

Nara City Information for Residents

October 2024 Issued by Nara City Hall (No. 1247)

(All events, classes and lectures are conducted in Japanese.)

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kaikan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



Feature Article: New developments in agriculture in Nara City

New Distribution System for Agricultural Products in Nara

Direct Delivery from Yamato Highland

A new distribution system started in 2023 by Nara City, Japan Post Ltd., and LCY*. Using this system, local food from Tsukigase is able to be distributed to restaurants in Nara City by "POSUCHOKO" Japan Post mail. The main management is owed by Japan Post and LCY now. This system was implemented to solve the problems of farmers, post offices, and restaurants. Local food production and consumption can be expanded, we can decrease food waste, and sustainability for local industry becomes possible. We are able to taste vegetables which are delivered directly from Tsukigase to partners' restaurants in Nara City.

*LCY: Local Cooperation Yamato Highland

Inquiries: About LCY, Tsukigase Administration Regional Promotion Section Tel. 0743-92-0131

Others: Agricultural Administration Section Tel. 0742-34-5132

Comprehensive Disaster Prevention Drills in 2024

Date & Time: October 20 (Sun) 9:00-12:00

*The time schedule may change depending on the drills' situation.

Place: Tsuge Life Sports Center (Tsuge Baba-cho)

Contents: Operation of a rescue and evacuation center, and helicopter drills, etc.

They will go on at the same time.

There are some exhibitions to enjoy learning.

For details (in Japanese)



Information about Flu and COVID-19 Vaccinations (routine vaccination)

Vaccination period **one time**

October 1 (Tues.) 2024- January 31 (Fri.) 2025

(excluding days clinics are closed)

These vaccinations are for category B diseases, so they are for those who wish to be vaccinated of their own will.

Before getting the vaccinations, please carefully read the first page of the preliminary checkup sheets distributed at medical institutions and receive the vaccination after fully understanding it.

Those Eligible: Those who are registered as residents in Nara City on the day of vaccination.

- 1) 65 years of age and older (on the day of vaccination)
- 2) Those between 60 and 64 years old on the day of vaccination who have heart, kidney or respiratory function impairments which limit their daily lives extremely, or who have severe immune system suppression due to HIV, making their daily lives almost impossible, and who want to get the vaccination.

* Those who are in the second category but who are in hospital or in prison and must get the vaccination outside Nara City (but within Nara Prefecture), should make the necessary arrangements in advance after September 25 (Mon.) with Kenko-Zoshin-Ka (Healthcare Section) or Tsuge Health Center. (The same arrangements cannot be made at the reception desk of Nara City Hall or subbranches, etc.).

Those who are in the second category need to bring a disability certificate (equivalent to internal disability grade 1) at the time of making the appointment. For those who do not have a disability certificate, a written statement from a doctor (within approximately 3 months from issuance) that they have a disability equivalent to the above is required for confirmation.

* Those who must get the vaccination outside Nara Prefecture may apply for the vaccination only at Kenko-Zoshin-Ka and get a request form to submit to a clinic. (All fees will be charged.)

How to Make a Reservation: make a reservation at the designated medical facilities in Nara City.

- * The designated medical facilities are listed on the city website.
- * No individual notice will be sent for a vaccination voucher or preliminary examination leaflet. The preliminary examination leaflet is available at the designated medical facilities.

Fee: Flu: 1,700 yen

COVID-19: 2,500 yen

- * The fee will not be charged to those who show their certification of welfare assistance or of economic assistance for Japanese left in China granted by Hogo-Ka (Protection Section) to the clinic at the time of vaccination. It is not possible to get a certification or a refund after vaccination.
- * All fees will be charged if vaccination is received at a non-designated clinic.

Things to bring: Identification document (health insurance card, etc.)

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Hagukumi Center 3F

Tel. 0742-34-5129



Garbage Collection

Pruned branches are for bulky household waste pickup

Pruned branches should be cut into pieces less than 5cm in diameter and 30cm in length. Please apply to dispose of them as carry-in waste or as bulky household waste pickup.

Foldable net boxes should be put away promptly after garbage collection.

Garbage Collection Dates and Areas in October

Area	A, F	B, E	C, H	D, G
Burnable Garbage	Mon. & Thurs.		Tues. & Fri.	
Unburnable Garbage	2, 16, 30 (Wed.)		9, 23 (Wed.)	

* Garbage will be collected on October 14 (Holiday) as usual. Areas A-D are covered by Nara City, and areas E-H are covered by City Seibi-Kosha & Co. Ltd or Takeda Environment Co. Ltd and Yamato Seiso JV. The garbage collection dates may be different in some areas. Please check the Nara City website.

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012

City Seibi Kosha (Public Corp.) Tel. 0742-33-8782

Takeda Environment Co. Ltd. and Yamato Seiso JV Tel. 0742-63-2552

Watch Out for Infectious Gastroenteritis (Norovirus, etc.)

Infectious gastroenteritis is prevalent from late October to May.

* Characteristics of norovirus infection

The incubation period from infection to onset is 24-48 hours.

Main symptoms are vomiting, nausea, diarrhea, abdominal pain and fever, etc.

* Key points for infection prevention

Proper hands washing

Wash your hands in an appropriate way before cooking and eating meals, and also after coming home, using the toilet, after handling vomit and excrement, etc.

Prevention of food poisoning

Bivalves such as oysters should be heated sufficiently (heat for over 90 seconds at a core temperature of 85-90 degrees). After cooking, disinfect cooking utensils that handled bivalves with boiling water or chlorine kitchen bleach.

Proper treatment of vomit and excrement

Wear rubber gloves, a mask, and an apron to clean the toilet. Wipe with a paper towel soaked in 0.1% chlorine bleach, etc., and then wipe with water.

If you have symptoms, go to a medical institution.

Infants and the elderly need to be especially careful of dehydration due to diarrhea and suffocation due to vomiting.

Inquiries: Regarding Infection: Hoken Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Regarding Food Poisoning: Hoken Eisei-Ka (Health Sanitation Section) Tel. 0742-93-8395

* Be careful not to call the wrong number.

Vaccination Notices

Japanese encephalitis vaccinations to start (for those born in October 2021)

**Preliminary Examination Leaflets for Vaccinations Were Sent Out
in Late September to Those Born in August 2024**

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 ⇒



Hello, Visiting Babies (under four months old)

For those who are worried about rearing babies

(A midwife or a public health nurse will visit your home)

Those eligible: Those who want to consult about breast-feeding or those whose baby's birth weight was under 2,500g

Application: Apply to Boshi-Hoken-Ka (Mother and Child Health Section) by phone (Tel. 0742-34-1978), by using a dedicated application form or by sending the green postcard issued with the *Mother's and Child's Health Handbook*.

For those without particular worries about baby rearing

A city-commissioned counselor will call you and visit your home

Inquiries: Kosodate-Sodan-Ka (Child Consultation Section) Tel. 0742-34-4804

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Cancer Examinations (November)

Please apply to Kenko-Zoshin-Ka (Health Care Section) by phone, fax or on the Nara City website. Please call Tsukigase Health Consultation Room for the examinations to be conducted at the Tsukigase Kominkan. Free of charge for those who are on social welfare or belong to households receiving residential tax exemption. Please notify us of such when you apply.

Application Period: October 1 (Tuesday) - 18 (Friday)

Stomach and Lung Cancer Examinations

Date	Place	Reception Time	Capacity
Nov. 5 (Tues.) Nov. 6 (Wed.) Nov. 8 (Fri.)	Tsuge Hoken Center	8:30-10:30 (Appointed time only)	30 each
Nov. 12 (Tues.) Nov. 22 (Fri.)	Hagukumi Center	8:45-9:45	33 each
Nov. 13 (Wed.)	Tomio Kominkan	9:15-10:15	27
Nov. 18 (Mon.)	Hokubu Shutchsho	9:15-9:45	10 each
		9:45-10:15	
Nov. 19 (Tues.)	Miato Kominkan	9:15-10:15	27
Nov. 20 (Wed.) Nov. 29 (Fri.)	Seibu Toshokan (Library)	9:45-10:15	10 each
		10:15-10:45	
Nov. 25 (Mon.)	Seibu Shogai Sports Center Club House	9:15-10:15	27
Nov. 26 (Tues.)	Co-op Oshikuma	9:15-10:15	27

Lung Cancer Examinations

Date	Place	Reception Time	Capacity
Nov. 7 (Thur.) Nov. 14 (Thurs.)	Hagukumi Center	14:00-15:00	60 each
Nov. 11 (Mon.)	Co-op Oshikuma	14:00-15:00	40

Stomach Cancer Examination: X-ray (involving drinking barium on the day)

Lung Cancer Examination: Chest X-ray (including TB test)

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination)
Additional 600 yen will be needed if a sputum test is performed as a result of general check-up for lung cancer. (Postage may need to be paid.)

Those Eligible: 40 years old and over except for pregnant women; those who had stomach, lung, or intestine surgery or are in treatment; those who have barium sensibility or had aspiration (lung cancer examination is possible); those who had an endoscope for stomach cancer by Nara City in fiscal year 2023 or 2024 (lung cancer examination is possible); and those who had low-dose CT screening for lung cancer by Nara City in fiscal year 2024 (stomach cancer examination is possible)

Others: For those who are breastfeeding, please inform us of such when you apply. The examination interval is once a year. There might be cases where you may not be able to have the examination depending on your physical condition or medical consultation on the day.

For details, please visit here. ⇒



Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129, Fax. 0742-34-3145
Tsuge Hoken Center Tel. 0743-82-0341

Workshop for Pregnant Women & Babies and Dental Checkup

Fluoride Coating for Tooth Decay Prevention for Children Born in October 2022

Date & Time: October 18 (Fri.) 9:30, 10:00, 10:30, 11:00 (30 minutes each)

Place: Chuo Hoken Center

Contents: Dental check, leaning about tooth brushing, and fluoride coating

Capacity: 25 babies each time

Things to bring: *Mother's and Child's Health Handbook*, a toothbrush which is not worn out, and towels.

Deadline for application: October 15 (Tues.)

Ha-Pika Class for One-Year-Old Babies (Tooth Decay Prevention Class)

Date & Time: October 22 (Tues.) 10:00-11:00

Place: Hagukumi Center 2F

Capacity: 24 pairs of a first-born child born in October 2023 and his or her guardians

*Those born between July and September 2023 can apply.

Things to bring: *Mother's and Child's Health Handbook* and the currently used toothbrush or some gauze for wiping the baby's mouth

Deadline for application: October 18 (Fri.)

Paku-Paku Class for Five-month-old Babies (Baby Food Class)

Date & Time: October 23 (Wed.) 10:00-11:15

Place: Hagukumi Center 2F

Contents: Lecture about weaning food by a dietitian and talk about child rearing by a public health nurse.

Capacity: 32 pairs of a first-born child born in May 2024, and his or her guardians

Things to bring: *Mother's and Child's Health Handbook* and the baby food leaflet included in the checkup questionnaire for four-month-old babies.

Deadline for application: October 18 (Fri.)

Maternity "Happy" Check (Dental Checkup for Pregnant Women)

Date & Time: October 24 (Thurs.) 9:30-11:30

Place: Hagukumi Center 2F

Contents: Dental checkup, leaning about tooth brushing, and fluoride coating only for applications

Capacity: 28 pregnant women between 16 and 32 weeks of gestation on the day

Things to bring: *Mother's and Child's Health Handbook* and a towel

Deadline for application: October 17 (Thurs.)

Papa & Mama Salon

Date & Time: November 8 (Fri.) 9:30 - 12:00

Place: Hagukumi Center 2F

Contents: Lecture about baby and child rearing by a public health nurse and a midwife, and practicing how to bathe a baby.

Capacity: 12 pairs of a first time pregnant woman between 22 and 32 weeks of gestation on the day and her partner. (Pregnant woman may also participate by themselves)

Things to bring: *Mother's and Child's Health Handbook*

Deadline for application: November 1 (Fri.)

Application: Call Boshi-Hoken-Ka (Mother & Child Health Section) by each deadline.

Tel. 0742-34-1978

Maternal and Infant Health Care Consultation

Hagukumi Center 3F

Consultations by phone or face to face (with public health nurses or midwives)

Appointment required

Date & Time: 8:30-17:15 on weekdays (9:00-16:00 with midwives)

Inquiries: Boshi-Hoken-Ka (Mother and Child's Health Section) Tel. 0742-34-1978

Tsuge Hoken Center

Consultations by phone or face to face (with public health nurses)

Date & Time: 8:30-17:15 on weekdays

Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

Tsukigase Health Consultation Room

Consultations by phone or face to face (with public health nurses)

Appointment required.

Date & Time: 9:00-16:30 on weekdays Tel. 0743-92-0480

Saturday Kids "Let's make *Etegami*, hand-painted postcards, by using colorful calligraphy pens."

Date & Time: Oct. 26 (Sat.) 9:30-11:30

Place: Higashinosaka Jido-Kan (Kawakami-cho)

Lecturer: Kimie Fujimoto, Calligrapher

Capacity: 15 students under junior high school age

*Preschool children must be accompanied by a guardian

Application: Please call Jido-Kan by Oct. 18 (Fri.). Tel. 0742-27-8263

Or apply from here. ⇒



Also, applications can be accepted directly at the Jido-kan.

Excess applications will be decided by lottery.

Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup (Born in July 2024)	From 4-month birthday until the day before turning 5 months old	Designated medical facilities in Nara City
10-month-old Babies Checkup (Born in January 2024)	From 10-month birthday until the day before turning 11 months old	
19-month-old Babies Checkup (Born in March 2023)	November 7, 14, 21 (Thurs.) (Date and time are indicated on the questionnaire.)	Chuo Hoken Center (Central Health Center) (Hagukumi Center 2F)
3-1/2-year-old Children's Checkup Born in April 2021	November 5, 12, 19, 26 (Tues.) (Date and time are indicated on the questionnaire.)	

Things to bring: The questionnaire and *Mother's and Child's Health Handbook*.

*The questionnaire will be sent in October. People who moved to Nara City after October 1, and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section).

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Nishi Fukushima Center

9-13, Hyakuraku-en 1-chome 631-0024

Tel. 0742-41-3151 Fax. 0742-41-3150

Classical Concert that a beginner can enjoy (Free of charge)

Date & Time: Oct.12 (Sat.) 11:00-12:00

Eligibility: People over 60 years old, and their families, children and their parents

Minami Fukushi Center

45-1, Minami Nagai-cho 630-8443

Tel. 0742-62-3730 Fax. 0742-62-3780

Ocarina Concert

Date & Time: Oct.19 (Sat.) 13:30-15:00

Performer: Ocarina Minami

Eligibility: People over 60 years old, children over around 5 years old, and their families

Chrysanthemum Festival at Heijo Palace Site

Date: Oct. 21 (Mon.)-Nov. 12 (Tues.)

Place: Heijo-kyo Sakyo Sanjo Nibo-Palace Site Garden (1-chome Sanjo-Oji)

Inquiries: Kanko-Senryaku-Ka (Tourist Strategy Section) Tel. 0742-34-5135

Maizo Bunkazai Chosa Center

(Buried Cultural Property Investigation Center)

281, 2-chome Daianji-nishi 630-8135 Tel. 0742-33-1821

Autumn Special Exhibition in 2024 "Nara-era Roof Tiles III" owned by Nara City "

Date & Time: October 1 (Mon.)- November 29 (Fri.) 9:00-17:00

Closed: Saturdays, Sundays and Holidays Open: November 23 (Holiday)

General Welfare Center for Workers (San-Active Nara)

115 Sahodai-nishi-machi 630-8106 Tel. 0742-71-2444

Gratitude Day 2024

Date & Time: October 20 (Sun.) 10:00-16:00

Contents: Flea market, ball game tournament, Tsukigase Onsen *Fureai* Market,
free viewing of and exhibitions by classes in computing, yoga, hula dance, etc.

Shiryō Hozon-kan (Museum of Archives and Preservation)

1-1 Wakido-cho 630-8337 Tel. 0742-27-0169

Planned Exhibition "Animals in Ancient Documents"

Date: October 8 (Tues.) - November 24 (Sun.)

Time Travel Nara-machi "Animals in Ancient Documents"

Date & Time: October 12 (Sat.) 14:00-16:00

Place: Nara-machi Nigiwaino-Ie (Naka-shinya-cho)

Contents: In line with the planned exhibition, there will be a visiting exhibit of relevant historical materials

Introduction of Yamato Warabe Uta Materials

Date & Time: October 20 (Sun.) 9:00-17:00

Special Exhibition Nara-machi Saijiki "A Picture of the Opening of Shoso-in"

Date: October 22 (Tues.) - November 10 (Sun.)

Special Exhibition of the Museum Collection

Academic Institute at the End of the Edo Period "Nanto-meikyou-kan"

Date: October 22 (Tues.) - November 10 (Sun.)

* Shiryō Hozon-kan is closed on Mondays, October 15 (Tues.) and November 5 (Tues.)

Volunteer Information Center

13-1 Sanjo-hon-machi 630-8112 Tel. 0742-93-8435 Fax 0742-34-2336

Panel Exhibition about NPOs (Non-Profit Organizations)

Date: October 1 (Tues.) - 28 (Mon.)

Contents: Exhibition of Chotari-no-kai, Origami volunteer "Origami-no-wa", Heart plus-no-kai and Charity Santa Nara branch

Naramachi Koshi-no-Ie (lattice house)

44 Gangoji-cho 630-8332 Tel. 0742-23-4820

Naramachi Koshi-no-Ie will be closed from Oct. 1 (Tues) to Feb. 28 (Fri.) next year for the installation of western-style toilets.

Naramachi Nigiwai-no-Ie

5 Nakashinya-cho, Nara 630-8333 Tel. 0742-20-1917

Loft Art planning Vol. 34

Nozomi Murata, Rein Takahashi 2 Artists Exhibition 'Narratage'

Date & Time: Oct. 5 (Sat.) - 27 (Sun.), 9:00-17:00

Connecting you and me through calligraphy

Date & Time: Oct. 25 (Fri.) - 27 (Sun.), 9:00-17:00

Contents: Exhibition of works on the theme of 'Fragrance' by Nara University of Education students

Machiya Art Museum planning 'My Collection'

Date & Time: Nov. 8 (Fri.) - 10 (Sun.), 9:00-17:00

Contents: Exhibition of beautiful paintings of modern times from antique art

City Hall Fureai Concert (Admission free)

Date & Time: Oct. 18 (Fri.), 12:20-12:50

Place: Nara City Hall 1F Entrance Hall

Performers: E Friends, members of Nara International Music Interaction Association

Inquiries: Bunka-Shinko-ka (Cultural Promotion Section) Tel 0742-34-4942

Kason Sugioka Calligraphy Museum

3 Wakido-cho 630-8337 Tel. 0742-24-4111

Calligraphy Experience Corner

Date & Time: Oct. 12 (Sat.) - 14 (Holiday), 9:00 - 17:00

Work of Satoshi Nemoto ---Beauty of Kana characters from the Tale of Genji to the present day---

Date & Time: Nov. 2 (Sat.) - Dec. 25 (Wed.)

Contents: Introduction to works by Satoshi Nemoto and his activities. He wrote the title for the NHK historical drama 'Hikaru Kimi' and taught calligraphy.

Fee: 300 yen for individuals, 240 yen for groups (over 20 people). Free of charge for those under 16 years old, high school students, those over 70 years old living in Nara City, and challenged people (certificate needed) and their caregivers.

Naramachi Center

38 Higashi-terabayashi-cho, 630-8362 Tel. 0742-27-1151

Totsukawa-mura-Koen: A Pop-Up Park with Wooden Play Equipment That Lets You Feel the Wood with All Your Senses!

Date & Time: Oct.25 (Fri.) - 27 (Sun.) 11:00-16:00

Wasai, Japanese Sewing: Living with Handmade Clothes

Date & Time: Oct. 30 (Wed.) - Nov. 9 (Sat.) 10:00-17:00 (closes at 16:00 on the final day)

Naramachi Aozora Book Café (Outdoor Book Café)

Date & Time: Nov. 2 (Sat.) & Nov. 3 (Holiday) 11:00-16:00

Daijo-In Temple Garden Heritage Center

1083-1 Takabatake-cho, 630-8301 Tel. 0742-24-0808 Fax. 0742-24-0807

Naramachi Warabeuta (Childrens' Songs) Festa 2024 "Let's Sing Folk Songs Together"

(entrance is free)

Date & Time: Oct. 20 (Sun.) 14:00-15:00

Performers: TRIP

Autumn *Sangaku* (A Form of Japanese Theater) Festa

Date & Time: Oct. 11 (Fri.) - 14 (Holiday) 10:00-20:00

Place: Suzakumon Plaza in the Heijo-kyu historical site (Nijo'oji-minami 3-chome)

Inquiries: Heijyo-kyo Appeal Enhancement Project Tel. 0742-35-8201

Deer Antler Cutting Ceremony

Date & Time: Oct. 12 (Sat.) - 14 (Holiday) 11:45-15:00

Place: Rokuen, the designated antler cutting arena close to Kasuga Taisha Shrine (Kasugano-cho)

Fee: Necessary

Inquiries: Nara Deer Preservation Association Tel. 0742-22-2388

Nara City Mothers' Chorus Recital

Date & Time: Oct. 25 (Fri.) 13:00

Place: Nara Centennial Hall (Sanjo-miyamae-cho)

Inquiries: Ms. Matsuda of the committee Tel. 080-1427-9096

Great Buddha Calligraphy Meeting

Date & Time: Oct. 26 (Sat.) & 27 (Sun.) 9:00-16:00

Place: Daibutsuden Hall of Todaiji Temple (Zoshi-cho)

Inquiries: The 21st Century Forum Nara Tel. 0742-24-4766

Nafu! International Exchange

(1) One Day Camp 2024 (2) Charity Concert

Date & Time:

- (1) Oct. 27 (Sun.) 9:30 – 17:30 Place: Chubu Kominkan (Kamisanjo-cho) / Nara Park
(2) Nov. 3 (Holiday) 14:00 - Place: Nara Koen Bus Terminal (Noborioji-cho)

Fee: Necessary

Inquiries: International Exchange Nara Fureai-no-Kai (E-mail: nafu@nafu.jp)

2024 History Trail - Korean Culture Hanmadan Festival in Nara

Date & Time: Nov. 2 (Sat.) 14:00 – 16:00

Place: Nara Centennial Hall (Sanjo Miyamae-cho)

Capacity: 1500 people

Inquiries: Nara Branch of MINDAN of Republic of Korea in Japan Tel. 0742-34-5067

International Temple Festival in Daianji Temple

Date & Time: Nov. 3 (Holiday) 10:00 - 15:00

Place: Precinct of Daianji Temple (Daianji 2-chome)

Inquiries: Tanaka-san of Nara Stag Club Tel. 090-3034-4901

Culture & Arts Festival in Nara City

(1) Exhibition

Date & Time: Nov. 8 (Fri.) 14:00 / 9 (Sat.), 10 (Sun.) 10:00

Place: Nara City Art Museum (Nijo Oji-Minami 1-chome)

Inquiries: Tsumori-san (Nara City Cultural Associations) Tel. 0742-77-0006

(2) Stage

Date & Time: Nov. 10 (Sun.) 12:00 – 16:00

Place: Naramachi Center (Higashi-Terabayashi-cho)

Inquiries: Wakayanagi-san (Nara City Cultural Associations) Tel. 090-9628-4586

Art Festival 2024 at Gakuen-mae

Date & Time: Nov. 9 (Sat.) – 17 (Sun.) 10:00 – 16:30 (The last day ends at 15:00.)

Place: Yamato-Bunka-kan (Gakuen-Minami 1-chome)

Inquiries: Saruhashi-san (Executive Committee of Gakuen-mae Machiiku Project) Tel. 0742-51-1980

Nara Toastmasters Club

Let's learn how to speak in English in a way that resonates with the heart!

Date & Time: Every second Sunday 14:00-16:30

Place: Seibu Kominkan (Gakuen-Minami 3-chome)

Fee: Necessary

Inquiries: Nara Toastmasters Club (E-mail: naratmc2011@gmail.com)

KOMINKAN

Seibu Kominkan 1-5, Gakuen-Minami-3-chome 631-0034 Tel. 0742-44-0101 Fax. 0742-44-0103

Event Name	Date & Contents	Application
Volunteer Group Activity Experiences and Exchanges (Free Entry)	Observation and Experience of Taekwondo games. Oct. 13 (Sun.) 14:00-16:00 Ages 3 and older. * Preschool students must be accompanied by their guardians. Iyengar Yoga Experience Oct. 27 (Sun.) 10:00-11:30 * Adults (Those who work and study in the city may also be admitted.)	Not Necessary
Cultural Festival 2024	Nov. 9 (Sat.) - Nov. 16 (Sat.) 9:00-17:00 (Excluding closed days)	

Tawara Kominkan 1078-1, Myoga-cho 630-2175 Tel. & Fax 0742-81-0888

Event Name	Date & Contents	Application
Tawara "Everything Cultural" Festival	Nov. 9 (Sat.) 9:00-17:00 * Free Entry	Not Necessary

Chubu Kominkan 23-4 Kamisanjo-cho 630-8228 Tel. 0742-26-6506 Fax 0742-26-3263

Event Name	Date & Contents	Application
Chubu Kominkan Cultural Festival	Oct. 12 (Sat.) 10:00-16:00 Oct. 13 (Sun.) 10:00-15:00 * Free Entry	Not Necessary

Tsukigase Kominkan 2815 Tsukigase-Oyama 630-2302 Tel. & Fax 0743-92-0346

Event Name	Date & Contents	Application
Tsukigase Cultural Festival	Nov. 2 (Sat.) 9:00-17:00 * Free Entry	Not Necessary

Tsuge Kominkan 2191 Hari-cho 632-0251 Tel. & Fax 0743-82-1362

Event Name	Date & Contents	Application
Tsuge Festival 2024	Nov. 3 (Sun.), Nov. 4 (Mon.) 9:00-17:00 * Free Entry Venue: Tsuge <i>Koryu</i> (Exchange) Center and Tsuge Elementary School Gymnasium (Tsuge Shiraishi-cho)	Not Necessary

Kasuga Kominkan 86-1, 1-chome, Minami Kyobate-cho 630-8141 Tel. & Fax 0742-62-2253

Event Name	Date & Contents	Application
Community Stage at Seibi <i>Fureai</i> Market	Chorus recital and dance performances, etc. Oct 27 (Sun.) 9:30-11:00 * Free Entry Venue: Seibi-Chiiki <i>Fureai</i> Kaikan (Minami Kyobate-cho)	Not Necessary

Keisei Kominkan 3-43-2, 1-chome, Rokujo-nishi 630-8044 Tel. & Fax 0742-44-2669

Event Name	Date & Contents	Application
45th Anniversary of Opening of Keisei Kominkan ~Brighten Up! Autumn Festival~	Oct. 16 (Wed.)-Oct. 20 (Sun.) 9:00-16:00 (Till 15:30 on the last day) * Free Entry	Not Necessary

Koto Kominkan 3633 Ooyagyu-cho 630-1242 Tel. & Fax 0742-93-0400

Event Name	Date & Contents	Application
Koto Kominkan Festival	Oct. 19 (Sat.), Oct. 20 (Sun.) 9:00-16:00 * Free Entry	Not Necessary

Lifelong Learning Center

23 Surugamachi 630-8357 Tel. 072-26-8811 Fax 072-26-8813

Event Name	Date & Contents	Application
Salon Concert “Melody by Legate Members”	Songs and Violin and Piano Performances by Letate Members Oct. 22 (Tues.) 14:00-15:00 *Free Entry	Not Necessary
25th “Fureai” Works Exhibition	Paintings, ceramic works, photos, etc. will be displayed on a weekly basis. Nov. 5 (Tues.) - Nov. 10 (Sun.) Nov. 12 (Tues.) - Nov. 17 (Sun.) 9:00 - 17:00 (From 13:00 on the first day, and till 15:00 on the last day each week.) * Free Entry	

Lifelong Center Gallery Exhibition**Exhibition of Works by Senior Citizens in Nara Prefecture (Nara Prefecture Senior Citizen's Activity Council)**

Date & Time: Oct 11 (Fri.) 13:00-17:00, Oct. 12 (Sat.) 9:00-17:00, Oct. 13 (Sun.) 9:00-16:00

Heijo Kominkan

1468 Akishino-cho 631-0811 Tel. & Fax 0742-48-3578

Event Name	Date & Contents	Application
Heijyo Aozora-Ehon-no-Hiroba or Open-air Picture Book Space	Exhibition of picture books, graffiti and fishing corners, etc. Nov. 9 (Sat.) 10:00-15:00 From preschool children to the second-grade elementary school students with their guardians * Free Entry	Not Necessary

Heijo Nishi Kominkan

25 4-chome, Jingu 631-0804 Tel. & Fax 0742-71-5711

Event Name	Date & Contents	Application
Autumn Kominkan Festival	Oct. 26 (Sat.) 10:00-16:00, Oct. 27 (Sun.) 10:00-15:00	Not Necessary

Mikasa Kominkan

313-3 4-chome, Omiya-cho 630-8115 Tel. & Fax 0742-33-0515

Event Name	Date & Contents	Application
Mikasa Kominkan Salon Chair Yoga Experience	Let's try seated yoga. Instructor: Friendly Yoga Oct. 29 (Tues.) 10:30-11:30 Those who are 65 years old and up. * Free Entry	Not Necessary
Mikasa Kominkan Festival	Nov. 9 (Sat.) 10:00-16:00, Nov. 10 (Sun.) 10:00-15:00 * Free Entry	

Yagyu Kominkan

340 Yagyu-cho 630-1237 Tel. & Fax. 0742-94-0504

Event Name	Date & Contents	Application
Yagyu Area Cultural Festival	Nov. 9 (Sat.) 9:00-16:00, Nov. 10 (Sun.) 9:00-14:00 * Free Entry (Until 14:00 on the last day) Place: Former Yagyu Junior High School Gymnasium (Yagyu-cho)	Not Necessary

Fushimi Kominkan

13-4 2-chome, Aono-cho 631-0841 Tel. & Fax 0742-45-9864

Event Name	Date & Contents	Application
Fushimi Festival	Oct. 30 (Wed.) - Nov. 2 (Sat.) 10:00-16:00 (Untill 14:00 on the last day) * Free Entry	Not Necessary

Nara Craft Festival 2024

Date: Nov. 1 (Fri.)-Nov. 4 (Holiday) 10:00-18:00

This year, the event will be held at two venues, the **Nara Craft Museum** and the **Naramachi Nigiwai no Ie**

Place: **Nara Craft Museum** (Azemame-cho) 10:00-18:00

Closed on Monday. Tel. 0742-27-0033

[Website of Nara Craft Museum](http://www.nara-craft-museum.jp/)

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The Special Exhibition “Nara Traditional Crafts”

Date: Nov.1 (Fri.)-Nov. 17 (Sun) 10:00-18:00 * Admission until 17:30, last day until 17:00

Closed Nov.5 (Tues.),11 (Mon.)

Nara traditional craft works will be exhibited.

Akahadayaki Pottery Demonstrations:

Date & Time: Oct. 20 (Sun.) 12:30-16:30

Artist: Akahadayaki Pottery artisan Ooshio Hosana.

Nara-machi Warabe-uta (Children's songs from olden days) Fiesta

Omamori (Amulet) Workshop at Nara Craft Museum

Date & Time: Oct. 20 (Sun.) 11:00-16:00

Contents: Making an *Omamori* (Amulet) with stamps, sumi ink and brush

Fee: 500 yen

Education Center Kids Learning Floor

Class Name	Date & Time	Deadline
Planetarium “The Story of Capricorn” Capacity: 40 seats each time	Every Saturday, Sunday and Holiday in October 1. 10:30 - 10:50 2. 13:30 - 14:00	Reception on the day
Story telling “<i>Kaze no Kami to Kodomo</i> (The God of Wind and Children)”	October 12 (Sat.) 11:00 - 11:30	Not necessary
Petit-Petit Craft “Let's play with flower paper” Capacity: 12 children 5 years old and over each time	October 14 (Holiday) 1. 10:00 - 10:20 2. 11:00 - 11:20 3. 14:10 - 14:30	Reception on the day
Night Planetarium “Whimsical Planetarium: We will deliver the seasonal starry sky.” Capacity: 40 seats * For children from upper grades of elementary school. Adults can participate by themselves.	October 25 (Fri.) 18:30 - 19:10	
Movie Screening “Andersen's famous fairy tales: The Naked King, The Tin Soldier, and The Thumbelina” Capacity: 200 seats	October 27 (Sun.) 13:00 - 13:30	Not Necessary
Craft Experience Class: “Making Oni monsters (hand crafting)” Capacity: 18 children age 5 and over Fee: 1,600 yen	November 2 (Sat.) 10:00 - 11:30	October 14 (Mon.)

Robot Class (Intermediate) “Let’s build a course and move a robot!” Capacity: 12 elementary school 1st graders and over each time	November 3 (Holiday) 1. 10:00 - 11:30 2. 13:30 - 15:00	October 14 (Mon.)
Petit-Petit Science “Paper chromatography ~secrets of color pens~” Capacity: 6 children, and aged 5 and over each time	November 4 (Holiday) 1. 11:00 - 11:20 2. 14:10 - 14:30	Reception on the day
Astronomical Observation Event “Let’s Look at the Moon, Jupiter and Saturn Through a Telescope!” Capacity: 15 elementary school 1st graders and over Place: Bodai-kawa River Park (Sanjo Honmachi) * The class will be held at the planetarium if cloudy or rainy	November 7 (Thurs.) 18:00 - 19:30	October 21 (Mon.)
Story telling “<i>Sammai no Ofuda</i> (The Three Charms)”	November 9 (Sat.) 11:00 - 11:30	Not Necessary
Craft Experience Class: “Let’s Make a Rubbed Copy of Ancient Roof Tiles and Play ‘Kariuchi’, a Board Game from Olden Times” Capacity: 15 elementary school 1st graders and over Fee: 300 yen	November 10 (Sun.) 9:30 - 11:30	October 21 (Mon.)
Craft Experience Class: “Let’s Play with Dr. Acorn” Capacity: 15 children of 5 years old and over each time Fee: 300 yen	November 16 (Sat.) 1. 10:00 - 12:00 2. 13:30 - 15:30	October 28 (Mon.)
Space Class: “Let’s run a linear bullet train.” Capacity: 18 elementary school 1st graders and over	November 16 (Sat.) 10:00 - 11:30	
Programming Class (for beginners) “First Scratch program. ~Let’s create a balloon game~” Capacity: 12 elementary school 1st graders and over each time	November 17 (Sun.) 1. 10:00 - 11:00 2. 13:30 - 14:30	
Science Experiment Class “Do Miracles! Do Science! ~Flying Seeds and Mini Rockets~” Capacity: 12 children of 5 years old and over each time	November 23 (Holiday) 1. 11:00 - 11:40 2. 14:20 - 15:00	November 4 (Mon.)
Craft Experience Class: “Let’s Make a Rolling Device” Capacity: 12 elementary school 1st graders and over each time	November 24 (Sun.) 1. 10:00 - 11:30 2. 13:30 - 15:00	

Place: Hagukumi Center 9F

Application: Apply online from the Nara City Website. In case of excess applications, a lottery will be held.

Others: Reception on the day of the class will start 15 minutes prior to the starting time of each class and will be closed when the prescribed number of applications is reached. Children must be accompanied by guardians. In addition to the above, other courses may also be held. The planetarium is available for use by groups (application required) For the latest information, please check the city website or contact us directly.

Inquiries: Kids Learning Floor (Education Support and Consultation Section) Tel. 0742-36-0401

Apply from here → 