

Nara City Information for Residents

August 2021 Issued by Nara City Hall (No. 1209)
(All events, classes and lectures are conducted in Japanese.)

Please be advised that the programs in this issue may be put off, changed, or cancelled in order to prevent infection and spread of the new type of coronavirus.

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



School Children love Nara more through school lunch!

The way school lunches are eaten has changed drastically due to COVID 19, such as having a meal alone, not talking during meals and recommendations for non-face-to-face meal styles.

Now, a cafeteria style is being practiced to reduce contact at each school, too.

But in order to get children interested in ingredients, such as those from Nara, and local producers, we are working positively to deliver delicious lunches using local products, including Nara-grown rice.

Many things have changed at schools, but we are looking forward to when ordinary daily lives come back, where children can enjoy having school lunches as before.

Inquiries: Hoken Kyushoku-Ka (School Lunch Section)

Tel. 0742-34-4830



Notice concerning New Corona Vaccination (as of July 13)

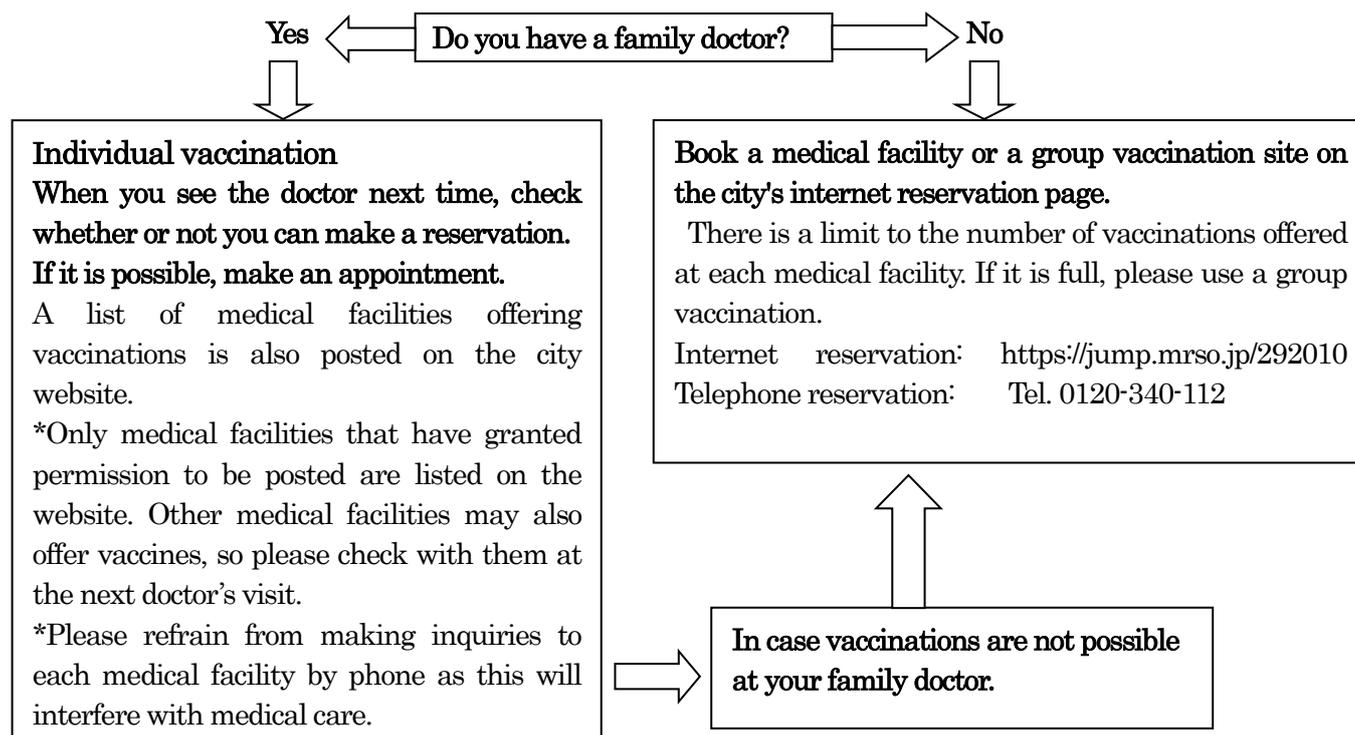
About the reservation suspension and the resumption time of the vaccination

Vaccination coupons have been sent to all eligible people aged 16 and over in principle, but we do not expect to receive enough vaccines from the government and **have suspended accepting new reservations (as of July 13)**. Depending on the supply situation, there is a possibility that we will ask you to change the vaccination schedule. If the vaccine is expected to be supplied in the future and the time reservations will be resumed is decided, **we will send a postcard to the relevant person sequentially** and an announcement will also be made on the city website. We are very sorry, but please wait.

Where to get vaccinated and how to make a reservation for COVID-19 Vaccinations

After resuming reservations, you can get either an individual or group vaccination. Please make a reservation according to the following flowchart.

***Confirmation before booking individual and group vaccinations:**



***How to reserve a place in a group vaccination site (3 venues in Nara City)**

The sites and schedule may change depending upon the situation. Please reconfirm at the time of reservation. ***We do not accept vaccination inquiries at each facility.**

Group Vaccination Venues
City Hall (6F, Central Building) 1-chome, Nijo-Oji-Minami: 15 minutes' walk west from Kintetsu Shin-Omiya Station
Mi-Nara (2nd Floor) 1-chome, Nijo-Oji Minami: the west side of City Hall
Seibu Kominkan (6th Floor) 3-chome, Gakuen-Minami: Close to the south exit of Kintetsu Gakuen-mae Station

*The Hotel Nikko Nara venue closed at the end of July.

1. When booking on the Internet

There is 24-hour service when booking online. Please book through the City's Internet Reservation page.

2. When booking by phone

Nara City Covid-19 Vaccination Call Center

Phone: 0120-340-112

Available from 9:00 till 19:00 except Sundays and holidays.

*Be careful not to dial the wrong number.

Have your vaccination coupon at hand before making a phone call.

- 1. Tell them that it is for the first vaccination.**
- 2. Tell the 10-digit ticket number on the vaccination coupon, and your name and date of birth.**
- 3. Tell them your desired venue.**
- 4. Book the date and time of vaccination.**

Beware of scams!

Vaccinations are free. Public health centers and local governments will never demand money for vaccinations.

If you receive a suspicious call, immediately turn off the phone and call the police.

Cautionary Points for Vaccination

Arrive at the Venue 15 minutes Prior to Your Appointment Time

Due to infectious disease control, you cannot enter the venue before your appointment time. Please refrain from arriving at the venue more than 30 minutes before your appointment to avoid congestion in the waiting area.

Fill in the Medical Interview Sheet in Advance

Please be sure to fill in all the items before you come to the venue. If there are blanks on the sheet, you may not be able to be vaccinated.

The Second Shot Will Be Given at the Same Venue

For those who are vaccinated at the group vaccination venues, the second appointment will be "in principle, the same day of the week, the same time slot, and the same venue, three weeks later", and made at the time of the first appointment. If you are vaccinated by your family doctor, please confirm when you make the first appointment.

What to Bring and What to Wear for the Vaccination

Things to bring: 1) Vaccination coupon 2) Medical interview sheet 3) ID such as health insurance card and driver's license 4) *Okusuri Techo* (medication record handbook) if you have one for a smooth vaccination process, please come in clothing which can show your shoulder, such as a sleeveless top.

After Vaccination

You can take a bath on the day of vaccination. Please refrain from strenuous exercise and excessive alcohol. Please continue to take measures against infection such as wearing a mask and washing your hands even after vaccination.

About Side effects after Vaccination

About Half of People Feel Some Symptoms after Vaccination

Most will recover within a few days. There are some symptoms in which the rate is higher with the second vaccination.

Serious Side Effect: "Anaphylaxis"

- 1) Generalized rash, flushing
- 2) Difficulty in breathing, airway narrowing
- 3) Decreased blood pressure, impaired consciousness
- 4) Severe abdominal pain, vomiting

If You Have Serious Side Effects after Returning Home

Please contact the **Prefectural Call Center for Side Effects and Symptoms** (open 24 hours a day)

Tel. 0120-919-003 Fax 0742-36-6105

Compensation in the Event of Side Effects

In case of health damage, the vaccination health damage relief system based on the Vaccination Law will provide appropriate compensation. When the Minister of Health, Labor and Welfare finds that the health damage that appeared after vaccination is due to vaccination, the government will bear the cost. Mild symptoms that often appear after vaccination may not be covered.

Comprehensive Disaster Prevention Drills for All Nara Citizens

This is a participant drill for citizens. It enhances the disaster preparedness of Nara citizens and makes Nara City more resilient to natural disasters.

Date & Time: September 5 (Sun.) 9:30-12:30 *Areawide e-mails will be sent out at 9:30 on the day.

Place: Evacuation shelters set up in Nara City

Inquires: Kiki Kanri-Ka (Crisis Management Section) Tel. 0742-34-4930

Details: The drill will assume that a major earthquake (seismic intensity: 7) will occur at 9:30 (the epicenter will be the fault zone on the eastern margin of the Nara Basin). Evacuation drills include the setting up and operation of evacuation shelters with the cooperation of Nara City staff and members of self-motivated disaster prevention and crime prevention organizations.

[At Home] When the drill starts, please stay under a desk or table to protect your bodies.

Please join drills at indicated shelters where staff will confirm the safety of citizens.

Please confirm that your furniture is fixed properly so as not to fall over, your route to the shelter, your emergency supplies, and check the contacting tools used among families.

*The drills will be canceled, or schedules changed depending on the condition of COVID-19 outbreaks or natural disasters. It will be announced through Nara City website, Twitter, etc.

When you join drills, please wear a mask and disinfect your hands as anti-COVID-19 measures.

Please bring your own drinks and wear clothing that breathes as anti-heatstroke measures. You can cancel participations if you are not in good condition.

Details:



About Garbage Collection

Please Don't Park near the Garbage Collection Sites

Cars might be splashed with dirty water while loading garbage, and there have been cases where garbage could not be collected. If that happens, site users must dispose of garbage themselves.

Put Garbage Out by 7:30 on Collection Day

Collection times may often change due to accidents, construction, traffic congestion and the amount of garbage on the day. So please put garbage out by 7:30 on the day, not around the time the collection truck usually comes.

Unburnable Garbage Collection Dates and Areas in August

Area	Burnable Garbage	Unburnable Garbage
A, F	Mon. & Thurs.	4, 18 (Wednesdays)
B, E		
C, H	Tue. & Fri.	11, 25 (Wednesdays)
D, G		

*Areas A-D are covered by Nara City, while areas E-H are covered by City Seibi-Kosha & Co. Ltd. or Takeda Kankyo & Yamato Seiso Kyodo-Kigyotai (Joint Venture). The garbage collection date may be changed in some areas, so please check on the Nara City website.

*Garbage will be collected on August 9 (Holiday) as usual.

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012

City Seibi Kosha (Public Corp.) Tel. 0742-33-8782

Takeda Kankyo & Yamato Seiso Kyoudo-Kigyotai (Joint Venture) Tel. 0742-63-2552

Tuberculosis Examinations for Citizens

More than 60 % of tuberculosis patients are older than 70 years old. Please get a chest X-ray once a year to prevent not only facing severe disease yourself, but also infecting others.

Date & Time: August 21 (Sat.) 9:30-10:30

Place: City General Examination Center (Kashiwagi-cho)

*Wearing a mask is required when visiting

Capacity: 10 people who are 65 years old and over

Application: Call Hoken-Yobo-Ka (Health Protection Section) from August 2 (Mon.) through 20 (Fri.)

Tel. 0742-93-8397

Take Preventive Measures against COVID-19 and Dehydration Simultaneously

It is essential to avoid the Three Cs (Closed spaces with poor ventilation, Crowded places with many people nearby and Close-contact settings such as close-range conversations) to protect you from possible infection with COVID-19.

However wearing a mask causes your body's thermoregulation to weaken and you may become dehydrated without noticing, because heat dissipation from the body can be reduced.

Take measures to prevent both dehydration and COVID-19 infection simultaneously as below:

1. **Remove your mask appropriately while you are more than two meters away from others and wipe your face with a cool wet towel under high temperature conditions**
2. **Do light exercise to become accustomed to hot weather**
3. **Drink water frequently**

Inquiries: Iryo-Seisaku-Ka (Medical Policy Section)

Tel: 0742-93-8392

August is Food Hygiene Month

In order to prevent food poisoning, which occurs frequently in summer, the City Public Healthcare Center Sent a message regarding food hygiene.

Make sure to Cook Meat Well-done

Please follow these guidelines to prevent food poisoning caused by campylobacter or internal bleeding coli (O157, O111, O26).

- 1) Don't eat raw meat (such as *yukhoe*, *sashimi*) and undercooked meat (such as *tataki*)
- 2) Heat the inside of meat completely when you grill meat or barbecue. (Use different chopsticks for cooking and eating.)
- 3) Heat the inside of meat completely, especially when you eat restructured meat, minced meat, striated meat, meat dipped in sauce, internal organs like liver, etc.
- 4) Wash your hands carefully before cooking and eating.
- 5) Cooking utensils (knives and cutting board) should be disinfected thoroughly after washing.
- 6) Be careful about the order of cooking. After cooking meat, thoroughly disinfect your cooking utensils before using them again.

Three Important Rules for Preventing Food Poisoning

- 1) Don't get germs.
Wash your hands often. Thoroughly wash cooking utensils.
- 2) Don't let germs multiply.
Cook smoothly and quickly, and don't leave food at room temperature for hours (use refrigerator storage).
- 3) Sterilization
Heat the inside of food to 75 degree Celsius or over for more than one minute.

Inquiries: Hoken Eisei-Ka (Health Sanitation Section) Tel. 0742-93-8395

Cancer Examinations (September)

Application: Please apply to Kenko-Zoshin-Ka (Health Care Section) by phone or fax or on the city website.

Free of charge for those who are on social welfare or belong to households receiving residence tax exemption. Please notify us of such when you apply.

Stomach and Lung Cancer Examinations

Accepted from August 2 (Mon.) to 20 (Fri.). Internet applications will be accepted until August 10 (Tues.).

Date	Place	Reception Time	Capacity
8 (Wed.)	Hagukumi Center	8:45-9:15	17
10 (Fri.)		9:15-9:45	16
22 (Wed.)			
9 (Thurs.)	Nishi Fukushi Center	9:30-10:00	10 each
		10:00 -10:30	
13 (Mon.)	Hokubu Shutchosho	9:15-9:45	8 each
		9:45 -10:15	
14 (Tues.)	Tomigaoka Kominkan	9:30-10:00	13 each
		10:00 -10:30	
15 (Wed.)	Seibu Toshokan	9:45 -10:15	10 each
		10:15-10:45	

17 (Fri.)	Bosai Center	9:15-9:45	14
		9:45 -10:15	13
29 (Wed.)	Tomio Minami Kominkan	9:15 -9:45	14
		9:45 -10:15	13
30 (Thurs.)	Co-op Oshikuma	9:15-9:45	14
		9:45 -10:15	13

Lung Cancer Examination

Date	Place	Reception Time	Capacity
3 (Fri.)	Co-op Oshikuma	14:00-14:30	30 each
		14:30-15:00	
13 (Mon.)	Hagukumi Center	14:00-14:30	30 each
		14:30-15:00	

Stomach Cancer Examination: X-Ray (Involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray (Including tuberculosis test)

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only). 600 yen as an additional fee for sputum test based on a general check-up for lung cancer (Postage might need to be paid)

Those Eligible: 40 years old and over. Pregnant women; those who had stomach, lung or intestine surgery or are in treatment; those who have barium sensitivity or had aspiration (lung cancer examination is possible); and those who had an endoscope stomach cancer check by Nara City in the previous fiscal year (lung cancer examination is possible) are excluded.

Others: For those who are breastfeeding, please notify us of such when you apply. The examination interval is once a year. There might be cases when you may not be able to take the examination depending on your health or questionnaire.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145

Japanese Encephalitis Vaccinations to Start (For Those Born in August 2018)

We recommend that your child receives the first term vaccination (the first two times, and one-time booster). Please confirm their vaccination status on the Preliminary Examination Leaflet.

Those Eligible: Between age 3 to one day before the 7-1/2-year birthday

Vaccination Method: The first vaccinations are 1 to 4 weeks apart, and an additional vaccination is given one year after the second.

Things to Bring: Pre-examination sheets (please fill in with an indelible black pen), *Mother's and Child's Health Handbook* and your child's ID document.

*Those who are not registered as residents of Nara City are not eligible.

Application: Make an appointment at one of the registered medical facilities listed on the City website.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Preliminary Examination Leaflets Were Sent Late July (to those born in June 2021)

If you bring the preliminary examination leaflet, *Mother's and Child's Health Handbook*, and Health Insurance Card or other ID, you can receive vaccinations. If you have not received the preliminary examination leaflet due to moving into the city, etc., come to Kenko-Zoshin-Ka (Health Care Section). Tel. 0742-34-5129

*Please fill in forms with an indelible black pen.

Various Health Classes for Expectant Mothers and Infants

Please check the date and time of the following classes through the Nara City Website. Please refer to the “Nara City Channel: Health Information” for information about infant food and preventing tooth decay, and to the “Nara City Practical Video” channel for information on bathing a baby.

- Paku-Paku Class for 5-month-old babies (Baby Food Class)
- Ha-Pika class for 1-year-old babies (Tooth Decay Prevention Class)
- Fluoride Coating for Tooth Decay Prevention
- Hajimete no Mama Papa Salon (Salon for First-time Parents)
- Maternity Happy Check (Tooth Check)
- Over-40-year-old Mothers Training Salon

Inquiries: Boshi-Hoken-Ka (Mother & Child Health Section)

Tel. 0742-34-1978

Maternal and Infant Health Care Consultations

Consultation about lifestyle during pregnancy, breastfeeding, infants’ development and growth, etc. will be available.

Place: Hagukumi Center 3F

*Consultations by phone or in person with public health nurses & midwives

Date & Time: 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

*Appointment required

Place: the Consultation Room in Seibu-Kaikan 2F (Gakuen-Minami 3-chome)

*Consultation in person with midwives

Date & Time: 10:00-14:00 on weekdays (accepted until 13:30)

* In some cases, consultations may be carried out with public health nurses.

Things to Bring: *Mother’s and Child’s Health Handbook*, bath towel

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Place: Tsuge Hoken Center

*Consultations by phone or in person with public health nurses

Date & Time: 8:30-17:15 on weekdays

*Traveling Consultations with public health nurses

	Date & Time	Place
September	2 (Thurs.) 10:00-12:00	Tsukigase Fukushi Center (Tsukigase Oyama)
	9 (Thurs.) 9:30-11:00	Yagyu Kodomo En (Yagyu shimo-cho)

Things to Bring: *Mother’s and Child’s Health Handbook*

Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

Place: Tsukigase Health Consultation Room

*Consultations by phone or in person with public health nurses

Date & Time: 9:00-16:30 on weekdays

*Appointment required

Inquiries: Tsukigase Health Consultation Room Tel. 0743-92-0480

Medical Checkups for Babies & Children

Checkup Name (Eligibility)	Date	Place
4-month-old Babies Checkup (Born in May 2021)	Until the day before turning <u>6 months old</u> from the 4-months birthday	Designated Medical Facilities *Checkup term is <u>two months</u> for the time being.
10-month-old Babies Checkup (Born in November 2020)	Until the day before turning <u>one year old</u> from the 10-months birthday	
19-month-old Babies Checkup	Notices will be sent to those eligible individually.	Designated Medical Facilities In order to prevent the spread of Covid-19, medical and dental examinations are given at each medical institution for the time being.
3-1/2-year-old Children's Checkup		

Things to bring: The questionnaire and *Mother's and Child's Health Handbook*.

The questionnaire will be sent at the end of August.

People who moved to Nara City after August 1 and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section)

Inquiries: Boshi-Hoken-Ka (Mother & Child Health Section) Tel. 0742-34-1978

Renewal Procedures for the Child-Care Family Allowance (Jido-Fuyo-Teate) and Special Child-Care Allowance (Tokubetsu-Jido-Fuyo-Teate)

Confirmation of continuous qualification for receiving allowances

Child-care family allowance recipients are notified of renewal procedures at the end of July. (For special child-care allowance recipients, early August.)

Application Period for Renewal . . . **Those who are qualified to receive the child-care family allowance:** Aug. 2 (Mon.) to 31 (Tue.), **Those who are qualified to receive the special child-care allowance:** Aug. 12 (Thur.) to Sept. 13 (Mon.)

*Those who are no longer qualified to receive them should also go through the process. Special child-care allowance recipients whose income exceeds the eligibility limits for two consecutive years do not have to go through the process.

Procedure for exemption from the payment reduction must be completed during August

Those eligible to be exempted from the payment reduction after receiving the allowance for more than five years are notified individually. Please go through the process during August. If the procedure is late, the payment might be reduced by half.

Inquiries: Kodomo-Ikusei-Ka (Raising Children Section) Tel. 0742-34-5042

"Yagyū-Ittoseki" (a giant stone cut into two by a sword) is open to public

There is a legend that during training, Yagyū Sekishūsai encountered a *tengu*, a mythical creature, and split this stone into two with his sword. Therefore, later on, it was called "Yagyū-Ittoseki". Here is a video clip of the giant stone (<https://youtu.be/Rjf88s07zjI>).

Please visit <https://www.yagyukanko.com/home-english/> for detailed information on the tour to this region (the Eastern region of Nara).

Enjoy a Photography Tour in the Yagyu resion

You can enjoy taking photos in the Yagyu region, where the original landscape, history, and culture remain. Visit the region, stay at one of the renovated former farmhouses, and experience authentic farm life. In addition to participation in various local activities, you may take pictures, dressing up in "cosplay" against the background of many historical places in the region (with a permit). You may use a drone to take pictures (a permit is needed). Please experience the local life, visit tourist spots, and take photos there. Yagyu Tourism Association will be pleased to help you apply for a comprehensive picture permit.

Inquiries: Yagyu Tourism Association (155-1 Yagyu-cho [c/o Former Residence of the Yagyu Clan's Retainer] Tel: 0742-94-0002)
Hisho-Koho-Ka (Public Relations of Nara City Office) Tel. 0742-34-4710

This event will be cancelled

Tenpyo Tanabata Star Festival (Heijo-Kyo Tenpyo-Sai Festival in Summer) Let's enjoy the hot summer in Nara!

Please note that the period of the festival and the contents are different from the average year in order to prevent the spread of COVID-19 infection this year.

Date & Time: August 14 (Sat.) – 22 (Sun.) 18:00 – 21:00

*The event will be cancelled in case of inclement weather.

Admission Fee: Free

Place: Suzaku-Mon Hiroba (Square) of Heijo Palace Site

[Art of Light and Music] The venue will be decorated with fantastic lighted cutout pictures and accompanied by music on the theme of the Star Festival.

[Tenpyo Quiz] Please enjoy solving the puzzle regarding the Heijo-Kyo Palace Site.

[Exhibition of Children's Art] An exhibition of light art produced by local elementary school students.

Inquiries: Heijo-Kyo Tenpyo-Sai Jikko Inkai (Executive Committee)
Tel. 0742-25-0707

Please see the Nara City Website for details.



This event will be postponed

Visit and Enjoy *Kita-machi* For One Week

Kita-machi (The area north of Kintetsu Nara Station) will be full of happy events for one week.

Name of the event: *Kita-machi To-iro* (Many colors)

Date: August 23 (Mon.)-29 (Sun.)

Contents: Morning market, Breakfast, Curry restaurants, Happy things planned by each shop, Walking tours in the morning, Lantern spots, etc.

See the website for more details.

Inquiries: *Kita-machi To-iro* Planning Committee
(c/o Shinto-Sha) Tel. 0742-23-5055

this event will be postponed

Great Summer Festival

Naramachi Yu-ho-Stroll

Get a brochure at the information office “Naramachi Inn wood deck” located beside Sarusawa-ike pond, ringed with lit lanterns. Then, go and enjoy Naramachi, where you can experience some unique services at participating shops in Naramachi Rakuza and also enjoy a quiz rally.

For details, check the website of the Festival.

Date: August 15 (Sun.)-22 (Sun.)

Inquiries: Naramachi Yu-ho Executive Committee Tel. 0742-93-5250 (Weekdays 9:00-16:00)

Education Center KIDS LEARNING FLOOR

There are some changes from the previous method of application. Please read the following application method carefully.

Class Name	Date	Time	Deadline
Planetarium “Nijiro and Seasonal Constellations” Capacity: 12 seats each time *With live commentary by the staff	Every Wed. & Sat., August	(1) 10:00 – 10:20 (2) 11:00 – 11:30	Reception on the day
Planetarium “The Life Cycle of a Star” Capacity: 12 seats each time *Commentary with playback software	Every Wed. & Sat., August	(1) 13:30 – 13:55 (2) 14:30 – 14:55	
Summer Movie Screening “Hello Kitty’s Heidi, Girl of the Alps” Capacity: 40 seats	Aug. 9 (Holiday)	(1) 11:00 – 11:30 (2) 13:00 – 13:30	
Summer Movie Screening “Hello Kitty’s Heidi, Girl of the Alps” vol. 2 Capacity: 40 seats	Aug. 20 (Fri.)	(1) 11:00 – 11:30 (2) 13:00 – 13:30	
Summer Movie Screening “Hello Kitty’s Alice’s Adventures in Wonderland” Capacity: 40 seats	Aug. 24 (Tues.)	(1) 11:00 – 11:30 (2) 13:00 – 13:30	
Night Planetarium “Walk in the Seasonal Starry Sky – Astronomical Tour” Capacity: 12 seats (Adults can apply without children.) *Please visit the Nara City website for details.	Aug. 27 (Fri.)	18:30 – 19:10	Aug. 13 (Fri.)
Robot Class (Intermediate level) “Let’s Build a Course and Run It” using Pro Robo USB plus Those Eligible: first graders in elementary school and older * Same contents all 3 days	Sept. 11(Sat.)/ 20 (Holiday)/ 25 (Sat.)	10:00 – 11:30	Aug. 27 (Fri.)
Science Experiment Class “Miracle Science – Let’s Make a Plastic Bottle Air Gun And Do Some Experiments” Those Eligible: 5 years old and older *Same contents on both days	Sept. 12 (Sun.) / 18 (Sat.)	10:00 – 10:40	
Craft Experient Class “Making Stamps with Erasers” *An art knife will be used. *Same contents on both days	Sept. 20 (Holiday) / 26 (Sun.)	10:00 – 11:30	

Capacity: 6 groups (6 to 10 children with guardians) unless the capacity is written above.

Application: Send a return postcard to Hagukumi Center [Kids Learning Floor] (13-1 Sanjo-Honmachi 630-8122 Tel. 0742-36-0401) with the class name, your preferred date(s) up to your third choice, child's name (with the reading in *Kana*), child's school name and grade, the guardian's or the group leader's address and name (with the reading in *Kana*), and phone number, and for the night planetarium, the number of those attending, no later than each deadline. You can apply for one class per return postcard. Siblings can be listed together. In case of excess application, a lottery will be held.

Others: Reception on the day of the class will start 20 minutes prior to the starting time of each class and will be closed when the prescribed number of applicants is reached. Body temperature will be checked beforehand and wearing a mask is always required when you come to the venue. We ask for your cooperation with the health check. Participation in classes may not be possible depending on your health condition. A reply card will be sent to you if the program is canceled or postponed. The latest information will be posted on the Nara City website, or you can contact us directly.

