

Nara City Information for Residents

September 2023 Issued by Nara City Hall (No. 1234)

(All events, classes and lectures are conducted in Japanese.)

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com

特集

古都奈良で光る新発見

Old History, New Discovery.

NARA CITY

#oldnewnara



Old History, New Discovery

Have you seen this phrase?

It is a "slogan to express what Nara City is!"

This slogan was published in July in hopes of finding possible solutions to the problems the city faces.

The slogan was developed in collaboration with students at Ichijo Junior High School.

About 80 students in total participated in a workshop project last summer that was promoted by Nadya Kirillova to express the charm of Nara from various angles. As a result, more than 1,000 slogans were created. Then many discussions were held among volunteer guide associations and foreign city residents. Finally, the phrase, "Old History, New Discovery" was chosen. As mentioned above, the process was unique. Junior high school students played the most important role in developing the phrase. This slogan has space where you may freely add your own new discoveries in Nara. Let's describe these newly-discovered charms in the blank area and promote them through social media, such as Instagram.

What does the phrase "Old History, New Discovery" mean?

The ancient capital, Nara, is surrounded by rich nature and is nurtured by the eternal history in which the city has pride.

As a termination point of the Silk Road, Nara has roots which accept many foreign cultures and incorporate them into our own.

More than 1,000 years have passed since the Nara era flourished, and even now, human exchange has continued through new cultural spots and events, traditional artwork, food, and new findings, taking advantage of the landscape and culture of the ancient capital.

With this slogan let us introduce the depth of Nara to people all over the world and rediscover the charm of and increase the sense of attachment to the city.

With the use of Instagram or other social media, we can share Nara's charm, including plenty of interesting spots, attractions, and experiences waiting for your visit, and information about newly opened hotels, Japanese inns and guest houses welcoming international tourists.

#oldnewnara



Let's send messages and photos about new discoveries in the city using the hashtag "#oldnewnara", and your message may appear on digital signboards at the city's stations.

Han'nyaji Buddhist Temple in Nara City dates back to the early 7th century. It is now famous as a temple of hydrangeas. Outstandingly beautiful photographs of hydrangea flowers in glass balls have attracted more and more people on Instagram these days.



Kennin Kudo works as a priest at that temple. He has quite a unique career. He was once a professional boxer. After he decided to devote his life as a Buddhist monk, however, he noticed the indispensability of having a website, even for temples, to spread information online, and taught himself about website design, photo-taking, and SNS management.

“The hydrangea flowers were too beautiful to just throw away. So I put full-blown hydrangea flowers in glass bowls, and kept their gorgeous beauty in photographs. Then, I unintentionally posted those photos on Instagram and got a surprisingly huge reaction. The number of visitors to our temple increased more than tenfold in one month.

“I do not know what to do to increase likes. But you never know unless you try. As I work for a Buddhist temple, I do try new things to cherish its history so that my temple could fascinate people of all ages.”

Message from Nadya Kirillova, facilitator for this slogan-making project:

“History” and “Discovery” are ordinary words. We use both in our daily conversation. But these two well describe the city of Nara. Nara City has sophisticated corners with fashionable stores, suitable to today’s modern lifestyles. It also boasts authentic crafts like the nation’s largest iron sword, 2.37 meters in length with a serpentine blade. It was excavated in November 2022, at Japan’s largest circular burial mound from the late 4th century, located in west Nara. This is also a good example of a New Discovery. I mean that discovery signifies both the result of modern technological advancement and historical uncovering from the ancient times. Embrace archaeological disclosure, as it definitely teaches us about Nara’s evolutionary uniqueness.

Nadya Kirillova: Copy writer, picture book writer, and education lecturer in educational field. Born in the present-day Saint Petersburg, Russia, and educated in six nations including the UK, US, and Canada in her childhood. Awarded as the world’s No. 1 copy writer in 2015. Worked as a judge for various advertising/design awards in Japan and abroad.

Inquiries: Hisho-Koho-Ka (Public Relations) Tel: 0742-34-4710

Novel Coronavirus Vaccination Information

Vaccination will begin in September 2023.

* This information is current as of August 10 (Thurs.). This may change in the future.

For those who had the first vaccination over 6 months ago, new vaccinations will begin.

* It is based on the use of a monovalent vaccine compatible with the Omicron variant XBB.1.5.

Vaccinations starting in the spring of 2023 will end on September 19 (Tues.).

Vaccination schedule in the city

Vaccination begins on September 27 (Wed.).

Vaccination ticket shipment and eligibility

Vaccination tickets will be sent to the following people sequentially from the second week of September.

Those who do not have an unused vaccination ticket on hand (e.g., those who were vaccinated in the spring of 2023) and who have been vaccinated for 3 months since the last vaccination or nearly 3 months


Vaccination location

Individual vaccinations at medical institutions in the city: There is no group vaccination.

For further details, please check the list of medical institutions offering vaccination (distributed at the same time as this month's issue).

If you do not receive a vaccination ticket:

If you are eligible for vaccination but have not received a vaccination ticket, please apply for one by using one of the following methods 1-4.

1. Use "e-Koto Nara" (Nara e-Local Government joint operation portal site) ➡ 
2. Call the call center
3. Send a letter to the Novel Coronavirus Vaccination Promotion Division (13-1 Sanjo Honmachi 630-8122)
4. Contact the above department (Hagukumi Center 3rd floor)

Initial vaccinations are also available.

For details on vaccination methods and reservation methods, please check the city's website.

The vaccine used for the first vaccination has been changed.

For the latest information on the new coronavirus vaccine, please search the city website

Nara City Corona Vaccine Search



Reservations start on September 13

Reservations can be made on the dedicated Internet site or by calling the call center.

Click here for online reservations ➡



For telephone reservations

Novel Coronavirus Vaccination Call Center 0120-340-112

Time: 9:00-17:00 on Weekdays excluding Saturday, Sunday and holidays

- * Opening hours, days of the week, etc. are subject to change.
- * Be careful not to dial the wrong number

Please Help Us Reduce Waste!

Nara City normally has four incinerators. However, one of them is under full maintenance and the other one has broken down unexpectedly. Now that only half of the four are in operation until around September 10, we sincerely ask you to reduce the amount of burnable garbage, unburnable garbage, bulky garbage, and brought-in garbage.

In particular, reducing raw garbage and mixed paper, which account for more than 75 percent of household combustible waste, is effective. Please try to reduce food waste, drain wet garbage well, and recycle wrapping paper, used boxes of sweets, and brochures.

Inquiries: Haikibutsu-Taisaku-Ka (Waste Management Section) Tel. 0742-71-3001

Collection Boxes for Ceramic Tableware No Longer Needed at Home Will Be Set Up.

Locations: Municipal Welfare Center (5-Chome Sakyo)
Municipal Lifelong Learning Center (Surugamachi).

For installation periods, see the Nara City website.



Ceramic Tableware Reuse Event

Ceramic tableware that is no longer used at home will be collected and redistributed.

Participants can take up to five items from the exhibition free of charge.

Broken crockery can also be collected.

Date & Time: Sept. 14 (Thurs.), 15 (Fri.) 8:30-17:00

Place: Entrance Hall of Nara City Hall

Inquiries: Haikibutsu-Taisaku-Ka (Waste Management Section) Tel. 0742-71-3001



Be Prepared for Disasters

Prepare for disasters by using various tools to gather disaster prevention information and stockpiling supplies at home on a daily basis.

Inquiries: Kiki-Kanri- Ka (Crisis Management Section) Tel. 0742-34-4930

Garbage Collection

Please bring garbage to the collection site before 7:30 on the day.

Foldable net boxes should be put away promptly after garbage collection.

Collection Dates and Areas in September

Areas	Burnable	Unburnable
A, F	Mon. & Thurs.	Sept. 13 & 27 (Wed.)
B, E		
C, H	Tues. & Fri.	Sept. 6 & 20 (Wed.)
D, G		

* Garbage collection is scheduled as usual on Sept. 18 (Holiday).

* Areas A, B, C and D are covered by Nara City, and areas E, F, G and H are covered by City Seibi Kosha or Takeda-Kankyo & Yamato-Seiso Kyodo-Kigyotai (Joint Venture).

* Collection days in some areas might be different, so please see the city website for confirmation.

Inquiries: Shushu-Ka (Garbage Collection Section)

Tel. 0742-71-3012

City Seibi Kosha

Tel. 0742-33-8782

Takeda-Kankyo & Yamato-Seiso Kyodo-Kigyotai (Joint Venture)

Tel. 0742-63-2552

Traffic Safety Campaign in Autumn Sept. 21 (Thurs.) - 30 (Sat.)

Keep Yamatoji Roads in Nara Safe and Accident-Free

“Let's Improve Traffic Manners in Nara”

Priority Activities:

1. Securing the safety of pedestrians including children and the elderly.
2. Prevention of traffic accidents at dawn and night, and of pedestrian accidents at dusk and night.
3. Securing the safety of bicyclists and obeying the traffic rules.
4. Eradication of drunk driving.
5. Thorough adherence to bicycle traffic rules.

Rally for Traffic Safety Campaign in Autumn

Date & Time: September 21 (Thurs.) 13:30-15:00

Place: Gakuen-mae Hall (Gakuen-Minami 3-chome)

Bicyclists Should Take Out Liability Insurance for Accidents

Inquires: Kiki-Kanri-Ka (Crisis Management Section)

Tel. 0742-34-4930

Tuberculosis Prevention Week Sept. 24 (Sun.) - 30 (Sat.)

Tuberculosis is not an illness of the past.

Tuberculosis is still one of the major infectious diseases in Japan.

In recent years, it often affects people born overseas, especially young people.

Three things to remember to prevent tuberculosis.

1. If you have cold-like symptoms for more than two weeks, see a doctor.
2. Have you had your annual X-ray examination of the chest?
3. Try to live a healthy lifestyle.

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Coupon Tickets for Rubella Antibody Test and Vaccination Were Sent Out in August

You can be vaccinated if you do not have rubella antibody for. (One vaccination per person, and the one who used a coupon ticket before are not eligible.)

You can be checked for antibody during medical checkups, or at nearby medical institutions.

For more details, please visit the Nara City website.

Eligibility: Men born between April 2, 1962, and April 1, 1979, who are registered citizens of Nara City on the test day.

Things to bring: Identification document (health insurance card, etc.), and your coupon ticket

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129



Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup (Born in June 2023)	From 4-month birthday until the day before turning 5-months-old.	Designated medical facilities in Nara City.
10-month-old Babies Checkup (Born in December 2022)	From 10-month birthday until the day before turning 11-months-old.	
19-month-old Babies Checkup (Born in February 2022)	October 5, 12, 19 (Thurs.) Date and time are indicated on the questionnaire	Chuo Hoken Center (Central Health Center) (Hagukumi Center 2F)
3-1/2-year-old Children's Checkup (Born in March 2020)	October 3, 17, 24, 31 (Tues.) Date and time are indicated on the questionnaire	

Things to bring: The questionnaire and *Mother's and Child's Health Handbook*. The questionnaire will be sent in the middle of September. People who moved to Nara City after September 1, and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section).

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Maternal and Infant Health Care Consultation

Hagukumi Center 3 F

Consultations by phone or face-to-face with public health nurses or midwives (appointment required)

Date & Time: 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

Seibu Kaikan 2F, counselling Room (Gakuen-Minami 3 chome)

Face-to-face consultations with midwives (appointment required)

Date & Time: 10:00-14:00 on Monday, Wednesday, and Friday (accepted until 13:30) except on holidays

In some cases, consultations may be carried out by public health nurses.

Things to bring: *Mother's and Child's Health Handbook* and a bath towel

Application: Call Boshi-Hoken-Ka (Mother and Child's Health Section) Tel. 0742-34-1978

Tsuge Hoken Center

Consultations by phone or face-to-face with public health nurses or nutritionists

Date & Time: 8:30-17:15 on weekdays

*Traveling Consultations with public health nurses

Date & Time	Place
Sept. 19 (Tues.) 10:00 -11:30	Tawara Dongoga-oka Community Hiroba (Ex-Tawara kindergarten, Yokota-cho)
Sept. 22 (Fri..) 10:00 -12:00	Tsukigase Fukushi Center (Tsukigase Oyama)

Things to Bring: *Mother's and Child's Health Handbook*

Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

Tsukigase Health Consultation Room

Phone or face-to-face consultations with public health nurses (appointment required)

Date & Time: 9:00 -16:30 on weekdays

Inquiries: Tsukigase Health Consultation Room Tel. 0743-92-0480

Japanese Encephalitis Vaccinations to Start (for those born in September 2020)

Those Eligible: From age 3 to one day before the 7-1/2-year birthday

Method: The first two vaccinations are 1 to 4 weeks apart, and an additional vaccination is given one year after the second shot.

Things to bring: Preliminary examination leaflet, *Mother's and Child's Health Handbook*, and your child's ID document.

* Those who are not registered as a citizen of Nara City are not eligible.

Application: Make an appointment at one of the registered medical facilities listed on the city website.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Classes for Pregnant Women & Babies and Dental Checkup

Paku-Paku Class for Five-month-old Babies (Baby Food Class)

Date: Sept. 13 (Wed.) 10:00-11:15

Place: Hagukumi Center 2F

Contents: Talk about baby food by a dietitian and about child rearing by a health nurse

Capacity: 32 pairs of a first born child born in April 2023 and his or her guardian

Things to Bring: *Mother's and Child's Health Handbook*, the baby food leaflet included in the checkup questionnaire for four-month-old babies

Deadline for Application: Sept. 11 (Mon.)

Fluoride Coating for Tooth Decay Prevention for Children Born in Sept. 2021

Date & Time: Sept. 15 (Fri.) 9:30-10:00, 10:00-10:30, 10:30-11:00, 11:00-11:30

Place: Chuo Hoken Center (Central Health Center), Hagukumi Center 2F

Capacity: 25 babies each

Things to Bring: *Mother's and Child's Health Handbook*, a toothbrush which is not worn out, and towels

Deadline for Application: Sept. 12 (Tues.)

Maternity "Happy" Check (Dental Checkup for Pregnant Women)

Date & Time: Sept. 28 (Thurs.) 9:30-11:30

Place: Hagukumi Center 2F

Capacity: 28 women in the approximately 16th to 31st week of pregnancy

Things to Bring: *Mother's and Child's Health Handbook*, and towels

Deadline for Application: Sept. 21 (Thurs.)

First Mother & Father Salon

Date & Time: 1) Oct. 13 (Fri.) 10:00-12:00, 2) Nov. 10 (Fri.) 10:00-12:00

Place: Hagukumi Center 2F

Contents: Lecture by midwives and public health nurses about babies and childcare,
Conversation with other expectant mothers

Capacity: 16 women who are in their first pregnancy and in the 22nd to 31st week of pregnancy

Things to Bring: *Mother's and Child's Health Handbook*

Deadline for Application: 1) Oct. 6 (Fri.), 2) Nov. 2 (Thurs.)

Application: Call Boshi-Hoken-Ka (Mother and Child Health Section) by each deadline.

Tel. 0742-34-1978

Preliminary Examination Leaflets for Vaccinations Were Sent out in Late August (for Those Born in July 2023)

In order to have your baby vaccinated, you need to bring the preliminary examination leaflet, Mother's and Child's Health Handbook and a health insurance card on the day of vaccination. In case you do not have the preliminary examination leaflet due to recently moving into Nara City, etc., please contact Kenko-Zoshin-Ka (Health Care Section).

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Cancer Examinations (October)

Apply to Kenko-Zoshin-Ka (Health Care Section) by phone or fax. You may apply through the City's website. To apply for the Tsukigase Kominkan, please contact the Tsukigase Health Consultation Room by phone. Free of charge for those who are on social welfare or belong to households receiving residence tax exemption. Please notify us of that when you apply.

Application accepted from September 1 (Fri.) to September 20 (Wed.)

Stomach and Lung Cancer Examinations

Date	Place	Reception Time	Capacity
Oct. 6 (Fri.)	Seibu Toshokan	9:45 - 10:15	10 each
		10:15 - 10:45	
Oct. 10 (Tues.) Oct. 17 (Tues.) Oct. 23 (Mon.) Oct. 30 (Mon.)	Hagukumi Center	8:45 - 9:45	33 each
Oct. 11 (Wed.)	Tomio Kominkan	9:15 - 10:15	27
Oct. 13 (Fri.)	Seibu Shogai Sports Center Club House	9:15 - 10:15	27
Oct. 16 (Mon.)	Hokubu Shutchosho	9:15 - 9:45	10 each
		9:45 - 10:15	
Oct. 20 (Fri.)	Nishi Fukushi Center	9:30 - 10:30	20
Oct. 24 (Tues.) Oct. 25 (Wed.)	Tukigase Kominkan	8:30 - 10:30 (Appointed time only)	30 each
Oct. 27 (Fri.)	CO-OP Oshikuma	9:15 - 10:15	27

Lung Cancer Examination

Date	Place	Reception Time	Capacity
Oct. 11 (Wed.)	CO-OP Oshikuma	14:00 - 15:00	40
Oct. 13 (Fri.)	Hagukumi Center	14:00 - 15:00	60

Stomach Cancer Examination: X-Ray (Involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray (Including tuberculosis test)

Fee: 1,500 yen. (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only).
600 yen as an additional fee for a sputum test based on the general check-up for lung cancer. (Postage might need to be paid.)

Those eligible: 40 years old and over. Pregnant women; those who had stomach, lung or intestine surgery or are in treatment; those who have barium sensitivity or had aspiration (lung cancer examination is possible); and those who had an endoscope stomach cancer check by Nara City in the previous and this fiscal year (lung cancer examination is possible), and those who had low dose CT screening for lung cancer by Nara City in this fiscal year (stomach cancer examination is possible) are ineligible.

Others: For those who are breastfeeding, please notify us of such when you apply. The examination interval is once a year. There might be cases when you may not be able to take the examination depending on your health and questionnaire.

Information from QR code →



Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145
Tukigase Health Consultation Room Tel. 0743-92-0480

Higashi Fukushi Center

1702-1 Horen-cho, Nara 630-8113 Tel. 0742-24-3151 Fax. 0742-27-9028

Uta-Café (Song's Cafe)

Date & Time: September 18 (Holiday) 10:30–11:30

Performer: Ms. Fukuyama Ayako, Ms. Ichikawa Mayu of music duo *Fukuichiba*

Those eligible: People 60 years old and over and their family, child-raising generations

Naramachi Nigiwai-no-Ie

5 Nakashinya-cho, Nara 630-8333 Tel. 0742-20-1917

Machiya (Old style Japanese House) in the nighttime

Date & Time: September 23 (Holiday) 18:00–20:00

Contents: Music, Dance performance, etc.

Performer: Mr. Masuda Manabu, etc. of *Artone*

Yamatogasuri (traditional fabric in Nara) Exhibition made by Mr. Kameyama Tomohiko

Date & Time: October 7 (Sat.) – October 9 (Holiday) 9:00–17:00 (Closed at 16:00 on October 9)

Historical Materials Preservation House

1-1 Wakido-cho, Nara 630-8337 Tel. 0742-27-0169

Closed on Mondays (except holidays), close on October 10 (Tues.)

Special Exhibition of *Naramachi Sajiki* (Annual Events): Deer Horn Cutting

Period: September 26 (Tues.) – October 14 (Sat.)

Contents: Exhibition of postcard, etc.

Special Exhibition of Historical Materials Stored in the House: Photographs of scenic spots in Nara

Period: September 26 (Tues.) – October 14 (Sat.)

Contents: Introducing pictures of the scenery of modern Naramachi from photo books issued by Nara City in 1915 (the 4th year of Taisho era)

Time Travel in Naramachi through Historical Materials stored in the House:

Introducing Naramachi in the Meiji era from *Nissinkibun* (an old newspaper issued in Nara)

Date & Time: October 7 (Sun.) 14:00-16:00 *including 30 minutes instruction.

Place: Naramachi Nigiwai-no-Ie (Nakashinya-cho)

Nara Art Space

Watercolor Works Exhibition by Yoshihei Ueda

Date & Time: Sept. 25 (Mon.) – 29 (Fri.) 9:00 – 17:00

Place: Entrance Hall of Nara City Hall (1st fl.)

Inquiries: Bunka-Shinko-Ka (Culture Promotion Section) Tel. 0742-34-4942

Naramachi Center

38 Higashi Terabayashi-cho 630-8362 Tel. 0742-27-1151 (Closed on Monday)

Children's Cafeteria TANPOPO Exhibition

Sharing meals and creating a children's place in the community

Date & Time: Sept. 13 (Wed.) – 24 (Sun.) 10:00 – 17:00 (until 16:00 on 24)

Kason Sugioka Calligraphy Museum

3 Wakido-cho 630-8337 Tel. 0724-24-4111

Calligraphy by Graduates of Kyoto University of Education

Date & Time: Sept. 30 (Sat.) – Jan. 8 (Holiday), 2024

Contents: Works by those who studied calligraphy at the university and are acting as calligraphers, researchers and teachers.

Calligraphy Experience Corner

Date & Time: Sept. 16 (Sat.) – 24 (Sun.) 9:00 – 17:00

Fee: 300 yen for individuals, 240 yen for groups (over 20 people)

Free of charge for those under 16 years old, high school students, and those over 70 years old living in Nara City and challenged people (Certificate needed) and their caregivers

Nara City Museum of Art

Minara 5th fl. 3-1, 1-chome Nijo-Oji-Minami 630-8012 (Closed Mondays)

Tel. 0742-30-1510 Fax. 0742-35-7160

The 42nd Exhibition by Artists in Nara

Date & Time: Sept. 22 (Fri.) – Oct. 9 (Holiday) 10:00 – 17:30 (Admission until 17:00)

Interpretation of Works: Sep. 23 (Holiday), 24 (Sun.), 30 (Sat.) and Oct.1 (Sun.)

Meisho Daijoin Garden & Culture Hall

1083-1 Takabatake-cho 630-8301 Tel. 0742-24-0808 Fax. 0742-24-0807

Exhibition of Documents about “The Excavated Garden: Historic Underground Garden” (Free Entry)

Date & Time: Sept. 12 (Tue.) – Oct. 9 (Holiday)

Full Moon Viewing at the Meisho Daijoin Garden

Date & Time: Sept. 26 (Fri.) 17:30 – 20:30 *Will be held in case of light rain.

Tea will be served until 20:00

Capacity: 50 people for the tea ceremony

Fee: 300 yen for garden admission 700 yen for tea

The 4th Nara Craft Beer Festival

Date & Time: Sept. 16 (Sat.), 17 (Sun.), 10:00-17:00

Place: Noborioji Enchi Venue in Nara Park (Nobori-Ohji-cho)

Inquiries: Nara Craft Beer Festival Executive Committee Tel. 0742-25-3338

The 8th Kasugano Music Festival

Date & Time: Sept. 16 (Sat.), 17 (Sun.)

Venues: Several places between JR Nara Station and Kasuga Taisha Shrine, including the Nara Park area.

Inquiries: Kasugano Music Festival Executive Office Tel. 0742-93-9460

The 2023 Dance Presentation

Date & Time: Oct. 7 (Sat.), 13:00-15:30

Place: Seibu Kaikan (Seibu City Hall) (3-chome Gakuen-minami)

Inquiries: Fukuyama (a member of Nara City Recreation Association) Tel. 090-5650-1607

KOMINKAN

Seibu Kominkan 1-5, 3-chome Gakuen-minami 631-0034 Tel. 0742-44-0101 Fax 0742-44-0103

Event Name	Date, Time and Contents	Application
Experiential Exchange Event by a Voluntary Group * Free entry	Taijiquan (traditional Chinese pugilism) demonstration Sept. 14 (Thurs.), 10:00-12:00 Capacity: Adults (Workers and students in the city can participate.) Taekwondo competition Sept. 24 (Sun.), 14:00-16:00 Capacity: Age 3 and over * Preschoolers must be accompanied by their guardians	No application is needed.

Tawara Komnkan

1078-1 Myoga-cho 630-2175 Tel & Fax: 0742-81-0888

Event Name	Date & Contents	Application
Salon at Tawara	Fun gathering with exercise and chatting Friday: Sept.15, Oct.20, Nov. 17, Dec. 15, Jan.19,2024 and March 8,2024, Eligible: Adults who live, work and study in Nara City *You are welcome to accompany your preschool children.	Not necessary

Chubu Kominkan

23-4 Kamisanjo-cho 630- 8228 Tel: 0742-26-6506 Fax: 0742-26-3263

Event Name	Date & Contents	Application
Experience week of activities at Chubu Kominkan in Autumn *Please ask the Kominkan for details	Observation and experience of Voluntary group activities Oct.1 (Sun.) – Oct.10 (Tues.) (Except Oct.2(Mon.), Oct 9(Mon.) and Oct 10(Holiday)) 9:00- 21:00 in principle Free entry	Not necessary

Lifelong Learning Center

23 Suruga-machi 630-8357 Tel. 0742-26-8811 Fax. 0742-26-8813

Event Name	Date and Contents	Application
Salon Concert (Free Entry)	Corus by “Chant de mere” Sept.12 (Tues.) 14:00-15:00	Not Necessary
	Sumo-Jinku (Sumo-themed songs) For the “September Tournament” Sept. 17 (Sun.) 14:00- 15:00	

Nara City Hall Will Be Illuminated in Orange Orange-Colored Light Up 2023

The main entrance of the city hall will be illuminated in orange, which is the symbol color of dementia prevention.

An exchange event will be held at the City Hall on September 21 (Thurs.).

Date & Time: September 21 (Thurs.) – 25 (Mon.)

Inquiries: Fukushi-Seisaku-ka (Welfare Policy Section)

In detail →



Kita-Machi Toiro, 2023

Visit and enjoy Nara's Kita-Machi area, which is located north of Kintetsu Nara Station.

The events will be held at the following spots:

Kita-Machi Yoi Akari (lit lantern landscape) at Todaiji Temple's Tegai-Mon Gate Square, Nara-Koen Bus

Terminal and Yoshiki-en Garden / Toiro-ichi Open market, Shuju Curry Cho and Curry Festival at the Nara Koen Bus Terminal Kita-Machi Toiro Venue.

Date: September 9 (Sat.) – 15 (Fri.) *Lantern lighting time: 18:30 – 20:00

Place: Nara Kita-Machi area

Inquiries: Kita-Machi Toiro Executive Committee Tel. 080-1282-9004 (10:00 – 17:00)

For further details, check the website 



Education Center Kids Learning Floor

Class Name	Date	Time	Deadline
Planetarium “Nijiro and Seasonal Constellations -The story of the moon” Capacity: 40 seats each time	Every Saturday, Sunday and Holidays in September	1) 10:30-10:50 2) 11:40-12:10 3) 13:40-14:10	Reception on the day
Movie Screening “Seton Animal Diary/Jagged Ear Rabbit” Capacity: 200 seats	September 24 (Sun.)	13:00-13:30	
Night Planetarium “Kimagure Planetarium – We will deliver the seasonal stary sky” Capacity: 40 seats * Suitable for upper grades of elementary school to adults. * Adults may participate by themselves	September 29 (Fri.)	18:30-19:10	
“Puti-Puti” ☆ Magic Craft “Nijiro Hide and Seek” Capacity: 12 children each time, and age 5 and over	September 30 (Sat.)	1)11:10-11:30 2)13:10-13:30	September 11 (Mon.)
Science Experiment Class “Do Miracles! Do Science! – When the pinecone opens When it closes” Capacity: 12 children each time, and age 5 and over	October 1 (Sun.)	1) 10:00-10:40 2) 11:20-12:00 3)14:20-15:00	
Story Telling “Sparrow Adventure”	October 7 (Sat.)	11:00-11:30	Reception on the day
Craft Experience Class: “Making ink-stick (Nigiri- zumi)” Capacity: 15 people, and age 5 and over Fee: 1,650 yen	October 8 (Sun.)	10:00-11:30	September 18 (Holiday)
Programming Class (for intermediate) “Let’s create horizonal scroll game using the Scratch program” *Those who participate both days. Capacity: 12 elementary school 3rd graders each time Materials: Scratch	October 15 (Sun.) 22 (Sun.)	1)10:00-11:30 2)13:30-15:00	September 25 (Mon.)

Craft Experience Class: “Let’s play with paint” Capacity: 15 children each time, and age 4 and over	October 21 (Sat.)	1) 10:00-11:30 2) 13:30-15:00	October 2 (Mon.)
Space Class: “Let’s launch a film case rocket” Capacity: 12 elementary school 1st graders and over each time			
Astronomical Observation Event “Let’s Look at the Moon and Saturn Through a Telescope!” Capacity: 15 elementary school first graders and over Place: Bodai-kawa River Park (Sanjo Honmachi) *Canceled in case of rain and cloudy weather	October 24 (Tues.)	18:00-19:30	
Science Experiment Class “Let’s make hand-cranked generator” Capacity: 12 elementary school 3rd graders and over each time	October 28 (Sat.)	1)13:00-14:00 2)14:30-15:30	October 9 (Holiday)

Place: Hagukumi Center 9F

Application: Apply online from the Nara City Website. In case of excess applications, a lottery will be held.

Others: Reception on the day of the class will start 15 minutes prior to the starting time of each class and will be closed when the prescribed number of applications is reached. Participants must be accompanied by guardians. In addition to the above, other courses may also be held. The planetarium is available for group use (Application required)

For the latest information, please check the city website or contact us directly.

Inquiries: Kids Learning Floor (Education Support and Consultation Section) Tel. 0742-36-0401

