

Nara City Information for Residents

February 2020 Issued by Nara City Hall (No. 1191)
(All events, classes and lectures are conducted in Japanese.)

Translation by Nara SGG Club (Systematized Goodwill Guide Club)

For some local government section names, the Nara SGG Club uses those decided upon by our translation team. As the city's English website uses machine translation, some names and terms may differ between our translation and the website. We ask for your understanding.

Copies available on request at:

Nara City Hall Information Counter, Nara City Hall Shimin-Ka Counter,
Nara-shi Shimin Service Center (Nara Family 5F), Nara City Tourist Center,
Public Health Center (4F, Hagukumi Center), Chubu Kominkan, Seibu Kominkan,
Hokubu Kominkan, Chuo Library, Seibu Library, Kintetsu Nara Station,
Nara City Tourist Information Center (by JR Nara Station), Nara Chuo Post Office
and Nara-Nishi Post Office.

[Inquiries in English] Phone: 0742-22-5595 (9:00-17:00) E-mail: nsgghyk@gmail.com



We Want to Know More about the Ancient Burial Mounds in Nara City!

Tomio Maruyama Burial Mound proved to be the largest round burial mound in Japan in 2017.

Though the Tomio Maruyama Burial Mound received a lot of attention throughout the country, there are more than 700 burial mounds in Nara City, and there is one of the largest and the most valuable historic mounds in Japan. Here's an introduction those burial mounds, the pride of Nara City.

1 *Tomio Maruyama* Burial Mound

Tomio Maruyama Burial Mound proved to be the largest round burial mound in Japan as a result of a survey using lasers from the sky in 2017. This burial mound is considered to have been created in the late fourth century. Round burial mounds were a new type at that time. As it was the largest burial mound, the person who was buried there is considered to have been one of the people in authority of the Yamato Kingdom (an ancient Japan sovereignty).

2 *Saki-Kofungun* (Tumulus Group)

- **More than Fifty Tumuli are Densely Located Here**
- **The Best Spot for Walking in Nature**

The site is located to the north of Heijo Palace Site and separated into the West Group and the East Group.

The West Group was built between the latter half of the early tumulus period and the first half of the middle tumulus period; the East Group was built between the first half of the middle tumulus period and the latter half of the middle tumulus period. Construction sites for those tumuli extended from west to east as time passed. There are eight large keyhole-shaped tomb mounds including Horaisan Tumulus located slightly south of the Saki Tumulus Group, which exceed two hundred meters long. Saki-Kofungun boasts the highest density of number of tombs in Japan.

The Saki Tumulus Group, Oyamoto Tumulus Group and Umami Tumulus Group are called *Yamato-Sandai-Kofungun*. The various construction periods of these tumuli show that a powerful family moved from south to north in the Yamato Basin. Saki was originally an undeveloped field; however, it is believed that the royal authority moved there and constructed tombs for themselves because of the convenient water transportation along rivers.

It is believed that great kings were buried in Horaisan Tumulus and Gosashi Tumulus.

3 Famous Kofun (Tombs) in Hidden Spots

Introducing Kofun in Familiar Places

On the Top of Wakakusayama Hill

Uguisuzuka Kofun (Zoshi-cho)

It is said to be Uguisu-Ryo, a keyhole-shaped tomb, which was described in works of literature such as "Makura no soshi" (The Pillow Book).

Provided the Repair for Daianji Temple

Sugiyama Kofun (Daianji 4-chome)

This keyhole-shaped tomb 157 meters in length survives in the former precincts of Daianji .

The Remaining Tombs in "The kingdom of Tsuge"

Sanryobo Kofungun (Tsuge-minaminosho-cho)

They are the largest sized tombs in the Yamato Plateau and Uda area.

A Place in Heijo New Town

Ishino-Karato Kofun (Jingu 1-chome Ryokuchi Park)

It is a type with a unique shape, a round mound at the top and a square mound at the base, located in Ryokuchi Park, which is between Kyoto and Nara. It is the last Kofun which was built around the 8th century.

The Oldest Harnesses in Japan Were Excavated Here

Bensyo-Tsuka Kofun (Yama-cho)

These harnesses are considered important excavated products from around the time horseriding culture was brought from the Korean Peninsula,

Stone Coffin Inside

Nogami Kofun (Minami-kyobate-cho 2-chome)

You can see the stone coffin made of stones from Kumamoto

Downtown Tomb

Sakagamiyama Kofun (Aburasaka-cho)

This is the an important keyhole-shaped tomb, located in downtown Nara alongside Sanjo Street.

It is said to be the tomb of the 9th Emperor Kaika.

Simplified & Improved Procedures at City Hall

In 2019, Nara City improved procedures at service windows in order to make them easier for you to use. Now you can go to convenience stores, not City Hall, to get certificates.

More Window Services Have Been Entrusted to the Private Sector to Reduce Congestion at Citizens' Affairs Section (February 2019)

In order to make procedures easier, "concierges" who can show you what's necessary beforehand are available during busy hours. We also have more windows to reduce congestion.

Introducing "Smart Application" through Smartphones for Moving Procedures (November 2019)

Just by answering questions with a yes/no on your smartphone, you will see what is necessary to relocate your home. By using this "Smart Application" introduced on a trial basis, you can prepare the moving-in/out notice as well as other documents beforehand, and can go through procedures smoothly.

Procedures for Change of Residence Have Been Available since November 2019 at Residents Service Center.

As business was expanded at the Residents Service Center on the 5th floor of Nara Family, procedures for change of residence are now available. It is a convenient location in a shopping mall.

Additional Procedures: 1. Change of residence

2. Issue of National Health Insurance with new addresses

Date& Time: 9:00-17:00 * Both are not available on Saturdays.

Other Procedures: Issue of certificates, personal seal registration, payments for municipal tax, etc.

Date& Time: 9:00-17:00 except around the new year holiday

Issue of Certificates of Residence and Others Have Been Available at Convenience Stores all over Japan since March 2019

Time: 6:30-23:00 (no closing days)

Certificates That Can Be Issued: certificates of residence (copy), personal seal certificates, copies and abstract copies of family registries, supplementary family registries, municipal tax certificates (tax-free)

How to get: At a "My number" card-operated multifunctional terminal machine, input your pin code, and follow instructions.

"Okuyami (condolence) Courner" Opened in November 2019 for Death Registry Procedures

An *Okuyami* (condolence) courner has been set up on the entrance floor of City Hall. Computer tablets can be used to receive printed application forms immediately completed with the name and address. It can also provide information about other procedures outside of city hall. Please make a reservation in advance by phone. Tel. 0742-34-5420

Inquiries: Shimin-Ka (Citizens Affairs Section) Tel. 0742-34-4730

Shiawase Kairo (Happiness Corridor) *Nara Rurie*

Kasuga Taisha Shrine, Kofukuji Temple, Todaiji Temple and Nara National Museum will be connected by blue light corridors, inviting you to a fantastic azure world.

Period & Time: Feb. 8 (Sat.) – 14 (Fri.), 18:00 – 21:00

This event will be held in rain, but might be cancelled in case of inclement weather.

Light Up Venue & Light Objects

Time: 18:00 -21:00

Place: Nara Park (Admission free)

Fee: 500 yen for a *Hana-tanzaku* (a strip of paper to write wishes on) to enter the *Fuyu-Tanabata* Road area in Nara Kasugano International Forum IRAKA

Night-Time Admission with Lanterns

Time: 18:00 – 20:00 (Last entry)

Place: In front of Nara Kasugano International Forum IRAKA (reception)
3 routes (Kasuga Taisha Shrine route, Todaiji Temple route, Kofukuji Temple route)

Sale of Shiawase (Happiness) Cocoa

Time: 17:30 – 20:30

Place: In front of Nara Kasugano International Forum IRAKA

Fee: 500 yen

Special Night-Time Admission

Closing times are different at each place. Places with “*” charge admission fees.

Kasuga Taisha Shrine

Night-time admission to *the main hall of the shrine (Last entry at 20:30)

Night-time admission to **Kokuhoden* (Kasuga Taisha Museum). A special exhibition “The world of the oldest Japanese sword featuring *Yasutsuna* and *Kohoki*” is being held (Last entry at 18:30, closed at 20:30).

The hanging lanterns and the stone lanterns will be lit.

Kofukuji Temple

Night-time admission to **Tokon-do* Hall and **Kokuho-Kan* (Last entry at 19:45, closed at 20:00).

The Five-Story Pagoda will be lit up.

Todaiji Temple

Chu-mon (middle gate) and *Kanso-mado* (wooden window) of the front arched gable of *Daibutsuden* (Great Buddha Hall) will be opened to show the Buddha’s face illuminated.

Chu-mon, the roof of *Daibutsuden* and *Nandai-mon* (south gate) will be lit up.

The octagonal bronze lantern in front of *Daibutsuden* will be lit (until 20:30).

Kongo-Rikishi (guardian) statues will be lit up (until 21:00).

***Nara National Museum**

Fine arts on special exhibit: “*Omizutori*” (Water-drawing ceremony) (Last entry at 19:30, closed at 20:00)

Fine arts on exhibit: “The Treasure Arts of Buddhism”, “Chinese Bronze Ware” (Last entry at 19:30, closed at 20:00)

Special exhibition: “Vaisravana; the Guardian God of the North” (Last entry at 18:30, closed at 19:00; for Feb. 8 (Sat.) and 14 (Fri.). For other days, last entry at 19:30, closed at 20:00. Closed on Feb. 10 (Mon.))

Birthday Fireworks to Celebrate the Foundation of Nara Park

Date & Time: Feb. 14 (Fri.) 19:00- (Countdown event)
19:30- (Fireworks)

Place: Kasugano-enchi venue in Nara Park

This event will be cancelled in case of inclement weather and will not be postponed.

Inquiries: *Nara Rurie Jikko Iinkai* (Executive Committee) Tel. 0742-20-0214

For more information, please refer to the website (<https://rurie.jp/>)

Nara City's Official Website Will Be Renewed from the End of February Easy to browse, Find and Understand

Easy to Browse, Even on a Smartphone

We'll introduce a responsive web design where the display switches according to the width of the screen. It's easy to browse comfortably even on mobile device like smartphones.

In the Event of a Disaster, Get the Information You Really Need, with Servers that Don't Crash.

The website will switch to an emergency top page when heavy access is predicted at the time of a large-scale disaster. Further, the website will be improved to send the information you really need to move on to the next action easily.

New Simple and Easy to Browse Website Design

The municipal website has a lot of information and a lot of words. We simplified the website so it is easy to read and find information. Also, we used Tenpyo (the ancient era of Japan) Pattern designs, as the ancient capital Nara. We aim to design the website with the traditional colors used since the Nara Period like deep red and whitish green.

Get to Information as Soon as Possible

So users can find the information they're looking for as quickly as possible, we reviewed the site's classification system, and made short cut buttons for frequently-viewed pages. We installed Google custom search and a chat-bot. Broader searches can be made.

Easy to-Understand Page Construction and Language

We will strengthen the training skills of staff members who make the website. We will create an easily understandable website and review so-called "government words".

Clear up Many different Independent Sites

We will combine sites which were set up individually in Nara City up to now, and manage them centrally. This will reduce the server fees for each site.

Garbage Collection

Unburnable Garbage Collection Dates and Areas in February

Area	Burnable Garbage	Unburnable Garbage
A, F	Mon. & Thurs.	12, 26 (Wed.)
B, E		
C, H	Tues. & Fri.	5, 19 (Wed.)
D, G		

*Areas A-D are covered by Nara City, and areas E-H are covered by City Seibi-Kosha & Co., Ltd.

The garbage collection dates are different in some areas, so please check the website.

Please Don't Park Cars Near the Garbage Collection Sites

Cars might be splashed with dirty water while loading garbage, and there have been cases where garbage could not be collected. In that case, disposal of garbage must be entrusted to the site users.

Please Let Us Know in Advance About Installing a Garbage Collection Box

Please make sure to contact us before you purchase and install collection boxes, as some types of boxes such as those deeper than 65 cm, could hinder collection work. The cost of installation should be shared by those who use the collection site.

*Garbage will be collected as usual on February 11 (Holiday) and 24 (Holiday).

Inquiries: Shushu-Ka (Collection Section) Tel. 0742-71-3012
City Seibi Kosha (Public Corp.) Tel. 0742-33-8782


COLUMN on Reducing Garbage

Please pay attention when you throw out your plastic garbage to reduce non-recyclable garbage.

In 2018 Nara City collected 4,100 tons of plastic garbage. 3,300 tons of which were recycled into new plastic products. But 800 tons of the rest could not be recycled because of the two reasons below.

No.1 Reason ----- Non-plastic garbage was mixed in the same bag.

Sometimes we found non-plastic garbage such as cans, glass bottles, cooking pans and so on mixed in a bag of plastic garbage. Dangerous and flammable objects such as lighters, electronic cigarettes, etc., which might cause fire, were also mixed in. They are ranked “D”, the lowest quality rank for recycling and consequently impossible to be recycled.

*Please remember that you can only throw out plastic object  as plastic garbage.

No.2 Reason ----- Don't wrap your plastic garbage two or more times with garbage or plastic bags when throwing it out.

We use a machine to tear garbage or plastic bags used for disposal and take out the contents.

The machine can tear only one layer. If you use two or more layers of garbage or plastic bag, or tie many smaller plastic bags together (so they look like grapes), the machine sorts them as an unfamiliar substance, not recyclable plastic garbage.

***Please cooperate in not wrapping them twice or more.**

Don't fill 45 liter plastic garbage bag with multiple smaller plastic carrier bags, for example.

***Please don't tie together many smaller bags.**

Inquiries: Haikibutu-Taisaku-Ka (Garbage Control Section) Tel. 0742-71-3001

Tuberculosis Examinations for Citizens

Date & Time: February 15 (Sat.) 9:30-10:30

Place: City General Examination Center (Kashiwagi-cho)

Contents: Chest X-ray examination

Capacity: 15 people who are 65 years old and over

Application: Call Hoken-Yobo-Ka (Health Prevention Section) from Feb. 3 (Mon.) to 14 (Fri.)
Tel. 0742-93-8397

Rubella Antibody Test and Vaccination Basically Free of Charge

Period: by March 31, 2022

Those Eligible: Men born from April 2, 1962 to April 1, 1979 who are registered citizens of Nara City on the test day.

*Men who will be issued coupon tickets (consultation tickets) this year were born between April 2, 1972 to April 1, 1979.

The expiration date of the coupon is March 2020 but you can still use it after April 2020.

*Men, born between April 2, 1972 to April 1, 1979, who want coupon tickets to be issued need to

ask Kenko-Zoshin-Ka (Health Promotion Section)

*You can receive antibody inspection during an annual workplace checkup (confirm it with your workplace) and during the specific medical examination.

* Medical institutions which can perform antibody tests and vaccinations are listed on the city website.

Inquiries: Kenko-Zoshin-ka (Health Promotion Section) Tel. 0742-34-5129

Periodical Inoculation of 23-Valent Pneumococcal Polysaccharide Vaccine (PPSV23) for Adults

Period for Receiving This Vaccination: Until March 31 (Tues.), 2020

*You can be vaccinated even before your date of birth within the fiscal year. You should not miss the opportunity as the people able to receive vaccinations are different every year. And please note that those who are a suitable age and have already received PPSV23 are not covered by the subsidies. If you want to receive this vaccine one more time, you need to pay the whole fee. If you are not sure whether or not you have received the vaccination please contact Kenko-Zoshin-Ka (Health Care Section) before receiving it.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel.: 0742-34-5129

Eligibility: Those who are the suitable ages and are registered as a citizen of Nara City on the vaccination day.

65 years old	Those born between April 2, 1954 and April 1,1955
70 years old	Those born between April 2, 1949 and April 1,1950
75 years old	Those born between April 2, 1944 and April 1,1945
80 years old	Those born between April 2, 1939 and April 1,1940
85 years old	Those born between April 2, 1934 and April 1,1935
90 years old	Those born between April 2, 1929 and April 1,1930
95 years old	Those born between April 2, 1924 and April 1,1925
100 years old and over	Those born on or before April 1, 1920

Fee: Copayment of 3,000 yen

*Those who are in Public Assistance Households, etc. need to contact Kenko-Zoshin-Ka before receiving the vaccination.

Applications: Make an appointment in advance at a registered clinic in Nara City

(see Nara City Website) and receive vaccinations with Health Insurance Cards, etc.

Others: 1. Vaccinations will be given only to those who choose to receive them and take responsibility, as it is classified as a B-category disease.

2. Those who are between 60 and 65 and have disabilities of the heart, kidney or respiratory organs or have extreme limitations in daily life due to HIV must get approval in advance from Kenko-Zoshin-Ka (Health Care Section).

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Cancer Examinations in March

Application: Please apply to Kenko Zoshin-Ka (Health Care Section) by phone, fax or the city website.

Period: From February 3 (Mon.) to 20 (Thur.). Internet applications will be accepted until February 10 (Mon.). Those who are on social welfare or households exempted from municipal tax are free of charge. Please inform us of such when you apply.

*Cancer examinations at Nara City Hall will not be conducted for a while because the building is under construction for earthquake-resistant.

Stomach and Lung Cancer Examinations

Date	Place	Reception Time	Capacity
2 (Mon.)	Seibu Shogai Sports Center Club House	9:15-10:15	27
3 (Tues.)	Tomigaoka Kominkan	9:30-10:30	26
4 (Wed.)	Hagukumi Center	8:45-9:45	33
6 (Fri.)	Tomio Minami Kominkan	9:15-10:15	27
9 (Mon.)	Hokubu Shutchosho	9:15-10:15	27
10 (Tues.)	Hagukumi Center	8:45-9:45	33
13 (Fri.)	Tomio Kominkan	9:15-10:15	27
16 (Mon.)	Hagukumi Center	8:45-9:45	33
18 (Wed.)	Seibu Toshokan	9:45-10:45	23
19 (Thur.)	Coop Oshikuma	9:15-10:15	27
23 (Mon.)	Hagukumi Center	8:45-9:45	33
24 (Tues.)	Nanbu Kominkan	9:15-10:15	27
25 (Wed.)	Koto Kominkan	9:30-10:30	24

Lung Cancer Examination

Date	Place	Reception Time	Capacity
11 (Wed.)	Hagukumi Center	14:00-15:00	60

Stomach Cancer Examination: X-Ray (involving drinking barium on that day)

Lung Cancer Examination: Chest X-Ray

Fee: 1,500 yen (1,000 yen for stomach cancer examination only and 500 yen for lung cancer examination only). Based on the results of lung cancer examination, an additional fee of 600 yen may be needed for sputum examination. (Postage might need to be paid).

Those Eligible: 40 years old and over. Pregnant women; those who had stomach, lung, or intestine surgery or are in treatment; those who have barium sensitivity or had aspiration (lung cancer examination is possible); and those who had an endoscopy for stomach cancer by Nara City in the previous fiscal year (lung cancer examination is possible) are excluded.

Others: For those who are breast feeding, please inform us of such when you apply. The examination interval is once a year. There might be cases where you may not be able to have the examination depend on your condition or medical inquiry.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129 Fax. 0742-34-3145

Japanese Encephalitis Vaccinations Will Start for Those Born in February 2017

Your child should receive the first term vaccination (the first 2 times, and additional 1 time) and confirm it on the Preliminary Examination Leaflet.

The period of vaccination: Between age 3 and one day before the 7 and a half years old birthday

Vaccination Schedule:

Initial Vaccination: Two times with an interval of one to four weeks

Booster Vaccination: Once, with an interval of one year after the completion of the initial vaccinations.

Application: Make an appointment at a registered clinic (see the City website) and bring the Preliminary Examination Leaflet (Please fill in with an indelible black pen), *Mother's and Child's Health Handbook*, and your child's ID document, such as a health insurance card, etc.

*Those who are not registered residents of Nara City on the day of vaccination are not eligible.

Inquiries: Kenko-Zoshin-Ka (Health Promotion Section) Tel. 0742-34-5129

Fluoride Coating for Tooth Decay Prevention

Those Eligible: Those born in Feb. 2018 (It is possible to apply until age 2 years and 4 months)

Date & Time: March 13 (Fri.), 9:30-11:30

Place: Chuo Hoken Center (Central Health Center)

Contents: Dental checkup, fluoride coating, guidance for effective toothbrushing

Things to Bring: *Mother's and Child's Health Handbook*, a toothbrush for your child and towels

Application: Please contact Boshi Hoken-Ka (Maternal and Child Health Section) by phone or fax with the class name, child's name, the date of birth and phone number by Feb. 28 (Fri.).

You may apply through the City's website. Tel. 0742-34-1978, Fax 0742-34-5155

Preliminary Examination Leaflets Were Sent During the Last 10 Days of December. (Those born in December 2019)

You can get the vaccination if you bring the leaflet, *Mother's and Child's Health Handbook*, and your health insurance card on the day of vaccination. Those who moved to Nara City recently and don't have a Preliminary Examination Leaflet should contact Kenko-Zoshin-Ka (Health Care Section).
*Please fill in with an indelible black pen.

Inquiries: Kenko-Zoshin-Ka (Health Care Section) Tel. 0742-34-5129

Medical Checkup for Babies and Children

Name	Date	Place
Checkup for 4-months-old babies (Born in November 2019)	Within one month from the 4-month birthday	Designated Medical Facilities
Checkup for 10-months-old babies (Born in May 2019)	Within one month from the 10-month birthday	
Checkup for 19-months-old babies (Born in July 2018)	March 5,12, 19, 26 (Thursdays) Reception: 13:15-14:15; Waiting numbers will be distributed at 12:45	Chuo Hoken Center (Central Health Center)
Checkup for 3 and half-year-old children (Born in August 2016)	March 3, 10, 17,24 (Tuesdays) Reception:13:15-14:15; Waiting numbers will be distributed at 12:45	

Things to Bring: The questionnaire which will be sent to you during the middle of February and your *Mother's and Child's Health Book*. People who moved to Nara City after February 1 and have not received the questionnaire by the checkup day can come to the place directly on the day without it. For 4-month and 10-month-old babies' checkups, please contact Boshi-Hoken-Ka (Mother-and-Child Health Section).

Inquiries: Boshi-Hoken-Ka (Mother-and-Child Health Section) Tel. 0742-34-1978

Maternal and Infant Healthcare Consultation

Consultation by Visiting Public Health Nurses

	Date	Place	Time
February	19 (Wed.)	Heijo-Nishi-Kominkan	9:30-11:30
	25(Tues.)	Heijo Kominkan	9:30-11:30

Consultation over the phone or at the office of Boshi-Hoken-Ka (Mother and Child Health Section) is available from 8:30 to 17:15 on weekdays.

Consultation by Public Health Nurses or Midwives

Date & Time: 10:00-14:00 on weekdays (reception until 13:30)

Place: Seibu-Kaikan Consultation Room, 2F (Gakuen-Minami 3-chome)

Things to Bring: *Mother's and Child's Health Book*

Inquiries: Boshi-Hoken-Ka (Mother-and-Child Health Section) Tel. 0742-34-1978

Consultation by Visiting Public Health Nurses from Tsuge Health Center

February	Date	Place
	20 (Thurs.)	Designated Kodomo-En (former Kindergarten) Yagu Kodomo En

Time: 9:30-11:00

Consultation over the phone or at the Tsuge Health Center and Tsukigase Health Consultation Center is available from 8:30 to 17:15 on weekdays.

Things to Bring: *Mother's and Child's Health Book*

Inquiries: Tsuge Hoken Center (Tsuge Health Center) Tel. 0743-82-0341

Classes for Babies

Paku-Paku Class for Five-month-old Babies (Baby Food Class)

Those Eligible : First-born babies born in October 2019 and their guardians

Date & Time: March 11 (Wed.) and 18 (Wed.), both 10:00-11:30

Contents: Lecture about baby food by a nutritionist and lecture about child-raising by a public health nurse

Things to Bring: *Mother's and Child's Health Handbook*, leaflets about baby food enclosed with the questionnaires for the 4-month-old baby's physical checkup, etc.

Capacity: 32 babies per day.

Ha-Pika Class for 12-month-old Babies (Preventing Tooth Decay)

Those Eligible: First-born babies born in March 2019 and their guardians

Date & Time: March 10 (Tues.), 10:00-11:00

Contents: Lecture about how to take care of baby's new teeth and practice of tooth care

Things to Bring: *Mother's and Child's Health Handbook* and gauze to wipe baby's mouth

Capacity: 30 babies per day

Place: Hagukumi Center (Sanjo-Honmachi)

Application: Contact Boshi-Hoken-Ka (Mother-and-Child Health Section) by phone or fax with the class name, address, baby's name, baby's birth date, guardian's name, phone number and date you hope to come. Tel. 0742-34-1978 Fax. 0742-34-5155

Excessive applications will be accepted for another day.

Family Support Center

This organization uses a registration system for people who need or want to give aid for bringing up children.

Explanatory Meeting

Date & Time: February 18 (Tues.), March 7 (Sat.) 10:00-12:00

Others: Please bring two face photos and your seal to register. The photos should be 3 cm long and 2.5 cm wide.

Lecture Class

Date & Time: February 21 (Fri.) 10:30-17:00

Contents: Introduction to lifesaving; growth and development of children; lifestyles of children; how to treat children and supporter's attitude. For all members.

Skill-up Class

Date & Time: March 3 (Tues.) 10:00-12:00

Contents: Part 2 about developmental disorders

Instructor: Takashi Moriyama from Nara Developmental Disorder Support Center

Place: Hagukumi Center (13-1 Sanjo-Honmachi)

Application: Please call the Family Support Center Tel. 0742-34-3305

Mottainai Pottery Market

Unused ceramic tableware you have at home can be collected, and can be taken home for free.

Uncollectable Items : Items from other cities or used by business. Ashtrays and flower vases, which are not tableware. Dirty tableware with food, etc. stuck on it. Unglazed dishes and earthen pots. Tableware made of glass, plastic, metal or wood. Tableware with rubber bottoms and handles (unless removed).

*Items will be checked when donated. If they aren't accepted, please take them back home.

Date & Place: 1. February 12 (Wed.) at Co-op Shichijo (Shichijo-Nishimachi)
2. February 19 (Wed.) at Hagukumi Center 1F (Sanjo-Honmachi)
3. March 4 (Wed.) at Co-op Oshikuma (Oshikuma-cho)

Time: 10:00 -13:00 Collection will be until 12:30

*Please bring your own bags to bring items home in.

Inquiries: Kankyo-Seisaku-ka (Environmental Management Division) Tel. 0742-34-4591

Education Center Kids Learning Floor

Class Name (attend with guardians)	Date	Time	Deadline
Planetarium “Nijiro and Winter Constellations (February)” Capacity: 40 people each time	Every Saturday, Sunday and Holiday	1) 10:30-10:50 2) 11:40-12:10 3) 13:40-14:10	Reception on the day
Talking Stories Class “ <i>Nezumi-no-Sumou</i> (Sumo Wrestling between Mice)”	Feb. 15 (Sat.)	11:00-11:30	
Science Experiment Class “Do Miracles! Do Science! A Version of Snow Crystals”	Feb. 23 (Holiday)	1) 11:00-11:30 2) 14:20-14:50	
Movie Screenings 1) “Cinderella” 2) “ <i>Nakama-Hazure-no Koumori</i> (A bat who is left out)” Capacity: 200 people each time	Feb. 23 (Holiday)	1) 13:00-13:30 2) 15:00-15:30	
Night Planetarium “Let’s Stroll in a Starry Sky in Winter” Capacity: 40 people (adults without children may attend)	Feb. 28 (Fri.)	18:30-19:10	
Craft Class “Let’s Shape a Camellia Blossom, Which Is Associated with <i>Omizutori</i> ”	March 1 (Sun.)	1) 10:00-11:30 2) 13:30-15:00	Feb. 14 (Fri.)
Talking Stories Class “ <i>Sanbiki-no-Kuma-no-Hanashi</i> (A Story of Three Bears)”	March 7 (Sat.)	11:00-11:30	Reception on the day
Science Experiment Class “Do Miracles! Do Science! A Version of Ultra-Cryogenic World”	March 8 (Sun.)	1) 11:00-11:30 2) 14:20-14:50	
Space Class “Let’s Fly a Straw Rocket” Those eligible: 1st grade students and older	March 15 (Sun.)	1) 9:30-11:30 2) 13:00-15:00	Feb. 28 (Fri.)
Science Experiment Class “Let’s Make a Handmade Motor” Those eligible: 1st grade students and older	March 21 (Sat.)	1) 13:00-14:00 2) 15:00-16:00	March 6 (Fri.)
Robot Class for Beginners “Let’s Run a Race Car” Capacity: 10 children each time	March 22 (Sun.)	1) 10:00-11:30 2) 13:30-15:00	

Capacity: 20 children for each class (with guardians) unless otherwise stated in the table.

Application: Send a return postcard with the class name, date, your preferred class time, child's name (with the reading in Kana), child's school name and grade, the guardian's or leader's address and name (with the reading in Kana), and phone number, to the Education Center (13-1 Sanjo-Hommachi 630-8122 Tel. 0742-36-0401) no later than each deadline. One class per postcard. Lottery in case of excess applications.

* You cannot take the robots home. * Other programs besides these will also be held.

* Contents and dates above-mentioned might change without notice.

* For further information, refer to the event leaflet or the Nara City website.

