyes in the Meiji period, demand for smoked plums suddenly dropped off. The area's salvation came with an organization pressing for Tsukigase to be recognized as a place of scenic beauty. Thanks to a campaign to preserve the plum groves launched by entrepreneurs from a nearby town (in what is now the city of Iga), people's awareness of the need to preserve the plum grove valley grew, and in 1922 it was the first location in Japan to be crowned a place of scenic beauty. In the present day, only one single household is still passing down the techniques behind smoked plums, but plums still play a significant role in supporting tourism in Tsukigase, and are treasured as a vital part of the lives of the people that live

Tsukigase



The museum sells specialty products that use plums and provides information on Tsukigase. It also exhibits documents such as paintings, calligraphic works, and books by famous people who have visited Tsukigase.

B Tsukigase Ume Museum

[Address] 21-8 Tsukigasenagahiki, Nara-shi [TEL] 0743-92-0300

This area along the Satsuki River valley has been dubbed Tsukigase Plum Valley for the approximately 10,000 plum trees there. This beautiful scenery led to the grove being the first place in Japan to be designated a place of scenic beauty in 1922. The season from mid-February to March is particularly beautiful. The plum festival brings the area to life with large numbers of tourists.

Tsukigase Plum Valley

[Address] Tsukigaseoyama, Nara-shi [TEL] 0743-92-0300 (Tsukigase Tourism Association)

Hot springs and experiences to appreciate nature in Tsukigase



The Tsukigase hot springs (onsen) are located where the borders of three prefectures—Nara, Kyoto, and Mie—meet and the silky waters are said to enhance your skin and relieve fatigue. Men and women can enter the popular outdoor bath, which has a great view, on alternate days.

Umenosato, Tsukigase Onsen [Address] 2681 Tsukigaseoyama, Nara-shi

[FIEL] 0743-92-0888
[Prices] Adults and children aged 12 and above ¥700, children aged 6 to 11 ¥350, children under 6 enter free

During the plum festival: Adults and children aged 12 and above ¥800, children aged 6 to 11 ¥400



Romantopia Tsukigase sells Tsukigase speciaties and works to provide information on ways to experience the many charms the area has to offer. Able to enjoy a relaxing stay at the RV park or tent campsite, visitors are recommended to savor time away from their everyday lives to witness the beautiful scenes each season presents.

Romantopia Tsukigase

[Address] 707-10 Tsukigasenagahiki, Nara-shi [TEL] 0743-92-0810

Learn the secrets to all there is to do from those in the know!

Many talented artisans and craftspeople have made this area their home and are able to offer some very special experiences.





Stained Glass Making Hone your artistic sensibilities

in a traditional studio In this studio in Satoyama, you will find numerous examples of stained glass from various parts of Europe. as well as photos recording the great deal of stained glass work that takes place throughout the Kansai

♦ Stained glass making from ¥5,000 per person

Monozukuri Workshop & Cafe "Merry Garden"

[Address] 208 Vokota-cho Nara-shi [TEL] 090-3925-3052 (Okuda Co., Ltd.) rvations required, parties of at least two



Apple blossom viewing possible from late April to mid-May

Kubota Apple Orchard

[Address] 765 Yadawara-cho Nara-shi [TEL] 070-3615-5512 servations required, car parking available



Pottery Experience

From everyday ceramics to flower vases and tiles

In a little studio in a home hidden away in a mountain village in the Tawara area, pottery is crafted that can do so much to bring cooking to life and that will become well-loved parts of people's everyday lives. The clay used is kaolin

 Pottery experience: from ¥4.500 per person (excl. shipping fee). Fired pottery pieces will be sent one to two months late

⊗R Studio

[Address] 350 Yadawara-cho Nara-shi

[TEL] 090-3925-3052(Okuda Co., Ltd.) Reservations required, parties of at least two. Ceramics painting and other



person (excl. shipping fees)

Yagyuware Making with Yaqvu soil Yagyuware is the name given to

vessels made by forming shapes out of clay from the Yagyu region. coating it in an original Yagyuware glaze, and then firing. Many pieces feature patterns such as plant life drawn in the vivid red of a copper red glaze on their soft celadon ♦ Hand-making experience: ¥3,000 per green, for a charming, yet simple, aesthetic Fired pottery pieces will be sent at a

SYagyuware pottery Yagyudo "Ikura"

[Address] 246 Yagyushimo-cho Nara-shi [TEL] 0742-94-0039



Apple-Picking

Enjoy the expansive landscape of apple orchards

This apple orchard was created to breathe new life into land previously used to grow tea and opened in 2015. From autumn to early winter, you can discover the wide range of apple varieties that has grown to include Fuji, Kogyoku, and Shinano Sweet apples. The couple that run Apple-picking (up to three apples per the orchard carefully consider the person) for adults and children aged six soil as they grow the apples, and the and above: ¥1,000; Ready-picked apples result is apples that taste as good as also available to buy and take home.



Woodwork Experience Fun for All the Family

A woodwork classroom that echoes to the pleasing sounds of craftsmanship

Why not try your hand at using wood from here in Nara to create pieces that will enrich your everyday, from seasonal ornaments to glass curios. One popular class is how to make a wall clock using Yoshino cedar. Wooden clock making: ¥3,000 (time required: 60-90 mins.)

Mini chopping board making: ¥2,000

1 Tonto Millwork Shop

[Address] 345 Yokota-cho Nara-shi

ner person (time required: 60-120

[TEL] 090-3925-3052(Okuda Co., Ltd.)

Reservation required at least one week in advance experiences open to children (aged 4 and above) and adults



Ninjutsu (Ninja Skills) Experience

1-Day Mastery

In the valleys of Sakahara and Yagyu. you can try out authentic ninjutsu training, which includes mastering swords, throwing star, and blowpipe skills. Trainees will receive a ninjutsu license certificate

Ninjutsu experience: ¥3,000 per person (open to children aged three and above)

[Address] 2188 Sakahara-cho Nara-shi [TEL] 06-6974-1186/090-8165-2488

ions required, parties of at least ten and up to one hundred



Confectionery Making Seasonal confections made in

a mountain village

Learn how to create seasonal Japanese confectionery. Sample the confections for the coming season alongside matcha green tea from Yamatokogen, all amidst the area's bundant nature

Jananese confectionery making (tea room) experience: ¥2,700 per person (parties of at least four) Time required: 2 hours *10% off for hotel guest:

Izavoisanso

[Address] 1402 Nyu-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.) servations required, parties of at least four



Manual Work Experiences in Tsukigase

A fine selection of accessible experiences

This facility allows visitors to experience aspects of life in Tsukigase throughout the year. These varied experiences resemble ordinary manual work and start with harvesting agricultural produce.

◆ Hand-nicked sencha/black tea making experience: ¥2,500 per person (incl. experience) fee, tour admission, and cost of tea to take home)
No. of participants; at least four "large groups should inquire

When: mid-May to mid-October *exp

8 Romantopia Tsukigase

Address] 707-10 Tsukigase-nagahiki Nara-shi [TEL] 0743-92-0810 Reservations required, open 9 a.m. to 5 p.m.; irregular closed days Open throughout the plum festival

Other experiences include mochi making tea picking and koniac making



Fermentation Experience

1-day fermentation journey at Yamatokogen

Using water and ingredients bursting with life from the famed tea- and rice-growing area of Nyu, you can make use of naturally cultivated bacteria to create fermented items that your body will love

· Original fermentation plans are available to cater to customers' wishes

②La Zucca Fermentation Laboratory

[Address] 696 Nyurcho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.)

Reservation required at least one week in advance
Example: Fermented plum syrup making experience: from ¥6,600 per person



Tie-Dye Experience Recreate the hues of the region's four seasons with vegetable dyes

Try dyeing fabrics with dyes from local plants or weaving goods from dyed wool. These tie-dye experiences can be found in a studio hidden in the woods. Spend a relaxing time ngrossed in handicraft

◆ Tie-dye experience: ¥5,500 per person (time required: 180 mins.)

[Address] 130-2 Furusato-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.) servation required (parties of three to ten)



Tawara Natural Farm

servations required

[Address] 614-2 Higasa-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.)

black tea Stunning tea-field scenery

Takisaka-no-michi Path course to discover nature and history:
 1 to 2 people: ¥10,000 per person
 3 to 5 people: ¥8,000 per person

Reservations required at least one week in advance, parties of up to ten

6 to 10 people: ¥5,000 per person
Time required: approx. six hours (no cancellations for rain)

and a quaint tea factory

Making organic

Japanese-grown

Tawara Natural Farm grows tea and vegetables free from pesticides herbicides, and chemical fertilizers. They also run Japanese-grown black tea making experiences that use tea-Japanese-grown black tea making: from leaves carefully grown here. Make ¥2,500 per person (including tea factory the most of your time in Tawara by relaxing in nature.

Guided Nature Tours

Guided tours to experience nature and history



Blueberry-nicking evnerience

¥1,000 per kilo of blueberries to take home ces may vary depending on seasonal croduce

experience: from ¥2,000 for adults, and from ¥1,500 for children aged 11 or less seasoned and cooked with various

Traditional Home Cook rice on a traditional hearth

Countryside

Experience in a

Pass through the gate, step into the entrance hall, and then onto into the room with the soil floor and you will find a hearth. Rice cooked quickly atop a wood fire in a traditional hearth is very special. Experience Rice cooking on a traditional hearth harvesting seasonal vegetables ingredients and making miso soup with traditional utensils to get an

authentic taste of Japan's history

[Address] 2441 Sakahara-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.) Reservations required In addition, field harvesting experiences, wild plant picking, dried persimmon making, etc.



The Bat Museum

Discover the fascinating world of bats

Of the 100 or so varieties of mammal that inhabit Japan, around one-third are bats. This museum houses many specimens of Japanese bats and ecological photos, as well as bat-inspired cultural materials, i.e., bat merchandise

The Bat Museum

[Address] 213-3 Hirooka-cho, Nara-shi Reservations required Inquiries to: koumori@abri.or.jp

As well as hat viewing sessions close to the museum, the museum can organize viewing

Admission fee: ¥200

sessions further afield or sending instructors to groups for learning for nature



Restorative Hot Springs

Restorative hot springs are the secret to locals' heautiful skin

On the horder where the north-eastern part of Nara Prefecture meets Kvoto and Mie prefectures, nestled in abundant nature lie hot springs. Take in the scenery. which changes with the seasons, while spending a relaxing time enjoying the outdoor bath with its great views, indoor baths, the sauna, and good food.

Konjac Making

Heartwarming experience

Try making Tsugemaro konjac, the

lagship product at the Roba-no-

kyujitsu farm shop. This konjac is

made from the root vegetable grown

locally in Yamatokogen, and features

no additives. The stabilizer used

to solidify the konjac is Japanese

scallops from Hokkaido.

making konjac with local grandmas

Experience

- ◆ Admission fees: ¥700 for adults and children aged 12 and above. ◆ ¥350 for children. aged 6 to 11; children under 6 enter for free \$\frac{4}{2}\$ \text{ 400 for those aged 65 or above (proofrequired)} \$\frac{4}{2}\$ \text{ 450 for those with disabilities (proof required)}.
- During the plum festival period (mid-February to late March): ¥600 for adults and children aged 12 and above, and ¥400 for children aged 6 to 11.

(E)Umenosato Tsukigase Onsen

[Address] 2681 Tsukigase-ovama Nara-shi [TEL] 0743-92-0388

10:30 a.m. to 8:30 p.m. (last entry 8 p.m.)

Closed Tuesdays (except public holidays) "Excluding New Year holidays, February March, and August 13 to 15



Konjac making experience: ¥2,000 (incl. two pieces to take home)

Tsuge Honpo

[Address] 27-1 Ogi-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.) Reservations required at least two weeks in advance, parties of between one and



◆ Tea-tasing: ¥2,500 per person (incl. their tea. *Organic tea grown without agricultural

[®]Takenishi Farm Yuchaan

[Address] 458 Nakanosho-cho Nara-shi [TEL] 0742-81-0383 Usually open on weekends and public holidays (closed during the tea harvest period in May and June) 11 a.m. to 5 p.m. (also open weekdays if reserved in advance)

Tea-Tasting Experience

Compare different teas from

the historic Yamato Province

Yuchaan offers tea-tasting to

compare the flavors of different

Yamato teas (teas grown in

Satoyama). There are five varieties

of tea to sample, and a quessing

game that has been played for many

years. To finish, visitors will also

receive a confection to accompany

Paper-Making

(incl. tea and Japanese

Chance to make your very

own, original pieces of washi

Enjoy the opportunity to make

original washi paper. After making

the paper, participants are treated

to some delicious Yamato tea and

seasonal Japanese confectionery.

Workations and

Venue for different people to

come together in different ways

The renovated center previously a central school lunch kitchen

has been reborn as a center for

interaction in many forms for those

inside and outside the Tsukigase

region. Use includes all-you-can-drink

other refreshments. Spend a pleasant

time in ONOONO, where people can

find it easy to meet.

[Address] 2350-1 Tsukigase-oyama Nara-shi [TEL] 0743-99-2179 9 a.m. to 5 p.m. (weekdays, weekends, and public holidays), irregular closed days

Yamato tea grown in Tsukigase and

Events

Experience

. confectionery)

paper



Paper-making experience: ¥2,000 (incl. Yamato tea and seasonal Japanese confectionery from Suizenzuki), time

MHigasa Works

[Address] 396-2 Higasa-cho Nara-shi [TEL] 0742-81-1071



Seasonal Harvest Experiences

Special agricultural experience in the abundant nature of the farm

Aohani Farm, run by the social welfare service corporation Aohanikai, is surrounded by nature and offers visitors seasonal harvest experiences including blueberry and sweet potato picking

- Blueberry picking: Admission charges ¥500 for adults and children aged 12 and
- above, ¥200 for children aged 6 to 11

 ◆ Sweet potato picking: No admission charge, ¥400 per kilo

(DAohani Farm

[Address] 50-1 Somanokawa-cho Nara-shi [TEL] 0742-81-0420

Blueberry picking: 9 a m to 5 p m from late July to mid-September Sweet potato picking: 9 a.m. to 4 p.m. from mid-October to early November (weekends and public holidays only)



Forest Appeal Experience

An outdoor activity facility that risitors of all ages can enjoy as they please at BBQ sites, campfire spots. and more besides. Another popular attraction is the nature experience program that offers Scandinavian learning methods such as Skogsmulle and Strövarna.

◆ Facility use fees (day trips): general admission ¥400 (Nara City residents ¥200) Children (aged 3 to 18) ¥200 (Nara City residents ¥100)

Nara City Seishonen Yagai Katsudo Center [Address] 25-1 Sakahara-cho Nara-shi [TEL] 0742-93-0029 eservations required



Drop-in fee: ¥1.100 for one day's use

for events, please inquire.

For more details and inquiries about use

Tsukigase Workation Room ONOONO

Free (charges to enter some facilities or use changing rooms separate)

Yagyu Tourism Association [Address] 155-1 Yagyu-cho, Nara-shi

[TEL] 0742-94-0002 (contact person: Daito/Kuroda) or direct line 090-3925-3052 Closed New Year holidays only *For information on photography, please see

the Yagvu Tourism Association website

Land of the Master Swordsmen: Yagyu Cosplay Photography

Cosplay photography welcomed in spots around the village

Yagyu is famed as the birthplace of Yagyu Shinkage-ryu, one of the oldest schools of swordsmanship in Japan and its historical heritage can be found otted around the area—Hotoku-ji Temple where members of the Yadyu clan are interred; Masakizaka Ken-Zen Dojo, the sword school affiliated with the Yagyu feudal lords; and Former Residence of the Yagyu Clan's Chief Retainer. Come and enjoy cosplay photography against the perfect backdrop of Yadyu



Honey extraction and honey pound cake making: MA DOD Cooking class using macrohicties: ¥2.500 ◆ Flower wreath making (incl. lunch): from ¥4,500.

Tsukigase Morinosaron

[Address] 896-1 Tsukigase oyama Nara-shi TEL1 090-1860-2086

Reservation required at least ten days in advance, parties of at



LOHAS Experiences and Forest Workshops

Chance to improve your mental and physical state

In a hidden house deep in Nara's beautiful nature, discover a special experience that will refine the senses. Why not savor a valuable opportunity you will not find in any city to smoke food and make macrobiotic cuisine, among other activities? Beginners are also welcome! Those looking to refresh themselves mentally and physically should definitely give it a try

Drink Included Make your own original soap The Hoshimeguri Soap Workshop manufactures facial soan, and visitors can make their own, original

Hand-Mixed Soap-

Making Experience

soaps in shapes of their choosing

The session includes café drinks and

from the nowdered soan remnants

Fee: ¥1.500

Moshimeguri Soap Workshop

[Address] 3031 Mima-cho Nara-shi

[TEL] 0742-81-1310/070-4460-6425 Hours: 10 a.m. to 5 p.m. (reservations required, please inquire)

Closed New Year holidays

Course ()1

Takisaka-no-michi Path and Enjo-ji Temple Walking Course

Discover Enjo-ii Temple, famed for its impressive Dainichi Buddha statue and beautiful Heian-style jodo garden.

Why not take a stroll along the Takisaka-no-michi Path and follow in the footsteps of the Yagyu sword masters who once trod this route?

little more than the rest. As the name suggests,

this carving takes on a mystical air when struck

by the evening sun, soothing those who view it.

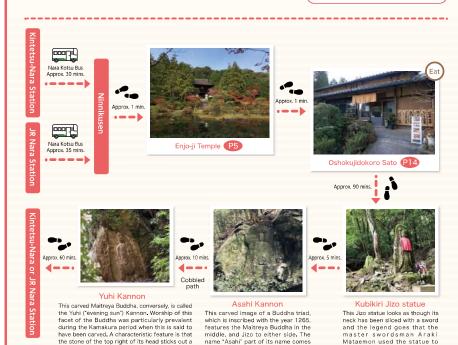
Summary

This course starts with a bus journey to Enjo-ji Temple, then a relatively gentle walk back to Kintetsu-Nara Station

confectionery

Listen to the babbling brooks and rustling leaves in the trees, and experience the cool, refreshing air on this active course that feels like vou're strolling back in time.

practice his strikes



The information here is correct as of March 2025, Apporting to the season, prices or details may vary. Before visiting, please contact the individual location or the inquiry number on the back cover of this quidebook

from the magical appearance of this

east-facing carving when it is hit by the

morning sun ("asahi" in Japanese).

Eat & Drink

The clean air of the mountain villages is almost good enough to eat, but is even better paired with the region's cuisine!

In the eastern region, you can find a certain charm you won't find in urban areas, such as restaurants specializing in local ingredients and those with extraordinary views.





Baked Confections and Bread That Bring a Touch of Joy to the Everyday

Café with a focus on homemade bread and baked confections. As well as experiencing the seasons of Satovama, diners can enjoy these treats at their own pace.

Mountains and the

The Tawara area where the café is

located has wonderful-quality air

and is somewhere to experience the

changing of the seasons. The café's

wild plant set meal, which used local

wild plants, vegetables, eggs, and rice,

is packed with the owner's desire to

provide meals that anyone can enjoy

with peace of mind. It's tasty enough

Refreshing Air

to want to eat every day!

A Café to Enjoy

Sunlight Streaming

through the Trees

This log cabin restaurant is the perfect

place to unwind with dishes made from

ocal vegetables and other Japanese

ingredients. The carefully handmade.

cuisine is very popular, particularly

ecommended are the omurice (fried

rice topped with omelet) that uses

homemade smoked bacon and local

fertilized eggs or the pasta and pizza

with a self-grown and homemade basil

Sample menu Drip coffee ¥500 Scone (with iam) ¥500

• käsi

[Address] 1177 Myoga-cho Nara-shi [TEL] 0742-55-9729 Mondays, Fridays, and Saturdays 11 a.m. to 5 p.m. (last orders at 4 p.m.)



Soulful Lunchbox Meals Full of Love for the Region

As well as lunchbox meals of the day based on local vegetable sides, another popular dish is the chicken and egg on rice that uses local branded eggs. As well as stopping quickly on your way somewhere, we recommend enjoying your food on the attached terrace space

Sample menu ◆ Lunchbox of the day ¥670 ◆ chicken and egg on rice ¥570 curry ¥570
 cutlet curry ¥720
 egg on rice ¥520

②Tawara Yamazato Bento

[Address] 774-1 Myoga-cho Nara-shi [TEL] 0742-81-0817





- ◆ Wild clant set meal ¥850

 - ◆ Tunnel ramen ¥750 ◆ Shaved ice ¥300 (summer only)

Salmon/mackerel set mea: ¥900 Deep-fried shrimp set mes: ¥950

Red bean soup (with moch) ¥550, etc.

Café Green Tunnel

[Address] 137-1 Ono-cho Nara-shi [TEL] 0742-81-0774

Open from 11 a.m. to last orders at 3:30 p.m., closed Wednesdays and Fridays. At the weekend, there is a morning market next to the cafe! 9 a.m. to 4 p.m. or while stocks last, offers freets seasonal vegetables, mochi, side dishes, etc.



Sample menu ◆ Lunch of the day ¥1.320

Original curry ¥935.

♦ Omurice ¥1,012 Country Cafe Herbclub

[Address] 3020-3 Mima-cho Nara-shi [TEL] 0742-81-0829 Irregular closed days (temporarily closed over the New Year holidays)



For Tea-Based Recipes, Look No Further

Suisenzuki offers seasonal dishes that use agricultural produce from the Tawara area and ingredients such as rice and sweet potato grown at Aohani Farm, Highly recommended are dishes that use Yamato tea from Tawara. They also have a full range of dishes to take home or other goods for sales.

Sample menu ♦ Green tea egg-fried rice ¥660 ♦ Yamato tea warabimochi ¥230

@ART & CAFÉ Suisenzuki

[Address] 396-2 Higasa-cho Nara-shi [TEL] 0742-81-0188 10 a.m. to 4 p.m. (last orders at 3:30 p.m.), closed Tuesdays.



An Oasis Amidst the Mountains Full of Smiles

This shop for customers looking to buy wooden or papercraft items from the social welfare service corporation Aohani-kai also houses a café. It also has a terrace and plaza, so is also welcoming for those with kids. The specialty span on sale at the attached Hoshimeguri Soap Workshop has also

Sample menu 🔷 Beef curry ¥700 ♦ Margherita pizza ¥700 Blueberry juice ¥400 6 Manten Garden & Café

[Address] 3031 Mima-cho Nara-shi [TEL] 0742-81-1310 Closed Wednesdays (Wednesdays and Thursdays during winter, Also closed New

ear holidays. Irregular closed days.)



Yagyu's Oldest Restaurant

Discover what Yagyu was like during the mid-20th century. As well as its Juubee udon noodles with ingredients arranged to resemble the family crest of the Yagyu clan, the displays in the restaurant and its exterior will have you snapping photos aplenty.

Limited to One Party

Traditional Japanese-

Hidden in a Mountain

winter. Enjoy a taste of luxury and

conversation with the proprietress

Style Restaurant

Per Day!

Set meals each ¥1,200 (grated yam, wild plants, jubei noodles, meat on rice, yakisoba

Juubee Dining-room

[Address] 83-3 Yagyu-cho Nara-shi [TEL] 0742-94-0500

11 a.m. to 2 or 3:30 p.m., closed Mondays and Tuesdays (open public holidays)



Full of Local Goodies

This restaurant runs with the kind accietance of local women, and provides its diners with the blessings of the mountains, such as seasonal vegetables and wild plants. It can provide meals to groups of up to 45 people according to your budget. They can also provide buffet-style meals or somen noodles served in a bamboo flume that you have to catch

& Drink

Jsual menu • Magnolia leaf sushi and soba noodles set ¥800 Handmade warabimochi ¥300

[Address] 359-3 Yagyu-cho Nara-shi [TEL] 090-3925-3052 11 a.m. to 4 p.m. weekends, weekdays are group reservations only

Countryside cuisine available using local seasonal ingredients in accordance with



Village The chicken hotnot with local chicken comes highly recommended. Duck and wild boar are also available in

Seasonal sukivaki, hotnots, etc., from

Obanachaya

[Address] 2186 Sakahara-cho Nara-shi [TEL] 090-3055-2350 Reservations only. Lunch service from 12:30 p.m., dinner from 5 p.m. Irregular closed days. *Parties of up to 15



Ingredients from the Neighboring Field in Five Seconds

The diligent proprietress of this olderstyle restaurant operates it year-round, and the most popular dishes are the set meal of the day and the oden stew set meal that use vegetables from the field behind the restaurant. The fried rice is also addictively tasty!

Sample menu ◆ Set meal of the day ¥800 ◆ oden stew set meal ¥750 fried rice ¥650.

Ippuku Shokudo

[Address] 1300 Ninnikusen-cho Nara-shi [TEL] 0742-93-0456 10 a.m. to 4 p.m., no days off excl. January 1 to 3

*Parties of up to 15

Course 02

Tawara Tea Fields Walking Course

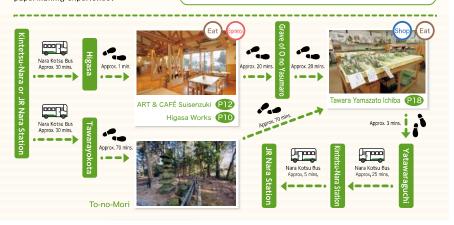
Look out across the expansive tea field scenery and why not stop to enjoy lunch made with local ingredients or a papermaking experience?

Summarv

In the Yamato-tea-producing region of Tawara, you can find a slice of tranquility amidst the vivid green tea fields.

If you also fancy sampling a lunch made with local vegetables and other ingredients, this walking course around the mountain villages of Tawara is the one for you.

For souvenirs to take home, why not consider fresh agricultural produce or items that use them such as jam, consider visiting a farm shop.





Dessert Is Time Savoring the Seasons in the Enjo-ji Temple Gardens

Run by local women, this restaurant is always busy. For its signature Sato set meal, the seasonal vegetable tempura is phenomenal. Whatever the season, the view outside to the Enjo-ji Temple gardens will soothe your mind.

Sample menu Recommended: Sato set meal ¥2.000

- udon noodles not set meal ¥1.800.
- set meal of the day ¥900 (only ten meals made each weekday)
 udon noodles with deep-fried tofu ¥800
 chicken and egg on rice ¥800
 ♦ keema curry ¥1,100

Oshokujidokoro Sato

[Address] 1234 Ninnikusen-cho Nara-shi [TEL] 0742-93-0671 11 a.m. to 2 p.m., closed Wednesdays and December 25 to 31, open from January 1 "Parties of up to 45





Popular Set Meals Using Local Vegetables Harvested Each Morning From udon noodles topped by large sheets of deep-fried tofu from a local

tofu shop to its famed curry dams, this

restaurant has an extensive menu, and

is open to hot spring users and non-

Umenosato set meal ¥1,450 (meal changes depending on the season)
 udon noodles with deep-fried tofu ¥780
 pork on rice ¥900, etc.

BUlmenosato Tsukigase Onsen Oshokujidokoro Umekokoro

[Address] 2681 Tsukigase-oyama Nara-shi [TEL] 0743-92-0388 11 am. to 8:30 pm. (last orders 8 p.m.), closed Tuesdays (except public holidays) "Excluding New Year holidays, February, March, and August 13 to 15



Indulge in a Healthy. Veg-Packed Lunch with Stunning Lakeside Views

The set meal of the day features a full plate of cuisine that uses plenty of fresh vegetables grown in Tsukigase The views of the lakeside from the counter also offer a range of scenes throughout the changing seasons.

Sample menu ◆ Set meal of the day ¥1.000 ◆ keema curry with salad ¥950

Mohan-no-Sato Tsukigase

[Address] 4267-5 Tsukigase-momogano Nara-shi [TEL] 0743-92-0066 11 a.m. to 3 p.m., closed Thursdays (no closed days between mid February and the



Popular among Local Workers and Tourists

Atop a small slope, the view from the counter at this restaurant is spectacular. The friendly proprietor recreates the nostalgic tastes of the food he once ate as a businessman. Recommended is the Indian omurice with an aurora sauce

ample menu ♦ Lunch of the day ¥1,400 Indian omurice ¥1.000

Café mimosa garden

[Address] 938-15 Tsugetomoda-cho Nara-shi [TEL] 090-8535-2817 10 a.m. to 5 p.m. (meals from 11), closed Wednesdays and the second and fourth



Relish Japanese Cuisine with Homegrown Rice and Seasonal Ingredients

Japanese restaurant run by an owner who has developed professional cooking skills in Kyoto and Osaka, and who makes use of seasonal vegetables and homegrown rice.

Lunch: Shokado Bento (fine Japanese cuisine served in a distinctive box) ¥2,400
 Dinner: Chef's choice sushi course \5,700, chef's choice course ¥4,200

[Address] 567 Tsugeshiraishi-cho Nara-shi [TEL] 0743-82-1933 11:30 a.m. to 1:30 p.m. and 4:30 to 9 p.m., closed Wednesdays

*Groups of up to around 20



Restaurant Beloved by Locals

Loved by local residents, this restaurant offers light meals like udon poodles for lunch, and an izakaya pub menu in the evenings. If you make a reservation you can also use the seating area with karaoke. Great attention is paid to the ingredients and many of the vegetables come from the restaurant's own garden

Sample menu

odnijse metal ♦ Cutlet on rice ¥1,070 ♦ Sugi-no-Ya set meal ¥1,800, ♦duck hotpot ¥3,850 ♦kaiseki course cuisine from ¥4,400

[®]Sugi-no-Ya

[Address] 2016-2 lu-cho Nara-shi [TEL] 0743-82-1502 10:30 a.m. to 2 p.m. and 4 to 8:30 p.m., closed Tuesdays and December 30 to January 2



Yamato Tea Stimulates the Senses and Refreshes Mind and Body

A Yamato tea café run by a tea farmer who grows organic tea without use of agricultural chemicals. The café is a snace to slowly sayor the tea while also taking in the changing seasons. Visitors can also hear about ways of brewing the tea and other tea-related trivia

Roasted green tea rice and vegetable-packed lunch ¥2,500

Takenishi Farm Yuchaan

[Address] 458 Nakanosho-cho Nara-shi [TEL] 0742-81-0383 11 a.m. to 5 p.m., usually open weekends and public holidays (closed during the tea harvesting season in May and June) "Weekdays reservation required



Special Lunches by a Master of French Cuisine Born and Raised in Tsukigase

A chef of French cuisine who received the Bronze Egg award in the RED U-35 competition now offers lunches that use local vegetables. As well as main courses such as roast beef on rice and curry, there are desserts such

as cheesecake and shaved ice that uses seasonal fruits. The restaurant also offers takeout and can cater to various wishes, such as for hors d'oeuvres. Visitors not using the campsite are also welcome.

[Address] 2674-2 Teukigase ovama Nara shi [TEL] 0743-92-0391 12 to around 4 p.m., open weekends and public holidays



Add Spice to Your Life!

Close to Hari Terrace, there is a riders café that provides specialty curries with careful attention to use ingredients from Nara and elsewhere in Japan and more than 20 types of spice. After your meal, unwind with tiramisu made using Yamato tea alongside a delicious

All-You-Can-Eat Raw

With a focus on taste, the eggs here

are raised in an area of abundant

nature. The raw egg on rice, with eggs

laid that morning, is a must-try! The

egg sandwiches, which are truly filling

thanks to the seven eggs that go into them, are also very popular!

Egg on Rice with

Fresh, Local Eggs

Beef tendon, butter chicken, and beef tendon & butter chicken curry each ¥1,200 Yamato tea tiramisu ¥500, fresh-roasted coffee ¥400.

@Lightning. Volt

[Address] 790-1 Hari-cho Nara-shi [TEL] 070-8392-3952

11 a.m. to 6 p.m., closed Mondays and Fridays, only open weekends and public holidays December to March



Sample menu

Seasonal lunch ¥2,530 (incl. tax) Desserts from ¥770

[Address] 853 Nyu-cho Nara-shi [TEL] 0742-55-9224 Only open weekends

Relaxing Lunches amongst Nature in a Traditional Home Deep in Nara's Quiet Mountain Area The restaurant Kuriya is the place to

enjoy healthy food that makes use of ingredients from Nara and that takes pride in its menu of dishes that utilize seasonal ingredients blessed by nature. In the relaxed atmosphere of a hidden-away home, diners can find contentment with meals and uncooked desserts. Particularly suited to those

who want to wash away their daily

Sagawa



fatique.

MKuzu-iinia Shrine

Tranquil fields spread out alongside the Kasagi Kaido highway that runs through Sagawa. At the autumn festival at Kuzu-linia Shrine in the area, they conduct various ritual performances that have been designated important intancible folk cultural properties, including ritual sumo wrestling bouts and okinamai ("dance of the old men"]. A 25-meter-tall ginkgo tree in the shrine grounds has been granted protected status and in autumn the grounds are shrouded with its golden leaves.

[Address] 3 Shimosagawa-cho, Nara-sh

Course 03

Raw egg on rice ¥500 (incl. tax)

[Address] 52-1 Somanokawa-cho Nara-shi

[TEL] 090-1903-4158/0742-81-0619 10 a.m. to 3 p.m. (last orders 2:30) Open year-round

egg sandwich ¥500 (incl. tax)

Somanokawa Kitchen

Output

Description

Outpu

Yagyu. Land of Master Swordsmen. **History Course**

Explore historical sites that convey the history of the

Summarv

This is the course to tour the land of master swordsmen, Yagyu!

It brings together all of the must-see spots in the area.

Seeing the Itto-Seki, a boulder that is split perfectly in two has to be seen to be believed!



Let the scenery of the mountain villages calm vou.

Pleasurable ways to spend your time include slowly basking in the sunlight or enjoying chatting with the ladies that live in the countryside. A feeling of nostalgia pervades the area, even for those visiting for the first time; see for yourself the tranquil way of life here in the mountain villages.



Cooking Dinner Gazing at the Moon

An original culture and history unlike even elsewhere in the Yagyu area is woven into the town of Nvu. and one of the traditional homes nere is a quest house. In the central room for aking tea, guests can partake in an authentic tea ceremony experience while enjoying the garden and its seasons. Fee, the warmth, too, of a meal Yamato chicken and lots of local vegetables while seated around the sunker hearth.

1 night with 2 meals; adults ¥15,800, children aged 6 to 11 ¥11,060, younger

winger children who co-sleep with parents free



Volumer white the solution of the solution of

[Address] 1402 Nyu-cho Nara-shi [TEL] 0742-94-0048 [Room types] 3 western-style, 1 Japanese-style



♦ 1 night with 2 meals: from ¥8,500

[Address] 325 Yagyu-cho Nara-shi [TEL] 0742-94-0012

[Room types] 10 Japanese-style

¥3,500 October to March

[Room types] 2 Japanese-style

TEL 1 090-1480-1080

⑤Nokaminshuku No-no-Hana

Experience True Hospitality with Local Vegetables and Chicken Cuisine

Guest house that is popular during the holidaying seasons of spring and autumn with hikers as a base for walking the Yagyu Kaido highway. In the summer, you can also see fireflies at the nearby stream. You should definitely try asking for some of their famed magnolia leaf sushi to take away with you.



1 night with 2 meals: from ¥8,000

[Room tynes] 4 Jananese style

[Address] 543 Yagyu-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.)

Oyado Miura

 1 night with 2 meals: from ¥7.500. Can also be used for group meals

4 Hyakuyoso

[Address] 912-1 Sakahara-cho Nara-shi [Room types] Japanese-style

Traditional Home Offering Exclusive Hire in the Tranquil Tsuge Area of Yamatokogen

This traditional home quest house was once an Edo-period inn and has an impressive spacious room with a soil floor. Facing on to what was the Ise Kaido highway, there are plenty of places nearby to experience Japan's One night: ¥3,000 April to September or historical ages, from the Jomon period to the modern era. As it is limited to one group at a time, it feels like staving in your own home from home [Address] 2504 Tsugeshiraishi-cho Nara-shi with cooking facilities also provided



Forest Appeal Experience An outdoor activity facility that visitors

of all ages can enjoy as they please at BBQ sites, campfire spots, and more besides. Another popular attraction is the nature experience center that offers Scandinavian learning methods such as Skogsmulle and Strövarna.

Guest House Just

1,183 Steps from

the Itto-Seki Split

Boulder Power Spot

A guest house popular for its

proprietress' creative local cuisine

that uses ingredients to transform

the blessings of the mountain village

into seasonal dishes. Listening to the

proprietor, who is very knowledgeable

about the families of Yagyu, while

sipping on a drink is also very special.

Enjoy the warm

hospitality and smile

In a village full of private homes

Hyakuyoso has existed peacefully for

almost a century Locals sometimes

use it to gather for banquets, and this

traditional Japanese inn is well fitted

to the region. The welcoming smile

of the kind proprietress will enhance

of the proprietress

Main building: general admission ¥2,600 (Nara City residents ¥1,400) Children (aged 3 to 18) ¥1,000 (Nara City residents ¥600) Lodge: general admission ¥2,200 (Nara City residents ¥1,200)
 Children (aged 3 to 18) ¥900 (Nara City residents ¥550)

6 Nara City Seishonen Yagai Katsudo Center

[Address] 25-1 Sakahara-cho Nara-shi [TEL] 0742-93-0029 [Room types] main building:Japanese-style bedrooms elsewhere:lodge and camping



Enjoy Reading Sitting in the External Corridor of a Traditional Japanese House

Experience a stay in a real home where you can get a real feel for the Yagyu area. It is also a good base to tour historical sites and Buddhist statues get a sense of the area's history Sitting and relaxing in the externa corridor that runs the perimeter of the traditional home is also recommended

Woodstove and

Hearth

Cooked Game and

the Warmth of the

heated table watching the flickering

flames, losing track of time and

soothing their minds.

- ▲ 1 night with 2 meals; adults ¥6.300 _children ¥4.300
- ↑ I night with dinner only: adults ¥5,500 children ¥3,500
 ↑ I night with breakfast only: adults ¥4,800 children ¥2,800
- ♦ 1 night accommodation only: adults ¥4,000 children ¥2,000

Nara-Yagyutei

[Address] 383 Yagyu-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.) [Room types] 3 Japanese-style Guests can bring their own food. Meals are cooked together with the host.



≜ 1 night with 1 meal: from ¥9.500.

Tsukigase Morinosaron

[Address] 896-1 Tsukigase-oyama Nara-shi [TEL] 090-1860-2086 [Room types] 3 Japanese-style Meals are cooked together with the host.









♦ 1 night with 2 meals/adults from ¥6,000

children from ¥4,000

◆ Accommodation only / adults ¥4,000 Tawara Yokitei

[Address] 1186 Myoga-cho Nara-shi [TEL] 090-3925-3052 (Okuda Co., Ltd.) [Room types] 1 Japanese-style Meals are cooked together with the host.



Underneath the Starry Skies

Hidden Home for

Why not spend time relaxing in a hidden home surrounded by the

nature of Tsukigase, listening to

birdsong and the wind in the trees?

Lifestyle of Health and Sustainability (LOHAS) experiences can be

arranged according to guests' wishes,

including a macrobiotic cuisine

experience using homegrown, organic

LOHAS

Make the most of nature in Tsukigase while spending time relaxing at your own pace, with the choice of three ways to enjoy the outdoor during your stay: the RV park, tent camping, and day camping.

RV parking: 1 night/1 plot from ¥2,500

tent camping: 1 night / 1 plot from ¥1,500 or ¥2,500

[Address] 707-10 Tsukigase-nagahiki Nara-shi [TEL] 0743-92-0810



Take a Breather Where O no Yasumaro Is Interred

Tawara, where the 8th-century nobleman O no Yasumaro lies, one of the compilers of the Kojiki ("Records of Ancient Matters'), is also home to a quest house with a sense of nostalgia and a feeling of ease. For the meals which are cooked with the host, the dishes with lots of locally grown ingredients come highly recommended

- ◆ Accommodation only / adults ¥4.000 children ¥2.500
- Inight with 2 meals / adults from ¥6,000 children from ¥4,500
 Plan including dinner at the Indian restaurant Vanam across the road from ¥6,500

Mara Kasuganotei

[Address] 743 Yadawara-cho Nara-shi [TEL] 090-3925-3052(Okuda Co., Ltd.) [Room types] 2 Japanese-style



Enjoy Camping and Charcoal Grill Food in Tsukigase

Highlands Resort

Face of Nature

That Soothes with the

In an expansive site surrounded by

nature and with a crisp freshness

only found in the highlands, guests

at Yamato Kogen Boscovilla can work

up a sweat playing sports, enjoying

food made with local ingredients, and finding peace in nature that changes

its face with each passing season.

Beautiful Changing

With 12 plots ranging from 45 to 160 m2, from solo campers to couples. groups of women, and whole families, nyone can enjoy camping with peace of mind. As the name suggests. guests can choose from plenty of charcoal-grilled foods to eat.

- ¥2.500 to ¥3.500 per night
- *Facility use charge ¥500 per plot "Waste disposal charge ¥500 (N.B. 3 bags' worth)

Tsukigase Sumiyaki Owl Camp Site

[Address] 2674-2 Tsukigase-oyama Nara-shi [TEL] 090-8249-8703 Room types | Tent camping (12 plots)



Comfortable Camping Space to Spend a Soothing Break

In a prime location close to Tsukigase hot springs, there is a campsite with ten camping plots that aim to be easy to book and comfortable. This outdoor space has a membership system for a private campsite feel

▶ Weekdays from ¥3,000 weekends and public holidays from ¥3,500 *Discount for solo campers on weekdays

®Tsukigase Camp Site [Address] 1249 Tsukigase-oyama Nara-shi [TEL] 0743-83-1888

[Room types] Tent camping (10 plots)
Fixed holidays: usually every Tuesday, December 29 to January 3, and other seasonal holidays



1 night with 2 meals: ¥10,450 to ¥14,520 (excl. tax)

Yamato Kogen Boscovilla

[Address] 3918 Hari-cho Nara-shi [TEL] 0743-82-5556 [Room types] Japanese-style, Western-style, hybrid Japanese-Western, cottages (for

The information here is correct as of March 2025, Apporting to the season, prices or details may vary. Before visiting, please contact the individual location or the inquiry number on the back cover of this quidebook

Shopping is even more enjoyable when chatting with locals.

Farm shops that stock vegetables and teas grown in the local highlands climate are loved by local people, but also have many loyal fans such as the restaurant chefs that frequent them.





Handy Farm Shop at the Hari Terrace Roadside Station

Discover vegetables that take on the deliciously fresh air and water of the Yamatokogen highlands. The most popular item are the fresh eggs from the Yoshimoto Egg Farm. You can also indulge in some egg dishes at the Iburi-Kobo café

Tsukigase's Stunning

Tsukigase is famed for its plums. This

farm shop is an ideal location on the

lakeside. As well as during the plum

season, it is a great spot to stop by

if you are coming to enjoy the cherry

blossom and autumn leaves seasons

or here bike touring or on a drive. Tea

grown in the area is Yamato tea, and

there is an extensive lineup of that

Only Open Weekends Amid the Soothing

As well as seasonal vegetables and fruits, the home-style foods on offer

include handmade sekihan (Japanese

red bean rice) and wild plant glutinous

s 80. The shop interior has the warmth

but also from outside the prefecture

Mountain Village

Scenery

Scenery and

Specialties

◆ Vegetables
 ◆ rice
 ◆ eggs
 ◆ fruit
 ◆ confectionery
 ◆ processed foods
 ◆ café

Tsugenohatake Kogenya

[Address] 345 Hari-cho Nara-shi (inside Hari Terrace) [TEL] 0743-82-5633 10 a.m. to 5 p.m., opens at 9 a.m. on weekends and public holidays (excl. winter) Irregular closed days and closed for New Year holidays *Holidays/opening hours for the café separate



- to offer, from fresh vegetables to Yamato tea, dried plums, plum jam, kakimochi rice crackers, shiitake mushrooms on the log, and natural
- shiitake mushrooms on the log processed plum products (dried plums, kakimochi rice crackers (big. fluffy, and

2Tsukigase Onsen Fureai Ichiba

[Address] 2681 Tsukigase-oyama Nara-shi [TEL] 0743-92-0801 9 a.m. to 5 p.m., closed Tuesdays
*No closed days during the plum festival

many variations

Place to Buy

Tsukigase Specialties

from the Hot Springs

Tsukigase has many specialties

eggs. Discover your favorite Yamato

teas and dried plums from among the

Farm Shop Only Open Weekends That Brings

he abundant lineup of products and

fresh vegetables from a wide area also

attract many repeat customers from

Kyoto and Osaka. Of those products,

the yomogi mochi made with 100%

handpicked muowort, and the shrimp

mochi made with freshly roasted

shrimp, are praised for their fragrant smell and are quick to sell out.

the Blessings of the

shop sells various products from

rice to eggs, apples, konjac, jam, and

handmade acrylic scrubbing brushes Every Saturday, repeat customers

come flooding in to buy a lot for

Mountain Villages As well as fresh vegetables, the

themselves and others.

Regular Customers

from Far and Wide

on the Way Home



Yamato tea dried plums

- processed plum products
 fresh local vegetables
- shiitake muchrooms on the load

❸Kohan-no-Sato Tsukigase

[Address] 4267-5 Tsukigase-momogano Nara-shi [TEL] 0743-92-0066 May to January: 10 a.m. to 3 p.m., closed Thursdays
February to April (plum blossom and cherry blossom seasons): 9 a.m. to 5 p.m., no



Sekihan • wild plant glutinous rice best March to May) ◆ ohagi rice ball with sweetened adzuki beans ◆ walnut mochi *I imited seasons: reservation required

rice. The average age of the shop's staff of a home and evokes the nostalgic kusa mochi (vear-round sales but at their lifestyles of mountain villages. The women here are full of character and customers come from within the city,

Ohnobashi Farmer's Market Suehiroya

[Address] 1676 Ogi-cho Nara-shi [TEL] 090-6759-7878 Saturdays and Sundays, 7 a.m. to 4 p.m.



 Yomogi mochi
 ◆ shrimo mochi rice 🔷 fresh local vegetables and fruit

Sakahara Farmer's Market Cosmos

[Address] 818-1 Sakahara-cho Nara-shi [TEL] 0742-93-0174 (Saturdays and Sundays only) Saturdays and Sundays, 8 a.m. to 12 p.m.



♦ Rice ♦ tea ♦ eggs

6Tawara Yamazato Ichiba

[Address] 774-1 Myoga-cho Nara-shi [TEL] 090-7553-3251 Wednesdays 8:30 a.m. to 12 p.m., weekends 8:30 a.m. to 4 p.m.; closed Wednesdays from January to April



naturally fermented bread, etc.

Yamato Kogen Hinode Market

Dried yams, homemade bread, pound cake

homemade blueberry amazake drink, etc

10 a.m. to 5 p.m., closed New Year holidays

[Address] 3020-3 Mima-cho Nara-shi [TEL] 0742-81-5757

[Address] 2514-1 Hari-cho Nara-shi [TEL] 090-3612-3872 10 a.m. to 4 p.m., irregular business days. Information on opening days on social media



Natural Food Café That Brings Together the Best of Yamatokogen

This shop sells side dishes made with ocal vegetables, naturally fermented bread desserts and processed foods and miscellaneous goods from Yamatokogen. There is also a café snace where customers can enjoy lunch or coffee. Bread, confectionery, and croquettes can also be taken away to eat.

Healthy Confections

Attached to the Herbolub restaurant.

this shop sells a wide range of items

such as confectionery that uses

agricultural produce mainly grown organically. Its heartwarming lineup full

of healthy ingredients also includes

jam, syrup, bread, craft goods, soap,

and Gifts Make

and woodcraft.

Perfect Souvenirs

Instagram @tsuge_hinode Facebook @tsuge.hinode



Fresh vegetables, wild plant dutingus rice.

kakimochi rice crackers, konjac skewers kusa mochi at two for ¥200, etc.

@Grandma's Holiday

[Address] 834 Tsugebaba-cho Nara-shi [TEL] 090-1915-0066 Weekends and public holidays 8:30 a.m. to 3 p.m. (irregular closed days on public holidays) Closed for winter January and February



A Weekend-Only

Local Women

processed products.

Farm Shop run by

The striking sign outside this agricultural produce farm shop in

Baba, Tsuge draws the attention

As well as Tsuge rice and fresh

seasonal vegetables grown with the

delicious water and air, the shop's

shelves are packed with glutinous rice

dishes, handmade konjac and other

Hayama Lily-of-the-valley Clumps, a nationally designated natural monument

In Tsuge's Hayama area, you can find native clusters of lily-of-thevalley, at the southern limit of where these flowers will naturally grow, and these important clusters have been designated a Japanese natural monument. From late May to early July, the delightful flowers bloom and herald the coming of summe

[Address] Tsugehayama-cho, Nara-shi

Course 04

Aohani Gift House

Output

Description

Output

Fully Enjoy Tsukigase Course

"Each season has a different manual work experience to get the most from.

At a campsite surrounded by nature you can witness a full sky of stars!"

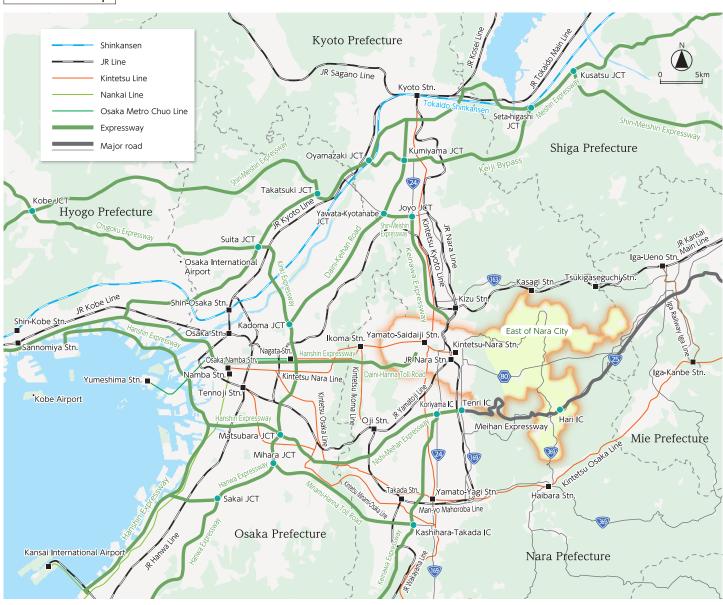
Summary

When its 10,000 plum trees come into full bloom, Tsukigase is a wondrous place! It also offers manual work experiences and outdoor activities you will not find in any built-up urban environment. Come to Tsukigase and make new, treasured memories with your friends or family.



The information here is correct as of March 2025. According to the season, prices or details may vary. Before visiting, please contact the individual location or the inquiry number on the back cover of this guidebook.

Access Map



Coming by Car

From Nagoya

From the Higashi-Meihan Expressway, take the Meihan-Expressway until the Hari Interchange, where you should turn north onto National Route 369. Or you can take the Nishi-Meihan Expressway to the Koriyama Interchange and turn north onto National Route 24.

From Kyoto

From the Keinawa Expressway, turn south at the Kizu Interchange onto National Route 24.

From Osaka

Take the Daini-Hanna Toll Road to Nara. Or you can take either the Nishi-Meihan Expressway to the Tenri Interchange and turn north onto National Route 169. Or you can take either the Meihan Expressway to the Hari Interchangeand turn north onto National Route 369.

From Wakayama

From the Keinawa Expressway, turn north at the Kashihara-Takada Interchange onto National Route 24.

Visit the website to discover the wonders of the East of Nara City

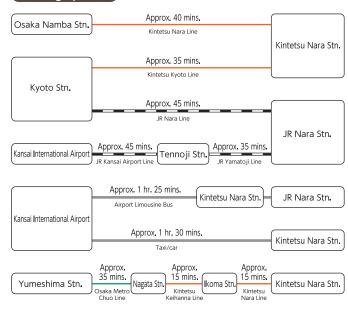


Find information on seasonal events and various tours



https://www.city.nara.lg.jp/site/naraharu/index.html

Coming by Train



[Published] Nara City Eastern Branch Office (4735 Oyagyu-cho, Nara-shi) [Inquiries] 0742-93-0001 (weekdays 9 a.m. to 5 p.m.)

Photos in this guidebook are for illustrative purposes only. Information is correct as of March 1, 2025. Details are subject to change so please check before visiting.

For some facilities, reservations via Okuda Co., Ltd. are required.

[TEL] 090-3925-3052 (direct line to the regional coordinator) [E-mail] info-yagyu@officeokuda.com [LINE ID] @230yxerl



(For LINE, either do an ID search from the "Add friends" menu or use the QR code scan function to scan this code)