

Nara City Information for Residents

January 2023 Issued by Nara City Hall (No. 1226)

(All events, classes and lectures are conducted in Japanese.)

Please be advised that the programs in this issue may be put off, changed, or cancelled in order to prevent infection and spread of the new type of coronavirus.

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



Omicron-Targeting Booster Shots

As of December 6, 2022

Please be actively vaccinated to prevent the spread of infection.

Those Eligible

Those aged 12 years or older who have finished the primary (1st and 2nd) vaccinations

* Omicron vaccination is currently limited to one per person.

Vaccination Vouchers Will Be Sent to

1. Those eligible for the 3rd vaccination who had the primary (1st and 2nd) vaccinations three months before or nearly
2. Those eligible for the 4th vaccination who had the 3rd vaccination three months before or nearly
3. Those eligible for the 5th vaccination who had the 4th vaccination three months before or nearly

If You Have Not Received or Lost Your Vouchers:

To get them reissued, you may apply via the portal site, “*e-Koto Nara*”. Applications are also accepted at the following call centers by phone, visiting the office or by mail. For details, please visit the Nara City website below.

How to Get Vaccinated

Individual vaccinations can be performed at each medical institution.

How to Make a Reservation

Online Reservation ▶



Reservation by Phone: Novel Coronavirus Vaccination Call Center

Tel. 0120-340-112

Time: 9:00-17:00 weekdays except Sundays, Holidays and Dec. 29 to Jan. 3

* Opening hours, days of the week, etc. are subject to change. * Please make sure to dial the correct number.

Nara Prefectural Vaccination Center: Tel. 0570-200-281 Time: 9:00-18:30

* The Moderna BA.4-5 Vaccine will be given.

For more information, please visit the special site of Nara Prefecture ▶



Shots for Babies and Toddlers (6 months old to 4 year-s old) Are Being Conducted.

The primary vaccination for infants is completed with a total of three doses. The special temporary vaccination period for the corona vaccine is until March 31, 2023. In order to allow sufficient intervals between vaccinations up to the third dose, the primary vaccination must be completed by January 15, 2023.

We continue to provide the primary (1st and 2nd) vaccinations and pediatric vaccinations (1st to 3rd doses) for those aged 5 to 11 years old.

For more information, please visit the Nara City website.

the info update ▶



Inquiries: Novel Coronavirus Vaccination Promotion Division: Tel. 0120-340-112

* Please make sure to dial the correct number.

2023 Annual New Year Fire Brigades Parade

The Ceremony of “*Dezome-shiki*”, is the first fire works demonstration in 2023.

Parade and fire extinguishing practices will be carried out at Kono-ike Pond.

Inquiries: Somu-Ka, Shobo-Kyoku (General Affairs Section, Fire Department)

Tel. 0742-35-1199

More details –

Date & Time: January 14 (Sat.) 9:30-10:45

Place: Rohto Nara Konoike Park (Horen Sahoyama 4-chome)



The Ceremony will be scaled down. Citizens' Participation zone, serving *Buta-jiru*, miso soup with pork and vegetables, exhibitions about disaster prevention, and a products fair will be called off as a countermeasure for the new coronavirus infectious disease.

Garbage Collection

Garbage Collection Schedule at The Beginning of The Year

Please bring garbage to the collection site before 7:30 on the day.

Date	Burnable Garbage	Plastic Packages & Containers	Unburnable Garbage
Jan. 4 (Wed.)	----	A·B·D·E·F·G	No collection
Jan. 5 (Thurs.)	A·B·E·F	No collection	----
Jan. 6 (Fri.)	C·D·G·H	No collection	----
From Jan. 9 (Holiday)	Normal schedule		

The garbage collection time may be past 16:00 in some areas between Jan. 4 (Wed.) and 6 (Fri.) due to the larger amount of garbage than usual.

* Garbage collection on Jan. 9 (Holiday) is scheduled as usual. Garbage collection for the areas covered by City Seibi-Kosha & Co., Ltd. is scheduled according to the distributed garbage collection calendar.

Collection of Dead Animals

Collection of dead animals will begin on Jan. 4 (Wed.).

Collection Dates & Area in January

Area	Burnable	Unburnable
A·F	Every Mon. & Thurs.	Jan. 18 (Wed)
B·E		
C·H	Every Tues. & Fri.	Jan. 11 (Wed) & 25 (Wed.)
D·G		

* Areas A·B·C·D are covered by Nara City and Areas E·F·G·H are covered by City Seibi-Kosha & Co., Ltd. or Takeda-Kankyo & Yamato-Seiso J.V.

The collection days are different from the above schedule in some areas, so please check the Nara City website.

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012
 City Seibi-Kosha & Co., Ltd. Tel. 0742-33-8782
 Takeda-Kankyo & Yamato-Seiso J.V. Tel. 0742-63-2552

Cancer Examinations (February)

Apply to Kenko-Zoshin-Ka (Health Care Section) by phone or fax or on the City's website. Free of charge for those who are on social welfare or belong to households receiving residence tax exemption. Please notify us of that when you apply.

Stomach and Lung Cancer Examinations

Accepted from **Jan. 4 (Wed.) to 20 (Fri.)**. Internet applications will be accepted until **Jan. 10 (Tues.)**.

Date	Place	Reception Time	Capacity
Feb. 6 (Mon.)	Seibu Shogai Sports Center Club House	9:15-9:45	14
		9:45-10:15	13
Feb.8 (Wed.)	Tomio Kominkan	9:15-9:45	14
		9:45-10:15	13
Feb. 10 (Fri.)	Hagukumi Center	8:45-9:15	17
Feb. 17 (Fri.)		9:15-9:45	16
Feb. 13 (Mon.)	Hokubu Shutcho-sho	9:15-9:45	8 each
		9:45-10:15	

Feb. 14 (Tues.)	Naramachi Center	9:15-9:45	14
		9:45-10:15	13
Feb. 15 (Wed.)	Seibu Toshokan	9:45-10:15	10 each
		10:15-10:45	
Feb. 16 (Thurs.)	Tomio Minami Kominkan	9:15-9:45	14
		9:45-10:15	13
Feb. 20 (Mon.)	Hagukumi Center	9:00-9:30	17
Feb. 27 (Mon.)		9:30-10:00	16
Feb. 21 (Tues.)	CO-OP Oshikuma	9:15-9:45	14
		9:45-10:15	13
Feb. 22 (Wed.)	Miato Kominkan	9:15-9:45	14
		9:45-10:15	13
Feb. 28 (Tues.)	Tomigaoka Kominkan	9:30-10:00	13 each
		10:00-10:30	

Lung Cancer Examination

Date	Place	Reception Time	Capacity
Feb. 6 (Mon.)	Hagukumi Center	14:00-14:30	30 each
		14:30-15:00	

Stomach Cancer Examination: X-Ray (Involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray (Including tuberculosis test)

Fee: 1,500 yen. (1000 yen for stomach cancer examination only and 500 yen for lung cancer examination only) 600 yen as an additional fee for a sputum test based on the general check-up for lung cancer (postage might need to be paid.)

Those eligible: 40 years old and over

Pregnant women; those who had stomach, lung or intestine surgery or are in treatment; those who have brain sensitivity or had aspiration (lung cancer examination is possible); those who had an endoscope stomach cancer check by Nara City in the previous fiscal year (lung cancer examination is possible); and those who had a low-dose CT examination in this fiscal year (stomach cancer examination is possible) are excluded.

Others: For those who are breastfeeding, please notify us of such when you apply. Examination interval is once a year. There might be cases when you may not be able to take the examination depending on your health and questionnaire.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145

Preliminary Examination Leaflets Were Sent in Late November (For Those Born in November 2022)

If you bring the preliminary examination leaflet, *Mother's and Child's Health Handbook*, and Health Insurance Card or other ID, babies can receive vaccinations. If you have not received the preliminary examination leaflet due to moving into the city, etc., call Kenko-Zoshin-Ka (Health Care Section).

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Japanese Encephalitis Vaccinations (For Those Born in January 2020)

Those Eligible: Between age 3 to one day before the 7-1/2-year birthday

Method: The first vaccinations are 1 to 4 weeks apart, and an additional vaccination is given one year after the second.

Thing to bring: Preliminary examination leaflet, *Mother's and Child's Health Handbook* and your child's ID document.

*Those who are not registered as residents of Nara City are not eligible.

Application: Make an appointment at one of the registered medical facilities listed on the city website.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Various Health Classes for Expectant Mothers and Infants

Please check the date and time of the classes through the Nara City Website. Please refer to the Nara City video channel "Health Information" for information about infant food and preventing tooth decay, and to the practical video on the Hajimete-no-Mama & Papa Salon (Salon for First-time Parents) website for information about how to bathe and carry your baby in your arms.

Inquiries: Boshi-Hoken-Ka (Mother & Child Health Section)

Tel. 0742-34-1978

Maternal and Infant Health Care Consultation

Hagukumi Center 3F

* Consultations by phone or face-to-face with public health nurses or midwives (Appointment required)

Date & Time: 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

Seibu-Kaikan 2F, the Counseling Room (Gakuen-Minami 3-chome)

* Face-to-face Consultations with midwives (Appointment required)

Date & Time: 10:00-14:00 on weekdays (accepted until 13:30)

In some cases, consultations may be carried out by public health nurses.

Things to Bring: *Mother's and Child's Health Handbook* and a bath towel

Application: To Boshi-Hoken-Ka (Mother and Child's Health Section) by phone Tel. 0742-34-1978

Tsuge Hoken Center

* Consultations by phone or face-to-face with public health nurses

Date & Time: 8:30-17:15 on weekdays

* Traveling Consultations with public health nurses

Date / Time & Place: Jan. 13 (Fri.) 10:00-12:00, Tsukigase Fukushi Center (Tsukigase Oyama)

Jan. 17 (Tue.) 10:00-11:30, Dongogaoka Community Plaza

(Yokotacho, former Tawara Kindergarten)

Things to bring: *Mother's and Child's Health Handbook*

Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

Tsukigase Health Consultation Room

* Consultations by phone or face-to-face with public health nurses (Appointment required)

Date & Time: 9:00-16:30 on weekdays

Application: To Tsukigase Health Consultation Room by phone Tel. 0743-92-0480

Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup (Born in October 2022)	Until the day before turning 6 months old from the 4 months birthday	Designated Medical Facilities in Nara City * A checkup term is for two months for the time being.
10-month-old Babies Checkup . (Born in April 2022)	Until the day before turning one year old from the ten months birthday	
19-month-old Babies Checkup	Eligible children will be notified of available dates.	Designated Medical Facilities in Nara City * Temporarily, internal medicine and dental examinations are given at two medical facilities.
3-1/2-year-old Children Checkup		

Things to Bring: The questionnaire and *Mother's and Child's Health Handbook*.

* The questionnaire will be sent at the end of January. People who moved to Nara City after January 1 and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978.

Naramachi Nigiwai-no-Ie

5, Nakanoshinya-cho, 630-8333 Tel. 0742-20-1917

New Year's Zashiki Exhibition, Hanamusubi (Flower knots tied with a rosette) Exhibition by Nagasaka Mineko

*Zashiki: a tatami room for visitors in a private house

Date & Time: Jan. 6 (Fri.) – 22 (Sun.) 9:00 – 17:00 (Until 15:00 on the last day)

Contents: Exhibition of various kinds of Hanamusubi works

Nara Crafts Museum

1-1, Azemame-cho, 630-8346 Tel. 0742-27-0033

Exhibition of the Craft Class Products

Date & Time: Jan. 20 (Fri.) – 22 (Sun.)

Contents: Exhibition of daily products made in a the class of the plastic arts, Nara-Zarashi (Nara bleached cotton), pottery, Buddhist statues, Kintsugi (repairing pottery with a lacquer mixed with gold), and curving clay statues

Shiryo-Hozon-kan (Nara City Archives in Naramachi)

1-1, Wakido-cho 630-8337 Tel. 0742-27-0169

Closed on Mondays (except holidays) and Feb. 24 (Fri.)

Special Exhibition “Masakaki-Houno (Dedication of Masakaki to a Shinto God) during Setsubun (March 3rd)

Records of this event remain in the historical documents “*Naramachi-Saijiki*”

Date & Time: Jan.24 (Tues.) – Feb. 26 (Sun.)

Contents: Picture postcards and so on documenting how since the early Showa period, the *Geisha* of *Ganrin-in-cho* dedicated *Masakaki* (branches of the sacred *sakaki* tree with colored streamers) to the God of Kasuga Taisha Shrine around *Setsubun*

Special Exhibition “Sumi (Ink sticks) of Nara, Edo and Meiji era

Date & Time: Jan.24 (Tues.) -Feb. 26 (Sun.)

Contents: Historical documents and so on introducing how Sumi was produced in the early modern period

Naramachi Center

38 Higashi Terabayashi-cho 630-8362 Tel. 0742-27-1151

Exhibition of “Goshiki Hyakunin Isshu”

*Hyakunin Isshu: “One Hundred Tanka Poems by One Hundred Celebrated Poets”

* Goshiki (Five colors): The hundred cards are divided into five colors

Date & Time: Jan.6(Fri.) – Jan.15(Sun.) 10:00- 17:00 *closes at 16:00 on the final day

Contents: An Exhibition of “Goshiki Hyakunin Isshu cards and picture cards theater

Nara City Museum of Art

On the fifth floor of M! -Nara (Closed on Mondays)

3-1, Nijo-Oji Minami 1-cho-me 630-8012 Tel. 0742-1510 Fax. 0742-35-7160

“Nara Women’s University Collection”

Date & Time: Jan. 11(Wed.) – Jan.22(Sun.)

Contents: Looking back on over 110 years of history since establishing the University through collected materials related to school education such as photos and various documents.

Nara-City-Museum of Calligraphy in-Honor-of-Kason-Sugioka

3 Wakido-cho 630-8337 (Closed on Monday) Tel. 0742-24-4111 Fax 0742-20-6677

Naramachi New Year’s Card Contest Exhibition

Date & Time: Jan. 25 (Wed.)-Feb. 5 (Sun.) 10:00-17:00, 10:00-16:00 on the last day.

Place: Naramachi Center Gallery “Inishie” (Higashi Terabayashi-cho)

Contents: Prize-winning works and all entries displayed. Introduction of Nara ink, and experience of doing calligraphy experience with water brush

New Year Japanese Classical Music Mini-Concert

Date & Time: Jan. 29 (Sun.) 11:00, 14:00 (20 min. each)

Place: Naramachi Center Gallery “Inishie” (Higashi Terabayashi-cho)

Performer: Mr. Taro Matsumoto (*shakuhachi*), Ms. Eri Ito (*sho*)

“Poems of Saishu Onoe and His Period” Written by Kason

Date & Time: Jan. 14 (Sat.)-April 16 (Sun.) *Meeting on the interpretation of the works on Jan. 28 (Sat.) 14:00-

Contents: Display of the museum’s collection of Saishu’s poems and words written by Kason and his works while he studied under his teacher Saishu Onoe.

The 62nd Bokushashoten and the 42nd All Students’ Minamoto Calligraphy Exhibition

Date & Time: Jan. 12 (Thurs.)- 15 (Sun.) 9:30-17:00

Place: Nara Cultural Hall (Nobori Oji-cho)

Inquiries: Nakamura-san of Bokusha Tel. 080-3862-5684

Tsukigase Kominkan (2815 Tsukigase-oyama, 630-2302)

Tel/Fax 0743-92-0346

Event Name	Date & Time and Contents	Application
Tsukigase Photo Exhibition	Exhibition of Tsukigase landscape and plum blossoms Feb. 12 (Sun.) - March 26 (Sun.) 9:00-17:00 (except days closed) Free entry	Not necessary

Tomigaoka-Minami Kominkan (2-921-1 Nakayama-cho-nishi, 631-0013)

Tel/Fax 0742-47-6375

Event Name	Date & Time and Contents	Application
Community & Youth Exhibition	Exhibition of art works and messages created by young members in the community Jan. 24 (Tues.) - Jan. 29 (Sun.) 9:00-17:00 (last day closes at noon) Free entry	Not necessary

Lifelong Learning Center (23 Suruga-machi, 630-8357)

Tel 0742-26-8811 Fax 0742-26-8813

Event Name	Date & Time and Contents	Application
Salon Concert <i>Sumo Jinku</i> for the January Tournament	Concert of melancholy <i>Sumo Jinku</i> (<i>sumo</i> -themed songs) and stories related to <i>sumo</i> tournaments by Narayama-Sumo-Jinkukai Jan. 15 (Sun.) 14:00-15:00 Free entry	Not necessary

Miato Kominkan (204-1 Gojo-cho, 630-8032)

Tel/Fax 0742-34-5954

Event Name	Date & Time and Contents	Application
<i>Yamayaki</i> -viewing from Miato	Jan. 28 (Sat.) Free entry 9:00-17:30 Trial for voluntary group activities and concert 18:00-19:00 Viewing <i>Yakayaki</i> , Mountain Burning	Not necessary

Education Center KIDS LEARNING FLOOR

Class Name	Date & Time	Deadline
Planetarium: "Nijiro and Seasonal Constellations" Capacity: 20 seats each time	Every Sat., Sun. & Holidays, January except for Jan 1 (Holiday) to 3 (Tues.) (1) 10:30 - 10:50 (2) 13:40 - 14:10	Reception on the day
Movie Screening: "Beauty and the Beast" "Golden Deer" Capacity: 100 seats	January 22 (Sun.) 13:00 - 13:30	
Science Experiment Class: "Let's Make a Handmade Wind Power Generator!" Capacity: 8 groups each time Things to Bring: 500ml PET bottles	Feb. 4 (Sat.) (1) 9:30 - 11:00 (2) 13:30 - 15:00	Jan. 16 (Mon.)
Robot Class: "Robot Class by Senior High School Students" Capacity: 6 groups (from first to sixth graders)	Feb. 5 (Sun.) 10:00 - 12:00	
Craft Experience Class: "Weave with Yarn on a Loom!" Capacity: 6 groups each time	Feb. 11 (Holiday) (1) 10:00 - 11:30 (2) 13:30 - 15:00	Jan. 23 (Mon.)
Science Experiment Class: "Miracle! Science! - Wonders of the Cartesian Diver" Capacity: 8 groups each time	Feb. 12 (Sun.) (1) 11:00 - 11:40 (2) 14:20 - 15:00	

Space Science Class: “Let’s Fly a PET Bottle Rocket!” Capacity: 8 groups (first graders and older) each time Things to Bring: three 500ml PET bottles for carbonated drinks (cylindrical shape, without narrowing in the middle)	Feb. 18 (Sat.) (1) 10:00 – 11:30 (2) 13:30 – 15:00	Jan. 30 (Mon.)
Robot Class (for Beginners): “Let’s Get the Explorer Robot Moving!” Tool: LEGO WeDo 2.0 Capacity: 10 children each time * The same contents on both days	Feb. 18 (Sat.), 19 (Sun.) 10:00 – 11:30	
Night Planetarium “Walk in the Seasonal Starry Sky – Astronomical Tour” Capacity: 20 seats (From upper elementary school grade students to adults, adults only can also apply.)	Feb. 24 (Fri.) 18:30 – 19:10	Feb. 6 (Mon.)
Science Experiment Class: “Observe How the Shaft and the Disk Rotate Separately – Making Cool Spinning Tops with CDs and Bearings!” Capacity: 8 groups	Feb. 25 (Sat.) 10:00 – 11:30	
Craft Experience Class: “Let’s Make a Rubbed Copy of Ancient Roof Tiles and Play ‘Kariuchi’, a Board Game from Olden Times” Capacity: 6 groups (first graders and older) Fee: 300 yen	Feb. 26 (Sun.) 13:30 – 15:00	

Capacity: Groups of 6 means 6 to 10 children, and groups of 8 means 8 to 12 children. Participants must be accompanied by guardians.

Application: Apply online from the Nara City Website. In case of excess applications, a lottery will be held. This QR code links to the application page. →



Others: Reception on the day starts 20 minutes before the starting time and will end upon reaching capacity.

Please cooperate by measuring your body temperature, wearing a face mask, and confirming your health condition. (Participation may not be possible depending on your health condition.) In addition to the above, other classes may be held. Please refer to the city website or call us directly for the latest information.

Inquiries: Kids Learning Floor (Education Support and Consultation Section) Tel. 0742-36-0401

***Wakakusa Yamayaki* (Grass Burning Festival) on January 28 (Sat.)**

Place: At the foot of Wakakusayama Hill

*We kindly ask you to take appropriate measures to prevent COVID-19 infection at the venue.

This year's festival will be held on a normal scale for the first time in the past three years.

Please enjoy watching the beautiful fireworks in the dark sky and the vigorously spreading flames along the hillside.

Schedule & Time: *Seika Gyoretsu* (Torch Procession) will leave Tobihino at 17:05.

Torches will be lit near Mizuya-bashi at 17:25.

Nogami Jinja Saiten (Nogami Shrine Festival) will start at 17:40.

Great Fireworks will begin at 18:15.

All the grass will be set on fire at 18:30.

Inquiries on the day: Automatic voice guidance Tel. 050-3626-2211 (an internet-based IP-Phone service)

It may not be accessible from some IP-Phones or pre-paid cell phones.

Inquiries: Wakakusa Yamayaki Gyoji Jikkō Inkai (Wakakusa Mountain Burning Event Executive Committee) c/o Nara Park Office Tel. 0742-27-8677

***O-Tondo* (A Big Bonfire) at Kasuga**

A three-meter-high furnace will be installed at Tobihino field. Old talismans, lucky charms, and *shimenawa* (straw ornaments for New Year's Day) decorations are burnt and people pray for good fortune and a huge harvest of grains.

Date & Time: Jan. 28 (Sat.) 13:00-18:00

* Used *shimenawa* and other items will be accepted until 16:30. In case of rain, the event will be postponed to Jan. 29 (Sun.)

Place: Tobihino field (in Kasuga Taisha Shrine, Noborioji-cho)

Inquiries: Nara City Tourism Association Tel. 0742-30-0230

Dogs are Predators to Deer

Please pay special attention when you walk your dog in Nara Park.

Deer are instinctively frightened when a dog approaches, and it quickly run away.

If a deer jumps into the street, it may end up in a traffic accident or cause an injury.

A deer may attack a dog as well to defend itself.

If you bring your dog to Nara Park, please make sure to keep it on the shortest possible lead.

Let's Observe Manners and live in harmony with deer!

Deer in Nara Park are wild animals, and they are designated as National Natural Treasures.

- As they are wild animals, they may attack you. In particular, elderly people and children should be more cautious.
- Do not give any other food than "*shika-senbei*" (deer crackers).
- Give deer crackers quickly. If you tantalize deer while feeding them, they may get upset.
- Take your trash home with you. If deer eat them, they might become sick.
- Do not bring pets, such as dogs, close to deer.
- Do not hit, chase, or prank deer. If you hurt them deliberately, you will be punished according to the Cultural Assets Preservation Act.

Inquiries: Kanko-Senryaku-Ka (Tourism Strategy Section)

Tel. 0742-34-4739

