

Nara City Information for Residents

August 2020 Issued by Nara City Hall (No. 1197)

(All events, classes and lectures are conducted in Japanese.)

Please be advised that the programs in this issue may be put off, changed, or cancelled in order to prevent infection and spread of the new type of coronavirus.

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



Countermeasures against COVID-19

The state of emergency was lifted on May 14 and no cases of infections had been reported except on May 27 in Nara City, but some positive cases have been confirmed since July 10 along with a nationwide surge. As we fear increase of infection, please keep new ways to stop the coronavirus expansion in daily life and cooperate in preventing COVID-19 outbreaks once again.

Nara City New Guidelines on Countermeasures against COVID-19

New rules were set on July 8 after reviewing previous guidelines. Service hours for citizens, events, and closures of schools will be decided depending on phases from now.

Phase: Levels and stages of infection

*QR code on p. 2 of the Japanese edition shows the existing phase.

Phases and conditions of infection	Contents	Countermeasures
Phase I : The risk of infection spread is generally under control.	Services for citizens continue while considering the situation of infection.	Social activities and infection prevention coexist by keeping new ways in daily life completely.
Phase II : The beginning of infection spread		
Phase III: Midst of infection spread	Prevention of infection spread is our top priority. Services for citizens are partly closed.	We avoid thoroughly the “Three Cs*” and carry out countermeasures completely.
Phase IV: Epidemic of infection	Countermeasures will be carried out completely to protect our lives.	We carry out emergency countermeasures to protect citizens’ lives.

* “Three Cs”: Closed spaces with poor ventilation. Crowded places with many people nearby. Close-contact settings such as close-range conversations.

Barometer for Phases (Based on the Number of Infections as Below)

Index		Phase II	Phase III	Phase IV
Risk of infection spread for unspecified numbers	Number of new infections by unknown routes in Nara City (total of the latest week)	More than 3 people	More than 6 people	More than 12 people
	Number of new infections by unknown routes in Nara Pref. (total of the latest week)	More than 5 people	More than 10 people	More than 20 people
Risk of medical collapse	Numbers of new infections in Nara Pref. (new weekly total)	More than 7 people	More than 24 people	More than 48 people
	Intensive care bed occupancy rate in Nara pref.	More than 25 %	More than 50 %	More than 70 %

Reference of Osaka Pref.

↓	↓	↓	
Signal of COVID-19 in Osaka	Yellow	Red	None

Availability of Services in Nara City

*Services of City Hall continue by online and mail.

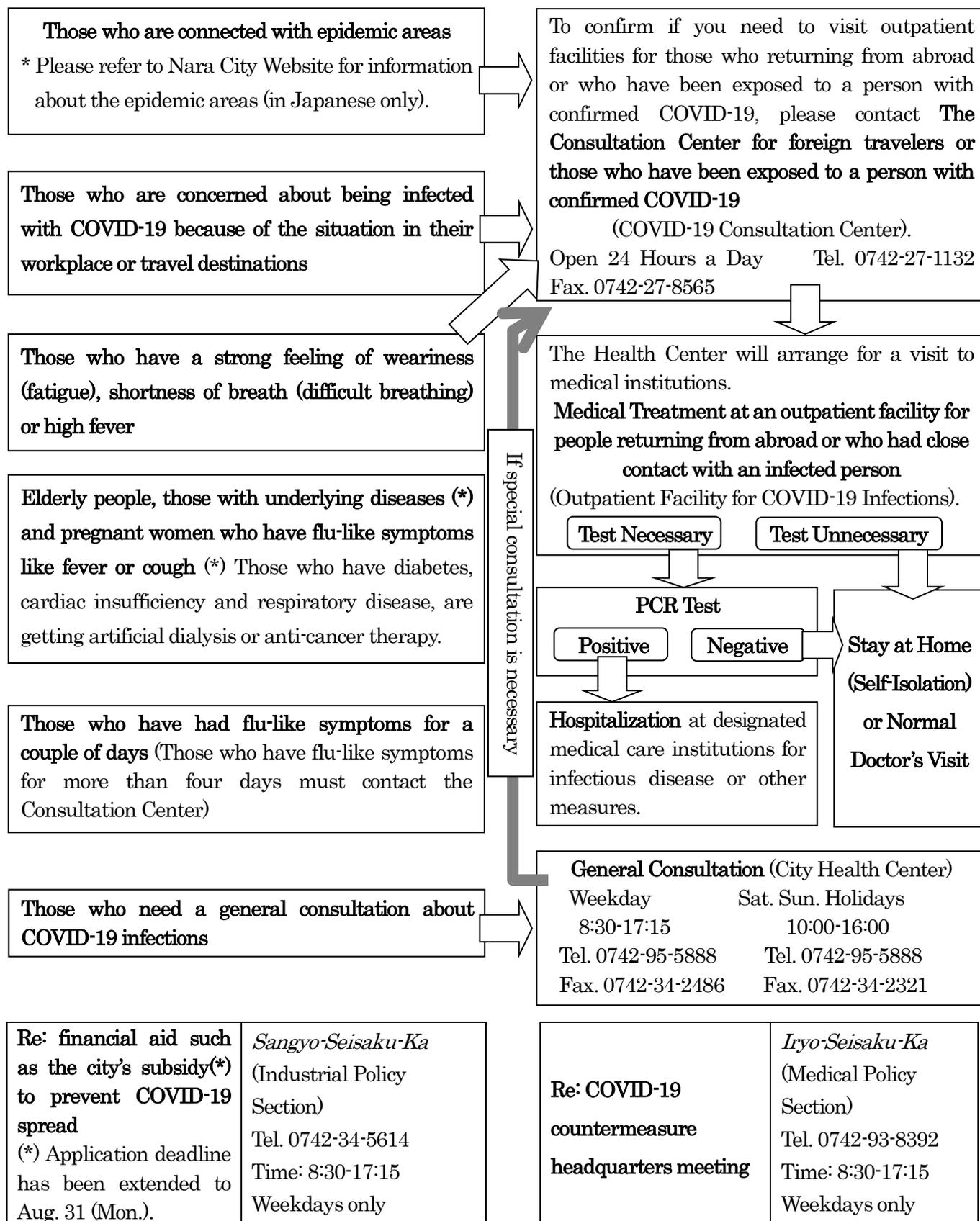
*Primary schools, junior high schools, kindergartens, and No.1 Nintei-Kodomo-en will be temporarily closed at phases III&IV.

	Services at City Hall	Availability of public facilities and events	Schools, Bambi Home, kindergartens, nurseries
I	All windows are open with controlled receptions, considering preventing infections	Operating while considering preventing infections	Ordinally run *If staff or students are infected, they will be closed.
II			
III	Windows for tax, welfare, and citizen are partly open. (Emergency matters will be treated)	City events will be canceled in principle. Public facilities will be closed in principle. Borrowing books at libraries will be by reservation only.	Special care at Bambi Home and nurseries only

IV	Windows closed in principle (Emergency matters only will be treated.)	City events will be canceled. All public facilities will be closed.	Absolute minimum care at Bambi Home and nurseries
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Inquiries: Iryo-Seisaku-Ka (Medical Policy Section) Tel. 0742-93-8392

Service for Consultation about COVID-19 Infection



'COCOA' -COVID-19 Contact Confirming App

You can learn the possibility of contact with someone “in 1 meter, over 15 minutes”.

COCOA is a smartphone app delivered by the Ministry of Health, Labor and Welfare with which you can receive notifications about the possibility of contact with people infected with COVID-19.

Users will get support from public health centers for examinations, etc. quickly, by proving the possibility of contact with a COVID-19 positive person.

This app's effect will be greater with more users, so we would like to ask everyone to install this app.

This app's privacy measures:

- *On the premise of each user consenting, ensuring mutual privacy by using the smartphone's Bluetooth.
- *Records of contact are managed only in the terminal and not leaked.
- *Neither party will know when, where and with whom they made contact with.
- *Information of contact is recorded only in the terminal by random codes.
- *Records will become invalid in 14 days.
- *Information that identifies an individual like contact information and location information, etc. is not recorded.
- *Information is not recorded when Bluetooth is turned off.

Inquiries: Iryo-Seisaku-Ka (Medical Policy Section) Tel. 0742-93-8392

To Prevent the Spread of Infection at Evacuation Sites

In the midst of concern about the spread of novel Coronavirus, disasters like earthquakes, typhoons and heavy rains might happen unexpectedly. Please cooperate with the following suggestions to prevent the spread of infection at places of refuge.

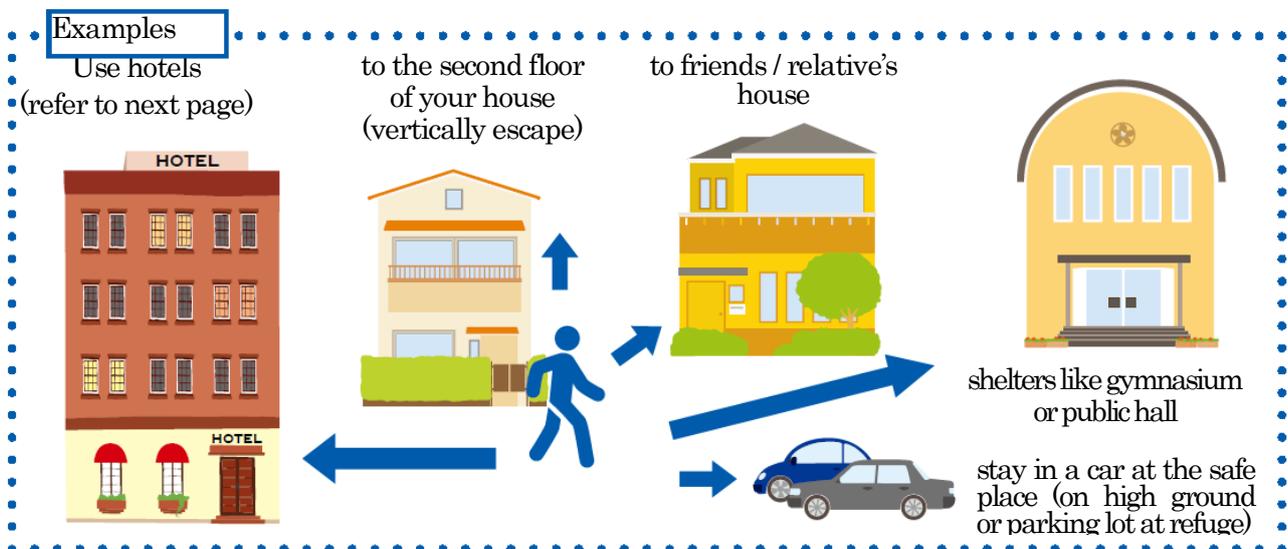
Please confirm your local evacuation site in advance. (and cooperate by evacuating to various places)

* “Evacuation” is not “going to a shelter” but rather “securing a safety”. Please cooperate in “evacuating to different shelters” to avoid congestion and prevent infection from spreading at places of refuge.

* Regularly imagine the risks of disasters around your house and ensure the measures of evacuation according to the city hazard map, etc. Talk fully with your family and neighbors about the place of refuge.



hazard map ▲



Pay Attention to Sanitation and Your Physical Condition

Let's cooperate with the people around us, and especially be aware of the four points below to prevent the spread of Covid-19 at evacuation centers.

1. Wearing a Mask

Wear a mask at an evacuation center.

2. Thoroughly Sanitate and Wash your Hands

- * When you go in and out an evacuation center, please be sure to sterilize your hands with an alcohol-based sanitizer and so on.
- * Before eating or after going to the toilet, please be sure to wash your hands.
- * After touching doors, handrails and so on touched by many people, please try to wash or sterilize your hands.
- * Cooperate with the people around you to clean and disinfect toilets, doors, handrails and so on periodically.

3. Everyday Check of Physical Condition

- * When you enter an evacuation center, please check your health by taking your temperature and so on.
- * In case of staying long at an evacuation center, please take your temperature every morning and evening and confirm any changes in your physical conditions.
- * If you have symptoms such as fever, cough, loss of taste or hearing, please contact a staff member at the center quickly.

4. Avoid the 3 Cs : “Closed Spaces, Crowded Places, Close-Contact Settings”

- * Please cooperate with each other to ventilate frequently, keep social distancing (proper distance) and talk as little as possible.

Prepare Emergency Evacuation Bags

When you flee to an evacuation center or your relative’s or friend’s house, bring sanitary goods such as sanitizers or wet tissues, a thermometer, masks and water.

Other emergency evacuation goods and stock goods are discussed in the City Disaster Prevention Handbook. You can read it on the Nara City Website.

A Support System to Use Accommodations (Like Hotels) as Evacuation Sites Has Started

This support system allows citizens of Nara to use vacant rooms in hotels at a flat rate to take refuge from typhoons, torrential rain, etc.

- Procedure:**
1. The city authorities announce this system is available.
 2. Confirm the availability of vacant rooms on the City’s website.
 3. Call the accommodations to book rooms in accordance with this system.
 4. Check in and pay a flat rate.
 5. The city authorities announce this system is unavailable now and the accommodation staff inform those who are staying there.
 6. Confirm safety and check out.

* As of July 1st eleven accommodations are available for this support system.

Please check the availability in advance on the City’s website (Japanese only).

Fee: 1,000 yen for 24 hours per person

*48 hours maximum are available per person.

*Please pay 2,000 yen in advance when you check in. In case of within 24 hours, 1,000 yen is paid back.

*1,000 yen is based on a person, not the number of rooms or age.

*Meals and parking fees are not included.

Please contact the City’s website (Japanese only) for more details.

Prepare for Flood & Typhoon

“The Heavy Downpour of July 2020” triggered a sudden increase in river flow, floods, mud flows, inundation, etc. on Kyushu Island, centering on Kumamoto Prefecture, and the Chubu region, located in the middle of the Honshu Island, and left huge damage behind.

At this time of year sudden torrential rains and typhoons often hit this country. We have to stay on alert against strong winds, floods, mud flows, etc. and each of us should have “Preparedness for Disasters” to minimize damage. Also we should regularly get ready against natural disasters as a whole community as well as an entire family.

Daily Preparedness

Keep in mind, just in case.

- Make use of the disaster/weather information issued by the Meteorological Agency to avoid damages.
- Prepare emergency food and bag for use in blackouts, water stoppages and evacuation.
- Check the house roof, gutters, drainpipes, shutters, windows, outer walls, and other parts outside of the house. Repair or reinforce them if necessary.

Where to Call/Consult in Disasters

Please be sure to say your name, address and phone number at first when you call/consult the offices below.

Kiki-Kanri-Ka (Crisis Management Section): Tel.0742-34-4930 8:30 – 17:15 Weekdays

Nara City Hall, main number: Tel. 0742-34-1111

Saturdays, Sundays, Holidays and the hours except for the above.

Fire Station: Tel. 119 Around the clock.

How to evacuate in a storm or a flood

It is crucial that you have a correct understanding of emergency information from the City and evacuate if necessary. When evacuating, you should take extra caution in floodwater as you might lose sight of your own footsteps. Here are some survival tips.

- (1) Stay indoors if going out to evacuate seems dangerous. Move to safer part of your house; the second floor is possibly safer.
- (2) It's very hard to walk when floodwater goes to about 50 cm deep. In such cases, do not try too hard and wait for rescue in a higher place.
- (3) Before evacuation, do not forget to turn off the gas main cock and the circuit breaker. Make sure that all fires are out and lock doors up securely.
- (4) Do not wear long rainboots when walking in a flood; they might fill with water quickly. Also, never walk barefoot. Sports shoes are the best.
- (5) Please evacuate in a group of two or more. In evacuating with family members, use a rope to keep from getting separated.
- (6) Carry a whistle to inform others of where you are.
- (7) Walk in the middle of the road cautiously even if you know it well. You might not be able to watch your step on a flooded road.
- (8) When the roads are flooded, be careful of gutters, side ditches, manholes (the lid might have been washed away), slopes (water runs faster even if the water level is shallow) and reservoirs.

Disaster prevention information

Emergency broadcast system

Nara City has installed 47 loudspeakers to broadcast disaster information and evacuation information in emergency. The same information will be available by telenhone or on the website.

Emergency broadcast toll-free call: 0120-090-163

Emergency broadcast website: the QR code ⇒



Emergency information email

Nara City delivers emergency information related to natural disasters such as alerts, warnings, and evacuation orders immediately. Information broadcast by the above system will be included. Pre-registration is required. For registration, please send a blank message to the addresses shown below.

For feature phone users: the QR code ⇒



For smartphone users: the QR code ⇒



Inquiries: Kiki-Kanri-Ka (Crisis Management Section) Tel. 0742-34-4930

Sales of the Nara City Premium Vouchers

In order to help households raising children as an emergency measures for the new coronavirus infectious diseases, Premium Vouchers will be sold. About 150,000 booklets (1 booklet is 10,000 yen) will be sold to the households who have children under 18 years old.

Vouchers worth 14,000 yen will be sold for 10,000 yen (Including 12,000 yen premium shopping vouchers and 2,000 yen for limited stores serving food and drink).

“Nara City Premium Vouchers” can be used until December 31(Thurs.).

* About purchasing and using the Premium Vouchers

The Nara City Premium Vouchers will be sold until August 5 (Wed.).

After August 5, you can buy them at limited places. Please check the following website.

<https://www.nara-premium.com>

Exchange Tickets for purchasing have been sent to the households raising children.

Eligibility: those who are registered as Nara City residents as of June 1, 2020 and who have children born between April 2, 2002 and June 1, 2020 who belong the same household.

* The Exchange Ticket will be sent to the householder who lives at the address of the residence certificate.



Please bring the followings to the place selling the Premium Voucher

Purchase price (cash), Exchange Ticket for purchasing, and Identity Verification Document (Driver's License, etc.)

Usage Period: until December 31 (Thurs.)

* The resale or transfer of the Premium Voucher is prohibited.

* You cannot get change. The face value of one voucher is 1,000 yen.

* The stores where you can use the vouchers are listed on the poster.

Inquiries: Nara City Premium Voucher Call Center Tel. 0742-25-2019, Fax. 0742-23-6718

(Opened: 10:00 – 17:00, closed Sat. Sun. and Holiday)

Website: <https://www.nara-premium.com>

Garbage Collection

Unburnable Garbage Collection Dates and Areas in August

Area	A·F	B·E	C·H	D·G
Burnable Garbage	Mon. & Thurs.		Tues. & Fri.	
Unburnable Garbage	12, 26 (Wed)		5, 19 (Wed)	

* Areas A-D are covered by Nara City, and areas E-H are covered by City Seibi-Kosha & Co., Ltd. or Takeda Environment Co., Ltd. and Yamato Seiso JV. The garbage collection dates may be different in some areas. Please see Nara City's website.

* Garbage will be collected on Aug. 10 (Holiday) as usual.

Request for Appropriate Separation and Disposal When Putting out Garbage

A fire caused by the explosion of an unpunctured spray can happened in a garbage truck on June 10. Please sort your garbage properly, and as for spray cans, be sure to make several holes in them to empty the gas.

Burnable Garbage: Use up all the gas of disposable lighters.

Unburnable Garbage: Use up the contents of spray cans such as for hair mousse and insecticide and make several holes in them. Spray cans for body use, aside from hair mousse and cartridge-type gas cylinders, are not garbage but recyclable resources.

Don't Park near the Garbage Collection Site

To avoid soiling cars with scattered garbage or filthy water, garbage might not be collected if a car blocks the collection site. In this case, the people who use the collection site are responsible for disposing of uncollected garbage.

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012

City Seibi Kosha (Public Corp.) Tel. 0742-33-8782

Takeda Environment Co., Ltd. and Yamato Seiso JV

(for the west side and part of the east side of the Tomio River) Tel. 0742-63-2552

Collection of Pet Bottles

Rinse bottles and remove caps and labels before putting them out. Dispose of the removed caps and labels as plastic-container packaging garbage. Be sure to wash your hands after touching nets or containers for collecting recyclable garbage.

Inquiries: Recycle-Suishin-Ka (Recycle Promotion Section) Tel. 0742-33-5380

Notice about Fiscal 2020's Health Checkups

A health checkup passport was sent to those who are eligible in late June. Please check the following items before consultation.

About those who are eligible for the stomach cancer risk checkup

People aged 40 to 70 who have never had stomach cancer risk checkups and who fall under any of the following will be excluded because the test results cannot be accurately determined.

1. Those undergoing treatment for esophagus, stomach and duodenal diseases
2. Those who are taking a proton pump inhibitor among gastric acid secretion inhibitors, or have taken one within 2 months
3. Those who had gastrectomy
4. Those who are impaired renal function (Serum creatinine level 3mg/dl or more)
5. Those who have had H. pylori eradicated

About the facility of stomach cancer risk checkups

The new address has been added as follows.

Nishinokyo Hospital: 102-1 Roku-jo-cho Tel. 0742-35-1121

Tuberculosis Examinations for Citizens

Tuberculosis among elderly people has been increasing in Nara City in recent years. You should have a chest X-ray examination at least once a year for yourself and those around you. *Please wear a mask when visiting the facility to prevent the spread of new coronavirus infection.

Date & Time: August 15 (Sat.) 9:30-10:30

Place: City General Examination Center (Kashiwagi-cho)

Contents: Chest X-ray examination

Capacity: 10 people who are 65 years old and over

Application: Call Hoken-Yobo-Ka (Health Prevention Section) from Aug. 3 (Mon.) to 14 (Fri.)
Tel. 0742-93-8397

*Be careful not to dial the wrong number.

Cancer Examinations in September

Application: Please apply to Kenko Zoshin-Ka (Health Care Section) by phone, fax or the city website.

Period: From August 3 (Mon.) to 20 (Thurs.). Internet applications will be accepted until August 10 (Mon.).

Free of charge for those who are on social welfare or households exempted from residential tax.

Please notify us of such when you apply.

Stomach and Lung Cancer Examinations

Date	Place	Reception Time	Capacity
2 (Wed.)	Seibu Toshokan	9:45-10:15	12
		10:15-10:45	11
7 (Mon.)	Hokubu Shutchosho	9:15-9:45	10
		9:45-10:15	10
8 (Tues.)	Tomigaoka Kominkan	9:30-10:00	13
		10:00-10:30	13
11 (Fri.) 15 (Tues.) 18 (Fri.) 23 (Wed.)	Hagukumi Center	8:45-9:15	17
17 (Thurs.)	Coop Oshikuma	9:15-9:45	14
		9:45-10:15	13
24 (Thurs.)	Bosai Center	9:15-9:45	14
		9:45-10:15	13
30 (Wed.)	Tomio Minami Kominkan	9:15-9:45	14
		9:45-10:15	13

Lung Cancer Examination

Date	Place	Reception Time	Capacity
4 (Fri.)	Hagukumi Center	14:00-14:30	30
		14:30-15:00	30

Stomach Cancer Examination: X-Ray (involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only). 600 yen as an additional fee for sputum test based on a general check-up for lung cancer (postage might need to be paid)

Those Eligible: 40 years old and over. Pregnant women; those who had stomach, lung, or intestine surgery or are in treatment; those who have barium sensitivity or had aspiration (lung cancer examination is possible); and those who had an endoscope stomach cancer check by Nara City in the previous fiscal year (lung cancer examination is possible) are excluded.

Other: For those who are breast feeding, please notify us of such when you apply. The examination interval is once a year. There might be cases where you may not be able to take the examination depending on your health or questionnaire.

Inquiries: Kenko-Zoshin-Ka (Health Care Sect-on) Tel. 0742-34-5129 Fax 0742-34-3145

Food Poisoning Season (August is Food Hygiene Month)

In order to prevent food poisoning and raise awareness of hygienic treatment for food, the City Public Healthcare Center will conduct summer general food inspection up to the end of August.

Make Sure to Cook Meat Well-done

Please follow these guidelines to prevent food poisoning caused by campylobacter or internal bleeding coli (O157, O111, O26).

- 1) Don't eat raw meat (such as *yukhoe*, *sashimi*) and undercooked meat (such as *tataki*)
- 2) Heat the inside of meat completely when you grill meat or barbecue. (Use different chopsticks for cooking and eating.)
- 3) Heat the inside of meat completely, especially when you eat restructured meat, minced meat, striated meat, meat dipped in sauce, internal organs, etc.
- 4) Wash your hands carefully before cooking and eating.
- 5) Be careful about the order of cooking meat. After cooking, thoroughly clean and disinfect your cooking utensils (knives and cutting board), before using them again.

Three Important Rules for Preventing Food Poisoning

- 1) **Don't get germs.**
Wash your hands often. Thoroughly wash cooking utensils such as knives and cooking boards.
- 2) **Don't let germs multiply.**
Cook smoothly and quickly, and don't leave food at room temperature for hours.
(use refrigerator storage)
- 3) **Sterilization.**
Heat the inside of food to 75 degrees Celsius or over for more than one minute.

Inquiries: Seikatsu Eisei-Ka (Life Sanitation Section) Tel. 0742-93-8395

Preliminary Examination Leaflets Are Sent in Late July (To those born in June 2020)

You can get vaccinations if you bring the leaflet, *Mother's and Child's Health Handbook*, and your health insurance card on the day of vaccination. Those who moved to Nara City recently and don't have a Preliminary Examination Leaflet should contact Kenko-Zoshin-Ka (Health Care Section).

*Please fill in forms with an indelible black pen.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Renewals of (1) Child-Care Family Allowance (*Jido-Fuyo-Teate*) and (2) Special Child-Care Allowance (*Tokubetsu-Jido-Fuyo-Teate*)

The city sends each allowance recipient a notice that describes the renewal process on July 31 (Fri.) for (1), and in early August for (2), to see if recipients are still qualified to receive allowances during this fiscal year.

Application Period: Aug. 3 (Mon.) to 31 (Mon.) for (1), and Aug. 12 (Wed.) to Sept. 11 (Fri.) for (2).

Those who are no longer qualified to receive them should also go through the process. Recipients of (2) whose income exceeds the eligibility limits for two consecutive years do not have to go through the process.

Others: Those who have been qualified to receive (1) for five years and want to be exempted from the payment reduction starting from the 6th year should go through the necessary process during August, as notices have been sent. If it is late, the payment might be reduced in half.

Inquiries: Kodomo-Ikusei-Ka (Child Allowance Section) Tel. 0742-34-5042

Maternal and Infant Health Care Consultations

Consultations about lifestyle during pregnancy, breastfeeding, infant development, etc.

Consultations by phone or in person with public health nurses & midwives

Date & Time: 8:30-17:15 on weekdays (9:00-15:00 on weekdays with midwives)

Place: Hagukumi Center 3F

Consultation in person with midwives

Date & Time: 10:00-14:00 on weekdays (accepted until 13:30)

Place: Consultation Room at Seibu-Kaikan 2F (Gakuen-Minami 3-chome)

Things to Bring: *Mother's and Child's Health Handbook*, Bath towel

* In some cases, consultations may be carried out with public health nurses.

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Consultations by phone or in person with public health nurses at Tsuge Hoken Center

Date & Time: 8:30-17:15 on weekdays

Inquiries: Tsuge Hoken Center Tel. 0743-82-0341

Consultations by phone or in person with public health nurses at Tsukigase Health Consultation Room

Date & Time: 9:00-16:30 on weekdays (An appointment is necessary)

Inquiries: Tsukigase Health Consultation Center Tel. 0743-92-0480

Medical Checkup for Babies and Children

Checkups by age	Date	Place
Checkup for 4-month-old babies (Born in May 2020)	Until the day before turning 6 months old from the 4-month birthday	Designated Medical Facilities *General checkup term is one month, however it will be two months in the mean time for the prevention of the corona virus infection.
Checkup for 10-month-old babies (Born in November 2019)	Until the day before turning one year old from the 10-month birthday	
Checkup for 19-month-old babies	Some of the contents have changed; Those who are eligible will be notified on an individual basis.	
Checkup for 3 and half-year-old children	Please visit the city website for further information.	

Things to Bring: The questionnaire and your *Mother's and Child's Health Book*. The questionnaire will be sent toward the end of August 2020. People who moved to Nara City after August 1 and haven't received the questionnaire by the checkup day should contact Boshi-Hoken-Ka (Mother and Child Health Section).

Inquiries: Boshi-Hoken-Ka (Mother and Child Health Section) Tel. 0742-34-1978

Japanese Encephalitis Vaccinations to Start (For Those Born in August 2017)

Your child should receive the first term vaccinations (the first, two times, and the additional one time).
Please read and check the preliminary examination leaflet.

The Period of Vaccination: Between age 3 and one day before the 7-1/2-year birthday.

Vaccination Method: Normally, the first vaccinations are 1 to 4 weeks apart, and additional vaccinations are given one year after the second.

Things to bring: The preliminary examination leaflet (filled in with indelible black ink),
the Mother's and Child's Health Book and your child's ID, such as a Health Insurance Card,
etc. * Those who are not registered residents of Nara City cannot be vaccinated.

Application: Please make an appointment at a registered clinic (Refer to the Nara City Website).

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

SUMMER- SPECIAL EVENTS IN NARAMACHI

GREAT SUMMER FESTA "Natamachi Yuho (Walk)"

Period: Aug.15 (Sat.) – Aug.23 (Sun.)

While looking at the lanterns around Sarusawa-ike pond and heading south to Naramachi, you will come across flags and lit lanterns in front of shops participating in *Rakuza*.

If you buy *tegata* -bills and visit those shops, you will receive unique services from each shop.

For details, please visit the website of the Festa.

Inquiries: Naramachi- *Yuho* (Walk) Executive Committee

Tel. 0742-93-5250

9:00 – 16:00 on weekdays

Tenpyo Tanabata Star Festival (Heijo-kyo Tenpyo-sai Festival in summer)

Please note that changes have been made in order to prevent the spread of COVID-19 infection this year.

Admission Fee: Free

Date and Time: August 15 (Sat.) - 23 (Sun.) 18:00 – 21:00

*The event will be cancelled in case of inclement weather.

Place: Suzaku-mon Hiroba (Square) of Heijo Palace Site (Minami 3-chome Nijo-Oji Nara City)

[Art of Light] The venue will be decorated with fantastic artworks featuring light and illumination.

[Quiz Rally] There will be a quiz rally regarding Heijo Palace Site produced by a quiz king who graduated from Tokyo University. You can also challenge yourself online.

*** Please come to Heijo Palace Site at night, which is full of attractions. ***

The event may be cancelled or changed without notice.

Inquiries: Heijo-kyo Tenpyo-sai Jikko Inkai (Executive Committee) Tel. 0742-25-0707

Education Center Kids Learning Floor

Class Name	Date	Time	Deadline
Planetarium "Nijiro and Seasonal Constellations" (Aug.) Capacity: 12 seats	Every Sunday	13:40-14:10	Reception on the day
Summer Movie Screening; "Kaguyahime" (the tale of Princess Kaguya) by Hello Kitty and "Hansel and Gretel" by Little Twins Stars (KiKi LaLa)	Aug. 1 (Sat.)	11:00-12:00	
Craft Class "Enjoy Designing! Make a Fan!"	Aug. 2 (Sun.)	10:00-11:30	
Miracle! Science! "Let's learn about the types of clouds, and how they are made. ~Do you know about the clouds? ~"	Aug. 5 (Wed.) Aug 15 (Sat.) Aug. 23 (Sun.)	11:00-11:30	
Craft Class "Let's make and play! A car powered by rubber."	Aug. 6 (Thurs.)	10:00-11:30	

Summer Movie Screenings: “Heidi a Girl of the Alps” by Hello Kitty and “Heidi and a Girl of the Alps II-Encounter with Claria~” Capacity: 40 children each time	Aug. 8 (Sat.) Aug. 9 (Sun.)	11:00-12:00	
Summer Movie Screenings: “Cinderella” by Hello Kitty and “Little Red Riding Hood” (Akazukin) by My Melody Capacity: 40 children	Aug. 15 (Sat.)	11:00-12:00	
Craft Class “Let’s play with woodchips.”	Aug. 16 (Sun.)	10:00-11:30	
Craft Class “Let’s make floss silk from silkworm cocoons.” (Fees: 300 yen, Things to bring: one towel)	Aug. 21 (Fri.)	13:00-15:00	Aug. 7 (Fri.)
Craft Class “Let’s enjoy making paper prints!”	Aug. 22 (Sat.)	9:30-11:00	Reception on the day
Talking Stories Class “Scary Story.”	Aug. 22 (Sat.)	11:00-11:30	
Night Planetarium “Seasonal Stargazing Walks ~Celestial Tour~” Capacity: 12 children (Adults without children can also participate.)	Aug. 28 (Fri.)	18:30-19:10	
Summer Movie Screenings: “Princess of the Magic Forest” by Hello Kitty and “Snow White” by Hello Kitty Capacity: 40 children each time	Aug. 29 (Sat.) Aug. 30 (Sun.)	11:00-12:00	
Disaster Prevention Class “Thinking disaster prevention class ~In these situations, let’s become a person who can defend yourself. ~” 4th grade elementary school children and older	Aug. 29 (Sat.)	13:30-15:00	Aug. 14 (Fri.)
Astronomy Class “Making a constellation lantern” (Fees: 300 yen)	Sept. 5 (Sat.)	9:30-11:00	Aug. 21 (Fri.)
Miracle! Science! “Rising up! Feeling chilly! Changing color, too! ~When you mix baking soda, citric acid, and water. ~”	Sept. 6 (Sun.)	11:00-11:30	Reception on the day
Craft Class “Making a Nara brush” (Fees: 1,000 yen)	Sept. 12 (Sat.)	10:00-11:30	Aug. 28 (Fri.)
Science Experiment Class “3-D kaleidoscope “ (Fees: 900 yen)	Sept. 13 (Sun.)	10:00-11:30	
Astronomical Observation “Let’s observe the waxing moon, Jupiter, and Saturn” Capacity: 10 pairs of children and guardians (Available from 10 to 18 children) *Will be canceled in case of bad weather.	Sept. 24 (Thurs.)	19:00-21:00	Sept. 4 (Fri.)

Capacity: 6 children for each class (with guardians) if class capacity isn’t in the table.

Applications: Send a return postcard with the class name, the date, child’s name (with the reading in *Kana*), child’s school name, and grade, the guardian’s or the group leader’s address and name (with the reading in *Kana*), and phone number to Hagukumi Center [Kids Learning Floor] (13-1 Sanjo-Honmachi 630-8122 Tel. 0742-36-0401) no later than each deadline.

You can apply for one class per return postcard. In case of excess, a lottery will be held.

*Reception on the day of the class will start 20 minutes prior to the starting time.

Please cooperate in wearing face masks when you go to Hagukumi Center and taking a health check at reception. Participation may not be possible due to your health condition. Other programs will also be held. Contents and dates above might be changed. If a course with an advanced application is canceled, you will be notified using the reply postcard you sent.

The programs above may be put off, changed, or cancelled in order to prevent infection and spread of COVID-19.