

Nara City Information for Residents

September 2021 Issued by Nara City Hall (No. 1210)

(All events, classes and lectures are conducted in Japanese.)

Please be advised that the programs in this issue may be put off, changed, or cancelled in order to prevent infection and spread of the new type of coronavirus.

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kaikan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



Mayor Gen Nakagawa Re-elected for Fourth Term

Nara City Mayor Gen Nakagawa was re-elected for his fourth term in office on July 11 and the following day was his first day for this term. He will hold the office of Mayor for another four years.

Akoda-Oketsubogun (Akoda Tunnel Tombs)

Akoda-Oketsubogun (Akoda tunnel tombs) are located about 1.2 kilometers (about three quarters of a mile) northwest of Kintetsu Saidaiji Station. These tombs were constructed between the *Kofun* (tumulus) period and the *Asuka* period (between the 6th and 7th centuries). Research on this cultural property was performed this year and eight (8) more cave tombs were newly found. As a result of this discovery, this cave tomb was found to have been a large-scale one (measuring approximately 150m (about 165 yards) from east to west). Additionally, various shaped ceramic coffins and wooden coffins, as well as burial items, such as *Tōsu* (small knives) and *Yajiri* (arrowheads) were excavated. In addition, unfamiliar types of *Haniwa* (burial mound figurines) were found. This tomb is believed to have made during the *Asuka* period in the 7th century. It is believed that as research progresses, more details such as who is buried there and details about excavated burial items will become known. As many other tombs are located around this tomb, it may be possible to find out if there is any relationship between them.

Inquires: Buried Cultural Property Research Center: Tel. 0742-33-1821

How to Make a Reservation for COVID-19 Vaccinations

Nara City offers both group vaccinations and individual vaccinations at a medical facility, depending on the amounts of supplies available. Vaccination coupons have been sent to all eligible people.

Schedules for Group Vaccinations

Vaccinations will restart at the City Hall and Mi-Nara venues from Sept. if supplies permit. Details such as date, time, etc. will be announced on the web site.



Please check venue information when you book. ⇒

How to make a reservation

1. Individual vaccinations with family doctors

You can book if your family doctor vaccinates against COVID-19. Please ask them at your next appointment.



Please check situations of family doctors. ⇒

2. Telephone reservation for group vaccinations

COVID-19 Vaccination Call Center Tel. **0120-340-112** *Be careful not to dial the wrong number.
Availbale 9:00-19:00 except Sundays and holidays.

3. Nara City internet reservation

Internet reservations are available for individual and group vaccinations.

Individual vaccination can be booked

if the internet is connected to medical facilities.



Web site ⇒

Reservations at Large-Scale Venues Have Started

As soon as you receive the vaccination coupon, you can also make the first vaccination reservation at a large-scale venue operated by Nara Prefecture or the Self-Defense Forces. Please consider these vaccination venues in addition to the group vaccination venues operated by the Nara City and your family doctor.

Double Booking Is Strictly Prohibited! Do not Waste Vaccines

If you already have a reservation at a Nara City group vaccination site or for an individual vaccination, please do not reserve a vaccination at a large-scale venue. If you have made a double booking, please be sure to cancel one of the reservations.

Vaccination Venues operated by Nara Prefecture

Reservations for residents in Nara Prefecture have started. Please visit Nara Prefecture's website for detailed information. The following three facilities are planned as vaccination venues from September.

(Pfizer vaccine)

	Venue	
In Nara City	Nara-ken Bunka Kaikan (Cultural Center)	6-2 Nobori-Oji-cho, Nara, City
Outside Nara City	Nara-ken Kashihara Bunka Kaikan (Cultural Center)	3-65-5 Kita-Yagi-cho, Kashihara City
	Nara-ken Sangyo-Kaikan (Industrial Center)	2-33 Saiwai-cho, Yamato-Takada City

Reservation on the Internet



24 hours a day

Reservation by phone

Nara Prefecture
Vaccination Call Center
Tel. 0742-90-0050
every day from 9:00 to 17:00

* Reservations are required both for the first shot and for the second shot

Self-Defense Forces Large-Scale Vaccination Center in Osaka (Osaka Center)

Reservations for people over the age of 18 have started. Reservations may be closed in August. Please check the website. (Takeda / Moderna vaccine)

Venue	
Osaka International Convention Center Grand Cube Osaka	5-3-51 Nakanoshima, Kita-ku, Osaka City 1 minute walk from Exit No. 2 of Nakanoshima Station (Keihan Nakanoshima Line)

Reservation on the Internet/LINE



24 hours a day

Reservation by phone

Call Center for
The Large-Scale Vaccination Center in Osaka
Tel. 0570-080-770
every day from 7:00 to 21:00

*The date and time for the second shot will be announced at the venue when you receive the first shot.

Vaccine Passport (COVID-19 Vaccination Certificate)

A vaccine passport (COVID-19 vaccination certificate) will be issued to those who have already been vaccinated twice and need to make international trips to countries where anti-infection measures are relaxed if you show the certificate.

*This is for those who need to go overseas.

Within Japan your vaccination status can be confirmed by the certificate attached to the vaccination ticket or the record of inoculation.

See the Ministry of Foreign Affairs website for countries where anti-infection measures are relaxed when showing a vaccination certificate.



In principle, postal mail is used to submit application documents and issue of the vaccine passport.

Please send the following documents to *Shingata Korona Uirus Wakuchin Sesshu Suishin-Ka* (Promotion Section of COVID-19-Vaccination). For further information on how to apply, visit the City's website.

For the vaccine passport application form, download from here. →



Necessary documents for application

1. Your application form. (It can be downloaded from the City's website.)
2. A copy of your valid passport
(It must show your passport number and your name in alphabet.)
3. A copy of your vaccination ticket. (It must show the vaccination number and record.)
4. A copy of your ID (driver's license, health insurance card, etc.)
5. A self-addressed return envelope with you name, address and a postal stamp.

*If your passport was issued with your original family name, additional documents will be necessary.

For inquiries about COVID-19 vaccination and where to send the application:

Shingata Korona Uirus Wakuchin Sesshu Suishin-Ka (Promotion Section of COVID-19 Vaccination)

13-1 Sanjo-Honmachi 630-8122 Tel. 0120-340-112

Traffic Safety Campaign in Autumn

Keep Yamatoji Roads in Nara Safe and Accident-Free

“Let's Improve Traffic Manners in Nara”

Campaign Period: Sept. 21 (Tues.) - Sept. 30 (Thurs.)

Priority Activities:

1. Securing the safety of pedestrians including children and the elderly.
2. Preventing traffic accidents at dawn and night, and encouraging driving safety to protect pedestrians.
3. Securing the safety of bicyclists and obey the traffic rules.
4. Eliminating dangerous and malicious driving and drunk driving.
5. Preventing traffic accidents caused by two-wheeled motor vehicles, motorized bicycles and bicycles.
(Top priorities in Nara)

Sept. 30 (Thurs.) Is “The Day to Aim for Zero Traffic Accident”.

Bicyclists should take out liability insurance for accidents.

Events during the Traffic Safety Campaign

Rally for Traffic Safety Campaign in Autumn

No general participation (Participation only by related parties)

Inquires: Kiki-Kanri-Ka (Crisis Management Section) Tel. 0742-34-4930



Notice about Disaster Prevention

☆Take refuge according to the evacuation instructions!

Now you can not take refuge safely and your life is in danger. Don't wait until Alert Level 5 to take action.

Elderly people who need more time to take refuge and handicapped people should evacuate from dangerous areas.

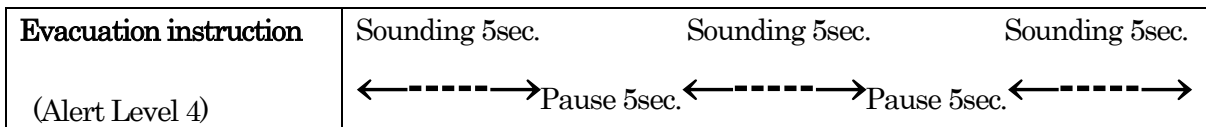
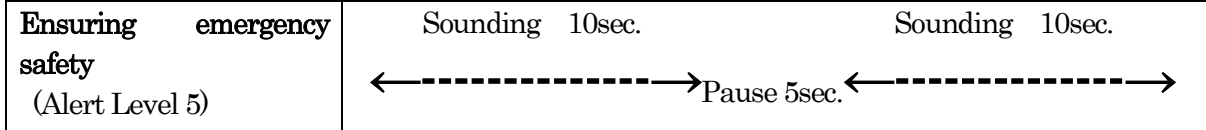


Alert Level	Evacuation Information	Actions taken by residents
5	Ensuring emergency safety	Lives are in danger. Ensure your immediate safety.
----- You must take refuge by Level 4. -----		
4	Evacuation order	Evacuate everyone from dangerous areas.
3	Evacuation of elderly people and others	Evacuate elderly people and others from dangerous areas.
2	A heavy rain, flood and/or high tide warning (Meteorological Agency)	Confirm your evacuation procedures .
1	Early attention information (Meteorological Agency)	Be ready for disaster.

Siren Patterns of the Disaster Prevention Loudspeakers

Nara city broadcasts different siren patterns corresponding to each alert level at the beginning of a disaster prevention loudspeaker announcement to give emergency information immediately.

Inquiries: Kiki-Kanri-Ka (Crisis Management Section) Tel. 0742-34-4930



About Garbage Collection

Please Let Us Know in Advance When Installing a Garbage Collection Box

Please make sure to contact us before you purchase and install collection boxes, as some types of boxes, such as those deeper than 65 cm, could hinder collection work. The cost of installation should be shared by those who use the collection site.

Garbage Collection Dates & Areas in September

Area	Burnable	Unburnable
A, F	Monday & Thursday	1, 15, 29 (Wednesday)
B, E		
C, H	Tuesday & Friday	8, 22 (Wednesday)
D, G		

* Areas A–D are covered by Nara City, and areas E–H are covered by City Seibi Kosha or Takeda-Kankyo & Yamato-Seiso Kyodo Kigyotai. The garbage collection dates are different in some areas, so please check the Nara City website.

* The garbage collection on September 20 (Holiday), 23 (Holiday) is scheduled as usual.

Inquiries: Shushu-Ka (Collection Section) Nara City Tel. 0742-71-3012
City Seibi Kosha (Public Corp.) Tel. 0742-33-8782
Takeda-Kankyo & Yamato-Seiso Kyodo Kigyotai Tel. 0742-63-2552

Learn about the Environment This Autumn!

We are witnessing a range of disastrous impacts on the environment as a result of global warming: days of intense heat, floods caused by heavy rainfall etc. In order to curb global warming, countries around the world are striving to achieve significant reductions in carbon dioxide emissions by 2030. There are a number of environmental events planned for the coming autumn. Why don't we start environment-friendly activities in our everyday lives?

Mobility Week /Sept. 16 (Thurs.)-22 (Wed.) and Car Free Day /Sept. 22 (Wed.) in Nara

Mobility Week and Car Free Day originated in Europe and are a week to think about sustainability through mobility. Let's think and act on how we can realize a comfortable and sustainable city, without relying on cars.

Cool Choice Campaign

Members of the Cool Choice Caravan will do some awareness raising activities for a carbon free society, including a quiz contest, an exhibition, and experiences with power generating bikes. Also, maps for bikers and walkers will be distributed.

Date & Time: Sept. 20 (Holiday) 11:00-15:00

Place: JR Nara Station east exit square

Let's Go ECO-Kids

Grow, harvest, and eat seasonal vegetables in nature. Through these activities, you will understand how food and the environment are closely linked, and how our daily lives are chained to the global environment. Give it a try!

Date & Theme: The 1st session: Oct. 10 (Sun.) with a talk on food, followed by seed sowing

The 2nd session: Nov. 14 (Sun.) with a talk on climate, followed by weeding and solar cooker experience

The 3rd session: Dec. 12 (Sun.) with a talk on school lunches, followed by harvesting

Each session runs from 10:00 to 12:00.

Place: Nara-ken Nominren (Japan Family Farmers Movement "Nominren", Nara pref. branch) Hokuwa Center (Kitanosho-cho)

Capacity: about 10 pairs of 20 people. As a rule, children of elementary school age and above and their guardians. Participation on all three days is desired.

Fee: Actual costs for materials may be required.

Application: Please apply by phone or e-mail to Kankyo-Seisaku-Ka (Environmental Management Division) no later than Sept. 24 (Fri.). Applicant's address, child's name, grade, guardian's name, phone number, and e-mail address are required. An application form on the Nara City website is also available. In the event of a large number of applicants, a lottery will be held.

Forestry Experience Course

You can try your hand at bamboo forest management, bamboo crafting, and chestnut picking.

Date & Time: Oct. 2 (Sat.) 13:30-15:30

Place: The west side of the Emperor Genmei's Tomb (Narazaka-cho)

Fee: 100 yen per person (insurance fee)

Capacity: 30 people. Children of elementary school age and above and their guardians can apply. In the event of a large number of applicants, a lottery will be held.

Application: Please apply by phone to the Secretariat of the Regional Council on Global Warming Countermeasures in Kankyo-Seisaku-Ka (Environmental Management Division) no later than Sept. 17 (Fri.).

Inquires: Kankyo-Seisaku-Ka (Environmental Management Division) Tel. 0742-34-4591
kankyoseisaku@city.nara.lg.jp

Tuberculosis Examinations for Citizens

Elderly tuberculosis patients are increasing in recent years. Early detection can often prevent not only facing severe disease yourself, but also infecting others. Please get a chest X-ray once a year.

Date & Time: September 18 (Sat.) 9:30 – 10:30

Place: City General Examination Center (Kashiwagi-cho)

*Masks must be worn when visiting.

Capacity: 14 people who are 65 years old and over

Application: Call Hoken-Yobo-Ka (Health Protection Section) from September 1(Wed.) to 17 (Fri.)

Tel. 0742-93-8397

Tuberculosis Prevention Week Sept. 24 (Fri.) - 30 (Thurs.)

A prolonged cough is a red flag. A cough which lasts more than two weeks may be tuberculosis.

Tuberculosis is still one of the major infectious diseases in Japan. In Nara City, 46 new tuberculosis patients were diagnosed last year. Learn about tuberculosis and its prevention to protect yourself and those close to you.

Three things to note to prevent tuberculosis.

1. If you have cold-like symptoms for more than two weeks, see a doctor.

The 5 major symptoms of tuberculosis are “coughing, phlegm, bloody phlegm, fever, and chest pain.”

If your symptoms continue for more than two weeks, consult a doctor and have an examination immediately.

2. Have you had your annual X-ray examination of the chest?

For early detection, have a chest X-ray test once a year. In addition to workplace checkups and *Ningen Dokku* (thorough medical check-ups), people over the age of 65 can also use residents' tuberculosis checkups.

3. Healthy lifestyle

Even if you are infected with tuberculosis, if your body is resistant, you can prevent the development of disease.

Try to live a healthy life daily and make your body resistant to disease.

Inquiries: Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Japanese Encephalitis Vaccinations to Start (For Those Born in September 2018)

We recommend that your child receives the first term vaccination (the first two times, and one-time booster).

Please confirm their vaccination status on the preliminary examination leaflet.

Those Eligible: Between age 3 to one day before the 7-1/2-year birthday.

Vaccination Method: The first vaccinations are 1 to 4 weeks apart, and an additional vaccination is given one year after the second.

Things to Bring: Pre-examination sheets (please fill in with an indelible black pen), *Mother's and Child's Health Handbook* and you child's ID document.

* Those who are not registered as residents of Nara City are not eligible.

Application: Make an appointment at one of the registered medical facilities listed on the city website.

Inquiries: Kenko Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Preliminary Examination Leaflets Were Sent Late August (to those born in July 2021)

If you bring the preliminary examination leaflet, *Mother's and Child's Health Handbook*, and Health Insurance Card or other ID, you can receive vaccinations. If you have not received the preliminary examination leaflet due to moving into the city, etc., call Kenko Zoshin-Ka (Health Care Section). Tel. 0742-34-5129

* Please fill in forms with an indelible black pen.

Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup (Born in June 2021)	Until the day before turning 6 months old from the 4 months birthday	Designated Medical Facilities *Checkup term is two months for the time being.
10-month-old Babies Checkup (Born in December 2020)	Until the day before turning one year old from the ten months birthday	
19-month-old Babies Checkup (Born between February and April 2020)	Please have a Checkup between October 1 and November 30, 2021.	Designated Medical Facilities *In order to prevent the spread of Covid-19, internal medicine and dental examinations are given at two medical facilities for the time being.
3-1/2-year-old Children's Checkup (Born between March and May 2018)		

Things to bring: The questionnaire and *Mother's and Child's Health Handbook*. The questionnaire will be sent at the end of September. People who moved to Nara City after September 1 and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section).

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Cancer Examinations (October)

Application: Please apply to Kenko-Zoshin-Ka (Health Care Section) by phone or on the city website. For the examinations held at Tsukigase Community Center, please apply by phone. Free of charge for those who are on social welfare or belong to households receiving residence tax exemption. Please notify us such when you apply.

Stomach and Lung Cancer Examinations

Application period is from September 1 (Wed.) to 17 (Fri.). Internet applications will be accepted until September 10 (Fri.).

Date	Place	Reception Time	Capacity
6 (Wed.)	Seibu Toshokan (Library)	9:45-10:10	10 each
		10:20-10:45	
8 (Fri.)	Hagukumi Center	8:45-9:15	17
15 (Fri.)		9:30-10:00	16
28 (Thurs.)			
11 (Mon.)	Hokubu Shutchosho	9:15-9:40	8 each
		9:50-10:15	
13 (Wed.)	Tomio Kominkan	9:15-9:40	14
		9:50-10:15	13
20 (Wed.)	Naramachi Center	9:15-9:40	14
		9:50-10:15	13
21 (Thurs.)	Nishi Fukushi Center	9:30-9:55	10 each
		10:05-10:30	
22 (Fri.)	Seibu Shogai Sports Center Club House	9:15-9:40	14
		9:50-10:15	13

26 (Tues.) 27 (Wed.)	Tsukigase Kominkan	8:30-10:30 (At specified times)	30 each
29 (Fri.)	CO-OP Oshikuma	9:15-9:40	14
		9:50-10:15	13

Lung Cancer Examination

Date	Place	Reception time	Capacity
4 (Mon.)	CO-OP Oshikuma	14:00-14:30	20 each
		14:30-15:00	
11 (Mon.)	Hagukumi Center	14:00-14:30	30 each
		14:30-15:00	

Stomach Cancer Examination: X-Ray (Involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray (Including tuberculosis test)

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only).
600 yen as an additional fee for sputum test based on a general check-up for lung cancer (postage might need to be paid)

Those Eligible: 40 years old and over. Pregnant women; those who had stomach, lung or intestine surgery or are in treatment; those who have barium sensitivity or had aspiration (lung cancer examination is possible); and those who had an endoscope stomach cancer check by Nara City in the previous fiscal year (lung cancer examination is possible) are excluded.

Others: For those who are breastfeeding, please notify us of such when you apply. The examination interval is once a year. There might be cases when you may not be able to take the examination depending on your health or questionnaire.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax.0742-34-3145
Tsukigase Kenko Sodanshitsu (Health Counseling Room) Tel. 0743-92-0480

Various Health Classes for Expectant Mothers and Infants

Please check the date and time of the following classes through the Nara City Website. Please refer to the “Nara City Channel: Health Information” for information about infant food and preventing tooth decay, and to the “Nara City Practical Video” channel for information on how to bathe and hug a baby, and so on.

- *Paku-Paku* Class for 5-month-old babies (Baby Food Class)
- *Ha-Pika* Class for 1-year-old babies (Tooth Decay Prevention Class)
- Fluoride Coating for Tooth Decay Prevention
- *Hajimete-no-Mama-Papa* Salon (Salon for First-time Parents)
- Maternity Happy Check (Tooth Check)
- Over-40-year-old Mothers Training Salon

Inquiries: Boshi-Hoken-Ka (Mother & Child Health Section) Tel. 0742-34-1978

Maternal and Infant Health Counselings

You can consult with a public health nurse or midwife about your lifestyle during pregnancy, breastfeeding, infants' development and growth, etc. at the following facilities:

1. Hagukumi Center 3F

Counselings by phone or in person with public health nurses or midwives

Date & Time: 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

*An appointment is required.

2. The Counseling Room, Seibu-Kaikan 2F (Gakuen-Minami 3-chome)

Consult in person with midwives

Date & Time: 10:00-14:00 on weekdays (reception ends at 13:30)

*Public health nurses may be available in some cases.

Things to Bring: *Mother's and Child's Health Handbook* and a bath towel

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel.0742-34-1978

3. Tsuge Hoken Center

Counselings by phone or in person with public health nurses

Date & Time: 8:30-17:15 on weekdays

Counseling service by public health nurses

Place: Dongoga-Oka Community Hiroba (Former Tawara kindergarten, Yokota-Cho)

Date & Time: September 21 (Tues.) 10:00-11:30

Things to Bring: *Mother's and Child's Health Handbook*

Inquiries: Tsuge Hoken Center Tel.0743-82-0341

4. Tsukigase Health Counseling Room

Counselings by phone or in person with public health nurses

Date & Time: 9:00-16:30 on weekdays *An appointment is required.

Inquiries: Tsukigase Health Counseling Room Tel.0743-92-0480

Education Center KIDS LEARNING FLOOR

There are some changes from the previous method of application.

Please read the following application method carefully.

Class Name	Date	Time	Deadline
Planetarium "Nijiro and Seasonal Constellations" Capacity: 12 seats each time	Every Sat., Sun., & Holidays, September (Except 4(Sat.), 5(Sun.), and 20(Holiday))	(1) 11:00 – 11:20 (2) 13:30 – 14:00	Reception on the day

Night Planetarium “Walk in the Seasonal Starry Sky – Astronomical Tour” Capacity: 12 seats (Adults can apply without children). *Please visit the Nara City website for details.	Sept. 24(Fri.)	18:30 – 19:10	Sept. 10(Fri.)
Movie Screening “A frog’s Adventure”, “One Mother’s Story” and “ <i>Hiuti-bako</i> and a soldier”	Sept. 26 (Sun.)	13:00- 13:30	Reception on the day
Robot Class (For beginners) “Let’s operate a robot and make it shoot a basket hoop” using LEGO WeDo. *You can’t take away robots. Same contents all 4 days.	Oct. 2(Sat.), 10(Sun.), 17(Sun.) & 20 (Sat.)	10:00 – 11:30	Sept. 17(Fri.)
Science Experiment Class “Miracle Science <i>Kagakuru!</i> Let’s make a Marble <i>Mangekyo</i> (Kaleidoscope)” *Same contents on both days	Oct.3(Sun.) & 9(Sat.)	10:00- 10:40	Sept.24(Fri.)
Astronomical Observation Class for Crescent Moon, Jupiter and Saturn Those Eligible: The first graders of Elementary school and older. Place: South zone of Parking lot in Nara Centennial Hall Cancelled in case of inclement weather	Oct. 13(Wed.)	18:00- 19:30	Oct.1(Fri.)
Craft Experient Class “Let’s play with paints” Those Eligible: Age 3 - 6	Oct. 16(Sat.)	10:00 -11:30	

Capacity: 6 groups (6 to 10 children with guardians) unless the capacity is written above.

Application: Send a return postcard to Hagukumi Center [Kids Learning Floor]

(13-1 Sanjo-Honmachi 630-8122 Tel. 0742-36-0401) with the class name, your preferred date(s) up to your fourth choice, child’s name (with the reading in Kana), child’s school name and grade, the guardian’s or the group leader’s address and name (with the reading in Kana), and phone number, and for the night planetarium, the number of those attending, no later than each deadline. You can apply for one class per return postcard. Siblings can be listed together. In case of excess application, a lottery will be held.

But as for Night Planetarium on Sept. 24, you can apply on the Web. Please visit City website for details.

Others: Reception on the day of the class will start 20 minutes prior to the starting time of each class and will be closed when the prescribed number of applicants is reached. Body temperature will be checked beforehand and wearing a mask is always required when you come to the venue. We ask for your cooperation with the health check. Participation in classes may not be possible depending on your health

condition. A reply card will be sent to you if the program is canceled or postponed. The latest information will be posted on the Nara City website, or you can contact us directly (Tel. 0742-36-0401).

The 15th Sports Experience Festival

Date & Time: October 10 (Sun.) 10:00 – 15:00 (It will be cancelled in case of rain)

Place: Rohto Nara Konoike Park (Horen-Sahoyama 4-chome)

*Parking lot is limited, please use public transportation.

Those eligible: Those who live in Nara prefecture and are 5 years old and over.

Application: Fill in the application form on the Nara City website then submit no late than September 15 (Fri.) (you can use the application form on the back of the leaflet). Only those who have received the confirmation of participation can participate. (Those not selected will not be notified.)

You can participate in 3 30-minute events.

Those who participate in sports test cannot participate in the sports experience events.

Sports Experiences

Capacity: 30 person per course (150 people for sports test). The course organization may change.

Morning Part: 10:00 – 12:10: Sports test (number of events undecided) or events below:

A. <i>Naginata</i> (Japanese pole weapon) <i>Kyudo</i> (Japanese Archery) Hockey	B. Soft Volleyball Rifle Shooting Badminton	C. Badminton Softball Ground Golf
D. Rifle Shooting Soccer Softball	E. <i>Kyudo</i> (Japanese Archery) Ground Golf Soccer	F. Soccer Badminton <i>Naginata</i> (Japanese pole weapon)
G. Hockey Soft Volleyball <i>Kyudo</i> (Japanese Archery)	H. Ground Golf Hockey Rifle Shooting	I. Softball <i>Naginata</i> (Japanese pole weapon) Soft Volleyball

Afternoon Part: 13:00 – 15:10: Events below

J. <i>Shorinji Kenpo</i> Rugby Football Recreation	K. Basketball Judo Botcha	L. Botcha Rubber-ball Baseball Tennis
M. Judo Track & Field Rubber-ball Baseball	N. Rugby Football Tennis Track & Field	O. Track & Field Botcha <i>Shorinji Kenpo</i>
P. Recreation Basketball Rugby Football	Q. Tennis Recreation Judo	R. Rubber-ball Baseball <i>Shorinji Kenpo</i> Basketball

Lottery (*Implemented at a later date):

Participants in the day's events are eligible for the lottery which will be held at a later date. Gifts will be mailed to winners. An announcement of winners will be posted on the Nara City website.

*Please cooperate with Covid-19 Infection Control. Please make sure to wear a face mask at the time of the event.

Inquiries: Sports Shinko-Ka (Sports Promotion Section) Tel. 0742-34-5376 Fax. 0742-34-4765

Contact information for the day 070-1350-8992