

Nara City Information for Residents

October 2021 Issued by Nara City Hall (No. 1211)
(All events, classes and lectures are conducted in Japanese.)

Please be advised that the programs in this issue may be put off, changed, or cancelled in order to prevent infection and spread of the new type of coronavirus.

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kaikan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



Preparing for Flood : Don't Assume You're "Absolutely Safe".

On September 25, 1953 (Showa 28), a major flood overturned the myth that "Nara City is resistant to disaster". A raging typhoon hit the Saho River, which was said to be fine in any circumstances.

There are records that the Saho and, Tsubai areas as well as others flooded above floor level, and Sanjo Street became like a river. There is sufficient risk that typhoons and guerrilla torrential rainstorms will cause flood damage in Nara City in the future.

Why don't we start by looking back on the floods in the past to learn what the dangers are in your area?

Inquiries about this special feature: Kiki Kanri-Ka [Crisis Management Section] Tel. 0742-34-4930



Notice about New Corona Virus Vaccinations

New Corona Virus Vaccination is expected to be highly effective in preventing COVID-19 infection and reducing the virus' severity and fatality. Vaccination tickets have already been sent to all citizens 12 years of age and older. The vaccination is not mandatory, but please consider getting it to protect you and the people around you.

A person with obesity **whose BMI is over 30 is said to be at increased risk.** If you have not gotten the vaccination, please consider getting it.

BMI= weight (kg) ÷ height (m) ÷ height (m) **BMI 30** is about 87 kg in weight at 170 cm tall.

Inquiries: COVID-19-Vaccine-Sesshu-Suisin-Ka (Vaccination Promotion Section) Tel. 0120-340-112

Q & A about COVID-19 Virus and Vaccination

Q: How do I know if I am infected with COVID-19 virus?

A: Various symptoms have been reported from no sign of symptoms, to those similar to a common cold such as fever and cough, to severe ones such as pneumonia and breathing difficulties. In some cases, **after effects** such as loss of the sense of smell or a taste, fatigue, and memory disorders **may remain for a long time.** Even if your symptoms are classified as mild, you may have a high fever over 38 ° C or a cough that lasts for about two weeks.

Q: How effective is the vaccine?

A: The effectiveness of the vaccine has been affirmed in clinical studies around the world. Inoculation creates immunity, and it can reduce the probability of infection and development of COVID-19.

Q: I am afraid of the vaccine's side effects.

A: Pain in the injection area, tiredness, and so on are reported. Symptoms are more apt to appear in the young than the elderly, but most recover within two or three days. If a high fever develops, you can use non-prescription antifebrile medicine.

Q: Is the vaccination effective on variations of the virus?

A: Small mutations do not reduce its effectiveness. When more and more people are infected, the virus will vary more, and the possibility of causing mutations is higher. Vaccinating many people is linked to a reduction in new virus variants. To confirm the effectiveness of each variant virus and to develop new vaccines corresponding to virus variants has been studied.



How to Make a Reservation for COVID-19 Vaccinations

1. Individual vaccinations with family doctors

You can make a reservation if your family doctor vaccinates against COVID-19. Confirm whether or not you can make a reservation when you see the doctor next time.

Check the vaccination status of each medical institution



2. Group vaccinations by telephone reservation

Nara City COVID-19 Vaccination Call Center **Tel. 0120-340-112** *Be careful not to dial the wrong number.

Available by phone: 9:00-19:00 except Sundays and Holidays

3. Nara City internet reservations

Internet reservations are available for group and individual vaccinations only in the medical institutions that are listed on the city's internet reservation page. Information on individual vaccinations is updated daily.

Reservation page



4. The Self-Defense Forces Large-Scale Vaccination Center in Osaka

Call Center for The Large-Scale Vaccination Center in Osaka **Tel. 0570-080-770**

Daily availability by phone: 7:00-21:00

Reservations on the Internet or LINE



About Garbage Collection

Put Garbage Out by 7:30 on Collection Day

Collection times may often change due to accidents, construction, traffic congestion and the amount of garbage on the day.

Garbage Collection Dates & Areas in October

Area	Burnable	Unburnable
A, F	Monday & Thursday	13, 27 (Wednesday)
B, E		
C, H	Tuesday & Friday	6, 20 (Wednesday)
D, G		

* Areas A–D are covered by Nara City, and areas E–H are covered by City Seibi Kosha or Takeda-Kankyo & Yamato-Seiso Kyodo Kigyotai (Joint Venture). The garbage collection dates are different in some areas, so please check the Nara City website.

Inquiries: Shushu-Ka (Collection Section, Nara City) Tel. 0742-71-3012

City Seibi Kosha (Public Corp.) Tel. 0742-33-8782

Takeda-Kankyo & Yamato-Seiso Kyodo Kigyotai (Joint Venture) Tel. 0742-63-2552

The Garbage Separation Method Will Change in January:

Shoes and Bags Will Become Burnable Garbage.

Footwear and bags, currently separated as unburnable, will become burnable garbage in January.

- Large items that cannot be put into a 45-liter garbage bag will be bulky garbage, just as they are now.
- One or two garbage bags can be put out by one household on one collection day. You can put out two garbage bags, one containing only shoes and bags, and the other containing other burnable garbage. The weight of the garbage bags should not be so heavy so that they cannot be lifted with one hand.
- Please remove metal parts such as buckles as much as possible. Those parts should be disposed of separately as unburnable garbage.
- Items made only of metal or plastic are unburnable garbage.

Inquiries: Haikibutsu-Taisaku-Ka (Waste Management Section) Tel. 0742-71-3001

Tuberculosis Examinations for Citizens

Elderly tuberculosis patients are increasing in recent years. Early detection can often prevent not only facing severe disease yourself, but also infecting others. Please get a chest X-ray once a year.

Date & Time: October 16 (Sat.) 9:30 – 10:30

Place: City General Examination Center (Kashiwagi-cho)

*Masks must be worn when visiting.

Capacity: 14 people who are 65 years old and over

Application: Call Hoken-Yobo-Ka (Health Protection Section) from October 1(Fri.) to 15 (Fri.)

Tel. 0742-93-8397

Japanese Encephalitis Vaccinations to Start (For Those Born in October 2018)

We recommend that your child receives the first term vaccination (the first two times, and a one-time booster). Please confirm their vaccination status on the preliminary examination leaflet.

Those Eligible: Between age 3 to one day before the 7-1/2-year birthday.

Vaccination Method: The first vaccinations are 1 to 4 weeks apart, and an additional vaccination is given one year after the second.

Things to Bring: Pre-examination sheets (please fill in with an indelible black pen), *Mother's and Child's Health Handbook* and your child's ID document.

* Those who are not registered as residents of Nara City are not eligible.

Application: Make an appointment at one of the registered medical facilities listed on the city website.

Inquiries: Kenko Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Periodical Inoculation with 23-Valent Pneumococcal Polysaccharide Vaccine (PPSV23) for Adults

(Limited to Only Those Who Have Not Been Vaccinated)

You should not miss this opportunity, as the people eligible to receive vaccinations are different every year.

You can be vaccinated even before your birthday within the fiscal year.

* Please note that those who are a suitable age and have already received PPSV23 must pay in full. (Subsidies are limited to those who have not received the vaccination.) If you do not know whether you have received it or not, please make sure to contact Kenko-Zoshin-Ka (Health Care Section, 3rd Floor of Hagukumi-Center) in advance.

Age	Birth dates of those who will be eligible in FY2021
65 years old	Those born between April 2, 1956 and April 1, 1957
70 years old	Those born between April 2, 1951 and April 1, 1952
75 years old	Those born between April 2, 1946 and April 1, 1947
80 years old	Those born between April 2, 1941 and April 1, 1942
85 years old	Those born between April 2, 1936 and April 1, 1937
90 years old	Those born between April 2, 1931 and April 1, 1932
95 years old	Those born between April 2, 1926 and April 1, 1927
100 years old	Those born between April 2, 1921 and April 1, 1922

Eligible: Those who are the suitable ages on the table above for the vaccinations in fiscal year 2021 and are registered as a citizen of Nara City on the days for the vaccinations.

Fee: Copayment of 3,000 yen

* Welfare protection recipients need to contact Kenko-Zoshin-Ka in advance.

Others: 1. Vaccinations will be given only to those who choose to receive them and take responsibility, as it is classified as a B-category disease.

2. Those who are between 60 and 65 and have disabilities of the heart, kidney or respiratory organs or have extreme limitations in daily life due to HIV or hope to receive the vaccination in other cities (in Nara Prefecture) must go through a procedure in advance at Kenko-Zoshin-Ka.

Applications: Make an appointment in advance at a registered clinic in Nara City (see Nara City Website) and receive the vaccination.

Things to bring: A form of identification, for example, health insurance card, etc.

Inquiries: Kenko-Zoshin-Ka Tel. 0742-34-5129



Watch Out for Infectious Gastroenteritis (Norovirus, etc.)

Infectious gastroenteritis is prevalent from late October to May.

* Characteristics of norovirus infection

The incubation period from infection to onset is 24-48 hours.

Main symptoms are vomiting, nausea, diarrhea, abdominal pain and fever.

* Points of caution

Proper hands washing

Wash your hands in an appropriate way before cooking and meals and also after coming home, using the toilet, and after handling vomit and excrement.

Prevention of food poisoning

Bivalves such as oysters should be heated sufficiently (Heat for 90 seconds at a core temperature of 85-90 degrees). Disinfect cooking utensils that handled bivalves with boiling water or chlorine kitchen bleach.

Proper treatment of vomit and excrement

Wear rubber gloves, a mask, and an apron to clean the toilet. After soaking it with paper towels with 0.1 % chlorine bleach, wipe it again with water.

If you have symptoms, go to a medical institution.

Infants and the elderly need to be especially careful of dehydration due to diarrhea and suffocation due to vomiting.

Inquiries: Regarding Infection: Hoken Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

Regarding Food Poisoning: Hoken Eisei-Ka (Health Sanitation Section) Tel. 0742-93-8395

Cancer Examinations in November

Application: Please apply to Kenko-Zoshin-Ka (Health Care Section) by phone, fax or on the city website. Applications for the examinations held at Tsuge Hoken Center can be made by phoning Tsuge Hoken Center.

Those who are on social welfare or households exempted from municipal tax are free of charge.

Please inform us of such when you apply.

Stomach and Lung Cancer Examinations

Application period is from October 1 (Fri.) to 20 (Wed.).

*Electronic applications must be submitted by October 10 (Fri.).

Date	Place	Reception Time	Capacity
4 (Thurs.) 9 (Tues.)	Hagukumi Center	8:45-9:15	17
		9:30-10:00	16
5 (Fri.)	Tomio Minami Kominkan	9:15-9:40	14
		9:50-10:15	13
11 (Thurs.)	Seibu Toshokan	9:45-10:10	10
		10:20-10:45	10
15 (Mon.) 16 (Tues.) 17 (Wed.)	Tsuge Hoken Center	8:30-10:30	30
		8:30-10:30	30
		8:30-10:30	30
18 (Thurs.)	CO-OP Oshikuma	9:15-9:40	14
		9:50-10:15	13
19 (Fri.)	Miyato Kominkan	9:15-9:40	14
		9:50-10:15	13
24 (Wed.)	Tomio Kominkan	9:15-9:40	14
		9:50-10:15	13
25 (Thurs.)	Nishi Fukushi Center	9:30-9:55	10
		10:05-10:30	10
29 (Mon.)	Hokubu Shutchosho	9:15-9:40	8
		9:50-10:15	8

Lung Cancer Examination

Date	Place	Reception Time	Capacity
8 (Mon.)	Hagukumi Center	14:00-14:30	30
		14:30-15:00	30
10 (Wed.)	CO-OP Oshikuma	14:00-14:30	20
		14:30-15:00	20

Stomach Cancer Examination: X-Ray (Involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray (Includes tuberculosis examination)

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only).

Based on a general check-up for lung cancer, an additional fee of 600 yen might be needed for sputum examination. (Postage might need to be paid).

Those Eligible: 40 years old and over except for: pregnant women; those who had stomach, lung, or intestine surgery or are in treatment; those who have barium sensitivity or had aspiration (lung cancer examination is possible); and those who had an endoscopy for stomach cancer by Nara City in the previous fiscal year (lung cancer examination is possible)

Others: For those who are breast feeding, please inform us of such when you apply. The examination interval is once a year. There might be cases where you may not be able to have the examination depending on your physical condition or medical consultation on that day.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145
Tsuge-Hoken-Center Tel. 0743-82-0341

Maternal and Infant Health Care Consultations

You can consult with a public health nurse or midwife about your lifestyle during pregnancy, breastfeeding, infants' development and growth, etc.

◆Hagukumi Center 3F

• Consultations by phone or in person (with public health nurses or midwives)

Date & Time: 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

*An appointment is required.

◆Seibu-Kaikan 2F, the Counseling Room (Gakuen-Minami 3-chome)

• Consultations in person (with midwives)

Date & Time: 10:00-14:00 on weekdays (reception ends at 13:30)

* In some cases, consultations may be carried out by public health nurses.

Things to Bring: *Mother's and Child's Health Handbook* and a bath towel

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

◆Tsuge Hoken Center

• Consultations by phone or in person (with public health nurses)

Date & Time: 8:30-17:15 on weekdays

•visiting consultations (with public health nurses)

Date & Time	Place
October 12 (Tues.) AM 10:00-12:00	Koto Kominkan (Oyagyu-Cho)
November 2 (Tues.) AM 10:00-11:30	Dongoga-Oka Community Hiroba (Former Tawara kindergarten, Yokota-Cho)

Things to Bring: *Mother's and Child's Health Handbook*

Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

◆Tsukigase Health Consultation Room

• Consultations by phone or in person (with public health nurses)

Date & Time: 9:00-16:30 on weekdays

*An appointment is required.

Inquiries: Tsukigase Health Consultation Room Tel. 0743-92-0480

Various Health Classes for Expectant Mothers and Infants

Please check the date and time of the following classes through the Nara City Website. Please refer to the “Nara City Channel: Health Information” for information about infant food and preventing tooth decay, and to the “Nara City Practical Video” channel for information on how to bathe and carry your baby in your arms, and so on.

- Paku-Paku Class for 5-month-old babies (Baby Food Class)
- Ha-Pika Class for 1-year-old babies (Tooth Decay Prevention Class)
- Fluoride Coating for Tooth Decay Prevention
- *Hajimete-no-Mama-Papa* Salon (Salon for First-time Parents)
- Maternity Happy Check (Tooth Check)
- Over-40-year-old Mothers Training Salon

Inquiries: Boshi-Hoken-Ka (Mother & Child Health Section) Tel. 0742-34-1978

Preliminary Examination Leaflets Were Sent Late September (to those born in August 2021)

If you bring the preliminary examination leaflet, *Mother's and Child's Health Handbook*, and Health Insurance Card or other ID, you can receive vaccinations. If you have not received the preliminary examination leaflet due to moving into the city, etc., contact Kenko Zoshin-Ka (Health Care Section). Tel. 0742-34-5129

* Please fill in forms with an indelible black pen.

Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup (Born in June 2021)	Until the day before turning 6 months old from the 4 months birthday	Designated Medical Facilities *Checkup term is two months for the time being.
10-month-old Babies Checkup (Born in January 2021)	Until the day before turning one year old from the ten months birthday	
19-month-old Babies Checkup	Eligible babies will be notified individually.	Designated Medical Facilities *In order to prevent the spread of Covid-19, internal medicine and dental examinations are given at two medical facilities for the time being.
3-1/2-year-old Children's Checkup		

Things to bring: The questionnaire and *Mother's and Child's Health Handbook*. The questionnaire will be sent at the end of October. People who moved to Nara City after October 1 and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section).

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Making an English Speech by “Nara Toastmasters Club”

Date & Time: Ever second Sun. 14:00-16:30

Place: Online or at Seibu Chuo Kominkan (Gakuen-minami 3-choume)

Fee: Required

Inquiries: Maruo-san Tel. 090-5121-0536

Nara Autumn Night Tours in 2021

1. Kasuga Taisha Shrine
A special visit to the main sanctuaries of a national treasure, and many lanterns will be lit
Date & Time: Oct. 30 (Sat.): 17:45-20:00,
Nov. 6 (Sat.), Nov.13 (Sat.), 20 (Sat.): 17:30-20:00
2. Kofukuji Temple
Special visits inside of the first floor of the five-story pagoda, which is a national treasure
Date & Time: Oct.29 (Fri.), 30 (Sat.), Nov. 5 (Fri.), 6 (Sat.), 19 (Fri.), 20 (Sat.): 17:30-20:00
3. Gangoji Temple
Special visits to Gokuraku-do (the main building), a national treasure, and the compound will be lit up
Date & Time: Oct. 29 (Fri.), 30 (Sat.), Nov. 5 (Fri.), 6 (Sat.), 12 (Fri.), 13 (Sat.), 19 (Fri.), 20 (Sat.): 18:00-20:00
4. Twilight bus tour to Mt. Wakakusa
Date: Oct. 29 (Fri.), 30 (Sat.), Nov. 5 (Fri.), 6 (Sat.), 12 (Fri.), 13 (Sat.), 19 (Fri.), 20 (Sat.)
Fee for 1-4: Required. Admission fees are charged as additional.
Inquiries: Nara City Tourism Association Tel: 0742-30-0230

LIFELONG LEARNING

Wakakusa Kominkan 575 Kawakami-cho 630-8202 Tel. & Fax. 0742-26-0130

Event Name	Date & Contents	Application
Happy Halloween with a kid on your lap	Enjoy playing and simple games with kids Oct. 21 (Thurs.) 10:30 – 11:30 Objects: Preschoolers and their guardians	Not necessary Free entry

Miato Kominkan 204-1 Gojo-cho 630-8032 Tel. & Fax. 0742-34-5954

Event Name	Date & Contents	Application
<i>DEAI</i> , meeting at Miato Salon	Recreation boccia – Give it a try! Oct. 16 (Sat.) 13:30 – 15:00	Not necessary Free entry
Miato Kominkan Festival	Artwork exhibition, sale of handmade goods, making tin badges, etc. Oct. 30 (Sat.) 9:30 – 16:30	

Shogai Gakushu Center (Lifelong Learning Center)

23 Surugamachi 630-8357 Tel. 0742-26-8811 Fax. 0742-26-8813

Event Name	Date & Contents	Application
Salon Concert Performance by Legate	Piano and violin solos by Legate members Oct. 15 (Fri.) 13:30 – 14:30	Not necessary Free entry
The 22 nd Art Exhibition and Art Experience	-Exhibition of works such as painting and pottery by voluntary art groups -Hands-on activities Oct. 28 (Thurs.) – Oct. 31 (Sun.) Exhibition: 9:00 – 17:00 (Until 16:00 on Oct. 31) Activities: 10:00 – 12:00 13:00 – 16:00 (a materials fee may be necessary for some activities.)	

Yagyū Kominkan 340 Yagyū-cho 630-1237 Tel./Fax 0742-94-0504

Event Name	Date & Contents	Application
Yagyū Cultural Festival	Nov. 6 (Sat.) – 12 (Fri.) 9:00 – 16:00 *Closed Nov. 8 (Mon.) Will close at 15:00 on the last day, Nov. 12 (Fri.) Exhibition of works by voluntary groups, elementary & junior high school students, and the chrysanthemum exhibition	Not needed

Tomigaoka-Minami Kominkan

921-1, 2-Chome Nakayama-cho Nishi, 631-0013 Tel./Fax 0742-47-6375

Event Name	Date & Contents	Deadline
Baking an apple pie with a guardian and child.	Nov. 21 (Sun.) 9:30 – 12:30 Elementary students from 4 th to 6 th grades and 10 guardians Fee: 500 yen	Nov. 12 (Fri.)

Application: Send a return postcard with the class name, address, your name, age (school grade) and phone number to the Kominkan by the deadline. Application is limited to one person per postcard. If applications exceed the limit, acceptance will be decided by lottery. You can apply from the Lifelong Learning Center website.

Website QR →



Let's Reduce Food Waste at Home

October Is Food Loss and Waste Reduction Promotion Month

Food waste is food that is discarded even though it is edible, such as leftovers. The amount of food waste generated from households nationwide is about 2.8 million tons in one year, which means that each household (family of four) throws away food equivalent to about 60,000 yen per year. This month's issue introduces ways to reduce food waste at home and food donations.

Let's Start at Home

When Shopping

- Check the food in the refrigerator before going shopping
- Use up ingredients by buying small amounts rather than bulk
- Practice *Temaedori*, picking food from the front instead of the back of display shelves at supermarkets if you plan on eating them soon



When Cooking

- Try eat-all recipes which use things like vegetable peels, which is also effective in reducing kitchen garbage
- Cook just enough for you to eat completely to eliminate leftovers

When Storing

- Store ingredients in an appropriate way, such as using the vegetable chamber of the refrigerator so that they keep well
- Organize ingredients in the refrigerator so that you know where they are

When Eating Out

- Order just the amount you can eat, such as small portioned meals and small bowls of rice
- Ask if you can take your leftovers home if you cannot eat it all

Topics: Know the Difference between *Shouhi-Kigen* (Expiration Date) and *Shoumi-Kigen* (Best Before Date)

The expiration date is indicated on relatively perishable foods such as box lunches. Do not eat foods that have expired, as their safety is not guaranteed. On the other hand, the best-before date is indicated on foods that last relatively longer, such as snacks and canned foods. Eat at your own discretion after the best-before date. Let's reduce food waste by understanding the difference in labeling.

Education Center KIDS LEARNING FLOOR

Class Name	Date	Time	Deadline
Planetarium “Nijiro and Seasonal Constellations” Capacity: 12 seats each time	Every Sat., Sun., in October	(1) 11:00 – 11:20 (2) 13:30 – 14:00	Reception on the day
Night Planetarium “Walk in the Seasonal Starry Sky – Astronomical Tour” Capacity: 12 seats (Adults can apply without children). * You can apply on the Nara City website.	October 29 (Fri.)	18:30 – 19:10	Oct. 11
Craft Experience Class “Let’s draw with watercolors” Those eligible: Elementary school first graders and older.	October 30 (Sat.)	10:00 – 11:30	Oct.15
Movie Screening “Golden Goose”, “The Work Given by the Grim Reaper” and “Get Rid of Ghosts before Snacks” Capacity: 40 seats	October 31 (Sun.)	13:00 – 13:30	Reception on the day
Robot Class (For beginners) “Let’s operate an exploring robot” using LEGO WeDo 2.0. *You can’t bring the robots home. Same contents on all 4 days.	November 6 (Sat.), 7(Sun.), 20 (Sat.), 21 (Sun.)	10:00 – 11:30	Oct.22
Science Experiment Class “Miracle Science <i>Kagakuru!</i> ” Let’s make stained glass with polarizing sheets! *Same contents for both days.	November 13 (Sat.), 23 (Holiday)	14:10 – 14:50	Oct 29
Astronomical Observation Class for Jupiter, Saturn and the Moon Those eligible: Elementary school first graders and older. Place: The plan is at Bodaigawa Park Cancelled in case of inclement weather	November 13 (Sat.)	18:00 – 19:30	

Capacity: 6 groups (6 to 10 children with guardians) unless the capacity is written above.

Application: Send a return postcard to Hagukumi Center [Kids Learning Floor]

(13-1 Sanjo-Honmachi 630-8122 Tel. 0742-36-0401) with the class name, your preferred date(s) up to your fourth choice, child’s name (with the reading in Kana), school name and grade, guardian’s address and name (with the reading in Kana) and phone number, and for the night planetarium, the number of those attending, no later than each deadline. You can apply for one class per return postcard. Siblings can be listed together. In case of excess application, a lottery will be held. As for the Night Planetarium on Oct. 29, you can apply on the Web. Please visit City website for details.

Others: Reception on the day of the class will start 20 minutes prior to the starting time of each class and will be closed when the prescribed number of applications is reached. Body temperature will be checked beforehand and wearing a mask is always required when you come to the venue. We ask for your cooperation with the health check. Participation in classes may not be possible depending on your health. In case of cancellation or postponement, we will inform you on the reply side of the application form. For the latest information, please check the City website or contact us directly.