

# Nara City Information for Residents

**November 2020** Issued by Nara City Hall (No. 1200)

(All events, classes and lectures are conducted in Japanese.)

Please be advised that the programs in this issue may be put off, changed, or cancelled in order to prevent infection and spread of the new type of coronavirus.

## Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,  
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,  
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,  
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,  
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office  
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: [nsgghyk@gmail.com](mailto:nsgghyk@gmail.com)



## NARA CITY PRIORITY MEASURES 2020

Nara City has been implementing various measures in order to respond to our ever-changing society as well as to become a city where people want to keep living in. Here are **the four focuses** of our priorities.

### 1. To Make the City More Open and Compact

- Changing the way of thinking among city staff
- Cutting down municipal debt to achieve fiscal soundness
- Making official documents available at convenience stores and reforming the branch offices  
When moving in to or out of the city you can use a smartphone or My Number Card (individual number card) for the necessary procedures without having to write application forms at the city desk. No seal (hanko) is necessary for some documents and application forms.

### 2. Prior Investment in Child Rearing and Better Education Settings

- Establishing the Nara Child Center (tentative name)
- No children on nursery school waiting lists
- Nursing home for sick children
- Providing meals at Bambi Homes during summer and other holidays
- Lower payments for children's medical expenses  
You pay 500 yen for a hospital visit, and 1000 yen for hospitalization when covered by insurance.
- A pediatrician is available at the emergency clinic everyday.
- Planning to make school buildings more durable.
- Taking security measures along school routes.

All the elementary schools in the city have introduced Tsuita-Mon, a system for children's safety.

### 3. Realization of High-Quality Social Welfare

#### in Cooperation with the Medical Treatment, Nursing Care and Welfare Sectors

- Support in shopping for people who have no easy access to stores for daily necessities
- Full preparedness at evacuation centers  
Stockpiling for disasters including the COVID-19 pandemic
- Dealing with poverty among children and new social welfare issues
- A new cremation center to be completed in spring in 2022
- Coordinating medical treatment and nursing care at home
- Providing preventive medical care in each area based on scientific data
- Making the City Hall buildings more earthquake resistant

### 4. City Planning with Cooperation between Nara Prefecture and Nara City & Nara City's Strategies for Growth

- The north-south walkway through the Yamato-Saidaiji Station building is now available.
- Renewal of parks in the city, including Nara Denryoku Konoike Park
- Activities to attract a new station for maglev trains
- Development around the new JR station in the Hachijo and Daianji areas
- Solving problems in constructing a garbage incineration center
- Creating new programs for visitors by making use of historical routes such as the  
Yagyu Kaido Path and the Yamanobeno Michi Trail
- Promoting tourist's longer stay and making tourism a main pillar of local industry
- Developing the Nara Denryoku Konoike Park, the former juvenile prison site, and the  
former amusement park Dream Land site as one wide zone
- Promoting exchange activities between East Asian countries and Nara
- Promoting start-up businesses in Nara City

**Inquiries:** Sogo-Seisaku-Ka (Integrated Policy Section)      Tel. 0742-34-4786

## Nara City's Account Settlement and Fiscal Condition for FY 2019

### The General Account for FY 2019 finished 1.13 billion yen in the black

The City is determined to promote administrative reforms and fiscal consolidation by further securing fiscal resources, restraining the issue of the municipal bonds, and scrutinizing and improving the efficiency of services while considering their priority and urgency,

**The General Account:** The fiscal condition was severe in FY 2019. Compared to FY 2018, the revenue increased by securing national treasury disbursements and state subsidies. On the other hand, expenditures also increased for social security benefits and for the installation of air conditioning in schools.

The balance got into the black through efforts such as the reduction of labor costs, scrutiny of services, and sound budget execution, while paying special attention to keeping the good quality of governmental services.

**The Special Accounts:** There are eight special accounts in the City of Nara, all of which are for specific purposes. The special account for new housing loans was 550 million yen in the red. The other seven accounts balanced the budget or were in the black.

**Publicly Managed Company Accounts:** There are three accounts of this kind in the City of Nara. The hospital business was 51 million yen in the red, the water supply business was 740 million yen in the black and the sewage business was 90 million yen in the red.

**Major Costs and Investments:** Labor costs were reduced compared to FY 2018 by cutting administrative allowances and salaries, and with the decrease in the retirement allowances. The benefit costs rise every year as social security costs, such as the benefits for the handicapped, increase. Public debts decreased compared to FY 2018, as the interest expenses were less. The investment costs increased compared to FY 2018, such as for the installation of air conditioners at elementary schools, junior high schools and kindergartens, and for the earthquake reinforcement work on City Hall.

**The Balance of the City Debt:** Substantial debt decreases and the ratio of the future burden steadily improves every year as reducing the financial burden of the city by adjusting the fixed number of officials and the like.

**Inquiries:** Zaisei-ka (Finance Section) Tel. 0742-34-4720

### With *Nara-Shimin-Dayori* (Nara City Information for Residents)

The first issue of *Nara-Shimin-Dayori* (Nara City Information) was published on September 1, 1950. We are very thankful that the 1,200th issue is being published at this time in our 70<sup>th</sup> year. It was originally an official publication to inform citizens about municipal administrations, but in retrospect it looks like a mirror reflecting social conditions and the atmosphere of past times. Please have a look at Nara city through the ages by reading back issues of *Shimin-Dayori* (City Information).

The whole run of 70 years of issues of *Shimin-Dayori* are available on the website. You can see various photos and the history of Nara City's administrations from 1950.

**Inquiries:** Hisho-Koho-Ka (Secretary Public Relations Section) Tel. 0742-34-4710

## Garbage Collection

### No Parking near the Collection Site

\*Nov. 3 (Holiday), Nov. 23 (Holiday), collect as usual.

### Collection Dates and Areas in November

Area	Burnable Garbage	Unburnable Garbage
A F	Mon. & Thurs.	4, 18 (Wed.)
B E		
C H	Tues. & Fri.	11, 25 (Wed.)
D G		



\*Areas A – D are covered by Nara City, and areas E -H are covered by City Seibi Kosha or Takeda-Kankyo & Yamato-Seiso Kyodo Kigyotai.

The garbage collection dates are different in some areas, so please check the Nara City website.

**Inquiries:** Shushu-Ka (Collection Section) Tel. 0742-71-3012  
City Seibi Kosha (Public Corp) Tel. 0742-33-8782  
Takeda-Kankyo & Yamato-Seiso Kyodo Kigyotai (Public Corp) (West side and a part of the east side of the Tomio River) Tel. 0742-63-2552

## **Autumn Nationwide Fire Prevention Campaign Nov. 9 – Nov. 15**

### **“Gold Medal to You for Preventing that Fire”**

(The nationwide fire prevention slogan in fiscal year 2020)

### **The Vapors from Alcohol Used for Sterilization Are a Fire Risk.**

Do not use the stove or smoke immediately with sterilized hands.

#### **Pay Attention:**

Alcohol is flammable. Ventilate when refilling bottles. Do not store alcohol in direct sunlight. Avoid dropping or impacting the container. Avoid keeping large amounts in a closed room.

### **Residential Smoke Alarms should be Replaced Every Ten Years.**

#### **“Inquiries about Residential Smoke Alarms”**

Japan Residential Smoke Alarm Manufacturers Association Tel. 0120-565-911 9:00-17:00  
Mon.- Friday

**Inquiries:** Yobo-Ka, Shoboh-Kyoku (Fire Prevention Section, Fire Department) Tel. 0742-35-1192  
or each Shobo-Sho (Fire Station)

## **World AIDS day is December 1**

### **Overnight Venereal Disease Testing**

**Date & Time:** November 24 (Tues.) 17:30-18:30

As a general rule, the results are explained at the office on December 1 (Tues.)

### **Night-time, One Day HIV Test**

**Date & Time:** November 24 (Tues.) 18:30-19:00 December 1 (Tues.) 18:30-19:00

\*The reception will open from November 2 (Mon.)

Check the city’s website for information on monthly venereal disease and one day HIV tests.

### **AIDS Exhibition (Panel display, Brochure distribution)**

**Date & Time:** November 30 (Mon.)-December 4 (Fri.)

**Place:** City Hall 1<sup>st</sup> floor (Sanjo-Honmachi) / Hagukumi Center 1 F

**Inquiries:** Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

## **Warning about Influenza**

### **Preventing Influenza in Your Daily Life**

Preventative measures against influenza infection are the same as for preventing COVID-19 infection: wear a face mask when going out, wash your hands and gargle frequently, and avoid the “Three Cs” - closed spaces, crowded places, and close-contact settings.

### **If You Have Any Symptoms**

Consult your doctor or the COVID-19 consultation center. Tel. 0742-27-1132

### **Get a Flu Shot before the Outbreak**

Getting a flu shot by early December before the outbreak is ideal.

**Inquiries:** Hoken-Yobo-Ka (Health Protection Section) Tel. 0742-93-8397

## Medical Checkups for Babies & Children

Checkups by age	Date	Place
Checkup for 4-month-old babies (Born in August 2020)	From the 4-month birthday until the day before turning 6 months old	Designated Medical Facilities *Checkup term is two months for the time being for the prevention of COVID-19 infection.
Checkup for 10-month-old babies (Born in February 2020)	From the 10-month birthday until the day before turning one year old	
Checkup for 1-year-7-month-old babies (Born in April & May 2019)	From December 1, 2020 until January 31, 2021	Designated Medical Facilities *Temporarily at medical facilities for both physicians and dentists for the prevention of COVID-19 infection.
Checkup for 3-year-6-month-old children (Born in May & June 2017)		

Please bring the questionnaire and your “*Mother’s and Child’s Health Book*”. The questionnaire will be sent in the latter part of November. People who moved to Nara City after November 1 and have not received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother & Child Health Section).

**Inquiries:** Boshi-Hoken-Ka (Mother & Child Health Section) Tel. 0742-34-1978

### Japanese Encephalitis Vaccinations Will Start (for those born in November 2017)

**Those eligible:** Between age 3 up to one day before the 7-year-6-month old birthday.

**Vaccination Method:** The first vaccinations are 1 to 4 weeks apart, and an additional vaccination is given one year after the second.

**Things to Bring:** Pre-examination sheets (please fill in with an indelible black pen), *Mother’s and Child’s Health Handbook* and your child’s ID document

\*Those who are not registered as residents of Nara City on the day of vaccination are not eligible.

**Applications:** Make an appointment at one of the registered medical facilities listed on the City website.

**Inquiries:** Kenko-Zoshin-Ka (Health Care Section) Tel. 0742 - 34 - 5129

### World Diabetes Day: November 14(Sat.)

Diabetes is not someone else’s disease. Nowadays one in two Nara citizens who need treatment is not treated for diabetes.

Please do a self-check of your blood sugar level.

There are no subjective symptoms at the beginning. Please refer to the list below, and do not ignore conditions of high blood sugar level.

A quotation from the “Diabetes Treatment Guide 2018-2019”:

Checking item	Keep regular medical checks.	Improve habits and life-style.	Medical attention is necessary.	See a doctor immediately.
Fasting blood sugar level (mg/dl)	99 and below	100-125	126-179	More than 180
HbA1c (NGSP) %	5.5 and below	5.6-6.4	6.5-7.9	8.0-

[Diagnostic criteria for diabetes]:

Fasting blood sugar level: 126 (mg/dl)

HbA1c: More than 6.5%

Treatments are necessary right now.

Three major complications from diabetes: Neurological disorder, harm to eyes (retinopathy, weak eyesight, lose eyesight), Nephropathy (requires artificial dialysis)

**Blue illumination at the Former JR Nara Station Building (Nara City Information Center)**

Date & Time: Nov. 11 (Wed.)-15 (Sun.) Sunset-22:00

Panel Exhibition: Take a moment to think about diabetes at now?

Date	Place
Nov. 1 (Sun.)-30 (Mon.)	On the 1 <sup>st</sup> floor of Hagukumi Center
Nov. 9 (Mon.)-13 (Fri.)	On the passage of Nara City Hall
Nov. 10 (Tues.)-29 (Sun.)	Irie Taikichi Memorial Museum of Photography Nara City

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

**Preliminary Examination Slips for Vaccinations for Those Born in September 2020 Should Have Been Sent in Late October.**

In order to have your baby vaccinated, a preliminary examination slip, *Mother's and Child's Health Handbook*, and your health insurance card are required on the day of vaccination.

In case you have no preliminary examination slips due to recently moving into Nara City, please contact Kenko-Zoshin-Ka (Health Care Section).

\*Preliminary examination slips must be filled in with an indelible black pen.

**Inquiries:** Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

**Various Health Classes for Expectant Mothers and Infants**

Please check the Nara City website (in Japanese only) for details on the date and time of the following classes.

1. Paku-Paku Class for 5-month-old Babies (Baby Food Class)
2. Ha-Pika Class for 1-year-old Babies (Preventing Tooth Decay Class)
3. Fluoride Coating for Tooth Decay Prevention
4. Hajimete-no Mama Papa Salon (First-experienced Mom & Papa Salon)
5. Maternity Tooth Check
6. Over 40-year-old Mother Training Salon

\*Please refer to the "Nara City Video Channel" (<https://www.city.nara.lg.jp/site/movie/10455.html>) for information about weaning food, preventing tooth decay and bathing for infants.

**Inquiries:** Boshi-Hoken-Ka (Mother & Child Health Section) Tel.0742-34-1978

**Cancer Examinations in December**

Please apply to Kenko Zoshin-Ka (Health Care Section) by phone or fax. You may also apply through the city website. The application period is from November 2 (Wed.) to November 20 (Fri.). (Electronic applications through the city website will be accepted until November 10 (Tues.)) Free of charge for those who are on social welfare or households exempted from residential tax. Please notify us of such when you apply.

**Stomach and Lung Cancer Examinations**

Date	Place	Reception Time	Capacity
2 (Wed.)	Seibu Toshokan	9:45-10:15	10 each
		10:15-10:45	
4 (Fri.)	Hagukumi Center	8:45-9:15	17
11 (Fri.)		9:15-9:45	16
15 (Tues.)			
21 (Mon.)			
24 (Thurs.)	Tomigaoka Kominkan	9:30-10:00	13 each
8 (Tues.)		10:00-10:30	

9 (Wed.)	Bosai Center	9:15-9:45	14
		9:45-10:15	13
14 (Mon.)	Hokubu Shutchosho	9:15-9:45	8 each
		9:45-10:15	
16 (Wed.)	Tomio-Minami Kominkan	9:15-9:45	14
		9:45-10:15	13
17 (Thurs.)	Coop Oshikuma	9:15-9:45	14
		9:45-10:15	13
18 (Fri.)	Miato Kominkan	9:15-9:45	14
		9:45-10:15	13
22 (Tues.)	Seibu Shogai Sports Center Club House	9:15-9:45	14
		9:45-10:15	13
23 (Wed.)	Heijo Kominkan	9:15-9:45	14
		9:45-10:15	13
25 (Fri.)	Tomio Kominkan	9:15-9:45	14
		9:45-10:15	13

### Lung Cancer Examination

Date	Place	Reception Time	Capacity
7 (Mon.)	Hagakumi Center	14:00-14:30	30 each
		14:30-15:00	

**Stomach Cancer Examination:** Stomach X-Ray (including drinking barium on the day)

**Lung Cancer Examination:** Chest X-Ray (including examination for tuberculosis)

**Fee:** 1,500 yen (1,000 yen for stomach cancer exam only and 500 yen for lung cancer exam only)

600 yen as an additional fee for sputum test based on a general check-up for lung cancer. (Postage may have to be paid.)

**Those eligible:** 40 years old and over except for pregnant women, those who are in treatment for stomach, lung, or intestinal disease or had an endoscope stomach cancer check by Nara City in the previous fiscal year (lung cancer examination only is possible).

**Others:** For those who are breast feeding, please notify us of such when you apply. The examination interval is once a year. There might be cases when you may not be able to take the examination depending upon your health condition or questionnaire.

**Inquiries:** Kenko Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-314

### Maternal and Infant Health Care Consultations

Consultations about lifestyle during pregnancy, breastfeeding, infant development, etc.

**At Hagakumi Center 3F: Consultations by phone or in person with public health nurses & midwives**

**Date & Time:** 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

**At Consultation Room at Seibu-Kaikan 2F (Gakuen-Minami 3-chome): Consultation in person with midwives**

**Date & Time:** 10:00-14:00 on weekdays (accepted until 13:30)

\* In some cases, consultations may be carried out with public health nurses.

**Things to Bring:** *Mother's and Child's Health Handbook*, Bath towel

**Inquiries:** Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

**At Tsuge Hoken Center: Consultations by phone or in person with public health nurses**

**Date & Time:** 8:30-17:15 on weekdays

## At Tsuge Hoken Center: Consultations by visiting public health nurses

Date	Place
Nov. 12 (Thurs.) 9:30-11:00	Yagyū Kodomo-en
Nov. 17 (Tues.) 10:30-12:00	Dongo-ga-oka Community Ground (former Tahara Kindergarten)
Dec. 3 (Thurs.) 10:00-12:00	Tsukigase Hukushi Center

**Things to Bring:** *Mother's and Child's Health Handbook*

**Inquiries:** Tsuge Hoken Center Tel. 0743-82-0341

## At Tsukigase Health Consultation Room: Consultations by phone or in person with public health nurses

**Date & Time:** 9:00-16:30 on weekdays (An appointment is necessary)

**Inquiries:** Tsukigase Health Consultation Center Tel. 0743-92-0480

## Grant for Special and General Infertility Treatment

**Inquiries:** Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

### Grant for general infertility treatment

**Eligible:** Legally married couples who have received general infertility treatment and meet all three of the criteria below

- 1, They are insured under Medical Insurance Laws, or are dependents of those who are insured.
- 2, The total income of the couple in the previous year was less than 7.3 million yen.  
(When applying between January and May, the income is that of two years ago).

Refer to \*1) below

- 3, It is required that the wife is under age forty-three when she has the treatment

Refer to \*2) below

**Grant:** Covers half the copayment, and up to 50,000 yen in a fiscal year.

The amount of furtherance is to total 100,000 yen.

**Period:** Two years continuing from the month you started the treatment

Refer to \*3) below

**Application:** Apply to the section with all receipts for your treatment (April- March) and other required documents available on the City website, by the end of that fiscal year.

### Special treatment support project for those suffering from infertility

**Eligible:** Legally married couples who have received special infertility treatment such as in vitro fertilization or intro-cytoplasmic sperm injection and meet the two following conditions.

- 1, The total income of the couple in the previous year is under 7.3 million yen.  
(When applying between January and May, the income is that of two years ago).

Refer to \*1) below

- 2, It is required that the wife is under age forty-three when she has the treatment.

Refer to \*2) below

**Grant:** Up to 150,000 yen per treatment, but up to 300,000 yen for the first time only.

An additional grant will be provided in case of treatment for husband at the same time.

Some medical treatments may be up to 75,000 yen.

Some treatments are not applicable.

### **How many times the grants can be received?**

Up to six times in total if the wife is under age forty, up to three times in total if she is forty or over when they start the special treatment.

Refer to \*4) below

**Application:** Apply to the section with the required documents available on the City website by the end of the fiscal year in which you finish the special infertility treatment.



**This grant program has been partially changed in 2020 !**  
**due to the influence of COVID 19**

**Special measures due to the influence of COVID 19:**

- \*1), The grants can be received, if you meet either requirements of 1 or 2, though the total income of the couple in 2019 was 7.3 million or more
  - 1, The total income of the couple in 2018 was 7.3 million yen or less
  - 2, The total income of the couple in 2020 is estimated to be 7.3 million yen or less.
- \*2), Treatments received when the wife was 42 as of March 31, 2020, and the treatment received at one day before the wife's age became 44 are recognized as eligible.
- \*3), The grant period will be extended to 3 years only for couples who already received the grants before 2019 and their period of eligibility has not expired  
(The grant is up to 100,000 yen in total)
- \*4), The couple is eligible to receive the grants for 6 treatment times, if the wife's age was 39 years old as of March 31, 2020 and her age is 40 years old when the treatment started for the first time.

**Flu Vaccinations for the Elderly**

**Period:** Until January 31, 2021(Sun.) (excluding days clinic is closed)

\* Those who apply after January 31, 2021(Sun.) will be charged.

Details are given in the October issue of Nara City Information for Residents or on the Nara City website.

**Fee:** 1,700 yen (one time)

\* Fees will not be charged to those who show their certification of welfare assistance or of economic assistance for Japanese left in China to the clinic at the time of vaccination.

**How to Get the Flu Vaccination:** Make an appointment at a designated clinic in the city.

\* Those who want to get the vaccination at a designated clinic outside of Nara City in Nara Prefecture or at a clinic outside of Nara Prefecture need to go through procedures in advance. If you will be inoculated outside of Nara Prefecture, you must pay the full amount.

**Things to bring:** An identification document, such as a health insurance card, etc.

**Inquiries:** Kenko-Zoshi-Ka (Health Care Section) Tel. 0742-34-5129

**To protect against coronavirus on shopping streets,  
you can take a rest on the lawn or in a hammock as you like while shopping.  
Kasuga Omote-Sando "Sun Days Park" Has Opened.**

Restaurant sales in Nara City dropped sharply due to the new coronavirus infectious disease. As a response to the new lifestyle corresponding to coronavirus, an open terrace using space along the shopping road has been opened on a trial basis until the end of November. Sanjo Shopping Street cooperated with Nara City and opened a demonstration of the open terrace Kasuga Omote-Sando "Sun Days Park" in October. Lawn areas and some hammocks are set along the street sidewalks on Sundays, when the road is closed to car traffic. Please enjoy eating and shopping while relaxing on the lawn or in a hammock under a clear autumn sky as you like.

**Time & Date:** 11:00-19:00, every Sunday until the end of November

**Place:** The designated area along Sanjo Street (between JR Nara station and Yasuragi Street)

\*It might be canceled due to rain. Opening & closing times might change due to weather or the duration of sunshine.

At the same time, open terraces have opened in Higashimuki Kita Shopping Street, Hanashiba Shopping Street and Nabeya-Cho Shopping Street.

Check the QR code for more information.

**Inquiries:** Sangyo-Seisaku-Ka (Industrial Policy Division) Tel. 0742-34-4741

## Services for Consultation about COVID-19 Infection

Those who have these symptoms, please contact **The Consultation Center** for foreign travelers or those who have been exposed to a person with confirmed COVID-19

(COVID-19 Consultation Center) Open 24 Hours a Day

Tel. 0742-27-1132 Fax. 0742-27-8565

- Those who have shortness of breath (difficult breathing), a strong feeling of weariness (fatigue), or high fever
- Elderly people, pregnant women, and those with underlying diseases who have flu-like symptoms like fever or cough
- Those who have had flu-like symptoms for a couple of days  
(Those who have flu-like symptoms for more than four days must contact the Consultation Center)
- Those who are concerned about being infected with COVID-19 because of their workplace or travel destinations

Those who need a general consultation about COVID-19 Infections, please contact **General Consultation** (City Health Center)

-Weekday 8:30 – 17:15 Tel. 0742-95-5888 Fax. 0742-34-2486

-Sat. Sun. Holidays 10:00 – 16:00 Tel. 0742-95-5888 Fax. 0742-34-2321

Those who have inquiries about COVID-19 countermeasure headquarters meeting, please contact **Iryo-Seisaku-Ka (Medical Policy Section)**

Tel. 0742-93-8392 Time: 8:30 – 17:15 Weekday only

\* Details about consultation flow, other inquiries, and latest information about COVID-19 infections are on the Nara City website. <https://www.city.nara.lg.jp/site/coronavirus>

## Nara City Coming-of-Age Ceremony 2021 January 11 (National Holiday)

The ceremony will be held by dividing the participants into two groups, which is different from usual.

(1) Morning part: 11:00-11:30

(2) Afternoon part: 13:30-14:00

**Place:** Nara Prefectural Convention Center (1-chome Sanjo-Oji)

**Those Eligible:** Born between Apr. 2, 2000 and Apr. 1, 2001

**District Classification:** Based on the junior high school district of the place of residence.

(1) Morning Part	(2) Afternoon Part
Fushimi, Tomio, Tomigaoka, Heijo-Nishi, Nimyo, Keisei, Tomio-Minami, Tomigaoka-Kita, Tomio Daisan	Kasuga, Mikasa, Wakakusa, Tonan, Tahara, Kotokan Yagyu, Heijo, Asuka, Miato, Heijo-Higashi, Tsukigase, Tsuge

To avoid crowds, the ceremony will be held in two parts based on the place of residence.

Please check the city website for the latest information and details.

**Inquiries:** Chiiki Kyoiku-Ka (Regional Education Division) 0742-34-5471



## Education Center Kids Learning Floor

Class Name	Date	Time	Deadline
<b>Planetarium</b> “ <i>Nijiuro</i> and Seasonal Constellations” (Capacity: 12 seats each time) *Contents change every month.	Every Sat., Sun. & Holiday in Nov.	1. 10:00-10:20 2. 13:30-14:00	On the day
<b>Movie Screening</b> “Seton’s Wild Animals – Monarch the Big Bear” (Capacity: 40 seats)	Nov. 15 (Sun.)	13:00-13:30	
<b>Night Planetarium</b> “Seasonal Stargazing Walks – Celestial Tour” (Capacity: 12 seats) *Adults without children can also participate.)	Nov. 27 (Fri.)	18:30-19:10	Nov. 13 (Fri.)
<b>Miracle! Science!</b> “Flying Seeds and Mini Rockets: Some Seeds Fly Like a Glider.”	Nov. 28 (Sat.)	1. 10:30-11:00 2. 14:20-14:50	
<b>Craft Class:</b> “Making a Ridge-End Tile with the Figure of a Gargoyle” (Fees: 1,400 yen) *For first graders in elementary school and older	Nov. 28 (Sat.)	10:00-11:30	
<b>Craft Class:</b> “Making Felt Christmas Ornaments” (Fees: 300 yen)	Nov. 29 (Sun.)	1. 10:30-11:30 2. 14:30-15:30	
<b>Robot Class (Intermediate level):</b> “Making a Sound-and-Light Art Piece” (Materials: Artecrobo)	Nov. 29 (Sun.)	10:00-11:30	Nov. 27 (Fri.)
<b>Robot Class (Beginner’s level):</b> “Moving an Explorer Robot” (Materials: Lego, We Do 2.0)	Dec. 13 (Sun.)	10:00-11:30	
<b>Night Planetarium</b> “Seasonal Stargazing Walks – Celestial Tour” (Capacity: 12 seats) *Adults without children can also participate.)	Dec. 18 (Fri.)	18:30-19:10	Dec. 4 (Fri.)

### Winter Special Events along with a Starry Night

Enjoy crafts, scientific experiments and programming experiences combined with planetarium shows!

Date	Event Name	Time	Deadline
Dec. 5 (Sat.)	<b>Planetarium &amp; Crafts</b> *For 4-year-old children and older “Around the Solar System with Dr. Galilei” & “Visiting Winter Constellations with <i>Nijiuro</i> ” (30 minutes) “Let’s Make a Ring Toss and Play!” (45 minutes)	1. 10:00-11:25 2. 13:00-14:25	Nov. 20 (Fri.)
	<b>Movie Screening</b> “Moomin 1. Spring in Moominvalley” (30 minutes, 40 seats each time)	1. 10:10 2. 11:30 3. 14:30	On the day
Dec. 12 (Sat.)	<b>Planetarium &amp; Scientific Experiments</b> *For first graders in elementary school and older “Around the Solar System with Dr. Galilei” & “Visiting Winter Constellations with <i>Nijiuro</i> ” (30 minutes) “Let’s Generate: Making an Electric Battery” (45 minutes)	1. 10:00-11:25 2. 13:00-14:25	Nov. 27 (Fri.)
	<b>Movie Screening</b> “Moomin 2. The Magic Hat” (30 minutes, 40 seats each time)	1. 10:10 2. 11:30 3. 14:30	On the day

Dec. 19 (Sat.)	<b>Planetarium &amp; Programming Experiences</b> *For first graders in elementary school and older “Around the Solar System with Dr. Galilei” & “Visiting Winter Constellations with <i>Nijiuro</i> ” (30 minutes) “Let’s Animate Your Drawings” (45 minutes, Beginner’s Level) (Materials: Viscuit)	1. 10:00-11:25 2. 13:00-14:25	Dec. 4 (Fri.)
	<b>Movie Screening</b> “Alice in Wonderland” by Hello Kitty (30 minutes, 40 seats each time)	1. 10:10 2. 11:30 3. 14:30	On the day

**Applications:** Send a return postcard with the class or event name, the date, the class number you prefer (the numbers are shown in the “time” columns of the above tables, and you may write your first and second choice.), child’s name (with the reading in Kana), child’s school name and grade, the guardian’s or group leader’s address, name (with the reading in Kana), phone number, and the number of those attending in case of planetarium classes or winter special events) to Hagukumi Center [Kid’s Learning Floor] (13-1 Sanjo-Honmachi 630-8122 Tel. 0742-36-0401) no later than each deadline.

You can apply for one class per return postcard. (Siblings can be included on one postcard.)

In case of excess, a lottery will be held.

**Capacity:** 6 pairs (from 6 to 10 children with guardians) if class capacity is not listed in the tables.

**Others:** Reception on the day of the class will start 20 minutes prior to the starting time and end as soon as the capacity is reached. Body temperature will be checked beforehand and face masks in the venue are required. Participation may not be possible depending on your health condition. Programs other than those listed above will also be held. If a class with an advanced application is canceled due to the spread of COVID -19, you will be notified using the reply postcard you sent.

